Mr. Speaker, last night, we heard President Biden's fairy tale version of the state of our union.

I will tell you, Americans know he just doesn't line up with what they are seeing and feeling out there. They know our economy is in shambles, and they also know that the only thing higher than food and energy prices out there right now are Chinese spy balloons.

Our border is in a mess, and the whole time, our government is over trying to secure Ukraine's border.

The bottom line is that our country is suffering under the weight of the Biden administration's America-last policies and, unfortunately, last night, yeah, he is doubling down. He is doubling down on the failed agenda that brought us here.

The only answers that he offers are bigger government and more control over our lives.

I wish I could say I was surprised, but these are always the solutions offered by the other side of the aisle, the same ones that got us in this mess.

So let's set the record straight.

Mr. Speaker, reopening the economy after his party shut it down, that is not creating jobs. More taxes and regulations on small businesses will not promote growth. Bringing business back to America from overseas just to tax and regulate them will not return jobs to our shores.

More spending and debt, that definitely will not lower inflation. Telling Americans to kick back, put your feet up, depend on the government, wait on a check, and hope for a better life, doesn't empower them to reach their potential because, as we know, no successful person built a career or provided for their family by hanging around and waiting for the government to redistribute other people's income.

It is time to let Americans run with the ball by letting them keep more of their hard-earned money, getting government off their backs, paying down our national debt, and promoting selfreliance and personal responsibility again in this country.

Mr. VALADAO. Mr. Speaker, I thank the gentleman from Georgia for his comments.

I yield to the gentleman from Texas (Mr. Babin), who I had the honor of doing a little shooting with in the last few weeks down there; had a great time.

Mr. BABIN. Mr. Speaker, I thank my friend from California for this Special Order. I appreciate it very much.

Predictably, the President spent 72 minutes trying to sell us another bill of goods last night. He is so out of touch with reality that he thinks Americans are actually buying what he said.

But his time would have been much better spent apologizing to the country for being one of the weakest, if not the weakest, Commander in Chief in the history of our country.

From his botched withdrawal from Afghanistan, to his mismanagement of

the economy, to his horrific border crisis, Joe Biden is a President of failure.

In just 2 years, he has successfully made us less on all fronts, less profitable, less sustainable, less safe, less prosperous, less free. His consistent weakness on the world stage has emboldened our adversaries and sent our allies running. I don't say this lightly.

You don't have to look hard for examples. The Chinese surveillance balloon that he allowed to fly across country, our entire country, last week, comes to mind. It took him 4 days to shoot it down and, yet he wants us to believe that he is being tough on China.

Give me a break.

The world is full of wolves. They know America is being led by a sheep.

President Biden spoke for over an hour, and yet he failed to thank our Border Patrol agents, mention border security, or take responsibility for the thousands of Americans dying from fentanyl that is being smuggled across our open and erased southern border.

Instead, he called for mass amnesty for millions of illegal aliens.

Nearly 300 Americans die of an overdose every single day. That is almost as many as our daily casualties during World War II. Think about that.

But if we are being honest, we all expected nothing more than a speech that left truth waiting on the sidelines. That is exactly what we got.

House Republicans have done more to restore and strengthen America in our first month in power than the Democrats have done in the last 2 years because where the left prioritizes authoritarian-style control, Republicans believe in the freedom that our forebears fought and died for.

As Governor Sarah Huckabee Sanders so eloquently said last night, "America is the greatest country the world has ever known because we are the freest country that the world has ever known."

We don't bend to a woke mob pushing insanity or insane policies over common sense.

Republicans serving in this esteemed Chamber stand united and will be the hammer that shatters the Democrats' radical agenda. We are committed to ensuring America is secure and is strong, and is free. This is a promise that we will keep.

We will not leave you in the lurch. We are fighting for you and the American Dream that we all love.

Mr. VALADAO. Mr. Speaker, we have run out of speakers, but just closing comments here.

I have been here for a few years, and I have had the opportunity to watch a lot of Presidents speak. In those years that I have been here, I have had sometough votes, I have watched some—I have made some tough comments.

But what I saw yesterday was a disappointment in my view. To see a President get up and say some of the things he said, to attack an entire

party when he knows there are people in this group here that are willing to work with him to actually help the American people, try to solve the problems that our folks need us to solve for them; it was frustrating. That was why I took the opportunity to be here today.

