

60 to 65 percent of females go in for physicals every year.

Madam Speaker, we must work together to raise awareness on this important issue. So I encourage everyone to participate in Flannel Check's challenge by wearing flannel and scheduling an annual physical today.

Together, we can help save lives.

PROVIDING YELE SOWORE WITH DUE PROCESS RIGHTS

(Mr. GOTTHEIMER asked and was given permission to address the House for 1 minute.)

Mr. GOTTHEIMER. Madam Speaker, this morning, hardworking families across northern New Jersey woke up, made breakfast, and wished each other good-bye before leaving for work or school.

But our thoughts are with one family that was unable to be together this morning, this Sowore family from Haworth in Bergen County. That is because Yele Sowore, a husband, father, and neighbor, remains in Nigeria awaiting the outcome of his pending trial.

For months, members of the New Jersey delegation, including Senator MENENDEZ and Senator BOOKER, have been closely following Mr. Sowore's case and working together with the Haworth community to advocate on behalf of our neighbor and friend.

We were relieved when, in December, after months of detention, Mr. Sowore was finally released on bail. But we continue to urge the Government of Nigeria to follow its own laws and to do the right thing: providing Yele with the due process rights he deserves.

I want to recognize Yele's family, especially his wife, Ope, who has dealt with a trying situation with extraordinary courage and determination.

As Representative of the Fifth Congressional District, I am very proud to stand beside Yele's many friends and neighbors throughout north Jersey whose hope is that he will soon be able to be reunited with his family. We are thinking of him, praying for him, and I will not stop working until he comes home.

HONORING JAMES BLACKBURN

(Mr. CARTER of Georgia asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. CARTER of Georgia. Madam Speaker, I rise today to remember the life of Mr. James Blackburn, who passed away on January 22 at the age of 94.

Mr. Blackburn dedicated his life to practicing law and using his craft to make the Savannah area a better place to live. He was sworn in to the bar over 70 years ago and worked as the city attorney for the city of Savannah until he was 86. He even continued to legally represent the Savannah Airport Commission until just last year, when he was 93 years old.

But his service to the public went much further than the law. He served in the United States Navy during World War II as a radarman on a tugboat, was a recorder with the Alee Shrine, and was a former president of the Kiwanis Club of Savannah. Through all of his work, he believed in treating all people with fairness, dignity, and compassion.

His family and friends will be in my thoughts and prayers during this most difficult time.

HONORING KEVIN HARDEN

(Ms. SCANLON asked and was given permission to address the House for 1 minute.)

Ms. SCANLON. Madam Speaker, I rise today to share the story of my State of the Union guest, Kevin Harden, a West Philly native, a successful attorney, and a gun violence survivor.

When Kevin was in college, he survived five gunshot wounds during an altercation at the Myers Recreation Center in Southwest Philadelphia.

Kevin's life had not been easy. His mother suffered from addiction, and his father juggled several jobs to make ends meet. His neighborhood lacked economic and educational opportunity. In the 2 years after the shooting, he lost both parents to cancer and assumed responsibility as primary caretaker for his younger siblings.

Kevin's turbulent childhood did not diminish his spirit. He was fortunate to find mentors. He graduated from college and decided to pursue law school. He became a successful lawyer and now works in his community to extend a helping hand to others like him.

We know there isn't a one-size-fits-all solution to gun violence, but every day that we fail to act, we fail our children and our country. It has been 345 days with no action or vote from the Senate on commonsense gun safety measures passed by the House.

HONORING THE LIFE OF TROOPER JOSEPH BULLOCK

(Mr. MAST asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. MAST. Madam Speaker, I speak to honor the life of Trooper Joseph Bullock, whose watch ended on the morning of February 5, 2020, when fatally shot in the line of duty.

Trooper Bullock's life was devoted to protecting those he had never met, in the Air Force and the Florida Highway Patrol for 19 years, and he paid dearly that others would be safe.

There are no words or actions that can repay the debt we each owe heroes like Trooper Bullock. It would be fruitless for me to attempt words to remove grief from his family or fellow troopers.

