

said that the Ravens defense would still be Patrick Mahomes. They said we couldn't stop Lamar. They even said Travis Kelce would be too focused on Taylor and not on football.

Well, Mr. Speaker, shake it off. You see, Mr. Speaker, nothing can stop the Chiefs—not Tucker's helmet placement, not Flowers' taunting, and especially not Lamar's throwing into triple coverage.

As Mitch Holthus said: "You can doubt the Chiefs. You can dislike the Chiefs. You can disrespect the Chiefs. You are going to have to deal with the Chiefs being the AFC champions for the fourth time in five seasons."

Missouri is rooting for you. Go Chiefs.

CELEBRATING THE LIFE OF SHEILA Y. OLIVER

(Mr. PAYNE asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. PAYNE. Mr. Speaker, I rise today to honor the late Lieutenant Governor of the State of New Jersey, Sheila Y. Oliver.

Ms. Oliver was a trailblazer in every sense of the word. She was the first Black woman to serve as Lieutenant Governor in the State's history. She was the first Black woman to be elected to statewide office in New Jersey. She was the first Black woman to serve as speaker of the general assembly. She was only the second Black woman to lead a legislative chamber in American history.

I knew her before she made history. I knew her as my neighbor on Bock Avenue in Newark, New Jersey. She became my mentor, my friend, and someone I respected. Her oratory skills were second to none. You felt honored when she spoke on your behalf.

It was her endorsement that helped propel me to my seat in the United States Congress. The Positive Community magazine will publish a tribute to Sheila Oliver this month, and it is well-deserved.

ATTACKS IMMINENT ACROSS AMERICA

(Mr. WILSON of South Carolina asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. WILSON of South Carolina. Mr. Speaker, my heartfelt warning today is for all families of all political parties in America.

I had been excusing the irresponsible Biden open borders as recruiting millions of low-information voters to perpetuate Democrat elitist power. This weekend, well-respected Members of Congress clarified open borders is purposeful insanity, putting American families at risk everywhere of murderous attacks.

With terrorists and unknown millions of illegal aliens, more 9/11 attacks

will lead to a growth of government for elitist power. This "ends justifies the means" concentrates power in their worship of government run by elitists.

American families, having full gas tanks, should prepare with an attack rally point when communications are going to be cut. Congressional offices today have rally points. Families should have a pre-chosen refuge of safety to face the threats of terrorists.

In conclusion, God bless our troops, who successfully protected America for 20 years as the global war on terrorism continues moving from the Afghanistan safe haven to America with Biden open borders for terrorists.

It is sadly clear that there will be more 9/11 attacks across America imminent in the country, as finally revealed by the FBI.

Mr. Speaker, our prayers go out for the three Georgia National Guard members murdered by Iranian puppets.

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CELEBRATING THE CAREER OF RABBI RACHLIS

(Ms. PORTER asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Ms. PORTER. Mr. Speaker, I rise today to celebrate the career of my dear friend, Rabbi Arnie Rachlis, who is retiring after 35 years as the spiritual leader of University Synagogue in Irvine.

From serving as a White House fellow, to delivering an invocation for President Obama, to growing University Synagogue into a place of worship that now serves over 600 Orange County families, Rabbi Rachlis has created a legacy that will resonate for generations to come.

Rabbi Rachlis has been a beacon of wisdom, compassion, and inclusivity, and his teachings foster a spirit of unity and understanding. I am particularly grateful for the Rabbi's dedication to civic engagement and his deep understanding of that as a part of Jewish life. I am honored that Rabbi Rachlis often welcomed me to engage with his congregation in thoughtful dialogue.

Mr. Speaker, I thank Rabbi Rachlis so much for his service to University Synagogue and our community. Mazeltov on a well-deserved retirement.

LIQUEFIED NATURAL GAS IS CLEAN, AFFORDABLE, AND RELIABLE

(Mr. CARTER of Georgia asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. CARTER of Georgia. Mr. Speaker, I rise today in staunch opposition to President Biden's ban on liquefied natural gas export projects.

Under the guise of a pause, President Biden has taken complete control of an

important piece of the American energy sector.

