once a quorum is established, any one Member can continue to take such testimony.

Rule 11. Under no circumstances may proxies be considered for the establishment of a quorum.

#### VOTING

Rule 12. Voting in the Committee on any issue will normally be by voice vote.

Rule 13. If a third of the Members present so demand a roll call vote instead of a voice vote, a record vote will be taken on any question by roll call.

Rule 14. The results of roll call votes taken in any meeting upon any measure, or any amendment thereto, shall be stated in the Committee report on that measure unless previously announced by the Committee, and such report or announcement shall include a tabulation of the votes cast in favor of and the votes cast in opposition to each such measure and amendment by each Member of the Committee. (Paragraph 7(b) and (c) of rule XXVI of the Standing Rules.)

Rule 15. Proxy voting shall be allowed on all measures and matters before the Committee. However, the vote of the Committee to report a measure or matter shall require the concurrence of a majority of the Members of the Committee who are physically present at the time of the vote. Proxies will be allowed in such cases solely for the purpose of recording a Members position on the question and then only in those instances when the absentee Committee Member has been informed of the question and has affirmatively requested that he or she be recorded. (Paragraph 7(a)(3) of rule XXVI of the Standing Rules.)

#### AMENDMENTS

Rule 16. Provided at least five business days notice of the agenda is given, and the text of the proposed bill or resolution has been made available at least five business days in advance, it shall not be in order for the Committee to consider any amendment in the first degree proposed to any measure under consideration by the Committee unless such amendment has been delivered to the office of the Committee and by at least 5:00 p.m. the day prior to the scheduled start of the meeting and circulated to each of the offices by at least 6:00 p.m.

Rule 17. In the event the Chair introduces a substitute amendment or a Chairs mark, the requirements set forth in Rule 16 shall be considered waived unless such substitute amendment or Chairs mark has been made available at least five business days in advance of the scheduled meeting.

Rule 18. It shall be in order, without prior notice, for a Member to offer a motion to strike a single section of any bill, resolution, or amendment under consideration.

Rule 19. This section of the rule may be waived by agreement of the Chair and the Ranking Minority Member.

# DELEGATION OF AUTHORITY TO COMMITTEE CHAIR

Rule 20. The Chair is authorized to personally sign or sign by delegation all necessary vouchers and routine papers for which the Committees approval is required and to decide on the Committees behalf all routine business.

Rule 21. The Chair is authorized to engage commercial reporters for the preparation of transcripts of Committee meetings and hear-

Rule 22. The Chair is authorized to issue, on behalf of the Committee, regulations normally promulgated by the Committee at the beginning of each session.

DELEGATION OF AUTHORITY TO COMMITTEE CHAIR AND RANKING MINORITY MEMBER

Rule 23. The Chair and Ranking Minority Member, acting jointly, are authorized to approve on behalf of the Committee any rule or regulation for which the Committees approval is required, provided advance notice of their intention to do so is given to Members of the Committee.

Rule 24. The Chair, with the concurrence of the Ranking Minority Member of the Committee, is authorized to subpoena the attendance of witnesses and the production of correspondence, books, papers, documents, and other materials. Regardless of whether a subpoena has been concurred in by the Ranking Minority Member, such subpoena may be authorized by vote of the Members of the Committee. When a subpoena is authorized, either by a vote of the Committee or by the Chair with the concurrence of the Ranking Member, the subpoena may be issued upon the signature of the Chair or of any other Member of the Committee designated by the Chair.

#### ARMS SALES NOTIFICATIONS

Mr. RISCH. Mr. President, section 36(b) of the Arms Export Control Act requires that Congress receive prior notification of certain proposed arms sales as defined by that statute. Upon such notification, the Congress has 30 calendar days during which the sale may be reviewed. The provision stipulates that, in the Senate, the notification of proposed sales shall be sent to the chairman of the Senate Foreign Relations Committee.

In keeping with the committee's intention to see that relevant information is still available to the full Senate, I ask unanimous consent to have printed in the RECORD the notifications that have been received. If the cover letter references a classified annex, then such an annex is available to all Senators in the office of the Foreign Relations Committee, room SD-423.

There being no objection, the material was ordered to be printed in the RECORD, as follows:

DEFENSE SECURITY
COOPERATION AGENCY,
Washington, DC.

Hon. James E. Risch,

Chairman, Committee on Foreign Relations, U.S. Senate, Washington, DC.

DEAR MR. CHAIRMAN: Pursuant to the reporting requirements of Section 36(b)(5)(C) of the Arms Export Control Act (AECA), as amended, we are forwarding Transmittal No. 24-0M. This transmittal notifies a cost increase in excess of the total value previously described in the Section 36(b)(1) AECA certification 13-56 of May 12, 2014.

Sincerely,

MICHAEL F. MILLER,

Director.

Enclosure.

# TRANSMITTAL NO. 24–0M $\,$

Report of Enhancement or Upgrade of Sensitivity of Technology or Capability (Sec. 36(b)(5)(C), AECA)

(i) Purchaser: Republic of Türkiye.

