

IN RECOGNITION OF NATIONAL  
STOP THE BLEED DAY

**HON. RAUL RUIZ**

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

*Thursday, March 29, 2018*

Mr. RUIZ. Mr. Speaker, as national Stop the Bleed day approaches on March 31, I encourage my colleagues and friends to get trained on how to control bleeding in a trauma situation to help end preventable deaths. The American College of Surgeons' Stop the Bleed program offers training to the public on how to control bleeding in an emergency using simple techniques that can be learned by almost everyone, such as direct pressure, bandaging, and even tourniquets.

In the United States, traumatic injuries cause the death of more than 180,000 people each year. While tragically some traumas result in near instantaneous death, many others occur in the first few hours or days and they are most often caused by uncontrolled bleeding. Traumatic injuries and bleeding can have many root causes including shootings, vehicle crashes, falls, workplace accidents, and natural disasters.

As an emergency physician, I have seen these heartbreaking cases time and again. In trauma care we think of the "Golden Hour," the time during which, if prompt medical attention is provided we have the best chance of saving a life. The Stop the Bleed campaign teaches members of the community how to respond to a bleeding emergency, and just as we see with CPR, the earlier the intervention begins, the greater the chance of eliminating preventable death. This is especially important in the moments before the arrival of medical personnel.

Please join with me and consider getting trained to Stop the Bleed.

HONORING JOE TROTTER DOCKINS

**HON. BENNIE G. THOMPSON**

OF MISSISSIPPI

IN THE HOUSE OF REPRESENTATIVES

*Thursday, March 29, 2018*

Mr. THOMPSON of Mississippi. Mr. Speaker, I rise today to honor a remarkable public servant, Mr. Joe Trotter Dockins who was born in Starkville, Mississippi on July 5, 1930 to the late Mr. and Mrs. Mathew and Mary Frances Dockins. He was married to the late Mrs. Odelle D. Dockins for 54 years and from that union they had two children; a son, Metric and a daughter, JoAndrea.

At the young age of 5, Mr. Dockins grew up working in his parents' grocery store that stayed in business thirty seven years. He received Christ early in life at Griffin United Methodist Church in Starkville, Mississippi. In his younger years, he participated in the Boy Scouts of America in his hometown. Although he never achieved the honor of being an Eagle Scout, his involvement and support in scouting has continued throughout his career.

While growing up in Starkville, he received his high school diploma from Oktibbeha County Training School, formerly Henderson High School and since integration it is now Henderson Junior High School. He graduated with honors with a B.S. Degree in Economics from

Alcorn College, now known as Alcorn State University in May 1953. Mr. Dockins further studied at Prairie View A&M University in 1953, in Prairie View, Texas and the University of Wisconsin in 1964, Madison, Wisconsin in the field of Human Development and Interpersonal Relationship.

Mr. Dockins began working for the Mississippi Agriculture Extension Services from 1954 to 1965 as an Associate County Agent in Louisville, Mississippi. Afterwards, he worked with the Farmers Home Administration as an Assistant County Supervisor from 1965 to 1981. His last assignment came as a result of being a County Supervisor from 1981 to 1987. After thirty-three years of dedicated service he decided to retire in 1987 and afterwards received his 25th and 30th years of service tenure awards as a Federal Employee. Joe began a new career in 1989 with the Mississippi Action for Progress as Director of Personnel and later was reassigned as Safety Coordinator. He stayed with Mississippi Action for Progress until 2006 and made the decision to retire a second time.

Mr. Dockins became a member of Omega Psi Phi Fraternity, Inc. on December 16, 1950 at Alcorn State University. After graduation, he became active with Beta Alpha Chapter, in Jackson, Mississippi where he served in several positions which included Basileus from 1977 to 79. He was District Marshal for the 7th District Meeting held in Jackson, Mississippi in 1984; served as Mississippi State Representative from 1989 to 1993 and past member of the 7th District Council. In 1976, he received a plaque as "Man of the Year" for assisting in securing a Fraternity House and he received his 40th, 50th and 60th year membership pin from Omega Psi Phi Fraternity, Inc. In 2016, he received a Certificate of Life Membership and was inducted into the Mississippi Omega Psi Phi Fraternity Hall of Fame.