I am always looking for those opportunities to work with whichever President it may be; if it was President Obama or President Trump or now President Biden. There are always places we can work together. We have got a lot of things that need to be resolved for the American people.

What I saw last night was an opportunity that was missed by this President and, hopefully, he will be able to make that up, and we can get to work for the American people.

Mr. Speaker, I yield back the balance of my time.

The SPEAKER pro tempore. Members are reminded to refrain from engaging in personalities toward the President. Members are further reminded to direct their remarks to the Chair and not to a perceived viewing audience.

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CELEBRATING BLACK HISTORY MONTH

The SPEAKER pro tempore. Under the Speaker's announced policy of January 9, 2023, the gentleman from California (Mr. CÁRDENAS) is recognized for 60 minutes as the designee of the minority leader.

Mr. CÁRDENAS. Mr. Speaker, I am very honored to be a Member in this Chamber of the House of Representatives, very proud to have been blessed to be born an American citizen, and very proud to be raised by my immigrant parents in this great country in a community called Pacoima.

Mr. Speaker, I rise today in celebration of Black History Month.

My neighborhood of Pacoima has a long and rich history of wonderful, beautiful, amazing Black Americans, untold stories and uncelebrated heroes who have shaped the San Fernando Valley and my neighborhood of Pacoima, the community I call home, the community in which my immigrant parents raised my 10 brothers and sisters and me.

This is the community that gave us our first Latino United States Senator to represent the great State of California, Senator ALEX PADILLA.

A little-known fact is that the first Congressmember from Pacoima and San Fernando High School is my esteemed colleague, the Honorable BARBARA LEE. As a teenager, Congresswoman BARBARA LEE began her activism when she refused to accept the segregation of her high school cheerleading squad.

Rather than accept this injustice, she challenged the White majority school and turned to the local chapter of the NAACP to advocate to allow minorities the opportunity to be cheerleaders.

Congresswoman LEE was victorious and won the right to cheer for her school. She was the first African-American cheerleader in the history of our high school, San Fernando High School. She is now a champion for justice as a United States Congresswoman.

The history of Black Americans in Pacoima dates back to World War II. Following the war, due to racist redline policies, African-American families were only able to purchase homes in communities such as Compton in South Los Angeles, Sun Village in the high desert, and Pacoima in the San Fernando Valley.

By 1960, almost all of the 10,000 African Americans in the San Fernando Valley lived in Pacoima. This community became the center of African-American life in the San Fernando Valley. Pacoima was known as California's first Black suburb.

One of the examples was the development of the Joe Louis Homes. These homes were the only hope and opportunity for African Americans to have home ownership. These homes were named after the former heavyweight boxing champion whose name was used as a ruse to steer Black buyers to Pacoima. Joe Louis had little or nothing to do with these real estate developments. But from this, African Americans living in Pacoima set the foundation of the beautiful community that I call home.

It is a history filled with heartbreak and tragedy, hope and inspiration. Pacoima's Black history is a thread that keeps our community together.

I will use this opportunity to spotlight community leaders that are the cornerstone of our history of Pacoima, religious leaders like the Broadous family.

The Broadous name is embedded in Pacoima history through the countless contributions made by Reverend Broadous and his family.

Reverend Hillery T. Broadous was the founder of Pacoima's Calvary Baptist Church and served the community faithfully. He helped organize the San Fernando Valley chapter of the NAACP and led efforts to build the Hubert H. Humphrey Memorial Recreation Center.

Reverend Broadous was a World War II veteran. He owned and operated a successful barbershop before he turned to the ministry in 1952. In May of 1955, he founded Calvary Baptist Church of Pacoima.

Through Calvary Baptist Church, he played a fundamental role in bringing healthcare, educational, and recreational opportunities to our community.

The former Filmore Street School is now named in honor of Reverend Hillery T. Broadous.

In 2022, Hillery T. Broadous Elementary School administration, parents, and students, along with local artist

Juan Reyes, painted the largest mural in the Los Angeles Unified School District in honor of the contributions he and his family made to the Pacoima community.

Mother Rosa Lee Broadous co-founded Calvary Baptist Church with her husband Hillery in 1955 and served as vice president of the first board of directors of the Pacoima NAACP.

