

Backstreet Kitchen, Go Fish, Cindy's Waterfront at the Monterey Bay Aquarium, and Mustards Grill-SFO. She is a three-time finalist for the James Beard Foundation's Outstanding Restaurateur Award. Ms. Pawlcyn is also the author of five cookbooks, including Mustards Grill Napa Valley Cookbook, which won the James Beard Foundation Award for Best American Cookbook. Moreover, she is a recipient of the Robert Mondavi Award for Culinary Excellence and the Fine Beverage & Food Federation's Career Achievement Award.

Despite a near fatal car accident and a fire that destroyed her home, Ms. Pawlcyn's list of achievements reflects her tenacity, perseverance, and passion for the culinary industry. She shares her success with managing partner Sean Knight, who has brilliant business skills and a love for hospitality, and Executive Chef Michael Forster who works incredibly hard to surpass the expectations of Mustards Grill's guests.

Mr. Speaker, there is no doubt that Cindy Pawlcyn and Mustards Grill have made incredible contributions to Napa County's food culture over the past 40 years. It is therefore fitting that we honor them here today.

HONORING THE SERVICE OF COMMAND SERGEANT MAJOR CHRISTOPHER J. KITCHENS

### HON. MARK E. GREEN

OF TENNESSEE

IN THE HOUSE OF REPRESENTATIVES

*Thursday, May 11, 2023*

Mr. GREEN of Tennessee. Mr. Speaker, I rise today to honor Command Sergeant Major Christopher J. Kitchens for his exceptional military service, commitment to our country, and remarkable achievements. He is an exemplary leader, a distinguished soldier, and a true patriot. It is my privilege to cement his legacy into the CONGRESSIONAL RECORD, and to celebrate his well-deserved retirement.

CSM Kitchens' story is a testimony of resolve and selfless service. Enlisting in the Army in 1999, he completed Basic Training and Advanced Individual Training at Fort Benning and graduated as an 11C Infantry Mortarman. He was assigned to the 2/327th Infantry Regiment at Fort Campbell, serving as an assistant gunner, gunner, and Team Leader. He first deployed to Kosovo and served admirably in support of Operation Joint Guardian.

In April 2002, he reclassified his MOS and attended Advanced Individual Training at Fort Eustis. As a 67U Helicopter Repairer, he was stationed at Camp Humphries, Republic of Korea, where he served in the 47 Maintenance Platoon until September 2003. The following December, CSM Kitchens joined the 160th Special Operations Aviation Regiment (SOAR) (Airborne) after completing Green Platoon. He was assigned to the 2-160th SOAR (ABN) 47 Maintenance Platoon, servicing one of the most elite and fastest deployable nighttime aviation forces in the world. As a Night Stalker, he led MH-47E Phase Inspections and, for his exceptional service, attention to detail, and leadership abilities, he was promoted to Squad Leader and deployed in support of Operation Enduring Freedom.

Going above and beyond the call of duty, CSM Kitchens volunteered to start up the 4th

Battalion of the 160th SOAR (ABN) as a Technical Inspector at Fort Lewis. His work quickly distinguished himself, leading to his promotion to the Quality Control NCOIC in January 2008, as MH-47 Maintenance Platoon Sergeant in July 2009 for three years, and Battalion Maintenance Manager for nearly two years. In March 2014, he was laterally promoted to Charlie Company 4th Battalion First Sergeant, and one year later was selected as the Delta Company 2nd Battalion First Sergeant. His relentless pursuit of excellence led to his selection to attend the Joint Special Operations Forces Senior Enlisted Academy in 2018 while serving as the USASOAC (ABN) Aviation Maintenance Support Office Sergeant Major.

In all his work, CSM Kitchens was a strong leader, a determined worker, and a trusted soldier. In June 2019, in recognition of his faithful and outstanding service, he became the 2nd Battalion, 160th SOAR (ABN) Command Sergeant Major, responsible for over 950 soldiers. As the Command Sergeant Major, CSM Kitchens completed the Joint Special Operations University Nominative Leader's SUMMIT Course, further honing his leadership skills. Two years after assuming command, he became the 16th Command Sergeant Major of the 160th SOAR (ABN). Like many Night Stalkers before him, he fulfilled the Night Stalker Creed's mission to safeguard the honor and prestige of the United States.

