

help to ensure that low-income seniors are matched with the Medicare part D prescription drug program that is best for them.

I continue to hear from folks in New Hampshire who are struggling to pay for Medicare prescription drugs, often being forced to choose between groceries or rent, and the medications that they need.

Far too many Americans are forced to make these impossible choices between basic necessities for their families and their prescription medications. This legislation will help some of our most vulnerable Americans afford the medications they depend on to stay healthy, and it will save taxpayer dollars.

Mr. Speaker, I encourage my colleagues to support this important bill.

#### STATEWIDE AWARD FOR HOMETOWN HERO STEVE BOT

The SPEAKER pro tempore. The Chair recognizes the gentleman from Minnesota (Mr. EMMER) for 5 minutes.

Mr. EMMER. Mr. Speaker, I rise today to congratulate St. Michael's city administrator, Steve Bot, for receiving the 2019 James F. Miller Leadership Award from the League of Minnesota Cities.

This award is the most prestigious award for nonelected public servants in the State of Minnesota. Our office has the honor of working with Steve through his role as chair of the I-94 West Corridor Coalition which works to expand and improve this vital transportation route in Minnesota's Sixth District.

We recently joined Steve at St. Michael's new public works facility and saw firsthand the incredible work he is doing in St. Michael. It is evident that Steve's efforts to improve his community have been noticed by many, at home and around the State of Minnesota.

I congratulate Steve on this well-deserved award and thank him for everything he does for our community.

#### RECOGNIZING LAKE RIDGE CARE CENTER FOR 100 YEARS OF EXCELLENT CARE

Mr. EMMER. Mr. Speaker, I rise today to recognize Lake Ridge Care Center in Buffalo, Minnesota, for providing outstanding care for our seniors.

This year marks the center's 100th anniversary. For a century, this facility has offered short- and long-term care for older adults. Since a large number of residents are not mobile, the staff of this 100-year-old facility found a new way to get residents moving by starting a "Daily Boogie Walk" with music playing over a sound system.

With music requests from the 1950s and beyond, residents have been motivated to exercise. As a result, the center's quality measures rose from 41 percent to 70 percent of residents walking. They rose by 130 spots in our State's rankings.

Congratulations to the staff at Lake Ridge Care Center for their innovation

and going above and beyond, and thanks for caring for our seniors with a profound level of care.

#### CONGRATULATING BRYAN SCHAFER ON 33 YEARS OF SERVICE

Mr. EMMER. Mr. Speaker, I rise today to congratulate Bryan Schafer, development director of planning and community for the city of Blaine. He has done an incredible job. Bryan is officially retiring after 33 years of service.

Bryan started with the city in June of 1986 as a code compliance officer. Later, he became the city planner. Since 2000, he has been the director for the city. Bryan has left a lasting impact on our community.

Bryan's fingerprints are on the largest projects in Blaine, from the TPC Twin Cities golf course, which is home of the 3M Open—PGA Tour event, to the largest housing development Blaine has seen thus far, The Lakes, which added revenue and growing families to the city. Most notably, Bryan secured 580 acres of land that now serves as the Blaine Wetland Sanctuary.

Mr. Speaker, I thank Bryan for his service to the city. Good luck to him in his retirement.

#### EISENHOWER PRESIDENTIAL LIBRARY AND MUSEUM

The SPEAKER pro tempore. The Chair recognizes the gentleman from Kansas (Mr. MARSHALL) for 5 minutes.

Mr. MARSHALL. Mr. Speaker, this past weekend I had the honor of being back in my home State in Abilene, Kansas to honor our 34th President's 129th birthday, and to rededicate the newly remodeled Eisenhower Presidential Library and Museum.

I got to see old friends. I got to play in an old-timers baseball game. I got to hear part of Ike's story through the eyes of his granddaughter, Mary Jean, and his great-grandson, Merrill Atwater.

I have had a special connection to this Presidential museum since I was 9 years old when my dad was honored to be part of the honor guard for Ike's funeral procession.

Though I have been to the Eisenhower Library and Museum numerous times, I was once again enthralled with Ike's story. I was so impressed with the beautiful new layout and the modernization of the museum. This is, indeed, a great place to take children, to help them learn about the story of America.