Her legendary involvement in community organizations included Church Women United, Braille Institute, Fair Housing Council, Pacoima Coordinating Council, Boy Scouts, Girl Scouts, PTA, Los Angeles Public Library, and the YWCA.

She was also the first to organize Negro History Week programs in the San Fernando Valley. She served as a board member of Valley Interfaith Council, charged with overseeing local senior citizen centers.

Reverend Hillery and Mother Rosa Lee Broadous raised 10 amazing children, six of them pursuing religious and community causes. Unfortunately, three of the Broadouses are no longer with us

The Broadous children include Reverend Alicia Broadous-Duncan, the oldest of 10 children. In the late 1970s, she became a minister. She was a fierce advocate for seniors and served as the executive director of the Northeast Valley Multipurpose Senior Center. In 1990, she was tapped to head the merger of what had been two senior centers into one large facility, serving the diverse northeast San Fernando Valley with a team of over 80 staffers.

The services provided at the senior centers are critical to the thousands of seniors living in our community. They provide instrumental resources on nutrition programs, arts programming, socializing activities, and transportation.

After her unfortunate passing, the center was renamed in honor of her, the Alicia Broadous-Duncan Multipurpose Senior Center. The center continues to serve as a community hub for our entire neighborhood.

Apostle William T. Broadous was the leader of Calvary Baptist following his father's legacy, where he established the Children's Church at Calvary, the Calvary Baptist Church Social Service Ministry, and the Calvary Baptist Koinonia Bookstore.

Apostle Broadous led ministry trips to Africa, campaigned against street violence, set up a Latino ministry, and advocated for formerly incarcerated individuals and for economic development in the northeast Valley.

The city of Los Angeles dedicated the intersection of Vaughn Street and Dronfield Avenue in honor of Apostle William T. Broadous.

Reverend Arthur Lee Broadous. Reverend Arthur was the musical soul of the Broadous family. He was the choir leader and former director of the Pacoima Community Youth Cultural Center Choir. Reverend Arthur served as the San Fernando Valley field rep-

resentative for Los Angeles Mayor Tom Bradley.

During the 1992 riots, in an effort to calm any potential violence, he dispatched ministers to hotspots throughout the Valley. He was a mover and a shaker of the community and always looked to unify the neighborhood.

All the Broadous children including, Marie Broadous Neloms, Rosita Furaha Broadous, Hillery L. "Abdullah" Broadous, Reverend Zedar E. Broadous, Reverend Pamela J. Broadous, Reverend M. Cecilia Broadous, and Francine Broadous Oputa are the definition of community service, and their work is seen every day in the streets of Pacoima and beyond.

When it comes to empowerment, Marie Harris, community activist and honorary mayor of Pacoima, was born on October 10, 1922, in Houston, Texas. She attended schools in Pittsburgh and married Alvin Harris soon after her high school graduation.

She led efforts to develop the first new major shopping center, called Pacoima Plaza for the Stars.

Marie, a Pacoima resident since 1960, was a devoted mother of three children and known for organizing local fashion show fundraisers.

Marie was an amazing fashion designer. She spurred the Pacoima Property Owners Association to produce the Back to Pacoima Expo, a long-running reunion for expatriate residents of Pacoima at Hansen Dam.

She was a fierce advocate for the San Fernando Valley and was one of the three original signatories to begin the process for the San Fernando Valley to secede from the city of Los Angeles. She did this to spark debate and ensure that San Fernando Valley residents received their fair share of city services.

She was a true community leader advocating to get streets paved, sidewalks cleaned, trees trimmed, and much more.

Harris is survived by her three children: Sidney, Rolene, and Alton; five grandchildren; and many, many greatgrandchildren.

In honor of Pacoima's late honorary mayor, Marie Harris, the city of Los Angeles proclaimed the center of Glenoaks Boulevard and Van Nuys Boulevard "Marie Harris Square."

When it comes to civic duty, Jose DeSosa, former president of the San Fernando Valley NAACP and active civic rights leader, is the epitome of civic duty.

In 1988, he was elected as the first statewide president of the NAACP. He was born in Panama City, Republic of Panama, and later migrated to New York City. He enlisted in the United States Air Force and served our country for nearly 10 years.

DeSosa worked for the Pacific Telephone and Telegraph Company. Soon after the company merged with AT&T, he and his wife Juanita moved to Pacoima.

