

Winston Churchill: "Victory at all costs . . . for without victory, there is no survival."

NATIONAL DIABETES AWARENESS MONTH

(Mr. PAYNE asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. PAYNE. Mr. Speaker, I rise today to discuss the dangers of diabetes for Black Americans.

November is National Diabetes Awareness Month. Today, more than 37 million Americans suffer from diabetes, and that number includes almost 5 million Black Americans. Right now, one of every five Black Americans over 20 years of age has diagnosed or undiagnosed diabetes. Black Americans are far more likely to develop diabetes than White Americans.

Diabetes is the most expensive chronic health condition in our country. The \$35 cap on insulin for Medicare beneficiaries in the Inflation Reduction Act helps our seniors afford this lifesaving medication. However, we need to pass the bill to make the \$35 cap on insulin available to all Americans. If we can cap insulin payments, we can help millions of Black Americans afford this critical medication. No diabetic in this country should have to choose between food or insulin every month.

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PRAISING SENATOR TIM SCOTT

(Mr. WILSON of South Carolina asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. WILSON of South Carolina. Last night, on "Sunday Night in America with Trey Gowdy" on FOX News, Senator TIM SCOTT suspended his Republican Presidential campaign.

In his decision, the Senator said, "I love America more today than I did on May 22. . . . I am suspending my campaign. I think the voters, who are the most remarkable people on the planet, have been really clear that they are telling me: Not now, Tim."

He has served since 2011 as a Congressman and then followed as a Senator since 2013. Growing up in North Charleston with his inspiring mother, Frances, TIM SCOTT has two brothers: Ben, an Army Command sergeant major, and Earl, an Air Force colonel.

On Friday, to celebrate Diwali, I met with Consul General Ramesh Babu of India, where I recognized the three countries most attacked by terrorists are India, America, and Israel, with Israel tomorrow being appreciated with AIPAC a part of the rally fighting dictators, as is Ukraine fighting war criminal Putin.

In conclusion, God bless our troops, who successfully protected America for 20 years as the global war on terrorism continues moving from Afghanistan's

safe haven to America with Biden's open borders.

STOP ENDLESS CYCLE OF CENSURES AND IMPEACHMENTS

(Mr. THANEDAR asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. THANEDAR. Mr. Speaker, in Congress, our mission is clear: to serve the people. However, a pattern has emerged that is troubling.

We are seeing an endless cycle of censure resolutions and impeachment measures from some factions within the Republican Party.

This isn't just about disagreement. It is about distraction.

These actions are eating up valuable time and resources, resources that should be spent on solving real issues facing our constituents.

I call on my colleagues across the aisle: Let's rethink this path. Our duty to govern, to really serve our people, must come before personal promotion or political posturing. We are here to work for the well-being of our Nation and its citizens.

I urge my friends on the other side to put an end to this relentless brinkmanship. It is not about backing down. It is about stepping up to our responsibilities.

RECOGNIZING MCKEAN COUNTY 4-H CLUB

(Mr. THOMPSON of Pennsylvania asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. THOMPSON of Pennsylvania. Mr. Speaker, I rise today to recognize members of the McKean County 4-H Club who participated and excelled at the Pennsylvania 4-H State Horse Show in Harrisburg, from October 26 to 29.

Congratulations to Reese Kinney for winning grand champion in pole bending ponies and also finishing third place in cutback ponies in the 14- to 18-year-old age group.

Congratulations to Adrianna Keesler and Jesse Gould, who collected reserve champion trophies.

Congratulations to Charlie Aiello, who finished 10th in western horsemanship, and Claire Storer, who finished ninth in western grooming and showmanship and eighth in beginner western pleasure for the 12- to 14-year-old age group.

Congratulations to Georgia Barth, who finished sixth in low equitation over fences, and Madelyn McKean, who finished seventh in cutback horses and ninth in barrel horses for the 8- to 13-year-old age group.

Congratulations to Melissa Burton, who finished eighth in hunt seat equitation for the 15- to 18-year-old age group and eighth in the breed type hunter under saddle for the 14- to 18-year-old age group.