Ike's story, his words, his Kansas values from over 60 years ago, ring as true today as they did then. Ike, who was born on the wrong side of the track, literally, held hard work and education in the highest regard. He often spoke of his home as the heartland of America. He spoke of the value of being part of a community and a humble lifestyle.

Ike was a visionary in many ways. He is now credited as being one of the top five Presidents in American history, and perhaps one of the greatest commanding generals of all time.

He started the fight for civil rights. He started NASA, the FAA, as well as the Department of Education. And, of course, he was responsible for the Interstate Highway System which we rely upon today. But of all the things which I saw, what struck the loudest chord was Ike's battle to end war, or as he called it "waging peace." In Ike's words, "I hate war as only a soldier who has lived it can . . . ."

Ike was the first one to coin the phrase "peace through strength."

Ike went on to say: "Our economic strength and military strength are our Nation's shields—without which peace could never be preserved, nor freedom defended."

Dwight D. Eisenhower embodied the American ideal of success through hard work, opportunity, and a purposeful life. I am thrilled this great American and Kansan will soon be honored with a national monument here in Washington, D.C. to celebrate his life and legacy.

#### BREAST CANCER AWARENESS MONTH

Mr. MARSHALL. Mr. Speaker, for over 30 years, I wore a pink tie like the one I have on today to work almost every day. October is Breast Cancer Awareness Month, but what most people don't realize, is that one out of eight women develop breast cancer in their life.

As an obstetrician and gynecologist, I have had to tell hundreds of women that very bad news. That is why I try to remember every October, remember to encourage women to go get their mammogram done. If you are over the age of 35 and it has been over a year since your last mammogram, please call your physician's office, talk to a nurse and ask her: Is it time for you to go get your next mammogram done?

I think it is good for us to talk about risk factors for breast cancer, and, of course, everyone knows that the risk of a family member having breast cancer increases your risk, and that may encourage you to get your mammogram done more often and at a younger age.

If you have more than one first-degree relative with breast cancer, you want to talk to your doctor about some genetic studies to see if, indeed, you are carrying some type of a gene mutation that would increase your risk for breast cancer.

But there are other risk factors as well that people don't often think about. A poor diet that is high in fat increases your risk of breast cancer; obesity increases your risk of breast cancer; lack of exercise increases your risk of breast cancer; smoking increases your risk of breast cancer; and a history of radiation exposure to the chest increases your risk of breast cancer.

So a good diet, regular exercise—30 minutes of walking every day—will decrease your risk. What people often ask me about, though, are the ways that you can prevent breast cancer and decrease your risk. I have already mentioned a good diet and exercise, but

breastfeeding also protects you and decreases your risk for breast cancer, one more reason why women should consider breastfeeding when they have their baby.

But what I want to emphasize today is that most new people diagnosed with breast cancer had no risk factors. Let me say that again: Most women who are diagnosed with breast cancer have no risk factor at all. That is why it is important to get your mammogram done on a regular basis.

The mammogram can pick up breast cancer 2 or 3 years before you can feel something, making the cancer much more treatable.

#### RECESS

The SPEAKER pro tempore. Pursuant to clause 12(a) of rule I, the Chair declares the House in recess until noon today.

Accordingly (at 10 o'clock and 23 minutes a.m.), the House stood in recess.

□ 1200

#### AFTER RECESS

The recess having expired, the House was called to order by the Speaker at noon.

#### PRAYER

Reverend Father Brian K. Burgess, Christ Church Episcopal, Woodbury, New Jersey, offered the following prayer:

O Lord our Governor, we beseech Thee to bless the leaders of our land, that we may be a people at peace among ourselves and a blessing to the other nations of the Earth.

To the President and members of the Cabinet, to Governors of States, mayors of cities, and to all in administrative authority, grant wisdom and grace in the exercise of their duties.

To Senators and Representatives and those who make our laws in States, cities, and towns, give courage, wisdom, and foresight to provide for the needs of all our people and to fulfill our obligations in the community of nations.

To the judges and officers of our courts, give understanding and integrity, that human rights may be safeguarded and justice served.

And finally, teach our people to rely on Thy strength and to accept their responsibilities to their fellow citizens, that they may elect trustworthy leaders and make wise decisions for the well-being of our society, that we may serve Thee faithfully in our generation and honor Thy holy name.