As president of the NAACP, he used his Black and Latino heritage to build working relationships between both cultures.

He was a passionate critic of the tactics and procedures of the Los Angeles Police Department and led the effort to ban the use of the battering ram and the choke hold by LAPD. He led peaceful efforts to unite hundreds of community members demanding change.

He was a former board member of Neighborhood Legal Services of Los Angeles County, and to this day their community room at Pacoima is named in honor of him.

We have many legendary sports heroes that emanate from our community of Pacoima, especially at our great San Fernando High School.

The San Fernando High School Tigers football team, during the 1960s and 1970s, the home of the Mighty Tigers, was the training ground of future USC Trojans and NFL stars, an A-list of players such as Charles White, Anthony Davis, Kevin Williams, and Manfred Moore.

Charles White, who recently passed away, was a track and football star at San Fernando High School. He was a star running back and won back-to-back city football championships at our high school. He then went on to USC, where Charles White was an All-American and the 1979 Heisman Trophy winner. He played in the NFL and led the NFL in rushing yards and was selected to the Pro Bowl in 1987.

After his retirement, Charles worked for USC. Despite his struggles with addiction and mental health throughout his career, he was a true star.

Unfortunately, we recently lost Charles White on January 11, 2023.

Anthony Davis was another football star. He was also an All-American in 1974 who played for the USC Trojans. At San Fernando High School, he was a running back during their city championship run.

He was known by "Sports Illustrated" as the "Notre Dame Killer" when he infamously led USC to a comeback victory. Notre Dame had a 24–0 lead, but before the end of the first quarter, Anthony Davis scored a touchdown which kicked off a 55-point comeback. He scored six touchdowns, ran and caught for 368 total yard performance in one game versus the Fighting Irish.

Anthony Davis helped lead the Trojans to three Rose Bowl games, including victories in 1973 and 1975, and two national championships during his three seasons.

During his Trojan career, Davis won five national championships, two in football and three in baseball. He played his professional career in the NFL, the USFL, and the CFL.

Another great star is Kevin Williams, who was also a USC football and track star and part of the tremendous trio with White and Moore at San Fernando High School.

Known by his family as "Little Man" and nicknamed the "Bug," he was known for his speed and elusiveness on

the field. He played for USC and was drafted to the NFL.

After his athletic career, he worked as a brakeman for the Santa Fe trains. We unfortunately lost him in 1996 in a devastating accident.

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Before Charles, Anthony, and Kevin were there, Manfred Moore was the running back for the 1967 San Fernando High School city champions. He was a State wrestling champion, as well. As a USC Trojan, he was part of the 1972 national championship team that had one of the most dominant college seasons ever.

These four Mighty Tigers set the bar of athletic excellence for all of us in the San Fernando Valley. They are all true champions.

Andrae Crouch's musical career began at home. He was a son of a minister, where he found his love and passion for gospel music. His father, Reverend Benjamin Crouch, founded the New Christ Memorial Church.

Andrae bridged the gap between gospel and mainstream music, working with major stars such as Michael Jackson, Madonna, and Quincy Jones. Songs like Michael Jackson's "Man in the Mirror" and Madonna's "Like a Prayer" became pop hits because of Andrae's musical genius.

He also received Oscar nominations for musical arrangements for movies such as "The Color Purple" and Disney's "The Lion King."

His popularity laid the foundation of R&B influence in gospel music to this day. His eight Grammys were instrumental in the merging of pop, contemporary gospel, and soul.

When it comes to educating the children of our community, there is no one like Leroy Chase. For more than 50 years, the San Fernando Valley Boys and Girls Club president was the tenacious Leroy Chase, running one of the oldest not-for-profits in Pacoima.

In 1968, he was hired and ended up expanding the small storefront into the large facility that it is today.

Leroy provided resources to over 75,000 youth. One of those youth was me. He gave me my first job.

After school, this was a place where boys and girls could study and do their homework. It served as a safe space to stay out of trouble. I would not be here if it wasn't for Leroy Chase.

In honor of Leroy, the city of Los Angeles will be dedicating the intersection of Glenoaks Boulevard and Pierce Street in his honor, in his name.

The legacy of the San Fernando Valley Boys and Girls Club carries on through the work of his daughter, Nicole Chase, who currently serves as the president and CEO of the San Fernando Valley Boys and Girls Club and continues the legacy of being a center for kids to learn and play.