Congratulations to Addyson Storts, who finished third in the EWD independent WT showmanship, fourth in EWD minimum assistance equitation, and seventh in EWD minimum assistance obstacle trail.

Also representing McKean County at the event were Mason Reed, Sarah Long, and Braelyn Taylor.

I am so proud of all their hard work.

CONSIDERING THE PROPOSED MENTHOL BAN

(Mr. DAVIS of North Carolina asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. DAVIS of North Carolina. Mr. Speaker, I rise to address a significant issue that would affect the hard-working families and farmers of North Carolina—the FDA's proposed rule to ban menthol cigarettes and flavored cigars.

Having grown up cropping tobacco to help my family make ends meet, I know firsthand how this industry impacts eastern North Carolina, rural America, and beyond.

Mr. Speaker, we must be mindful that this well-intended ban could have an unintended consequence. It might increase the availability of illegal tobacco products and, more concerning, jeopardize the livelihoods of families and farmers by eliminating at least 6,000 menthol cigarette industry jobs in North Carolina. We must always protect our communities and their well-being.

To be clear, we need jobs. That is why I sent a bipartisan letter to the President with my North Carolina colleague, Representative DAVID ROUZER, and asked this administration to thoroughly consider the economic implications of this proposed ban before taking decisive action.

SAVANNAH, GEORGIA, IS BEST PLACE TO RETIRE

(Mr. CARTER of Georgia asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. CARTER of Georgia. Mr. Speaker, I rise today to celebrate the beloved city of Savannah, which has been recognized as one of the best places to retire in the United States by HGTV.

Since I have been a resident of Georgia's First District my whole life, I know that it is the best place to live and retire, but it is nice to see Savannah receiving the national recognition it deserves.

Affordability plays a pivotal role in the city earning this distinction, with the cost of living notably below the national average, as well as the absence of estate taxes.

Other key factors that contributed to the city's rankings include its delightful weather, tax-friendly area, and convenient and accessible transportation.

Our historic city squares, riverfront dining, musical and artistic amenities,

and southern charm make it the perfect place to live and retire.

I have done that all my life and intend to retire there, as well.

DEFENSE FUNDING DELAYS

(Ms. KAPTUR asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Ms. KAPTUR. Mr. Speaker, I rise today to encourage the big middle of this House to come together to support immediate passage of fiscal year 2024 funding for U.S. Government operations, including the interests of national security.

Without fiscal year 2024 funding in place, which should have begun on October 1 of this year, our military faces uncertainty in its funding and resource allocation.

Funding delays waste time, leading to impaired military operations, decreased training, delayed procurement, and reduced vehicle maintenance, yielding lower readiness. These unnecessary delays undermine our military's ability to respond to threats effectively at home and abroad.

I hope the American people are noticing which extremist Members of this House are responsible for this long-delayed funding compromise. Vladimir Putin is applauding them.

They, and we, take an oath to defend America against all enemies, foreign and domestic. Let's do it.

UNFREEZING IRANIAN ASSETS

(Mr. LAMALFA asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. LAMALFA. Mr. Speaker, I guess we need to remind the Biden administration that there is a gigantic problem in the Middle East, most of it caused by Iran, the major sponsor of terror in the world, in Yemen, threatening our Saudi friends and, of course, all around Israel.

What is the remedy? A few weeks ago, it was to unfreeze \$6 billion worth of Iranian assets in order to help them fund whatever activity, which is probably going to be terror.

What is the Biden administration considering now? Another \$10 billion in unfrozen assets to allow them to continue this battle. You have to ask the question: Whose side are they on?

It makes absolutely no sense to give them more materiel, more assets, more ability for them to make war against our ally at a time when we are contemplating sending significant resources, as we should, to our ally, Israel. Yet, we can't get out of our tracks around here enough to do so.

Mr. Speaker, they need to think much harder about what they do with Iran and allowing them to be a sponsor of terror.