Do not be fooled. This is, in fact, a ban on LNG exports and a massive gift to Putin.

Our European allies are desperately seeking American energy to counter Russia's weaponization of its natural gas exports. But instead of being the leader Americans in the rest of the world need, he is being the puppet that far-left climate activists want.

If President Biden were serious about his rush-to-green agenda, he would unleash the production and export of clean, affordable, and reliable American LNG, which has roughly 40 percent lower life-cycle emissions than Russian LNG.

Mr. Speaker, these policies are entirely out of touch and widely unpopular.

We should be diverting our attention to fixing the economy, solving the question of the national debt, closing our southern border, and aiding our ally, Israel. This White House needs to get its priorities in order. It is causing the American people to suffer.

FIGHTING INSURANCE COMPANIES TO HELP PREMATURE BABIES

(Mr. MCGARVEY asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. MCGARVEY. Mr. Speaker, in 2011, our twins, Clara and Wilson, were born 14 weeks premature. They weighed a pound and a half and a pound and fifteen ounces. We spent 99 days in the NICU before coming home.

No journey through the NICU is easy. The fear, the ups and downs, and the helplessness that comes with having your babies in someone else's hands, that is only made worse when you have to fight the insurance companies—like my wife, Chris, and I did—to get your preemies the nutritional support they need to grow out of the NICU.

We were lucky. We won our fight with the insurance company, and we made a promise that if we could, we would do everything we could to help other families, as well. That journey took us to the Kentucky State Senate where I passed the first insurance mandate in over two decades.

Now it is time to go national. That is why I have introduced the Supporting Premature Infant Nutrition Act, so every family and every preemie is given the best chance to thrive.

YOUNG WOMEN'S CHRISTIAN ASSOCIATION IN OIL CITY

(Mr. THOMPSON of Pennsylvania asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. THOMPSON of Pennsylvania. Mr. Speaker, I rise today to recognize the Young Women's Christian Association of Oil City, in Venango County, or more widely known as the YWCA, as they celebrate their 100th anniversary.

In 1922, Olive Bailey Shaffer proposed the idea of establishing a YWCA in Oil City. Two years later, on June 24, 1924, with 450 charter members enrolled, the Oil City YWCA was founded.

To sustain the organization and their mission, members of the YWCA raised more than \$10,000 in their first year. Following these efforts, the Oil City YWCA received their national charter on December 24, 1924.

Over the years, the YWCA continued to grow and establish strong roots in the community. What started as humble beginnings led the chapter to the Samuel L. Maxwell Home at 109 Central Avenue, which remains the current home.

This location continued to grow with the chapter with multiple renovations and additions over the 100 years. The group now uses this location to host programming and advocacy to generate institutional change in three key areas—racial justice and civil rights, empowerment and economic advancement, and health and safety of women and girls.

Today, the YWCA stands true to their mission to eliminate racism, empower women, stand for social justice, help families, and strengthen communities.

Mr. Speaker, I congratulate the women of the Young Women's Christian Association of Oil City on this monumental anniversary. May they continue their good work for the next 100 years.

LOWERING EVERYDAY COSTS FOR THE AMERICAN PEOPLE

(Mrs. SYKES asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Mrs. SYKES. Mr. Speaker, from day one, I promised the people of Ohio's 13th Congressional District that I would do everything I could to lower everyday costs.

Due to high costs, too many families in Ohio's 13th District and across the country are lying awake at night trying to figure out how to pay their bills, put food on the table, and provide for their children. Hardworking Ohioans need relief, and they need it now.

I am proud to have supported the Tax Relief for American Families and Workers Act. This progrowth, profamily, bipartisan bill delivers lower costs for families and small businesses in Ohio's 13th District. I am especially excited that this bipartisan bill expands the child tax credit, a policy I have consistently championed throughout my time in public service, including my time here in Congress, where last year I introduced my Lower Your Taxes Act, which also includes expansions to the child tax credit.

While the Tax Relief for American Families and Workers Act does not go as far as to fully restore the American Rescue Plan's child tax credit expansion like my legislation, this bipar-

tisan bill will still make a significant difference for 37,000 children in Ohio's 13th Congressional District whose families are struggling to pay for medicine, school supplies, and other childcare expenses.