I can only offer from our Nation the most ardent thanks for sharing him as

a protector and pray to our Father in Heaven that every thought of him is a cherished memory and pride that he was a man who laid down his life for others.

HONORING BOB MARLEY

(Ms. PLASKETT asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Ms. PLASKETT. Madam Speaker, yesterday was the birthday of Bob Marley.

Born on February 6, 1944, in Jamaica, he became a reggae pioneer. From humble beginnings, Marley went on to sell more than 20 million records and was inducted into the Rock and Roll Hall of Fame in 1994.

His music has served as an inspiration and mantra for social movement. Let's hear some of those words now:
How can you be sitting there
Telling me that you care—
That you care?
When every time I look around,
The people suffer in the suffering
In every way, in everywhere.

And:

Emancipate yourself from mental slavery,
None but ourselves can free our minds.
Have no fear for atomic energy,
'Cause none of them can stop the time.
How long shall they kill our prophets
While we stand aside and look?
Some say it's just a part of it,
We've got to fulfill di book.
Won't you help me sing
These songs of freedom?
'Cause all I ever had,
Redemption songs.

We need redemption.
Happy birthday to Bob Marley.

INDIANA'S EARLY COLLEGE DEVELOPMENT PROGRAM

(Mr. PENCE asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. PENCE. Madam Speaker, I rise today to recognize seven high schools located in Indiana's Sixth District for their extraordinary Early College Development Program that I observed when I was at Lawrenceburg High School.

Participating in this program are also high schools in Greensburg, Connersville, Richmond, Muncie Central, Delta, and the New Castle Career Center.

The Early College Development Program provides students the ability to earn both a high school diploma and an associate's degree or up to 2 years' college credit towards a bachelor's degree. The Early College Development Program also provides higher learning at a much lower cost, with early college tuition waived for some students.

I am proud to see the Hoosier State being a leader in education, preparing our students for the future, and finding solutions to fight the rising cost of higher education.

□ 0915

CELEBRATING 60TH ANNIVERSARY
OF THE SAN DIEGO VOICE &
VIEWPOINT

(Mr. VARGAS asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. VARGAS. Madam Speaker, I rise today with what little voice I have to honor the San Diego Voice & Viewpoint Newspaper in recognition of their 60th anniversary.

San Diego's Voice & Viewpoint is the largest African American newspaper in San Diego and is a core piece of our community. This newspaper's success was the result of a dedicated couple's hard work.

Though the newspaper began in the 1960s, John Warren and his wife, Gerri Warren, took over the publication in 1987. The couple was deeply involved in the African American community and showed their leadership skills in publishing. Their efforts have resulted in a nationally award-winning publication.

The newspaper has highlighted the perspectives of the San Diego African American community and provided a great service to the city. In fact, the publication is in all the zip codes of San Diego and has a readership of over 60,000.

I would like to honor the San Diego Voice & Viewpoint for its dedication and lifelong commitment to the African American community and the San Diego community.

PRAYER AND RELIGIOUS
FREEDOM

(Mr. JOHNSON of South Dakota asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. JOHNSON of South Dakota. Madam Speaker, yesterday's National Prayer Breakfast brought to my mind the quote by President Lincoln: "I have been driven many times upon my knees by the overwhelming conviction that I had nowhere else to go."

I, like Lincoln, feel inadequate to my task at times. I, like Lincoln, seek strength and discernment from prayer. I need prayer.

It is not just Members of Congress that should be allowed to call upon prayer. Students, like my three sons, and millions more, deserve this powerful tool. That is why I thank the administration for their recent decision to protect the right to pray in schools.

The freedom to seek strength from someplace other than ourselves enriches this Nation, just as it enriched President Lincoln.

EMERGENCY SUPPLEMENTAL APPROPRIATIONS FOR DISASTER RELIEF AND PUERTO RICO DISASTER TAX RELIEF ACT, 2020

GENERAL LEAVE

Mrs. LOWEY. Mr. Speaker, I ask unanimous consent that all Members

have 5 legislative days to revise and extend their remarks and include extraneous material on H.R. 5687.

The SPEAKER pro tempore (Mr. VARGAS). Is there objection to the request of the gentlewoman from New York?

There was no objection.