Beyond his military duties, CSM Kitchens is also a devoted husband to his wife, Laura, and loving father to their two children, Jacob and John Roy. He also served as a trusted mentor, advisor, and advocate for many soldiers, providing guidance and support. He truly understands what serving means, and he does it well.

CSM Kitchens' career of service is an exemplary model for all service members, veterans, and American citizens. Time and again, CSM Kitchens has proven faithful and diligent in his duties, earning greater and greater responsibilities with excellence, integrity, and consistency, and I am proud to represent him and his family in Congress. On behalf of the United States Congress, and as a fellow Night Stalker, I thank CSM Kitchens for his faithful and distinguished career to our great Nation and congratulate him on his retirement. Night Stalkers Don't Quit.

RECOGNIZING THE RECIPIENTS OF THE GLOBAL ORGANIZATION OF PEOPLE OF INDIAN ORIGIN AWARDS OF EXCELLENCE

### HON. GERALD E. CONNOLLY

OF VIRGINIA

IN THE HOUSE OF REPRESENTATIVES

*Thursday, May 11, 2023*

Mr. CONNOLLY. Mr. Speaker, I rise to recognize the Global Organization of People of Indian Origin (GOPIO) and to congratulate the recipients of its Annual Awards of Excellence. Founded in 1989, the mission of GOPIO is battling human rights violations committed against persons of Indian origin. Today, while that mission continues, GOPIO has also broadened its mission to include bringing together persons of Indian origin for the benefit of not only themselves and their Indian home-

land, but also the communities in which they currently reside.

Indian-Americans have made countless contributions to the United States in the fields of business, education, medicine, science, technology, and public service while preserving and sharing their culture in a manner that promotes tolerance and mutual understanding.

Many of our awardees tonight have been at the forefront of those efforts. It is my honor to include in the RECORD the names of the following individuals:

Education—Dr. Michael Rao, President of Virginia Commonwealth University.

Medicine—Dr. Siva Subramaniam, Emeritus Professor George Washington University and Hospital.

Philanthropy & Community Service—Mayur Shah.

Journalism—Dr. Rajeev Bhambri, Chief Executive Officer of New India Abroad Newspaper Journalism.

Public Service—Dr. Rahul Gupta, Director of National Drug Control Policy and leader of the Office of National Drug Control Policy (ONDCP).

Arts & Culture—Vatsala Mehra, Vocal artist.

Arts & Culture—Navin K KC, Choreographer.

Social Services—Mayur Mody.

Science & Technology—Sant Gupta.

Northern Virginia, which I am proud to represent in Congress, is blessed by its diversity. We are home to more than 40,000 people of Indian descent as well as many Indian-American owned small businesses. This diversity enriches our entire community and contributes to our region being considered one of the best places in the country in which to live, work, raise a family, and start a business.

Mr. Speaker, I ask my colleagues to join me in congratulating the recipients of the GOPIO Awards of Excellence on their accomplishments. I commend them for their service to their communities and to our Nation, and I wish them success in all their future endeavors.

CELEBRATING THE 90TH BIRTHDAY OF JOE WARD, SR.

### HON. PAT FALLON

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES

*Thursday, May 11, 2023*

Mr. FALLON. Mr. Speaker, I rise today to celebrate the 90th birthday of Mr. Joe Ward, Sr. of Iowa Park, Texas. Mr. Ward was born on May 2, 1933, in Douglass, Texas, to Richard Ward and Liddie Ward, and is one of five children.

In his early years, Mr. Ward lived in Rusk, Texas, and attended Rusk High School while working part time in a local radio shop. At the age of 17, Mr. Ward joined the Texas National Guard and continued to study and train until his graduation in 1951. Mr. Ward later transferred to the Louisiana National Guard and graduated in 1955 from Shreveport Trade School with a focus in Electronics.