(ii) Sec. 36(b)(1), AECA Transmittal No.: 13-56; Date: May 12, 2014; Implementing Agency: Navy.

Funding Source: National Funds.

(iii) Description: On May 12, 2014, Congress was notified by congressional certification transmittal number 13–56, of the possible sale under Section 36(b)(1) of the Arms Export Control Act of up to 48 MK 48 Mod 6 Advanced Technology All-Up-Round (AUR) Warshot Torpedoes, containers, fleet exer-

cise sections, exercise fuel tanks, surface recovery cage and tools, exercise hardware, maintenance facility upgrades, support and test equipment, spare and repair parts, personnel training and training equipment, publications and technical documentation, U.S. Government and contractor engineering, technical, and logistics support services, and other related elements of technical support. The total estimated value was \$170 million. Major Defense Equipment (MDE) constituted \$126 million of this total.

This transmittal notifies an increase in MDE value by \$100 million, due to recent cost increases. There are no additional MDE or non-MDE items being reported with this notification. The total case value will increase by \$100 million to \$270 million. MDE will constitute \$226 million of this total.

(iv) Significance: Recent cost increases have brought about the need to add value to the original notification. The proposed sale will improve Türkiye's naval power and its capability to meet current and future threats.

(v) Justification: This proposed sale will support the foreign policy goals and national security of the United States by improving the naval capabilities and interoperability of a NATO Ally that is a force for political and economic stability in Europe.

(vi) Sensitivity of Technology: The Sensitivity of Technology Statement contained in the original notification applies to items reported here.

(vii) Date Report Delivered to Congress: February 21, 2025.

## VOTE EXPLANATION

Mr. VAN HOLLEN. Mr. President, this morning I attended the funeral of former Maryland Congresswoman Beverly Byron, an extraordinary public servant who represented the people of western Maryland and expanded the rights of women in the military as the first woman to chair a subcommittee on the Armed Services Committee and author of the Byron amendment that allowed women to fly combat missions. She was a mentor and friend, and I was grateful to pay my respects to her this morning among her many friends and family.

Due to this conflict, I missed rollcall vote No. 90, confirmation of the nomination of Daniel Driscoll to be Secretary of the Army. Had I been present, I would have voted no.

Due to this conflict, I also missed rollcall vote No. 91, the motion to proceed to S.J. Res. 11, a joint resolution providing for congressional disapproval under chapter 8 of title 5, United States Code, of the rule submitted by the Bureau of Ocean Energy Management relating to "Protection of Marine Archaeological Resources." Had I been present, I would have voted no.

## ADDITIONAL STATEMENTS

# RECOGNIZING EDGEWOOD LOCKER

• Ms. ERNST. Mr. President, as chair of the Senate Committee on Small Business and Entrepreneurship, each week I recognize an outstanding Iowa small business that exemplifies the American entrepreneurial spirit. This

week, it is my privilege to recognize Edgewood Locker of Edgewood, IA, as the Senate Small Business of the Week.

In 1966, Tom and Joan Kerns founded Edgewood Locker as a family-run operation in a rented building in downtown Edgewood. After experience on their family farm, the young couple decided to take the risk of opening a meat processing plant. Initially, the business focused solely on custom meat processing and locker storage services. Four years later, the Kerns family expanded operations by purchasing an old creamery on the north edge of town and remodeling it themselves. The business steadily grew with the involvement of their sons Terry and Jim, and by 1980, they established a generational family partnership. This enabled Edgewood Locker to expand its service offerings, as well as launch a retail store serving cuts, cured meats, and more. Over the years, the business undertook six major remodels to accommodate its increasing customer base and expanding range of services. In 1997, this ultimately led to Edgewood Locker's relocation into a new, state-of-the-art facility on the west edge of town. In 2022, the business nearly doubled its space, adding another 19.000 square feet to its facility.

Today, Terry and Jim continue to run Edgewood Locker along with the family's third generation Katie, Baili, Payson, and Luke. Under their leadership, Edgewood Locker expanded to employ 60 full-time employees from the local community while serving customers throughout Iowa. Edgewood Locker built a reputation for its highquality meat products and award-winning processing services. The company provides full-service custom processing of cattle, hogs, lambs, goats, and deer, catering to both individual customers and wholesalers. Edgewood Locker prepares award-winning sausages, meat sticks, bacon, and more with their family recipes and works with over 140 retail partners across the State. Last year, the business produced over 1 million pounds of sausage and almost 500,000 pounds of venison products.

Edgewood Locker is deeply committed to community service. The company is a member of the Edgewood Chamber, the American Association of Meat Processors, and the Iowa Meat Processors Association, with over 200 industry awards hanging on its walls. The company also supports local schools, civic groups, and churches through charitable donations and sponsorships. Additionally, Edgewood Locker sponsors the annual Edgewood Rodeo. The business is committed to investing in the next generation by running a butcher apprenticeship program for high school and college students. The program covers the students' tuition at Hawkeye Community College and allows them to learn the skills of the trade by working at Edgewood Locker. Edgewood Locker will celebrate its 58th anniversary in Iowa later this year.

