

pregnant, postpartum, or breastfeeding participants allowed for less than a one-cup equivalent of fruits and vegetables per day, woefully short of the recommended amounts.

In addition to insufficient funding for WIC, the bill includes other harmful provisions targeting nutrition programs. For example, the bill includes a rider that rejects a pending rule to revise WIC Food Packages. Additional riders reject nutrition standards in both school meals programs as well as the Child and Adult Care Food Program (CACFP). These harmful riders weaken the science-based process that determines nutrition standards and criteria in child nutrition and related programs. A dozen health organization and other stakeholders, including the Academy of Nutrition and Dietetics, the American Academy of Pediatrics, the American Heart Association, the American Public Health Association, the National WIC Association, and UnidosUS implored Congress not to include harmful nutrition-related riders and to maintain and respect the current science-based processes.

In addition to the threats to the health and well-being of women and children, this bill would harm farmers as they recover financially from the COVID-19 pandemic. Specifically, this legislation strips funding from Inflation Reduction Act (IRA) programs enacted last Congress. Rescinding the IRA funding will harm farmers as they recover losses suffered during the COVID-19 pandemic. The decision to divest from food security and those who produce the food and fiber we depend on is short sighted. I am also alarmed by amendments to curtail the United States Department of Agriculture's (USDA) work to advance equity and inclusion. For far too long, farmers of color, female farmers, and farmers who identify as LGBTQI+ have faced discrimination in farm lending. Restricting the USDA's ability to address these failures is detrimental to achieving the USDA's mission and ensuring food security.

For these reasons and many others, I urge my colleagues to oppose the bill.

RECOGNIZING COLONEL JOHN THOMAS WELLS, USA, RETIRED, WITH A CONGRESSIONAL VETERAN COMMENDATION

HON. PETE SESSIONS

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES

Friday, September 29, 2023

Mr. SESSIONS. Mr. Speaker, today I rise with great pride to recognize retired Colonel John Thomas Wells, United States Army, of Woodway, Texas, with a Congressional Veteran Commendation.

Colonel Wells began his distinguished journey as a Military Graduate from Eastern Kentucky University in 1964. His early years saw him patrolling the East German and Czechoslovakian borders and later serving valiantly in the 173rd Airborne Brigade during the Vietnam War. Upon returning stateside, his leadership capabilities led him from commanding roles at Fort Knox to significant contributions at the Army Combat Arms Training Board at Fort Benning. Notably, he was instrumental in developing the Army Training and Evaluation Program, a legacy that benefits both active and reserve units today.

His commitment took him to the heart of military planning, serving on the Army General Staff at the Pentagon before command roles in Korea. His final active-duty assignment was Chief, Manpower Division, Resource Management Directorate, U.S. Forces Command at Fort McPherson, Georgia, after which he retired in 1989.

Colonel Wells's awards are a testament to his valor, including the Silver Star, Bronze Star with "V," Purple Heart, and numerous international honors.

His service didn't end in the military. He pursued the Holy Orders, was ordained in 1998, and contributed deeply to parishes in Texas. Throughout retirement, he lent his leadership to various churches, simultaneously earning accolades for his community service in Woodway, Texas. Notably, his two-decade dedication as a volunteer chaplain with the Waco Police Department speaks volumes of his commitment to service beyond uniform.

Educationally, besides his military training, Wells pursued theological studies at the esteemed University of Oxford and holds advanced degrees from Shippensburg University and the Episcopal Theological Seminary of the Southwest.

Together with his devoted wife, Su, they have enriched the Woodway community, with Colonel Wells chairing the city's Planning and Zoning Commission. Their legacy continues through their four children and three grandchildren.

In recognition of a lifetime dedicated to service, both in uniform and as a steadfast community pillar, I am honored to present the 2023 Congressional Veterans Commendation to retired Colonel John Thomas Wells, United States Army. His story is a testament to duty, courage, and an unwavering commitment to country and community.

CELEBRATING THE 100TH BIRTHDAY OF TED SILVER

HON. WILEY NICKEL

OF NORTH CAROLINA

IN THE HOUSE OF REPRESENTATIVES

Friday, September 29, 2023

Mr. NICKEL. Mr. Speaker, I rise today to celebrate the remarkable life and contributions of Mr. Ted B. Silver, who marked his centennial milestone on September 23, 2023. It's a profound honor to recognize a man whose legacy embodies the very essence of service, dedication, and community spirit.

Ted Silver's journey began in Mitchell County, and from there, he embarked on a lifetime of service to his country, community, and fellow citizens. Mr. Silver honorably served in the U.S. Merchant Marine, demonstrating his commitment to safeguarding our nation's interests during a pivotal period in history.

Following his military service, he spent over four decades working for Standard Oil, where he ascended to the role of district manager for the LP gas division before retiring in 1988.