For Thine is the kingdom, O Lord, and Thou art exalted as head above all. Amen.

#### THE JOURNAL

The SPEAKER. The Chair has examined the Journal of the last day's pro-

ceedings and announces to the House her approval thereof.

Pursuant to clause 1, rule I, the Journal stands approved.

#### PLEDGE OF ALLEGIANCE

The SPEAKER. Will the gentleman from Kentucky (Mr. COMER) come forward and lead the House in the Pledge of Allegiance.

Mr. COMER led the Pledge of Allegiance as follows:

I pledge allegiance to the Flag of the United States of America, and to the Republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

#### ANNOUNCEMENT BY THE SPEAKER

The SPEAKER. The Chair will entertain up to 15 requests for 1-minute speeches on each side of the aisle.

#### PRAISING SAGE SAVOIA-DI GREGORIO

(Mr. PAYNE asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. PAYNE. Madam Speaker, I would like to take a moment to praise my district's 2019 Congressional Award winner, Ms. Sage Savoia-Di Gregorio from Maplewood, New Jersey.

This award is given to youth who achieve extraordinary results in four different categories: public service, physical fitness, personal development, and geographic exploration.

Sage was more than up to the challenge: She joined AmeriCorps and built outdoor trails in Virginia; she renovated museums and education centers in New Jersey; she helped clean and maintain a natural park in Kentucky; and she provided disaster relief to victims of Hurricane Florence in South Carolina—all this, while she maintained a strict workout regime every week.

She deserves this award, and I am proud to call her a resident of the 10th Congressional District of New Jersey.

#### ADAM SCHIFF CENSURE

(Mr. McCARTHY asked and was given permission to address the House for 1 minute.)

Mr. McCARTHY. Mr. Speaker, we have the solemn duty to find the facts, to be stewards of the truth. It is the truth that must guide our work. When the truth is contorted, twisted, and disregarded, the American people lose. The fabric of the institution starts to erode.

Sadly, that is exactly what is happening with the House Intelligence Committee under Democratic leadership. It should not have to come to this.

On numerous occasions, as outlined in this resolution, the chairman of the House Intelligence Committee has used

his position to mislead the American people.

But this resolution is about more than the actions of one individual. When false evidence is entered into the official record or communicated directly to the American people, the people's House loses the credibility it needs to function properly.

If the credibility is not restored, if the American people cannot trust that the process will be fair and that the information will be honestly shared, they will lose trust in the soundness of our system of government.

This is what this resolution is all about, and I want to thank Congressman BIGGS for introducing it: to protect the integrity of our proceedings, which censure is designed to do; to restore a process that is fair, objective, and fact-based; and to reassure the American people that the stakes and intensity of our current debate will not overwhelm their government.

We face a critical moment in the life of Congress in the history of this country. History will judge what happens on this floor.

Mr. Speaker, it should not have to come to this, but it has. This is not a decision we take lightly, but it is the right thing to do.

We serve on this floor as Americans, not as in a party. We have to stand for truth. We have to stand for a committee that many of us don't even have the capability or the opportunity to read what happens. We put a trust into those individuals to be honest with us and to the American public.

Mr. Speaker, that is why I urge all of my colleagues to join me in support of this resolution: to bring integrity back to this floor and to this body.

#### COMMEMORATING THE LEGACY OF ATATIANA JEFFERSON

(Mr. VEASEY asked and was given permission to address the House for 1 minute.)

Mr. VEASEY. Mr. Speaker, one of my favorite pastimes is playing video games with my 13-year-old son, just as Atatiana Jefferson was doing with her 8-year-old nephew when she was murdered by a police officer in front of him in Fort Worth, Texas, this past weekend.

I rise today to commemorate the legacy of Atatiana, also known as "Aunt Tay" by her 8-year-old nephew, and call on our law enforcement to stop these killings now.

It only took 3 seconds before a police officer fatally shot this woman in front of her 8-year-old nephew while they were playing video games. She didn't even have a chance to show her hands.

The reality for many Black and Brown people in this country is that this is our America, this is the America that we live in every day. It doesn't matter what neighborhood we live in or how much money we make. This is what we face.

Until law enforcement reforms their culture of rogue policing that has led