Edgewood Locker's entrepreneurial spirit and commitment to excellence are clear. I want to congratulate the Kerns family and the entire team for their hard work and dedication to providing exceptional products and services to families across Iowa. I look forward to seeing their continued growth and success •

#### VERMONT STATE OF THE UNION ESSAY CONTEST JUDGES

• Mr. SANDERS. Mr. President, since 2010, I have sponsored a State of the Union essay contest for Vermont high school students. This contest gives students in my State the opportunity to articulate what issues they would prioritize if they were President of the United States.

This is the contest's 15th year, and I would like to congratulate the nine volunteer judges who helped choose the contest winners and finalists. The contest relies on its committed team of judges. The judges take time to review each essay and evaluate the diversity in writing that engages students and will benefit them for years to come. The judges' willingness to participate in this project reflects their dedication to both the students and our State, and for that, I graciously thank them.

The judges include:

Andrew Chobanian of Oxbow High School—participant for 3 years

Jason Gorczyk of Milton High School—participant for 12 years

Krista Huling of South Burlington High School—participant for 12 years

Robert Jackson Randolph Technical Career Center—participant for their first year

Krystal Melendez of North Country Union High School—participant for their first year Mary Schell of White River Valley School—participant for 3 years

Terri Vest of Twinfield Union School—participant for 15 years

Robert Walls-Thumma of North Country Union High School—participant for their first year

Caroline Zeilenga of Randolph Technical Career Center—participant for their first year

I am very proud to enter the State of the Union Essay Contest judges into the Congressional Record to recognize their contributions.●

# VERMONT STATE OF THE UNION ESSAY WINNERS

• Mr. SANDERS. Mr. President, since 2010, I have sponsored a State of the Union essay contest for Vermont high school students. This contest gives students in my State the opportunity to articulate what issues they would prioritize if they were President of the United States.

This is the contest's 15th year, and I would like to congratulate the 475 students who participated. It is truly heartening to see so many young people engaged in finding solutions for the problems that face our country. To my mind, this is what democracy is all about.

A volunteer panel of Vermont educators reviewed the essays and chose Justason Lahue as this year's winner. Justason, a junior at Burr and Burton Academy, wrote about the impact of social media on youth mental health. Ari Glasser, a junior at Essex High School, was the second-place winner. Ari wrote about the influence of billionaires on American politics. Ely White, a senior at Leland & Gray White, a senior at Leland & Gray Union Middle and High School, was the third-place winner, with an essay on political polarization.

I am very proud to enter into the Congressional Record the essays submitted by Justason, Ari and Ely.

The material follows:

WINNER, JUSTASON LAHUE, BURR AND BURTON ACADEMY, JUNIOR

Social media is deteriorating adolescent mental health, yet the United States' government is treating the situation like a social experiment; our government is waiting to see what will happen despite the mounting evidence that social media has dangerous effects. Until we apply evidence-based regulations to limit social media use, adolescent well-being is in jeonardy.

well-being is in jeopardy.

The current evidence of harm is compelling. A 2023 Gallup survey found that teenagers spend an average of 4.8 hours on social media daily. Alarmingly, a longitudinal study involving 6,595 adolescents revealed that spending over 3 hours daily on social media doubled the risk of poor mental health outcomes, such as anxiety and depression. These are not studies in isolation: a systematic review of 13 studies also found that unhealthy engagement of social media was correlated with depression, anxiety, and psychological distress.

While these studies demonstrate correlation, there are also indicators of causality. Numerous studies highlight how limiting social media use can improve mental health. A randomized controlled trial reported that reducing social media use by just 30 minutes daily lessened depressive symptoms in college students. Another study involving adolescents showed that ceasing social media use for 4 weeks resulted in a 25–40% improvement in subjective well-being (e.g., life satisfaction, depression, and anxiety) when compared to psychological interventions such as therapy.

Social media use can worsen adolescent mental health, while lessening use demonstrates the opposite effect. Adolescent brain development is most active from ages 10 to 14. However, the arbitrary and rarely enforced 'internet age' currently set at 13 exposes immature brains to a world of entertainment, inappropriate content, and harassment. Given these biological factors and the evidence of potential harm, a more appropriate age for adolescents to access the internet is 16 years of age.

I propose a bill called the Youth Mental

I propose a bill called the Youth Mental Health Protection Act. This act would target a root cause of social media-related youth mental health issues by changing the legal age of 'internet adulthood' (i.e., when one can sign up for most online platforms, consent to terms of service, and share personal data). This act would make 16 the legally required age to access social media, similar to obtaining a driver's license in most states, another privilege requiring complex thinking and decision-making. Finally, the Youth Mental Health Protection Act would hold social media companies liable by requiring age verification prior to account creation

Requiring age checks would likely lessen the negative effects of social media on adolescent mental health, however, this is just