

Navy brought him. For example, he coached basketball at his first duty station in Yokosuka, Japan, and was a public works officer at the Naval Regional Medical Center in Oakland, CA, where he taught Civil Engineer Corps students.

While Tom's tenacity took no days off, he always made time for his family and those most important to him. Following Tom's marriage to his wife, Sandy, in 1976 and the birth of his two sons, he left active duty in 1982 and stayed in the reserves for another 17 years. Tom resigned from the Armed Forces with the rank of Captain in 1999.

After he resigned his commission as an active-duty Naval Officer, he moved to Southern California and joined the Newhall Land and Farming Company where he was responsible for all aspects of residential, commercial, and industrial development. In 1990, he was named Senior Vice President and retired in 2004.

Since the 80s, Tom has been an integral part of our community. He served on the Board of Directors of the Los Angeles County Economic Development Corp., Valencia Water Co., Castaic Lake Water Agency, and Valencia Bank and Trust. Tom was also a board member of the College of the Canyons Foundation, a director emeritus of the COC Foundation, and president of the Boys & Girls Club of the Santa Clarita Valley. In short, Tom's been busy.

For his work in our community, Tom has earned the Silver Spur Award for Community Service, the Boys & Girls Club's Samuel Dixon Award for extraordinary service, as well as being named Santa Clarita Valley Man of the Year in 2012.

My path crossed Tom's because of his desire to make an impact on the next generation in our community. Tom worked tirelessly to help nominate the emerging military leaders of our district. Over his tenure, he walked with 41 students as they navigated the application and nomination process to our Nation's great military academies. I thank Tom for his dedication in making sure that our academies receive the best of the best and for his critical role in a stronger, more secure future for this great Nation.

I am forever grateful for Tom's steadfast dedication to our community and the work he has done as part of my team. Tom's approach to life is a powerful example to us all of what it means to pay it forward.

#### SPECIAL RECOGNITION OF THE CITY OF WILLARD'S SESQUICENTENNIAL

### HON. ROBERT E. LATTA

OF OHIO

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, August 6, 2024*

Mr. LATTA. Mr. Speaker, I rise today to celebrate the City of Willard's Sesquicentennial. The perseverance of pioneers and settlers to overcome the challenges faced during the early years of the city's history has persisted throughout the past 150 years. The hard work and spirit shown by generations of city residents have made Willard an outstanding example of American ingenuity.

In 1874, the City of Willard was established as a community and a junction for the Balti-

more and Ohio Railroad's line to Sandusky and the branch west to Chicago. The original name of Willard was Chicago; however, passengers would mistake the community for Chicago, Illinois. The city's name was changed to Chicago Junction, but the word "junction" did not fit on name boards at the time. In 1917, the town changed its name to Willard, after the then-president of the Baltimore and Ohio Railroad, Daniel Willard. In 1960, Willard officially became a city. The city is an asset to the great State of Ohio through its many contributions in the fields of manufacturing and agriculture. It remains to this day a key junction for the rail company CSX Transportation.

Mr. Speaker, by remembering the 150th Anniversary of the City of Willard, community members recognize the outstanding achievements, maintain the pioneer attitude, and strive to better their city through the principles on which it was founded. I thank and congratulate Willard on this significant milestone.

#### RECOGNIZING CAMERON HULL

### HON. LIZZIE FLETCHER

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, August 6, 2024*

Mrs. FLETCHER. Mr. Speaker, I rise with deep gratitude to Cameron Hull for her many years of service and exceptional work for Texas' Seventh Congressional District. After working for our district for more than 5½ years, Cameron will leave my office to attend graduate school at Harvard University, where she expects to earn a Master's degree in Urban Planning.

Cameron has served Texas' Seventh Congressional District for as long as I have, joining our district staff as a Staff Assistant in Washington, D.C. as we opened our office in January 2019. An integral part of my team from the start, she has worked tirelessly and effectively, handling issues of all kinds and engaging with our constituents in meaningful ways. As our office grew, so did Cameron's role in it, as she moved from Staff Assistant to Legislative Correspondent to Legislative Assistant to Senior Legislative Assistant. She has worked on issues of great importance to our district with a portfolio that includes transportation, infrastructure, and flooding policy. It is fitting then that her work here has inspired her to pursue a career in urban planning.

