

order to transform their habits. Healthy habits are not always easily achievable when a patient is working alone, but health coaches are there to ensure people succeed in taking control of their health issues.

That is why, earlier in February, Congressman MULLIN and I introduced a bipartisan resolution to express our support for health and wellness coaches. I am proud of our work together as co-chairs of the Congressional Men's Health Caucus, and I encourage my colleagues to join us in recognizing America's health and wellness coaches.

METHANE RELIEF ACT

(Mr. THOMPSON of Pennsylvania asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. THOMPSON of Pennsylvania. Madam Speaker, in 2016, the Environmental Protection Agency announced the New Source Performance Standards for the oil and natural gas industry to further regulate methane emissions. Thankfully, the EPA is revisiting this regulation in an effort to provide flexibility and relief moving forward.

For many small oil and gas producers, these requirements contained in the original regulation are simply unworkable and overly burdensome.

For example, the regulation would even apply to wells that produce less than 15 barrels of oil and less than 90,000 cubic feet of natural gas per day. Because these wells produce at low volumes, the profit margin remains tight for the operators.

However, under the original rule, these low-volume producers would be subject to expensive upgrades, additional reporting requirements and administrative costs in order to comply with the regulation.

Madam Speaker, today I introduced H.R. 1391, the Methane Relief Act of 2019, which would exempt these low-volume wells from the rule's requirements. Doing so will allow for commonsense regulatory relief and certainty for these smaller operators which account for an important part of our domestic energy industry.

AN ACTUAL NATIONAL EMERGENCY

(Ms. WILSON of Florida asked and was given permission to address the House for 1 minute.)

Ms. WILSON of Florida. Madam Speaker, I rise today to address an actual national emergency. There are too many damn guns in America, and far too many lives have been lost. Last year alone 40,000 Americans were fatally shot, the most in 50 years.

My county suffers from gun violence on a near-daily basis. In the last 5 years, we have lost 370 people to gun violence; 127 of these victims were children.

Recently, a pregnant mother was killed, and her teenage daughter in-

jured in a senseless shooting. The family had already lost a relative to gun violence.

Almost as shocking as these statistics, for 25 years Congress failed to pass significant gun control legislation until today. I am comforted by how swiftly House Democrats began tackling this crisis, and pray that the Senate finds the courage to follow our lead.

American voters sent us an urgent message last November; thoughts and prayers and moments of silence are not enough. Let us reassure them that passing the Background Checks Act of 2019 is just the first step of many more to come; and we won't stop until this national emergency is over.

THE TEXAS SKY HAS A NEW STAR

(Mr. OLSON asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. OLSON. Madam Speaker, we all know an iconic Texas song: "The stars at night are big and bright, deep in the heart of Texas."

The sky of Texas has a new star, the brightest star ever. Her name is Marlee Hope Pack. She is glowing right beside me.

After a courageous fight with childhood cancer, God called Marlee home on February 23. Marlee's cancer would not be stopped. Her dad, Bill, kept asking Marlee: What is your wish with Make-A-Wish?

After a few weeks, sweet Marlee answered: "Dad, if I have to think about it this hard, I don't need a wish."

Marlee turned Make-A-Wish into make a gift. She opened Marlee's Bear Workshop and partnered with Build-A-Bear to give kids with cancer teddy bears and hope.

Thank you, Bill and Shelly, and all who loved Marlee for giving us such a special person. She made our world better.

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175TH ANNIVERSARY OF DOMINICAN INDEPENDENCE FROM HAITI

(Mr. ESPAILLAT asked and was given permission to address the House for 1 minute.)

Mr. ESPAILLAT. Madam Speaker, I rise today to honor the 175th anniversary of Dominican independence and the birth of the first country I call home.

On February 27, 1844, the founding fathers of the Dominican Republic, great statesmen and lovers of freedom and democracy, raised the flag of a new republic in Santo Domingo and proclaimed their independence from Haiti, bringing another democratic republic into the family of nations.