This is all done so that kids like me could reach their full potential, and we are so blessed to have Leroy Chase and his family in our lives.

I close by thanking the Pacoima Historical Society and their president, Crystal Jackson, for ensuring that this history, the history of my community, our community, is being shared with future generations. The great work and legacy created by these leaders will always be remembered and always be in our hearts.

I would be remiss if I didn't take this opportunity to take some of the time afforded me as a Member of the House of Representatives to comment on the amazing, wonderful work that our President, President Biden, is doing in his administration.

As I said earlier, I am blessed to be a Member of the Chamber, of the House of Representatives, to be able to speak on this floor, to be able to address my fellow Americans about the issues that face us, the challenges that we have had, and the hope and challenges that we will tackle in the future.

President Biden's administration is one of the most successful administrations, accomplishing in just these 2 short years more than most administrations accomplished in 4 or 8 years. I am excited for the next 2 years to come.

People say our government is divided, but at the end of the day, I truly believe in my heart that by working together, by hearing each other, we will be able to accomplish what we were sent to accomplish for the people of this great Nation and, more importantly, to make sure that we restore the confidence that the world has in the reputation of the United States of America.

Just recently, one of the most devastating earthquakes, which has taken thousands and thousands of lives, occurred in Turkey and Syria. Immediately, the Biden administration, along with communities around the country, rallied together to send help and rescue teams to the people in need.

That is the United States of America that I have always known. That is the United States of America that we all can and should be proud of. That is the United States of America, and we have some work to do to restore our reputation around the world because not every Presidency is the same, Mr. Speaker.

Some Presidencies have torn down our image, but I am so proud of the fact that President Biden and his administration are doing the work that we all deserve as Americans for our President to do. That is to restore our position and the faith that people have in what good it is to know that the United States of America is here, here to help, and here to be assisting.

More importantly, in any time of need, we are ready to help any nation that needs our support and our help, especially those nations who aspire to be a democracy, especially those nations who need us to be there to make sure that we can help human beings live a dignified life

I am here to say, Mr. Speaker, that we have done it time and time again for generation after generation to help as a world leader without compromising the commitment and the dedication that we have to the people of our great Nation.

Mr. Speaker, I yield back the balance of my time.

ECONOMIC FORECAST

The SPEAKER pro tempore. Under the Speaker's announced policy of January 9, 2023, the Chair recognizes the gentleman from Arizona (Mr. SCHWEIKERT) for 30 minutes.

Mr. SCHWEIKERT. Mr. Speaker, when I first got here, there was sort of a joke that there were two ways to get in trouble around here. One was to say something stupid, and one was to tell everyone the truth they don't want to hear. I am going to see if I can get myself in trouble tonight.

I have come behind this microphone repeatedly over the last few years trying to do the math. If you are one of the people around this campus, because we are probably right now on a thousand televisions around this campus, and you care about the math, please give me a little bit of your time.

I have never done a set of presentations that has made my stomach turn more than this. We have spent the last couple of weeks with my Joint Economic Committee economists. I am blessed to be on the Ways and Means Committee. I chair the Oversight Subcommittee. I also am the senior Republican on the Joint Economic Committee, meaning I have some freaky smart people who work for me, and we have been trying to figure out what the math looks like for this Nation a decade from now.

Remember, we have lots of people who ran this last election cycle saying we are going to balance the budget in 10 years. Wonderful. Do you understand the math?

We sat down and broke apart every document we could find, every projection from CBO, and I care a lot about this. I accept that I am an older dad. My wife and I spent years trying to adopt. We were able to adopt an amazing little girl. She is 7, and we are in the process of finishing up adopting her brother, who is 7 months old.

So, my wife and I are 60 years old, and we have a 7-month-old. We are pathologically optimistic about this country, but please look at the math I am about to show you and then tell me what you are willing to advocate to save my little boy's and my daughter's future, your kids' future, your own retirement.

CBO baseline, Congressional Budget Office baseline, if we just keep doing what we are doing and there is no recession, no war, no more pandemic, in 2034, that is 10 budget cycles from right now, the baseline number is we will be borrowing \$2.6 trillion that single year. It gets worse from there because the next year, the Social Security trust fund is gone.