Throughout her more than 5 years serving our district, Cameron has demonstrated a real passion for improving Texas' Seventh Congressional District and the broader Houston region. She has built meaningful relationships across our community and has led the way on efforts to ensure our district's and our region's priorities are included in our work and that our work in Washington delivers meaningful progress back home.

Outstanding in her policy work, Cameron was also an outstanding team member who always remained positive and supportive of her colleagues. Her work and her positive contributions have had—and will continue to have—a lasting impact on our team and on our district, and we will miss her.

Mr. Speaker, on behalf of Texas' Seventh Congressional District, I express my deep and sincere gratitude and best wishes to Cameron Hull as she continues her service to commu-

nity and country in a new way and begins a new chapter this fall.

#### INTRODUCTION OF THE PROMOTING HEALTHIER LIFELONG IMPROVEMENTS IN FOOD AND EXERCISE ACT OF 2024

### HON. ELEANOR HOLMES NORTON

OF THE DISTRICT OF COLUMBIA

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, August 6, 2024*

Ms. NORTON. Mr. Speaker, today, I introduced the Promoting Healthier Lifelong Improvements in Food and Exercise Act of 2024, or the LIFE Act, which would establish a national program to combat overweight and obesity, a major health problem in the United States that cannot be remedied through the health care system alone. Increasing rates of overweight and obesity are found among Americans of every age, race, and major demographic group, and threaten the health of Americans like no other condition or disease. In fact, the key to reducing or eliminating many of the most serious health conditions is not only to reduce overweight and obesity but also to encourage exercise of all kinds.

This bill would provide \$75 million to the Centers for Disease Control and Prevention (CDC) for a coordinated national effort to reverse increasingly sedentary lifestyles and unhealthy diets. Specifically, the CDC, either directly or through grants and contracts, would train health professionals to recognize the signs of overweight and obesity early in order to educate patients about proper nutrition and regular exercise; conduct public education campaigns about how to recognize and address overweight and obesity; and develop intervention strategies for use in everyday life, such as in the workplace and community settings.

The National Survey of Children's Health found that 17 percent of children ages 10 to 17 had obesity in 2020–2021. The CDC National Center for Health Statistics reports that Type 2 diabetes, once considered an adult disease, is now widespread among children. The rising cost of the health care system, including insurance premiums, reflects this epidemic. Today, chronic diseases, many of which are caused or exacerbated by overweight and obesity, account for 70 percent of all deaths in the U.S. and 75 percent of U.S. medical care costs, according to the National Center for Chronic Disease Prevention and Health Promotion. The national program established by this bill would provide a model for states and local governments to establish similar programs.

To cite an example of the need for action, the District of Columbia is one of the fittest cities in the U.S., according to a 2023 study by the American College of Sports Medicine, yet, even here, obesity continues to be a severe problem. Approximately one-fifth of D.C. residents are considered obese. Most of the obesity epidemic is exercise- and food-related.

I urge support for this bill to mobilize the country before entirely preventable health conditions, which often begin in childhood, overwhelm the Nation's health care system.

HONORING THE WORK AND CONTRIBUTIONS OF NICK HARGROVE FOR PRESERVING AND PROTECTING THE CHESAPEAKE BAY

**HON. ANDY HARRIS**

OF MARYLAND

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, August 6, 2024*

Mr. HARRIS. Mr. Speaker, I rise to recognize Mr. Nicholas “Nick” Hargrove, an Eastern Shore seafood processor and oyster restoration expert who has had tremendous impact on the health and sustainability of the Chesapeake Bay.

Nick is the owner of Tilghman Island Seafood which processes approximately 20,000 pounds of blue catfish daily. Through his hard work and dedication, Nick is instrumental in protecting crabs, perch, menhaden, and others, against the invasive blue catfish population plaguing the Bay. Nick has also contributed to addressing the oyster shell shortage by replanting millions of dried oyster shells in the Chesapeake Bay.

On behalf of the people of the Maryland's First Congressional District, I thank Nick for his tireless work and dedication to preserving the Chesapeake Bay for future generations to come.

RECOGNIZING THE ESSENTIAL  
WORK OF EQUALITY NC

**HON. WILEY NICKEL**

OF NORTH CAROLINA

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, August 6, 2024*

Mr. NICKEL. Mr. Speaker, I rise today to recognize Equality NC, which has a remarkable history as the oldest statewide organization in the country devoted to promoting LGBTQ rights.