Mr. Dockins is a member of the current and past organizations:

The Alcorn Alumni Club and served as President of the Jackson Chapter from 1986 to 1989;

Coordinator of the Monday Evening Club of Jackson, MS;

Past member of the Mississippi Farmers Home Administration Minority Employees Association;

Past member of Phi Delta Kappa, a professional fraternity in education;

He serves on the Board of Directors of Central Mississippi Health Services, Inc.;

Past member of the Board of Directors of the Wesley Foundation-Alcorn State University;

Past member of Mission Mississippi;

Served on the Boy Scouts of America, Andrew Jackson Council.

Mr. Dockins became a member of Central United Methodist Church in 1966. He served as President of Central United Methodist Men from 1977 to 1993, Finance Committee Chairperson from 1985 to 1987, past Vice-President of the Usher Board, served on the Pastor Parish Relations Committee and a former Lay Leader. He continues to be a member of the Finance Committee and Usher Board.

Mr. Dockins' life has been fulfilling due to all of his accomplishments. He continues to be an active and supportive member in his church and community. Mr. Dockins is an inspiration to all that cross his path.

Mr. Speaker, I ask my colleagues to Join me in recognizing Mr. Joe Trotter Dockins for his dedication to serving.

HONORING CHIEF PETER  
INGVERTSEN

**HON. ELIZABETH H. ESTY**

OF CONNECTICUT

IN THE HOUSE OF REPRESENTATIVES

*Thursday, March 29, 2018*

Ms. ESTY of Connecticut. Mr. Speaker, I rise today to honor Peter N. Ingvertsen upon his retirement after serving as Chief of Police for the Town of Simsbury, Connecticut for the past 18 years. Chief Ingvertsen is a widely known and respected leader in our community, and his dedication to public service is an inspiration for his fellow law enforcement officers and all of us who pursue a career in the public good.

Chief Ingvertsen demonstrated a passion for public service from a young age and began working as a police cadet as a teenager in Farmington. He eventually rose to become Patrol Officer, Corporal, Sargent, Lieutenant, and Captain, and, before joining the Simsbury Police Department in 2000, served as Acting Chief for Farmington and as the Town of Suffield's Chief of Police.

Through his long career in law enforcement, Chief Ingvertsen has become a leader not only in Simsbury, but across Connecticut and New England. He has earned certifications from the New England Command Institute and the Federal Bureau of Investigation's National Academy and holds Bachelor's and Master's degrees in Public Administration.

What's more, Chief Ingvertsen has also shared his time and talents to support a number of civic causes. He has been a leader in various Police Associations, including as Vice President of the Connecticut Police Chiefs Association, where he advocated for his fellow public servants and worked to strengthen their professional network. Chief Ingvertsen has also supported the Simsbury Lions Club and the Farmington Exchange Club, which do important work in his local towns.

Mr. Speaker, Chief Ingvertsen spent his career working to keep our community safe and providing experienced, wise leadership to our communities. It is proper that we honor him here today, and I extend my best wishes for an enjoyable retirement to Chief Ingvertsen and his family.

INTRODUCTION OF THE NO LEAD  
IN THE AIR ACT

**HON. ELEANOR HOLMES NORTON**

OF THE DISTRICT OF COLUMBIA

IN THE HOUSE OF REPRESENTATIVES

*Thursday, March 29, 2018*

Ms. NORTON. Mr. Speaker, I rise to introduce the No Lead in the Air Act. Although the House's Federal Aviation Administration (FAA) reauthorization bill includes my provision encouraging the use of unleaded aviation gasoline by January 1, 2023, that bill is still pending. Therefore, I introduce my bill to prohibit the use of lead in aircraft fuel by 2023. Lead exposure can have harmful effects on children as well as adults. Since 1980, the amount of

lead in the air has decreased 89 percent, but while lead gas for automobiles has been banned since 1995, the piston-engine aircraft industry and airports that supply their fuel continue to use leaded aircraft fuel. Without a federal ban, they will continue to do so and put our communities and children at risk.

