

helped lead the Michigan State University Spartans men's basketball team to 19 NCAA tournaments, 10 Big Ten Championships, seven Final Fours, and a National Championship. But as impressive as those statistics are, former MSU Assistant Coach Mike Garland quite literally came back from the dead and is now using his second chance at life to pay this incredible gift forward.

As much as Mike Garland loved coaching basketball, and as many great things as his teams accomplished on the court, he was content with his decision to retire from MSU in June of 2022, and looking forward to spending more time with his wife, children, and grandchildren. Not long after, however, he went into cardiac arrest while driving his car. Fortunately two good Samaritans were driving by at the time, saw Garland's car go off the road and into a tree, called 911, and performed CPR until paramedics and police arrived. In total, 13 people worked on Garland for an agonizing 18 minutes to restart his heart.

It turned out the electrical failure in Garland's heart was the result of a birth defect, one that required open heart surgery to fix. Three months later, Garland was back up and running—quite literally—on the treadmill. Not long after that he honored all those who helped save his life with an emotional public thank you at MSU's Breslin Center, home to many of his great coaching moments.

Today, the Breslin Center is also home court for his new passion: a foundation he launched called Champions of the Heart. Through this non-profit, Garland works to inform the Spartan community and others on how to save lives during episodes of cardiac arrest.

Attendees at these free trainings learn how to perform CPR, how to recognize sudden cardiac arrest, and how to use an Automatic External Defibrillator.

Mike Garland is a man who has lived two lives, both defined by statistics. In the first, his focus was on wins, losses, and free throw percentages. His second life, however, is summed up in a single stark numerical reality: only one person in ten survives a cardiac arrest. He has done much to defy the odds and change the course of history for himself and others.

PERSONAL EXPLANATION

HON. AL GREEN

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES

Wednesday, February 7, 2024

Mr. GREEN of Texas. Mr. Speaker, I was unable to attend the first portion of the vote series on Tuesday, February 6, 2024, and the vote series on Wednesday, February 7, 2024, due to an unexpected medical emergency and corresponding recovery time in the hospital. Had I been present, I would have voted: YEA on Roll Call No. 36, YEA on Roll Call No. 39, and NAY on Roll Call No. 40.

HONORING INDEPENDENCE TOWNSHIP SUPERVISOR JOSE ALIAGA

HON. LISA C. McCLAIN

OF MICHIGAN

IN THE HOUSE OF REPRESENTATIVES

Wednesday, February 7, 2024

Mrs. McCLAIN. Mr. Speaker, I rise today to honor Independence Township Supervisor Jose Aliaga. Mr. Aliaga, who embodies the American Dream, is an immigrant from Peru who faced many challenges coming to the United States including the biggest challenges of not knowing anyone or being able to speak English.

After immigrating to the U.S., Jose attended the University of Michigan, where he earned his bachelor's degree in political science and a master's in social science. Moreover, Mr. Aliaga worked tirelessly to achieve a law degree from the Universidad Las Americas in Peru. After his time in school, Mr. Aliaga connected Latin American and U.S. companies and started his own business, Aliaga Development and Consulting, LLC. His work eventually earned him an invitation to the White House and recognition from the U.S. Congress.

Mr. Aliaga is active in business and politics and, from time to time, he is known for engaging at universities in Peru. He has been featured on Fox News and Univision as a TV commentator. Mr. Aliaga treasures his local community where he partakes in local initiatives and committees. He is also a government reform activist, seeking a positive community impact.

Independence Township has seen many positive changes since Mr. Aliaga took office, including refurbishing and revitalizing parks and implementing new standards for township employees. A new pilot program was recently established that extended township hall hours, making it more convenient for residents to pass through outside their standard work hours, yet another welcomed change for the community. Mr. Aliaga is also planning to rebrand the township to attract new businesses and residents to the area.

Mr. Aliaga is an ambitious member of the Independence Township community. He is the Township Supervisor, but also sits on five other committees and boards in the township government. These include the Downtown Development Authority, the Television Video Center Administrative Board, Parks, Recreation & Seniors Advisory Committee, Safety Path Advisory Committee, and the Sashabaw Corridor Improvement Authority.

Mr. Aliaga embodies public service. He works in his community for his community. His motto is "I live to serve." It is an honor to recognize Jose Aliaga and all his accomplishments.

BLACK HISTORY MONTH 2024: HONORING ORRIN AND LUVINA WILSON

HON. ELISSA SLOTKIN

OF MICHIGAN

IN THE HOUSE OF REPRESENTATIVES

Wednesday, February 7, 2024

Ms. SLOTKIN. Mr. Speaker, today I pay tribute to two of the most beloved residents to

ever call the St. Johns, Michigan, community home: Orrin and Luvina Wilson. Settling in Clinton County post-Civil War, the Wilsons were a "power couple" before such a term existed, but it was never about seeking power for themselves. Rather, the Wilsons lived their lives in quiet but devoted and groundbreaking service to their nation and to their neighbors, and forever changed the face of St. Johns.