Mr. Ward worked for the Shreveport Fire Department and simultaneously became an amateur radio operator. He was the youngest driver in the fire department and was quickly promoted due to his expertise. On December 24, 1958, Mr. Ward married Evelyn Douglas,

while continuing to serve in the National Guard.

Mr. Ward later worked as an electronics technician for the Federal Aviation Administration and relocated to Iowa Park, Texas, where he taught Sunday school and served on the board of Camp Chaparral, a nonprofit that organizes youth retreats. Additionally, Mr. Ward was elected to the Iowa Park City Council in 1996 and became mayor of Iowa Park in 2008 until his retirement in 2012. During his tenure as an elected official, he helped seniors alleviate hardships by delivering meals-on-wheels and hosting community events.

I have requested the United States flag to be flown over our Nation's Capitol to recognize Mr. Ward's amazing life and service to our Nation. May God bless Joe on 90 years of life and joy.

#### TEACHER APPRECIATION WEEK

### HON. MARIA ELVIRA SALAZAR

OF FLORIDA

IN THE HOUSE OF REPRESENTATIVES

*Thursday, May 11, 2023*

Ms. SALAZAR. Mr. Speaker, Teacher Appreciation Week is an annual celebration of educators and the remarkable contributions they make in the lives of students, parents, schools, and entire communities. Today, I want to recognize the extraordinary teachers of Miami-Dade County, the state of Florida, and across the United States.

Teachers play a crucial role in the lives of their students. In addition to their role as an educator, they may also be a coach, counselor, tutor, or simply someone a student can confide in. The presence of teachers in these roles help foster a culture of trust and comfort with their students. Despite the challenging circumstances many face, teachers continue to show up each day inspiring, empowering, and motivating their students. Whether in or outside the classroom, teachers have remained committed to the success of their students, especially in my own state of Florida. I would like to recognize the accomplishments of Franquiana Williams, who was named 2023 Rookie Teacher of the Year by Miami-Dade County Public Schools.

A proud product of Miami-Dade County Public Schools, Franquiana juggles many hats. In addition to being a young mother, she is a devoted teacher who encourages students to be authentic while bringing reading lessons to life using trendy dance moves, real-world examples, and hand gestures. She also doesn't hesitate to put her Spanish-speaking skills to the test if it means helping ESL students better comprehend a lesson. She strives to inspire her students to thrive not just academically but also socially and emotionally. Williams' "Calm Corner" allows students to learn how to reflect on their feelings and brainstorm healthy ways to express frustrations or disagreements that can interrupt learning. She is a shining example of why our teachers are so important.

As I said before, Teacher Appreciation Week is a time to celebrate the contributions of educators. The exceptional leadership they bring to the teaching profession is vital toward ensuring the success of our students. So, on this occasion of Teacher Appreciation Week, I thank the teachers of Florida for leading with

ingenuity, resilience, and passion each and every day in their classrooms, and for their commitment to Florida's students.

#### RECOGNIZING FIBROMYALGIA AWARENESS MONTH

### HON. MATT CARTWRIGHT

OF PENNSYLVANIA

IN THE HOUSE OF REPRESENTATIVES

*Thursday, May 11, 2023*

Mr. CARTWRIGHT. Mr. Speaker, I rise to bring greater awareness of fibromyalgia: a complex chronic illness that causes fatigue, cognitive problems, and debilitating pain for people across demographics, but mainly in women. There is no known cure.

Over 6 million people in the United States—two to four percent of our population—and millions worldwide have been diagnosed with fibromyalgia. Some are still waiting to be diagnosed. It can take an average of three to five years to receive a diagnosis. Those who are diagnosed with fibromyalgia may experience a lack of social acceptance and disbelief.