In the words of Dominican icon and independence leader Juan Pablo Duarte: "Love of country led us to make sacred commitments with the

next generation," and the commitments that he and his fellow patriots made 175 years ago live on in the hearts of every Quisqueyano, whether they are still on the island of their birth or whether they have made a new home abroad.

Today is the day for all of us to celebrate the contributions of the Dominican people, just as my compatriots celebrate their independence throughout the country.

RECOGNIZING JALISA PETERSON

(Mr. CARTER of Georgia asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. CARTER of Georgia. Madam Speaker, I rise today to recognize Ms. Jalisa Peterson from Liberty County High School on being a finalist for the 2019 Prudential Spirit of Community Awards.

One of 29,000 students across the country who participated, Ms. Peterson was one of only eight high school students acknowledged in the State of Georgia for exceptional projects of community service. Specifically, she volunteered at a local orphanage, playing games, crafting art, reading, and building relationships with children, all the way from newborns to 18-year-olds.

I am very proud of Ms. Peterson's work and glad to have someone like her in the First Congressional District of Georgia.

I am glad to see this award is encouraging more community service, a crucial aspect in order to make our world a better place to live.

GUN VIOLENCE: WE NEED TO DO MORE

(Mr. CASTEN of Illinois asked and was given permission to address the House for 1 minute.)

Mr. CASTEN of Illinois. Madam Speaker, we just voted on H.R. 8. It is the first gun control measure we have taken up in years. It is progress, but we still have so far to go. There are so many lives that have been taken from too many communities.

On February 15 in Aurora, Illinois, on the edge of my district, that was the community where a man with a gun took five innocent lives: Trevor Wehner, Clayton Parks, Vicente Juarez, Russell Beyer, and Josh Pinkard.

They were fathers, brothers, sons, uncles, friends, and they joined a long line of Americans who have been going about their daily lives and got killed.

Here is what is really sickening: Most of the Members of this body don't even know their names. A week from now, you are going to forget their names, and you are going to replace them with another set of names, not because they don't deserve to be remembered, but because every day in America, 100 people get shot.

Can we remember all their names? I can't. And shame on us for allowing that to happen.

Occasionally, one of those shootings captures our attention, and we offer some thoughts and prayers. Leave that to families. Leave that to people of faith. We are lawmakers. Our job is to write the laws, fix the laws.

If we took 100 million guns off the street tomorrow, we would still have more guns than any other country. We need to do more.

GREATER BRANDON CHAMBER OF COMMERCE

(Mr. SPANO asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. SPANO. Madam Speaker, I rise today to call attention to the Greater Brandon Chamber of Commerce, an institution that has helped small businesses and business owners in the Tampa Bay area succeed for over 60 years.

I think specifically of Ron Pierce, a very good friend of mine who started his own consulting firm 10 years ago. Over the past decade, he has grown his small business to include four other consultants and now provides advice to some of the largest interests in Tampa, including the Tampa Bay Lightning and the Port of Tampa Bay.

On top of managing his own successful business, he is also an upstanding member of our community. He regularly volunteers to bring food and clothing to families in need. He has worked on youth drowning prevention and provided advice to leaders in Tampa Bay on how to improve our local economy.

In recognition of his service, the Chamber recently bestowed upon him the Community Leadership Award, the highest honor granted by the organization.

The Greater Brandon Chamber of Commerce is a model organization in my district, and it helps small businesses succeed in their work so that they can then help others.

I am proud to be a member of the Brandon Chamber of Commerce. As a member of the Small Business Committee, I look forward to working with them to create a stronger economy for Tampa Bay.

GUN VIOLENCE PREVENTION

(Mr. SUOZZI asked and was given permission to address the House for 1 minute.)

Mr. SUOZZI. Madam Speaker, I just voted for H.R. 8, and I stand in support of H.R. 1112.

It has been 1 year since Parkland. It has been 6 years since Sandy Hook. It has been 19 years since Columbine. It has been 25 years since the Long Island Rail Road massacre, when Congresswoman Carolyn McCarthy lost her husband and her son was shot in the head.

It has been 37 years since President Reagan was shot.