Orrin was just 16 years old in 1864 when he enlisted in Michigan's all-Black regiment, the 102nd United States Colored Infantry. Company K, out of Kalamazoo. He served until the war's end, and returned to Michigan where he met and married his bride. The two would soon settle in St. Johns, where they lived out the next 60 years of their lives.

In addition to his military service, Orrin was a trailblazer in so many ways. First, he took up the trade of barbering and owned his own shop for nearly 50 years, serving a mostly white clientele out of the old Steel Hotel in downtown St. Johns. He was also a founding member of the local chapter of the Grand Army of the Republic, a national union of Civil War veterans, and served as its post commander for a time. Not only was he the only Black member of the St. Johns Charles Grisson Post of the GAR, it's believed he was the only Black man in the state to hold such a leadership position outside of the all-Black posts in cities like Detroit.

Luvina was a trailblazer in her own right, serving as president of the local chapter of the Women's Relief Corps, the auxiliary organization to the Grand Army of the Republic. The WRC not only supported the mission to aid Union veterans, but also assisted former Army nurses and promoted patriotism through education. And just like her husband, Luvina is believed to be the only Black woman in the state to have led an all-white post.

Orrin and Luvina raised two sons together: George and Arthur, who continued the family barbering trade. The family was active in the St. Johns United Methodist Church, where Orrin served as a trustee and treasurer for three decades. They were married for 58 years, and linked in their common goal of creating a better, more just community and nation. And united they also were in death, leaving this world just one day apart in late December of 1928. The two were buried together in the veterans' section of Mt. Rest Cemetery, with flags flown at half-mast and a large funeral procession going past the family home on South Clinton Avenue.

May their life story and memory be a blessing and inspiration to all of us.

COMMEMORATING THE LIFE OF CLARENCE GREEN

HON. PAT FALLON

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES

Wednesday, February 7, 2024

Mr. FALLON. Mr. Speaker, I rise today to commemorate the life of Mr. Clarence "Ogden" Green of Runaway Bay, Texas, who peacefully passed away on the morning of January 1, 2024. Mr. Green was a loving husband, father, and grandfather.

Mr. Green was born on December 23, 1929, in Foster, Oklahoma, to Coleman and Florence Green. His family later moved to Fort

Worth, Texas, where he attended Trimble Technical High School. In 1965, Mr. Green graduated from Multnomah University in Portland, Oregon. After graduation, he worked in the construction industry and as a real estate broker until his retirement.

Throughout his entire life, Mr. Green was passionate about a variety of sports, fishing, and hunting. He lived an active lifestyle and enjoyed playing football, basketball, baseball, golf, and bowling.

Mr. Green was a devoted man of faith and regularly attended The Bay Church in Runaway Bay. He was a gifted craftsman, skillfully carving beautiful wooden birds by hand, and was also known for his landscaping prowess which helped keep his lawn pristine. He enjoyed spending time with his family, including his many grandchildren and great-grandchildren.

I have requested the United States flag to be flown over our Nation's Capital in recognition of Mr. Green's wonderful and adventurous life. He will be dearly missed by his friends, family, and all who knew him.

PERSONAL EXPLANATION

HON. NICHOLAS A. LANGWORTHY

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

Wednesday, February 7, 2024

Mr. LANGWORTHY. Mr. Speaker, due to a family emergency, I was unable to be present for votes on Tuesday, February 6, 2024. Had I been present, I would have voted: YEA on Roll Call No. 34, and YEA on Roll Call No. 35.

BLACK HISTORY MONTH 2024: HONORING THE CANADY FAMILY

HON. ELISSA SLOTKIN

OF MICHIGAN

IN THE HOUSE OF REPRESENTATIVES

Wednesday, February 7, 2024

Ms. SLOTKIN. Mr. Speaker, today I pay tribute to a legendary Lansing family that has broken barriers across generations, and continues to make history today.

The story begins in 1927 when the family matriarch, Ms. Hortense Canady was born in Chicago. While she didn't grow up in Michigan, she came to Michigan State University to pursue graduate studies after attending Fisk University, where she met her husband, Clinton. In the Lansing area, Hortense and Clinton, a World War II veteran and member of the famed Tuskegee Airmen, settled, put down roots, and left an indelible mark on the community.

Clinton became a well-known and well-loved dentist, while Hortense put her passion for education and civil rights into action, becoming the first African American elected to the Lansing School District Board of Education in 1968. Four years later, she and several other board members were recalled for advocating for desegregation, but Hortense did not let that deter her from working toward her core belief that everyone deserves access to quality education.

She sat on the state's Women's Commission, served as the first executive director of the Lansing Community College Foundation,

and helped found a debutante club in Lansing to fill in a void for young Black women who, at the time, were not permitted to share in this tradition.

Hortense founded the Lansing alumnae chapter of her sorority, Delta Sigma Theta, and served as its national president from 1983 to 1988. She was inducted into the Michigan Women's Hall of Fame in 2002 and was named as one of Ebony magazine's Most Influential People. Hortense Canady died in 2010 at age 83.