However, it's Mr. Silver's unwavering dedication to the Garner community that truly sets him apart. He served as the first president of the Garner Civitan Club, an organization of volunteer service clubs dedicated to helping people in their communities.

Throughout his years as a Civitan, Ted Silver has been a tireless advocate for the youth

of Garner. He championed initiatives supporting organizations such as the Boys and Girls Homes, the Tammy Lynn Center, and the Caswell Center.

Ted Silver's involvement extended to the Civitan Club's Pop Warner Football program, where he volunteered his time and expertise. Additionally, he administered the Civitan scholarship program for students at Garner Senior High, embodying the spirit of giving back to the next generation. He worked hand in hand with the Junior Civitan Club at the high school, imparting wisdom and instilling the values of community service.

Mr. Silver's dedication and selflessness have not gone unnoticed within the Civitan community. He received numerous accolades, including the Garner Civitan of the Year Award in 1977, the Latt Wall Memorial Award in 1986, the Club Honor Key Award in 1991, and the esteemed Life Membership, Civitan's highest honor, in 1998.

Beyond the Civitan Club, Ted Silver has made a meaningful impact on Garner and its residents. He's participated in programs aimed at assisting people with mental and physical disabilities. He also dedicated himself to working with children with developmental disabilities in Garner schools.

Mr. Speaker, I ask my esteemed colleagues to join me in extending our heartfelt congratulations and best wishes to Mr. Ted B. Silver as he celebrates his remarkable 100th birthday. His lifetime of service, dedication, and tireless advocacy for the betterment of Garner and its youth exemplify the very essence of what it means to be a true community leader. May his legacy continue to inspire us all for generations to come.

Happy 100th birthday to Mr. Silver.

RECOGNIZING THE 2023 LORDS AND LADIES OF FAIRFAX

HON. GERALD E. CONNOLLY

OF VIRGINIA

IN THE HOUSE OF REPRESENTATIVES

Friday, September 29, 2023

Mr. CONNOLLY. Mr. Speaker, I rise to recognize a dedicated group of men and women in Northern Virginia, the Lords and Ladies of Fairfax.

Every year, each member of the Fairfax County Board of Supervisors selects two people from his or her district who have demonstrated outstanding volunteer service, heroism, or other exceptional commitments and contributions to our community. Since the program's inception in 1984, approximately 759 individuals have earned the honor of being named a Lord or Lady Fairfax by his or her representative on the Board of Supervisors.

This year, the Fairfax County Board of Supervisors will recognize those individuals who have made tremendous impacts through their support of our public schools, parks, youth sports leagues, arts community, public safety, and human service programs. It is nearly impossible to fully describe the diversity of accomplishments of the honorees. Their efforts contribute greatly to the quality of life for the residents of Fairfax County and are worthy of our praise and sincere appreciation.

It is my honor to include in the RECORD the names of the 2023 Lords and Ladies of Fairfax:

At-Large: Lady Lucy Capaldi and Lord Dr. Eric Goplerud

Braddock District: Lady Shari Zamarra and Lord John Rephlo

Dranesville District: Lady Delegate Kathleen Murphy and Lord Patrick Smaldore

Hunter Mill District: Lady Roberta Gosling and Lord Andy Sigle

Franconia District: Lady Sharron Dreyer and Lord Dr. Bryon L. Garner

Mason District: Lady Alis Wang and Lord Lassine Dombia

Mount Vernon District: Lady Shirley Short and Lord Ron Fitzsimmons

Providence District: Lady Nada Bashir and Lord Tom Biesiadny

Springfield District: Lady Cathy Turner and Lord Rob Hahne

Sully District: Lady Cathy Martins Muha and Lord Prince D. Howard

Mr. Speaker, I ask my colleagues to join me in commending and expressing our gratitude to these men and women who volunteer their time and energy on behalf of our community. Their efforts, which are deserving of our highest praise, provide immeasurable benefits to their fellow residents and serve as a reminder of why Fairfax County remains such a great place to live, work, and raise a family.

CELEBRATING THE HOUSE CAREER OF MR. ANDY FLICK

HON. DAVID J. TRONE

OF MARYLAND

IN THE HOUSE OF REPRESENTATIVES

Friday, September 29, 2023

Mr. TRONE. Mr. Speaker, I rise today to celebrate the career of Mr. Andy Flick, my former Chief of Staff, as he departs the People's House after 14 years to serve Vice President Harris as her new Director of Legislative Affairs.

When I was elected to Congress in 2018, I had achieved success in business, but I was a novice at operating in the halls of Congress. I had big ideas about what our country needed, and I knew I needed the right team in place to execute and help me be as effective a legislator as I possibly could. It was recommended I speak with Andy, who had significant experience in the House, an impressive professional network, and was brimming with ideas on how to run a Congressional office.