Think of all the suffering that each of these shootings has caused. Think of the missing seats at the dinner table and other family events.

Countless families have been torn apart because of gun violence, including that of one of my constituents, Linda Beigel Schulman.

Linda's son, Scott, was one of the 17 innocent people who lost their lives in Parkland that day last year. Scott, a geography teacher and a cross-country coach, gave his life protecting his students. Scott died heroically while locking the door to his classroom, where students were hiding from the approaching gunman.

Since that date, we have been pushing more and more for commonsense gun reform, and H.R. 8 and H.R. 1112 are just that.

Last week, Linda said to me, "If a universal background check prevents just one shooting, it has served its purpose."

She inspires me. And I am inspired by my colleagues who are fighting for commonsense gun reform, whether they be Democrats or Republicans.

EUREKA BASKETBALL

(Mr. LAHOOD asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. LAHOOD. Madam Speaker, I rise to congratulate the Eureka College men's basketball team, which last weekend clinched their first ever Division III NCAA tournament bid.

On Saturday night, the Red Devils knocked off top-seeded Webster 70-69 on the road to secure their conference championship, assuring their spot in the Division III tournament.

With just a few weeks remaining in the regular season, the Red Devils needed to win out their remaining four games to enter the conference tournament, and they did just that.

The never-give-up spirit embodied by the team is a testament to the great work done by Coach Chip Wilde, and I have no doubt it will carry them through the NCAA tournament.

Our community in central Illinois is immensely proud of the historic accomplishments of this year's Eureka men's basketball team, and we will be cheering them on as they take on the number-one-seeded Nebraska Wesleyan this weekend.

Congratulations, and go Red Devils.

RECOGNIZING MAMA LILA CABBIL

(Mr. LEVIN of Michigan asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. LEVIN of Michigan. Madam Speaker, as we recognize Black History Month, I rise to celebrate the life and contributions of a remarkable Detroit community activist.

While I was at the Macomb County Celebration of Black Excellence last Saturday, the Michigan activist community received news of the loss of Mama Lila Cabbil.

A close friend of Rosa Parks for 30 years, Ms. Cabbil was a national leader in the fight against racism and a powerful Detroit activist, particularly in the struggle for clean and accessible water.

At Rosa Parks' funeral service in 2005, Ms. Cabbil invoked Matthew 7:16: "You shall know them by their fruits." When I read those words today, I think of Mama Lila's commitment to Michigan's Black community and to all communities that have suffered the theft of their voting rights and the unjust loss of their homes and their water.

During Black History Month, it is my honor to highlight Mama Lila's contribution to Detroit and our region and the example she sets for all of us as a passionate servant leader.

RECOGNIZING JOHN WILLIAM TYSON

(Mr. WOMACK asked and was given permission to address the House for 1 minute.)

Mr. WOMACK. Madam Speaker, I rise today to recognize the life and legacy of Arkansas businessman and Tyson Foods founder, the late John William Tyson.

John spent his life building Tyson Foods into one of the world's leading food companies and was equally committed to serving northwest Arkansas.

In 1931, John Tyson moved his family to Springdale with only a nickel in his pocket. There, he laid the foundation for a future Fortune 100 company.

John transformed the poultry industry. He developed a novel in-transit feeding system, hatched chickens, and produced commercial feed himself. With each new venture, John diversified and grew his business.

In 1947, Tyson Feed and Hatchery was incorporated. Over time, the business expanded to become the successful company that we know today.

He exemplified the entrepreneurial spirit of our State, and it is for his contributions to the Arkansas economy that he is being posthumously enshrined in the Arkansas Business Hall of Fame.

I congratulate his family for this terrific honor.

TOLL OF GUN VIOLENCE

(Mr. GARCÍA of Illinois asked and was given permission to address the House for 1 minute.)

Mr. GARCÍA of Illinois. Madam Speaker, as a Member of the House representing a district disproportionately affected by gun violence, I know firsthand the toll that it takes on our community. That is why, earlier today, I voted on H.R. 8.

Just a year ago last October, a 27-year-old man was killed in a senseless