The SPEAKER pro tempore. Pursuant to House Resolution 833 and rule XVIII, the Chair declares the House in the Committee of the Whole House on the state of the Union for the consideration of the bill, H.R. 5687.

The Chair appoints the gentlewoman from Florida (Ms. CASTOR) to preside over the Committee of the Whole.

□ 0917

IN THE COMMITTEE OF THE WHOLE

Accordingly, the House resolved itself into the Committee of the Whole House on the state of the Union for the consideration of the bill (H.R. 5687) making emergency supplemental appropriations for the fiscal year ending September 30, 2020, and for other purposes, with Ms. CASTOR of Florida in the chair.

The Clerk read the title of the bill.

The CHAIR. Pursuant to the rule, the bill is considered read the first time.

General debate shall be confined to the bill and shall not exceed 1 hour equally divided and controlled by the chair and ranking minority member of the Committee on Appropriations.

The gentlewoman from New York (Mrs. LOWEY) and the gentlewoman from Texas (Ms. GRANGER) each will control 30 minutes.

The Chair recognizes the gentlewoman from New York.

Mrs. LOWEY. Madam Chair, I yield myself such time as I may consume.

In recent weeks, thousands of families in Puerto Rico were forced from their homes, schools were flattened, roads and infrastructure were severely damaged as earthquakes racked an island still struggling to recover from the devastation of Hurricanes Maria and Irma.

While President Trump has finally released some of the aid that Congress appropriated for those hurricanes, more support is clearly needed. We must act now on our shared responsibility to assist Americans in need.

This emergency supplemental would provide \$4.67 billion in targeted assistance to help families and communities recover from these devastating earthquakes and put Puerto Rico on a better path to long-term recovery.

It includes: \$3.26 billion in Community Development Block Grant Disaster Recovery funds;

\$1.25 billion for repairs to damaged road systems;

\$100 million to restart school operations;

\$40 million for disaster nutrition assistance in Puerto Rico; and

More than \$20 million to help address the island's energy needs.

In addition, this bill would provide Puerto Rico with flexibility to use this

funding in conjunction with earlier disaster relief resources.

Critically, it also takes swift action against the Trump administration's outrageous withholding of vital aid to Puerto Rico. This bill would require detailed spending plans and mandate that funding be released in a timely manner.

Finally, the bill carries a number of tax-related provisions in the jurisdiction of the Committee on Ways and Means that will complement the emergency appropriations and support working families and encourage economic growth.

Madam Chair, our fellow Americans in Puerto Rico need our help. Unless we step up to the plate right now, we further jeopardize their safety and security.

With this bill, we can provide families and communities swift relief and put Puerto Rico on the path to long-term recovery.

I urge my colleagues to join me in support of this legislation, and I reserve the balance of my time.

Ms. GRANGER. Madam Chair, I yield myself such time as I may consume.

I rise today in opposition to H.R. 5687.

While this bill is being sold as an appropriations bill for Puerto Rico, it has more than \$16 billion in unnecessary tax breaks which are largely unrelated to the recent earthquakes that hit the island.

Also included in this bill are more than \$4 billion in new emergency appropriations, much of that for disasters that haven't happened yet.

And finally, this bill is premature, as Puerto Rico has funds from previous bills that have not been used.

Over the last 3 years, we have allocated more than \$40 billion for Puerto Rico disasters, and less than half of that has been spent. And we have all seen recent press reports about warehouses in Puerto Rico full of water, diapers, and food that have not been distributed to residents in need.

As for the recent earthquakes in Puerto Rico, the Federal Government has not completed the required studies and reporting on the extent of the damage.

While I, too, have been frustrated with the amount of time it takes the Federal Government to distribute funds after a disaster, appropriating funds before we know what is truly needed is not the answer.

There are billions in the FEMA Major Disaster Relief Fund that are already available and can be used toward earthquake response and recovery efforts now, while we wait on a full and accurate report on the damage and estimated cost.

When disasters strike, it is our job to ensure that the Federal Government helps those in need. We also have a duty to ensure that taxpayer dollars are used in a fiscally responsible manner.

Unfortunately, including tax breaks related to disaster recovery and funds