

people recognize the signs of cardiac arrest and how to effectively respond to these critical signals.

More than 350,000 cardiac arrests happen each year away from medical facilities. The American Heart Association's goal is to ensure those lives are saved. Heart disease causes one in four deaths in the United States.

The American Heart Association provides resources on the many ways we can minimize our risk of a heart attack or cardiovascular disease.

Mr. Speaker, as a former healthcare professional, it is important for Americans to know that they are the first responders in the case of an emergency. Americans who learn CPR can be ready to help save a life.

Happy American Heart Month.

VIOLATING CORE TENETS OF OUR UNITED STATES

(Ms. DEAN of Pennsylvania asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Ms. DEAN of Pennsylvania. Mr. Speaker, "Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble."

I read these words today, the very first of the Articles of our Bill of Rights, the First Amendment, because 250 years later, our President does not seem to recognize them.

We were born from assembly. We live by free speech and a free press. These are the core tenets of our United States. Yet, the President floods American cities with lawless, thuggish ICE agents.

Their grotesque operations have killed two Americans in Minneapolis. It is hard to articulate the sheer brutality and the bone-chilling horror of the Renee Good and Alex Pretti murders, citizens shot dead while exercising their First Amendment rights.

Two journalists have been arrested. Children have been taken from their homes. U.S. citizens have been unjustly detained. At this point, more than 35 people have died in ICE custody, and 15 have been shot.

If we allow this to continue, then what does that say about our Nation?

CONGRATULATING WISCONSIN'S SEVENTH DISTRICT PARALYMPIC ATHLETES

(Mr. TIFFANY asked and was given permission to address the House for 1 minute.)

Mr. TIFFANY. Mr. Speaker, I rise today to congratulate the Paralympic athletes from Wisconsin's Seventh District on earning the prestigious honor of competing as part of Team USA in the upcoming Olympics and Paralympic Winter Games starting this Friday, February 6.

Liam Cunningham of River Falls is competing in sled hockey. Dan Rose of

Tomah and Matt Thums of Ogema are both competing in wheelchair curling. They overcame tremendous obstacles and hardships to earn their position with Team USA. They are role models to young athletes everywhere, proving that with resilience and determination, Mr. Speaker, you can achieve any goal you set your mind to.

Keep up the hard work and good luck. Make Wisconsin proud.

SMALL BUSINESSES BEAR BRUNT OF IMMIGRATION ENFORCEMENT ABUSES

(Mr. LATIMER asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. LATIMER. Mr. Speaker, every day I hear from small business owners about the challenges of operating in this economy. In the past year, small businesses have faced unrelenting attacks from this administration on everything from tariffs to immigration enforcement.

According to a recent survey from the Small Business Majority, 47 percent of small business owners say that increased Federal immigration enforcement has had a negative impact on their business. Many small businesses have lost revenue or had to modify their operations because employees and customers are afraid to come to work or to patronize their business.

When masked ICE agents in full tactical gear inflict violence against American citizens and then show up at businesses without identifying themselves, small businesses pay the price.

Most businessowners support commonsense immigration reform to modernize the legal immigration system to make it easier for qualified workers to come into the U.S. legally, but in Minnesota, following the tragic shootings, more than 60 Minneapolis-based business leaders called for cooperation to de-escalate tensions and achieve durable immigration reforms.

It is important for this body to hold Federal immigration officials accountable and ensure that small businesses do not bear the brunt of this administration's immigration enforcement abuses.

□ 1210

HAITI TPS EXPIRATION

(Ms. PLASKETT asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Ms. PLASKETT. Mr. Speaker, this week, a Federal judge paused the administration's plan to end temporary protective status for Haitians. While this ruling provides temporary relief, we must stay engaged.

Now is not the time to end these protections. Haiti faces the Western Hemisphere's worst humanitarian crisis. There have been 3,000 civilians killed

by gangs, millions displaced, widespread hunger, and Hurricane Melissa's devastation.

Mr. Speaker, 350,000 Haitian TPS recipients applied, passed background checks, contribute \$4.4 billion annually to our economy, and pay over \$1 billion in Federal taxes. Now is not the time to abandon our brothers and sisters in Haiti. We must stand up for protections and, indeed, pathways to citizenship, which have long been enshrined in the laws of this Nation.