I hired Andy and we were off and running. Andy knew how to both move legislation and manage a team to bring out their potential. Our best conversations revolved around my experience running a business and applying it to management on Capitol Hill. From Andy, I learned from his insights into politics and procedure. As a manager, Andy ran our team with professionalism and empathy, and consistently pushed the team to achieve our shared goals. Andy helped me realize one of my top priorities in Congress when we founded the Freshman Working Group on Addictive—which has since grown into the Bipartisan Mental Health & Substance Use Disorder Task Force, a 140-member group dedicated to overcoming the opioid epidemic. We signed four bills into law my freshman term and chalked up more wins in the 117th Congress.

As a true talent, Andy was eventually offered a position he couldn't refuse—to become Executive Director of the New Democrat Coal-

tion. Over the three years he served in my office, Andy proved himself a consummate leader by hiring and training a team that operated with his same dedication to public service—and so was able to take the new opportunity, knowing he left the office in good hands. Similarly, he leaves the New Democrat Coalition for another opportunity, leaving behind a Coalition that is stronger and more impactful for his leadership.

I will continue to support Andy to achieve all his professional and personal goals. His hard work and innovative thinking have earned my respect, and his commitment to public service has earned my admiration. He will always be my first great advisor in public office, and a true friend.

Mr. Speaker, on behalf of the staff of my office past and present, I celebrate Andy's 14-year career in the U.S. House of Representatives and wish him nothing but success in his next chapter.

PERSONAL EXPLANATION

HON. ANN WAGNER

OF MISSOURI

IN THE HOUSE OF REPRESENTATIVES

Friday, September 29, 2023

Mrs. WAGNER. Mr. Speaker, I inadvertently voted yes on Roll Call No. 476, Steube of Florida Part D Amendment No. 45. I intended to vote "nay" on Rollcall No. 476.

PERSONAL EXPLANATION

HON. JOHN P. SARBANES

OF MARYLAND

IN THE HOUSE OF REPRESENTATIVES

Friday, September 29, 2023

Mr. SARBANES. Mr. Speaker, in haste, I voted No on Roll Call No. 491, when I should have voted Yes.

PERSONAL EXPLANATION

HON. BILL HUIZENGA

OF MICHIGAN

IN THE HOUSE OF REPRESENTATIVES

Friday, September 29, 2023

Mr. HUIZENGA. Mr. Speaker, I missed Boebert Amendment No. 50. Had I been present, I would have voted "yea" on Rollcall No. 481.

PERSONAL EXPLANATION

HON. MIKE BOST

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

Friday, September 29, 2023

Mr. BOST. Mr. Speaker, had I been present, I would have voted "nay" on Rollcall No. 417, and "yea" on Rollcall No. 418.

CELEBRATING COMMUNITY CHILD
CARE COUNCIL (4CS) OF ALA-
MEDA COUNTY

HON. ERIC SWALWELL

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Friday, September 29, 2023

Mr. SWALWELL. Mr. Speaker, I rise with my colleagues, Representative LEE and Representative KHANNA to recognize the Community Child Care Council of Alameda County, which will celebrate 50 years of serving children and families in Alameda County on Thursday, October 5, 2023.

The Community Childcare Coordinating Council of Alameda County, which later became the "4Cs" of Alameda County, was founded in December of 1972 to offer essential resources to assist families with a network of community services.

4Cs provides access to affordable childcare and family-focused services including childcare referrals, payment assistance, playgroups, free tax preparation assistance, car seat installation checks, and family workshops. 4Cs also supports local childcare providers by offering health and safety trainings, best practices seminars, and ongoing consultation support.

Operating with locations in Hayward, Oakland, and Fremont, 4Cs is governed by a 14-member Board of Directors which employs 75 team members providing services in 18 languages, including English, Spanish, Cantonese, Mandarin, Vietnamese, Tagalog, and Hindi.

As a leading family resource agency, 4Cs has provided over 3,500 personalized referrals, 91 trainings, and over \$28 million in payments to cover childcare costs for 1,961 families in Alameda County in 2022.

For 50 years, the 4Cs of Alameda County played a pivotal role in ensuring families can secure culturally competent, high-quality childcare in Alameda County. They have truly embodied their values of diversity, accountability, professionalism, teamwork, growth, innovation, and friendship for all children and families. We join the Community Child Care Council of Alameda County in celebrating its legacy and wish it many more productive years to come.

FILIPINO AMERICAN HISTORY MONTH RESOLUTION

HON. ED CASE

OF HAWAII

IN THE HOUSE OF REPRESENTATIVES

Friday, September 29, 2023

Mr. CASE. Mr. Speaker, each year our country recognizes October as Filipino American History Month, a time for all Americans to celebrate the incredible past, present and future of our fellow citizens whose heritage lies in the great country of the Philippines.

I am especially humbled to do so as the Representative of Hawaii's First Congressional District, where some 190,000 Filipino Americans live, more than any other of our 435 districts throughout the country. With Hawaii's Second Congressional District that has the second largest Filipino Americans population at about 180,000, our Fil-Am community in