Lead particles from airplane exhaust can fall widely during flight and there may be high concentrations of lead near airports. It is estimated that 16 million people live and three million children go to school within a half-mile of airports that sell leaded aircraft fuel called avgas. The health effects of lead in children include behavioral and learning problems, lower IQ, hyperactivity, slowed growth, hearing problems, and anemia. Lead exposure can cause premature births and spontaneous abortions in pregnant women, and adults can suffer from increased blood pressure, decreased kidney function, and reproductive problems.

Seventy-five percent of piston-engined aircraft already operate safely with fuel that does not use lead. However, small airports continue to only sell leaded avgas for these piston-engine aircraft. But small airports will have to comply if the federal government bans the use of leaded fuel. The U.S. Environmental Protection Agency (EPA), which implements the Clean Air Act, announced plans in 2010 to phase out leaded aviation fuel, but in the intervening six years we still have not seen a proposed rule. The FAA has created a task force of government and aviation industry stakeholders to study alternative fuels for piston-engine aircraft that would not use lead.

With so much evidence of the harmful impacts of lead exposure, we can no longer put our communities at risk. My bill would give enough time for a full phase-out of lead in aircraft fuel—five years—by directing the FAA Administrator, in consultation with the EPA Administrator, to issue regulations prohibiting the

use of leaded fuel in aircraft in U.S. airspace beginning January 1, 2023.

I urge my colleagues to support this legislation.

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HONORING KEBA LAIRD

**HON. BENNIE G. THOMPSON**

OF MISSISSIPPI

IN THE HOUSE OF REPRESENTATIVES

*Thursday, March 29, 2018*

Mr. THOMPSON of Mississippi. Mr. Speaker, I rise today to honor a remarkable young lady, Mrs. Keba Laird of Clinton, MS.

Mrs. Keba Laird is a registered and licensed dietitian nutritionist, wellness coach, and aerobics instructor with 17 years of experience in health and wellness promotion. She has a diverse educational background with practitioner experience in a variety of settings to include clinical and school nutrition, worksite wellness, and community health. Now in her current role as Child Nutrition Supervisor II for Clinton Public School District, Mrs. Laird finds this job most rewarding as she helps create a healthy school environment and workplace for both students and staff.

After earning her Bachelor of Science in Nutrition and Dietetics degree from the University of Southern Mississippi, Mrs. Laird earned a Master of Business Administration degree from William Carey University to further expand her business and management skills. Mrs. Laird is an American College of Sports Medicine (ACSM) Certified Exercise Physiologist, and a certified health and wellness coach through Wellcoaches. She received a Certificate of Training in Adult Weight Management through the Academy of Nutrition and Dietetics.

One of Mrs. Laird's most recent accomplishments is having earned the credential, School Nutrition Specialist (SNS), the highest creden-

tial in the School Nutrition profession in July 2017. Mrs. Laird has met the academic and experience requirements as well as demonstrated competency through successfully passing a national standardized exam for the school nutrition profession. Mrs. Laird is one of over 1,300 professionals who have earned this designation. This credential is offered through the School Nutrition Association (SNA), a non-profit organization of over 55,000 members that encourages the highest standards in school nutrition programs and it recognizes those who have obtained a high level of professional achievement.

Mrs. Laird has a successful record in nutrition/fitness counseling and coordinating weight management programs for adults and children that improve awareness and inspire behavior change. She has been featured on local television news stations presenting on such topics as: disease prevention, healthy lifestyle goal planning, stress management, and she has implemented worksite wellness programs for many corporate businesses across Mississippi.

Mrs. Laird is a member of the Academy of Nutrition and Dietetics, School Nutrition Services Dietetic Practice Group, American College of Sports Medicine, and Mississippi School Nutrition Association (MSNA). She has served as president and secretary of the Central District Dietetic Association, and chair of physical fitness for the Greater Jackson Shrinkdown Fit Kidz Program. She currently chairs the MSNA Publicity Committee, and will serve as Secretary for the 2017–2018 term. Mrs. Laird is also a member of Delta Sigma Theta Sorority, Inc., where she currently serves as the Chaplain for the Clinton (MS) Alumnae Chapter, located in Clinton, MS.

Mr. Speaker, I ask my colleagues to join me in recognizing Mrs. Keba Laird for her dedication to serving throughout her community and throughout organizations around Mississippi.