Not only was Hortense Canady impressive in her own right, but her children have continued to blaze their own trails. Her daughter, Alexa Canady, is the first African American woman in the nation to become a neurosurgeon, and served as chief of neurosurgery at the Children's Hospital of Michigan from 1987 until her retirement in June 2001. She devoted her brilliant mind and her numerous talents to the healing and welfare of thousands of young patients over the course of her career, and, like her mother, is an inductee in the Michigan Women's Hall of Fame. She was also named a Michigander of the Year by the Detroit News in 2002.

All three of Hortense Canady's sons became attorneys, including the Honorable Judge Clinton Canady III. Before ascending to the bench, Canady practiced law for 37 years. He was a founder of the Lansing Black Lawyers' Association, director of the Ingham County Bar Association, a commissioner for the Lansing Board of Water and Light, a member of the NAACP, and served on the board of the Lansing Symphony Association, Central Michigan Legal Aid, and many other organizations. Elected to the Ingham County Circuit Court in 2010, Judge Canady served through his retirement in 2022, but returned on assignment to help address the backlog of cases from the pandemic.

He and his wife, Rita, have two children who are continuing the Canady tradition of service, one as an administrative law judge in California, and the other with the United States Department of State.

The Canady family is part of the very fabric of the Lansing community, a fabric stitched with their incredible work ethic, commitment to breaking new ground, and to clearing a path for others to follow.

RECOGNIZING THE CONTRIBUTIONS OF PASTOR GREGORY CHRISTOPHER

HON. DEREK KILMER

OF WASHINGTON

IN THE HOUSE OF REPRESENTATIVES

Wednesday, February 7, 2024

Mr. KILMER. Mr. Speaker, I rise today to pay tribute to my dear friend Pastor Gregory Christopher and to recognize his decades of service to Tacoma's Shiloh Baptist Church and the greater Pierce County community.

Pastor Christopher was called to the Ministry in 1989 and studied under the Pastoral leadership of Pastor Lonnie Brown at The Body of Christ Christian Church in Tacoma, Washington. He began his tenure with Shiloh Baptist Church in Tacoma's Hilltop neighborhood in 1993, where he is the Senior Pastor, and will be retiring this February 2024.

In his 23 years on the pulpit, Pastor Christopher has created a legacy that puts him on

hallowed ground. His dedication to his community and his faith places him in the same breath as the legendary Black faith leaders of Tacoma, including the late Rev. Earnest Brazill, who was Pastor Christopher's mentor at Shiloh Baptist Church. In addition to his congregational leadership, Pastor Christopher also serves on the Tacoma Ministerial Alliance, and is an At-Large Board Member of the National Baptist Convention, USA, Inc.

Pastor Christopher has been a fierce and tireless leader outside the Church as well. He is a compassionate advocate for folks experiencing homelessness, a champion for racial representation, and a catalyst for policy solutions to improve the lives of African Americans in Tacoma and throughout the greater Puget Sound region. His work has been demonstrated through his service as the President of the Tacoma branch of the NAACP, his membership in the Tacoma Pierce County Black Collective, and his past service on the board of the Tacoma Urban League.

Pastor Christopher has been at the center of efforts to promote racial justice and religious social services for decades, working to boost inclusivity through expanding partnerships with marginalized communities within Pierce County. His leadership and his mission to empower the community have shaped our community for the better.

Mr. Speaker, beyond detailing all his many accomplishments, I'd also like to express my gratitude for the partner that Pastor Christopher has been to my office and to me personally. I'm proud to call Pastor Christopher a friend and have appreciated his sage advice throughout my career. While we will miss him at Shiloh, I am happy that he will have more time with his family, including his wife, Evelyn, who also is a leader in the community, his children, grandchildren, and great grandchildren.

Mr. Speaker, I am pleased to recognize Pastor Gregory Christopher in the United States Congress.

HONORING THE BERKOSKI FAMILY'S SUCCESS AT THE 108TH PENNSYLVANIA FARM SHOW

HON. LLOYD SMUCKER

OF PENNSYLVANIA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, February 7, 2024

Mr. SMUCKER. Mr. Speaker, I rise today to congratulate Mrs. Debra Martin Berkoski and her husband, Steven Berkoski, for their combined successes at the 108th Pennsylvania Farm Show.

The week contains a multitude of meanings for her, including her birthday. Debra began attending the Farm Show at 10 years old, showing sheep. This year, as she turned 57 years old, she and Steven won a combined 89 ribbons out of the 100 competitions they entered, 22 of them being first place prizes.

Most notably, Debra took home first prize in Pennsylvania's Greatest Whoopie Pie contest with her pumpkin whoopie pie. Anyone from our Commonwealth knows that whoopie pies are essential desserts at any Pennsylvanian event.

Throughout the week, the Berkoskis commuted over 500 miles between the Harrisburg Expo Center and their home. In order to