Through grassroots organizing, education, and advocacy, the organization has made landmark strides towards equality for everyone regardless of their lived and expressed identity.

I appreciate Equality NC's efforts to push for legislation that calls for nondiscrimination on the basis of sexual orientation, gender identity, and expression in housing, employment, public accommodations, credit, insurance, and education.

One of their most notable achievements was leading the fight against HB2, a dangerous and discriminatory bill against the LGBTQ community that was later repealed after a successful public pressure campaign.

Equality NC has time and time again supported North Carolinians from their work on HIV/AIDS education to providing youth programming.

Through policy work and activism, Equality NC is leading the way towards a more equitable future for all North Carolinians.

Please join me in supporting their efforts to make the world a safer place for everyone, no matter who they are or who they love.

RECOGNIZING MR. CHAD  
REENDERS, RECIPIENT OF THE  
2024 MICHIGAN BLUEBERRY AD-  
VISORY COMMITTEE INDUSTRY  
AWARD

**HON. BILL HUIZENGA**

OF MICHIGAN

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, August 6, 2024*

Mr. HUIZENGA. Mr. Speaker, I rise today to recognize Chad Reenders, a fourth-generation blueberry grower from West Michigan and this year's recipient of the Michigan Blueberry Advisory Committee Industry Award.

Michigan's high-quality produce drives our economy, feeds families across the Nation, and is both widely respected and recognized around the globe. It is because of leaders like Chad Reenders that this reputation is gained, kept, and enhanced.

Chad is a premier advocate for his fellow blueberry growers across Michigan and has tirelessly fought to improve their standing, whether it be in the field, in the media, or in Washington, D.C., educating elected officials on the needs and importance of the industry. As President of the Michigan Blueberry Advisory Committee, Chad continues to make impactful changes for growers and is recognized across our state for his passion, drive, and commitment.

The Michigan Blueberry Industry is stronger through Chad's leadership. I thank him for his continued efforts to make Michigan the best place in the country to grow.

Mr. Speaker, please join me in congratulating Chad Reenders for his recognition as the recipient of the 2024 Michigan Blueberry Advisory Committee Award.

RECOGNIZING KEVIN FITE'S CONTRIBUTION TO THE CHILDREN OF DETROIT

**HON. DEBBIE DINGELL**

OF MICHIGAN

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, August 6, 2024*

Mrs. DINGELL. Mr. Speaker, I rise today to celebrate Coach Kevin Fite, a resident of Detroit and the leader of the Detroit City Chess Club (DCCC). His efforts in ensuring that the Metro Detroit youth have a safe, supportive, and nurturing environment is worthy of commendation.

The DCCC was born out of the competitive chess team at Detroit Duffield Elementary and Middle Schools in the early 2000s. Inspired by the interest of his students who wanted to continue their competitive playing after leaving Detroit Duffield, Coach Fite set up a meeting with the Detroit Institute of Arts to discuss using their space for his players. The meeting went well, and the DIA has been the host of the DCCC for the last 21 years.

Over the years, the DCCC has grown from a few students from Detroit Duffield to reaching thousands of kids from all over the Metro Detroit area. DCCC not only reaches kids but has a large following of adults that regularly play every Friday evening. DCCC students have traveled all over the United States competing and winning National Championships. One of their star players, Charisse Woods, represented the United States two years in a row at the World Youth tournament in 2018 (Greece) and 2019 (India). She is the first player in Detroit history to compete on the world stage.

Detroit City Chess Club has also hosted the Thinkers series chess tournament for the last 10 years to provide kids in Metro Detroit the opportunity to hone their skills. Along with putting on tournaments, the DCCC has hosted many grandmasters to play games of give lectures, like 5-time U.S. champion Hikaru Nakamura and 7-time U.S. female champion Irina Krush.

Mr. Speaker, I ask my colleagues to join me today in honoring Coach Kevin Fite, a man who has been committed to improving the lives of the children who also call the city of Detroit home. His efforts over the last 20+ years is a glowing example of spreading kindness and joy in an increasingly hostile world. We thank him for his efforts, and we are excited to see what the students of the DCCC can accomplish over the next 21 years. I thank Coach Fite.