I call on this administration to extend temporary protections and urge my colleagues to join us in that fight.

REINING IN ICE AGENTS

(Mr. GOLDMAN of New York asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. GOLDMAN of New York. Mr. Speaker, I rise today to condemn the out-of-control, untrained, secret ICE paramilitary that is beating and killing Americans all around the country.

Under this administration, rogue, lawless immigration agents are sowing chaos, causing terror and fear, and inciting violence on our streets. They are doing it with impunity because there is no accountability from the FBI.

This is not the America we know and love. This is not the democracy that freed itself from a king.

This is fascism, pure and simple. If the administration will not hold these rogue agents accountable, then we must do it.

That is why we must pass my ICE OUT Act to end the current qualified immunity standard for ICE and CBP agents and ensure victims of this excessive force can seek justice and accountability.

I will keep pushing Congress to do everything in its power to rein in this authoritarian immigration dragnet and get ICE out of our communities.

NUTRITION PROGRAMS FOR SENIORS

(Ms. BONAMICI asked and was given permission to address the House for 1 minute.)

Ms. BONAMICI. Mr. Speaker, I rise today to recognize the importance of the Older Americans Act nutrition programs.

Providing nutrition assistance to seniors is one of the most fiscally responsible actions Congress can take, and it is also the right thing to do. An entire year of meals costs about the same as a single day in the hospital.

Unfortunately, one in four Meals on Wheels programs around the country have wait lists. Many older Americans wait months or even years to access program benefits. It is not just about the food. Nutrition programs also promote socialization, wellness, and safety checks. Food delivery or community meals might be the only social contact older Americans have during the day.

I have joined Meals on Wheels for deliveries in Oregon, and it is very meaningful. I have introduced a bipartisan House resolution recognizing the value of these Older Americans Act programs in addressing hunger, malnutrition, and isolation among seniors.

I invite my colleagues to show their support for the Older Americans Act nutrition programs by visiting their delivery and community meal programs and by signing on to our House resolution.

REMEMBERING GEORGE HENRY WHITE

(Mr. DAVIS of North Carolina asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. DAVIS of North Carolina. Mr. Speaker, 2026 marks 125 years since Congressman George Henry White of North Carolina delivered his historic farewell, or Phoenix address.

He was the fourth African American to represent North Carolina's Second Congressional District during the late 19th century, elected in 1896 and again in 1898, after moving to Tarboro, North Carolina, and at the time the only African-American Member of Congress.

He chose not to seek a third term of office, as new laws were enacted and due to other factors. In his farewell address, he spoke with remarkable hope, declaring that African Americans would one day return to Congress, rising again "Phoenix-like."

Though it took 28 years, his words call us to remember his service, especially during Black History Month. Let us prove worthy of the faith he placed in this incredible institution by ensuring that no voice is ever again forced to leave this Chamber unheard.

CELEBRATING INCREDIBLE OLYMPIC ATHLETES

(Mr. WIED asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. WIED. Mr. Speaker, I rise today to recognize two incredible athletes from Wisconsin's Eighth Congressional District who will represent Team USA at the 2026 Winter Olympics. Deedra Irwin of Pulaski and Paul Schommer of Appleton will compete in the biathlon this month in Milan and hope to be the first to bring home a medal for the U.S. in biathlon.

This is not the first Olympic trip for these two outstanding athletes. Both represented Team USA in the 2022 Winter Olympics in Beijing. This is not an easy feat to achieve, and competing in biathlon requires athletic skill, precision, and mental fortitude.

This event combines cross-country skiing and rifle shooting. Athletes have to race on skis through a course and stop to shoot at targets from different positions and at varying distances.

Mr. Speaker, I ask my colleagues to join me in wishing Deedra and Paul the

best of luck in the upcoming Olympic Games. As they get ready to compete, I hope they know that everyone across northeast Wisconsin and our great country will be cheering them on.

CONGRATULATING COLLEGE OF SAN MATEO'S FOOTBALL TEAM

(Mr. MULLIN asked and was given permission to address the House for 1 minute.)