This is only the start of what Congress should pass to support our families. I will keep fighting for additional policies like my Lower Your Taxes Act, which will expand the child tax credit even more and expand the earned income tax credit.

IT IS EASY ENOUGH FOR PEOPLE TO COME HERE LEGALLY

(Mr. GROTHMAN asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. GROTHMAN. Mr. Speaker, obviously the biggest issue facing America today is the huge volume of people coming across our southern border. We recently had 1 month in which 370,000 unvetted people crossed the southern border.

In debating this topic, I sometimes hear people say it is important and the United States has an obligation to let some new people in our country every year. That is true, but what is not talked about enough is that we just got done with a year in which 950,000 Americans were legally sworn in.

This is a number that goes up and down over time, but over the last 4 years, the average number of people who are sworn in as new American citizens, and find a way to do it legally, is over 800,000. It is the highest ever in this country's history.

If you go back to when I was a child in the 1960s and the 1950s, it was more likely to be 200,000.

Throughout most of my life, we have had 200,000 to 250,000 people being sworn in every year. We are now over 800,000 in an average month. Last year, we were up to 950,000. It is easy enough for people to come here legally.

RECOGNIZING THE LEGACY OF THE HONORABLE YVONNE B. MILLER

(Ms. MCCLELLAN asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Ms. MCCLELLAN. Mr. Speaker, in honor of Black History Month, I rise today to recognize the legacy of the Honorable Yvonne B. Miller, who became the first Black woman to serve in the Virginia General Assembly when she was elected to the Virginia House of Delegates 40 years ago. Four years later, she became the first Black woman to serve in the Senate of Virginia. As a young member of the Virginia House of Delegates, I had the opportunity to work with Senator Miller when I was in the house until her untimely death of stomach cancer in 2012.

I was proud to build on her legacy in the senate, and one of the habits that I

took from Senator Miller was whenever she would have visitors come to her office, whether they were interns, students, university presidents, she would have them sit at her desk for a picture and she would say: This seat belongs to you as much as it belongs to me.

She treated everyone the same whether you were a Governor, an intern, or anyone in between. You would often hear her shout in her loud, booming voice: You look gorgeous. She was a lifelong educator. She was a champion for those underprivileged and underserved communities, including her own in Norfolk, that she proudly represented.

As the first Black woman elected to Congress from Virginia, I stand on Yvonne Miller's shoulders. I join my former colleagues in the Virginia General Assembly who recognized her with a commemorating resolution last week and are working on a tribute to her in our State capitol, where as a child she often did not feel welcome, but she broke barriers to ensure that Black women everywhere knew they belonged in that capitol. I honor her today and miss her very much, but I still hear her voice saying: You look gorgeous.

BIDEN ADMINISTRATION FURTHERED THEIR ASSAULT ON AMERICAN ENERGY PRODUCTION

(Mr. LAMALFA asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. LAMALFA. Mr. Speaker, last week, the Biden administration furthered their assault on American energy production, deciding to essentially slash all pending and future liquefied natural gas export permits.

Limiting these permits and these exports doesn't do anything to curb natural gas usage here or around the world. Instead, it will be replaced by adversaries around the world. It kills U.S. jobs and processing and has the opposite, so-called climate-smart agenda, results than were intended.

The U.S. and the rest of the world will be forced to depend even more on global adversaries, such as Iran and Russia who have significantly looser emission standards than us, while lining their pockets, giving the ability in the case of Iran to fund terrorism, such as in Yemen, with weapons that have Iran's name on them.

The Biden administration has been doing this since the President's first day in office and look what we have got: Russia invaded Ukraine. Iran-backed terrorists launched an attack on one of our closest allies, Israel. They are wreaking havoc blasting missiles at U.S. vessels in Middle Eastern waters, such as the Red Sea; cutting commerce; and have killed three of our U.S. servicemembers this weekend in Jordan; and Yemen is wreaking havoc.

Energy security is national security. This decision jeopardizes our national security and global energy markets.