CELEBRATING TRANSGENDER AWARENESS WEEK

(Mr. TONKO asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. TONKO. Mr. Speaker, I rise today to mark Transgender Awareness Week. This is an important time to celebrate, honor, and uplift trans people—their history, their stories, and their culture.

It is also a time to stand up against ongoing hate and discrimination. Extremist politicians around our country and in this Chamber continue to work to strip away the rights and liberties of the trans community.

In ongoing appropriations debates, House Republicans have brought forward unserious proposals with riders targeting and demonizing the trans and broader LGBTQ+ communities. These riders include limiting access to essential and safe gender-affirming healthcare; bans on art forms, including drag; and allowing broad licenses to discriminate.

The trans community deserves so much better. They deserve the ability, like all of us, to live fully and authentically without facing violence, discrimination, or harassment.

Mr. Speaker, I urge all of my colleagues to support the trans community and oppose these cruel and relentless attacks. As a member of the Congressional Equality Caucus, I vow to continue to fight for the cause.

CONGRATULATING JIM DEROSSE

(Mr. LAHOOD asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. LAHOOD. Mr. Speaker, I rise today to honor and congratulate Jim DeRose on his retirement as Bradley University's men's soccer coach after 28 successful seasons.

Beginning his career in 1996 at the age of 28, and as the youngest coach in NCAA Division 1 men's soccer, Jim quickly emerged as a dominant figure in college soccer.

Under Jim's leadership, Bradley's soccer program reached new heights and resulted in a 2007 run to the NCAA Elite Eight, where Jim was chosen as the National Coach of the Year.

During his tenure as head coach, Jim held the record of 267 wins, 227 losses, and 66 ties, with seven NCAA tournament appearances, the highest of any coach in Bradley University athletics history.

In addition to his accomplishments on the pitch, the success of his players in the classroom and postgraduation are a testament to his ability to grow his players into successful young men.

Jim has been an integral part of the growing game of soccer throughout central Illinois and in college soccer, and his legacy will last for years to come.

It is my privilege to congratulate Coach Jim DeRose on his retirement after 28 years with Bradley University. We wish him, his wife, Robin, and his two children, Raleigh and J.R., all the best.

RECOGNIZING NATIONAL DIABETES MONTH

(Ms. KELLY of Illinois asked and was given permission to address the House for 1 minute.)

Ms. KELLY of Illinois. Mr. Speaker, I rise today to acknowledge National Diabetes Month.

As chair of the CBC Health Braintrust, I have long been focused on how diabetes disproportionately affects Black Americans.

From lack of investment to a racist healthcare culture, Black Americans face significant obstacles to treating and preventing diabetes.

Black Americans undeniably face unique and significant stressors because of racial discrimination. Research shows a clear link between social stress and health outcomes, emphasizing we must not only address the physical aspects of diabetes but also its underlying social determinants.

We can address risk factors from diabetes from the earliest moments. Exposures before birth, such as undernutrition, maternal stress, and maternal obesity, can substantially increase the risk of developing type 2 diabetes in adulthood.

Our efforts can continue outside of the traditional medical system by increasing access to healthy food, reducing food insecurity, and expanding opportunities for nutrition therapy and counseling. We can reduce the risk of diabetes without first turning to more costly and time-consuming treatments.

Let me give a special shout-out to SHONTEL BROWN for bringing CBC members together to highlight this issue.

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THE MATH

The SPEAKER pro tempore (Mr. GUEST). Under the Speaker's announced policy of January 9, 2023, the gentleman from Arizona (Mr. SCHWEIKERT) is recognized for 60 minutes as the designee of the majority leader.

Mr. SCHWEIKERT. Mr. Speaker, it feels like it has been a while since we had these. I think it has been 6 weeks since I have been behind this microphone, 6 weeks since we basically shot ourselves in the temple and all the other craziness that went on.

The amazing thing is in those 6 weeks, you would be stunned how much the numbers, the debt numbers, have moved against us. This is just a fascinating time.

Think of this: within a month or so, we have actually been having to recalculate our projections of debt deficits and what was going on. If that doesn't give you a sense of this thing called interest rate fragility, basically meaning