Mr. MULLIN. Mr. Speaker, I rise to congratulate the College of San Mateo's football team, the Bulldogs, on becoming back-to-back champions. Their dramatic 28-27 victory in the California Community College Athletic Association Championship was their impressive third title in 4 years.

While the San Francisco Bay Area welcomes the NFL for Super Bowl LX, I would like to also properly call attention to this remarkable program. Bulldogs Coach Tim Tulloch says it best: These students work hard to overcome adversity, and this transformational program builds young men for the rest of their lives. The team has a 3.4 GPA. Thanks to their academic achievements and talent on the gridiron, many earn scholarships to transfer to 4-year universities.

Congratulations to the College of San Mateo Bulldogs on another historic championship title. They represent the Nation's best of community college athletes in the heart of my district, and they make us all proud.

HONORING THE LIFE OF HELEN PLUTA

(Mr. MORELLE asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. MORELLE. Mr. Speaker, I rise today to honor and celebrate a remarkable woman, Helen Pluta, whose life was defined by compassion, generosity, and unwavering commitment to others.

Helen's contributions to Rochester are profound and lasting. Alongside her late husband, Andy, she helped build the Pluta Cancer Center that began as a vision for compassionate, patient-centered care and continues today as a place of hope and healing that has served thousands of patients and families in our community, including my own.

Helen gave of her time, her spirit, and her heart, bringing warmth and laughter wherever she went. Helen and her entire family's generosity opened doors and eased burdens. Their dedication reminds us what it means to truly care for your neighbor.

We mourn her passing, but we also give thanks for a life of service, love, and profound impact.

Rochester is a better place because Helen Pluta walked among us.

□ 1220

COMMUNICATION FROM THE HONORABLE JOAQUIN CASTRO, MEMBER OF CONGRESS

The SPEAKER pro tempore laid before the House the following communication from the Honorable JOAQUIN CASTRO, Member of Congress:

CONGRESS OF THE UNITED STATES,
HOUSE OF REPRESENTATIVES,
Washington, DC, February 2, 2026.

Hon. MIKE JOHNSON,
Speaker, House of Representatives,
Washington, DC.

DEAR MR. SPEAKER: This is to notify you formally, pursuant to Rule VIII of the Rules of the House of Representatives, that I, Representative Joaquin Castro, have been served with subpoenas in a criminal trial issued by the United States District Court for the District of Nevada. This criminal trial is in relation to alleged threats made against me.

After consultation with the Office of General Counsel, I have determined that compliance with the subpoenas are consistent with the privileges and rights of the House.

Sincerely,

JOAQUIN CASTRO,
U.S. Representative (TX-20).

COMMUNICATION FROM CHIEF OF STAFF, THE HONORABLE JOAQUIN CASTRO, MEMBER OF CONGRESS

The SPEAKER pro tempore laid before the House the following communication from Ben Thomas, Chief of Staff, the Honorable JOAQUIN CASTRO, Member of Congress:

CONGRESS OF THE UNITED STATES,
HOUSE OF REPRESENTATIVES,
Washington, DC, February 2, 2026.

Hon. MIKE JOHNSON,
Speaker, House of Representatives,
Washington, DC.

DEAR MR. SPEAKER: This is to notify you formally, pursuant to Rule VIII of the Rules of the House of Representatives, that I, Ben Thomas, have been served with a subpoena in a criminal trial issued by the United States District Court for the District of Nevada. This criminal trial is in relation to alleged threats made against Representative Joaquin Castro.

After consultation with the Office of General Counsel, I have determined that compliance with the subpoena is consistent with the privileges and rights of the House.

Sincerely,

BEN THOMAS,
Chief of Staff, Rep. Joaquin Castro.

CRITICAL MINERAL DOMINANCE ACT

Mr. WESTERMAN. Mr. Speaker, pursuant to House Resolution 1032, I call up the bill (H.R. 4090) to codify certain provisions of certain Executive Orders relating to domestic mining and hardrock mineral resources, and for other purposes, and ask for its immediate consideration in the House.

The Clerk read the title of the bill.

The SPEAKER pro tempore (Mr. PATRONIS). Pursuant to House Resolution 1032, the amendment in the nature of a substitute recommended by the Committee on Natural Resources, printed in the bill, is adopted and the bill, as amended, is considered read.