We always made the assumption that when it blows up, you are not going to double senior poverty in this country. This is not a non sequitur. I was just so angry at the President's speech last night on the comments about promising him we are not going to cut Social Security or Medicare. We are not going to cut Social Security and Medicare, but are you promising you are going to work with us to save it?

Where was the discussion saying all the data says that, in 10 years, the trust fund is gone, and there is a 23 percent cut out there? I am going to show you at the end of this slide deck that the pandering from my brothers and sisters on the left just raises the taxes. It doesn't fix the problem. It doesn't even come close.

Instead of having a moral discussion from this podium over here saying we are going to not let doubling of senior poverty happen in this country, that we are going to work together—it was used for a campaign kickoff.

This number here is the baseline. For all of us running around saying we are going to balance it in 10 years, great. You have a structural \$2.6 trillion in 2034. That is 10 budget years from now. Where are you going to get it?

Let's walk through the math even more. To understand where we are at in the fragility, let's say, over the next 10 years, there is 1 percent more interest on what CBO was projecting last year. What would 1 percent do to us? It basically means on that 2034, that 10-year budget from now, you are sitting at a \$3.1 trillion structural deficit. That is every year. That is the baseline deficit with just 1 point change in interest rates.

You are going to balance in 10 years. I want to balance in 10 years. Find me \$3.1 trillion that will be gone in 10 years. Do you understand how bad the math is?

We are going to talk about the shiny objects around here. There is a balloon. The balloon is a problem. There is this; it is a problem.

This is what will take down the Republic, and it is hard to talk about. It is math, and I don't know how to make math necessarily interesting, but it always wins.

We produced this chart, and I know this one is geeky. We basically took all the CBO projections and partially stole this from others. Our economic team can't take all the credit for it.

What it is basically telling you is that most of the projections, almost all the projections, from CBO have been far too optimistic. When I am showing you numbers, I am basing them on the CBO numbers, and by the way, historically, they have been far too optimistic.

Do you get the punch line?

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Now, the only other caveat I need to give you on the math is, because it is going to take 10 days or so to calculate it, we haven't done the interest adjust-

ment. So I am going to show you in some of these what happens if we get rid of this portion of discretionary, get rid of all the discretionary, get rid of defense, and did this, you have interest savings. I have not done that calculation yet.

There is a whole other concept I talked about here that if we could convince the debt markets here and around the world that buy all this U.S. sovereign debt that we might get lower interest rates because they realize we are starting to be serious about what the future looks like and that we are really serious that we are going to have the capacity to manage our future debt and that we are going to suppress it and over time the growth.

Remember, there are two sides to this ledger. We need to find a way to grow like crazy, and we are going to have to discuss things that are uncomfortable. We are going to have to discuss how to fix the immigration system, how to fix the cost of healthcare, how to do a tax system that is all about growth, a trade system that is about growth, and blowing up the bureaucracy in this country using technology. Much of the regulatory state could be done through technology instead of armies of unionized employees. But we need to almost just be fixated on economic growth. Then we have to tell the truth about our demographics and what drives this debt.

So, Mr. Speaker, remember my two things, my two caveats here. It is still going to take me a couple of weeks to do all the interest calculations, but these numbers are pretty darn accurate.

So let's sort of walk through it. Let's do some of the budget discussions we are all having.

What would happen if I came to you tomorrow, Mr. Speaker, and said: Hey, right now we are doing the 2024 budget, but we adopted the 2021 baseline. So this means for all discretionary spending, the FBI, the Park Service, and the Defense Department—everything that is government, other than the earned entitlements, the entitlements, and the mandatory spending—we adopt a 2021 baseline, and we go from there and held constant—constant—the 2021 level.

That basically means no inflation.

So, Mr. Speaker, if you had two to three percent inflation, then at the end of a decade the purchasing power of that is 25, 28, 30 percent less.

But if you held a constant, Mr. Speaker, there is no growth, you adopt a 2021 budget in this 2024 we are building on right now and saying that we are holding the discretionary, no defense increased spending, nothing, in 10 budget years you still have \$1.9 trillion of borrowing.

How many Members understand how ugly this is?

Mr. Speaker, I will get people who will start emailing, texting me, and calling into our website: I don't like what he says.

It is math. If you don't believe me, then go online. All of the congressional