First coined in the 1950s from a set of difficult to explain regional and widespread musculoskeletal pain issues mixed with symptoms of psychosocial distress. While the diagnostic criteria changed in 2010, and is by some seen as a primary pain disorder with a neurobiological basis, we lack consensus in the medical community. In 2017, fibromyalgia flashed in the mainstream news when popular music artist Lady Gaga revealed how severe pain from a fibromyalgia flare-up caused her to cancel part of her concert tour.

Chronic or persistent pain, a primary symptom of fibromyalgia, is pain that carries on for longer than 12 weeks despite medication or treatment. Chronic pain correlates with complications, including severe depression and suicidal attempts and ideation. 20 percent of our population have chronic pain, and 10 percent have pain with work limitations.

It is my hope we can work together to support a better future for research, treatment, diagnosis, and education on fibromyalgia and chronic pain in order to greatly improve lives and bolster the overall success of our Nation.

#### RECOGNIZING THE 2023 FAIRFAX COUNTY VOLUNTEER SERVICE AWARD RECIPIENTS

### HON. GERALD E. CONNOLLY

OF VIRGINIA

IN THE HOUSE OF REPRESENTATIVES

*Thursday, May 11, 2023*

Mr. CONNOLLY. Mr. Speaker, it is my honor to recognize Volunteer Fairfax and express my sincere appreciation to recipients of the 2023 Annual Fairfax County Volunteer Service Awards.

Established more than 45 years ago, Volunteer Fairfax matches the skills and interests of thousands of volunteers with the needs of local non-profit organizations. The success of this model and its impact on delivery of needed services is beyond question; Volunteer Fairfax has been rated as one of the most effective community service organizations in the Nation.

Last year alone, over 9,500 individuals contributed more than 20,865 volunteer hours to

taling \$642,642 in value-added service to the greater community. These staggering numbers are a testament to the strong ethos of public service and of volunteerism that exists in Fairfax County and is one of the many reasons why this community is such a wonderful place to live.

Each year, Volunteer Fairfax selects a few exceptional individuals, groups, or organizations to receive special recognition. It is my great pleasure to include in the RECORD the following names of the 2023 Fairfax County Volunteer Service Awards honorees:

Ellicia Seard-McCormick—VF Amplify Award  
Tanja Majca—Chairman's Champion  
Mark E. Tonkovic—Mason District Cham-

pion  
Charlotte Hannagan—Braddock District Champion

Elaine Tholen—Dranesville Community Champion

Carl Sell—Franconia District Champion  
William G. Bouie—Hunter Mill District Champion

Machand Family—Mount Vernon District Champion

Cathy Jaquette—Providence District Cham-

pion  
Sal Speziale—Springfield District Champion  
Ellanor C Lawrence Park Friends—Sully District Champion

Wayne Vick—Fairfax County Champion, Individual

Fairfax County Community Emergency Response Team (CERT)—Fairfax County Champion, Group

In addition, Benchmark Honors will be awarded in four different categories to commend those who have contributed 100, 250, 500, or 1,000 hours of volunteer time to our community.

Mr. Speaker, I ask that my colleagues join me in commending Volunteer Fairfax for its decades of outstanding community service. I congratulate the recipients of the 2023 Fairfax County Volunteer Service Awards and thank them and the thousands of other local volunteers for their incredible contributions to our community. Their selfless dedication is worthy of our highest praise and is one of the main reasons that our community is often ranked as one of the best places in the country to live, work, and raise a family.

#### HONORING THE LIFE AND LEGACY OF OFFICER ARÉANAH PRESTON: A BEACON OF HOPE

### HON. JONATHAN L. JACKSON

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

*Thursday, May 11, 2023*

Mr. JACKSON of Illinois. Mr. Speaker, I rise today to address the heartbreaking tragedy of a young and courageous public servant, Chicago Police Officer Aréanah Preston, who was senselessly killed near her Avalon Park home this past weekend.

Officer Preston, just 24 years old, had already devoted three years to protecting the citizens of Chicago, working tirelessly in West Roseland. She was also an exemplary student, on the cusp of graduating from Loyola University Chicago with a Master of Jurisprudence. Aréanah's life was marked by her kindness, intellect, and unwavering commitment to service.