

Mr. Redd's columns brought increased exposure to the Westchester County Press, and he eventually became the owner in 1986. Under Mr. Redd's leadership the Westchester County Press became the leading voice of issues impacting the African-American community throughout Westchester. As owner, he would continue to write his "M. Paul Tells All" column until his passing in 2009.

For more than 60 years, the Westchester County Press is the only weekly newspaper owned and run by African-Americans within Westchester County. Now led by Sandra Blackwell, since 2009, the newspaper continues to maintain high journalistic standards when reporting on the African-American community on a local, state and national level. As a result of their unwavering mission, the Westchester County Press is 1 of 200 African American newspapers that are members of the National Newspapers Publishers Association (NNPA).

I want to congratulate the Westchester County Press for serving the Westchester County community for the past 90 years. Their dedication to reporting on issues impacting the African-American community cannot go unrecognized. Lastly, I would like to honor M. Paul Redd Sr.'s near 50 years of work, and acknowledge his enshrinement in the NNPA's Hall of Fame as of 2014.

**CELEBRATING GAINESBORO FIRE
AND RESCUE COMPANY'S 60
YEARS OF SERVICE TO THE
COMMUNITY**

HON. BARBARA COMSTOCK

OF VIRGINIA

IN THE HOUSE OF REPRESENTATIVES

Friday, September 28, 2018

Mrs. COMSTOCK. Mr. Speaker, in 1958, plans for a fire department in Gainesboro began to take shape, with the help and direction of the Gainesboro Ruritan Club. Red Williamson was elected the first Fire Chief of Gainesboro and the purchase of a fire truck took place with financial help from the Clearbrook Fire Company and Shade Equipment Company, which donated their facilities to install the tank and pumps. The truck was completed and put in service following the first Yard Party in June, 1958.

IN March, 1958, the land on which the Gainesboro Fire Company exists was purchased for the sum of \$1,200. The firehouse was built by members of the Gainesboro Fire Company and the larger Gainesboro community, and because of their extraordinary generosity of time, energy and money, the entire firehouse was built in one short year, between July, 1958 and July, 1959.

The history of the call volume is an indication of the significant growth in the work of the Gainesboro Fire Company. In 1958, there were a total of 11 fire runs, the first being a woods fire in Cross Junction that the Gore Fire Company assisted with. Five years later, in 1963, there were 65 runs and by 2017, there were over 1,000 runs. This increased demand on the fire company's services has necessarily involved a significant increase in operational staff, which now amounts to 65 certified firefighters, Emergency Medical Technicians and paramedics.

With an operating budget of nearly \$300,000, approximately \$130,000 of it needs

to be raised by the members of the Gainesboro Fire Company and its Ladies Auxiliary, which was formed in November, 1958. As a resilient, self-sustaining organization, the fire company has put on one type of fundraiser or another almost every month for the past 60 years, adding up to approximately 700 fundraisers during the time of the fire company's existence.

Mr. Speaker, I know that I speak for all the people of the 10th Congressional District of Virginia in expressing our deep gratitude to our community heroes—our firefighters and emergency medical personnel, along with our law enforcement officers, who are willing to face any situation, no matter how grave or dangerous, to help us in our times of greatest desperation and need. I ask that you and our colleagues join me in thanking Chief Don Jackson and the community heroes of Gainesboro Fire and Rescue Company who, for 60 years, have courageously stepped forward to assist the residents of their community, and to also thank the ladies' auxiliary and other leaders of the Gainesboro community, who have so generously supported the ongoing work of their community heroes.

**HONORING THE PUBLIC SERVICE
OF MAYOR BETTINA BIERI**

HON. JOSH GOTTHEIMER

OF NEW JERSEY

IN THE HOUSE OF REPRESENTATIVES

Friday, September 28, 2018

Mr. GOTTHEIMER. Mr. Speaker, I rise today to honor the service of Mayor Bettina Bieri, a staunch and impassioned advocate for the people of West Milford, lifelong humanitarian, and mother of two incredible children.

Mayor Bieri is a dedicated public servant in North Jersey whose countless accomplishments include restoring the New Jersey Watershed, promoting the new library in West Milford, and holding local officials to the highest standards of accountability. These efforts demonstrate her unshakable commitment to serving her community for thirty-two years. Mayor Bieri has consistently fought for her hometown by dedicating herself to better her community on the boards of many local service groups, including the St. Joseph's Finance Board, the West Milford Animal Shelter, and the West Milford Chamber of Commerce.

As a graduate of Pace University and a Certified Public Accountant, Mayor Bieri successfully utilized her financial expertise and implemented sound fiscal policies to improve West Milford's credit rating and save her constituents tax dollars. Although Mayor Bieri is retiring from public service, I am confident she will continue to make an indelible impact on those around her through her charitable work and unwavering commitment to helping others.

Mr. Speaker, I am deeply grateful for the contributions Mayor Bettina Bieri has made to West Milford and our community throughout her career. People like Mayor Bieri are what make northern New Jersey such a great place, and I am proud to call her my constituent.

**RECOGNIZING MALNUTRITION
AWARENESS WEEK**

HON. NORMA J. TORRES

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Friday, September 28, 2018

Mrs. TORRES. Mr. Speaker, I rise today to recognize this week as Malnutrition Awareness Week.

Every 60 seconds, 10 hospitalized patients with malnutrition go undiagnosed, with the majority of these individuals being older adults. Malnutrition among seniors and older adults can lead to a greater risk of chronic disease, frailty, disability and increases in healthcare costs.

Malnutrition also disproportionately impacts minorities who are often managing comorbid chronic diseases. In my home district, 80 percent of the constituents I represent are of Hispanic background. It is of great concern to hear that malnutrition is more than twice as common among low-income older adult Latino households.

We cannot advance malnutrition care and promote improved patient recovery if we do not align the identification of and interventions for malnutrition with healthcare quality incentive programs.

The great news is that there are common-sense solutions that can close this gap in care now.

We can first begin by measuring the scope of the problem. Sadly, we currently don't know the full extent of the malnutrition problems plaguing our senior population. To change this, we can add screening measures for malnutrition to the national health surveys of older adults and implement national key health indicators and Healthy People 2030 goals for older Americans. Doing something as simple as adding malnutrition measures will help shape public health programs and better guide healthcare professionals as they address serious health conditions.

Another simple change we can make is adding older adult malnutrition to national dietary guidelines.

We cannot expect older adults and their families to take steps to address malnutrition if we do not give them the tools to identify the problem. We must meet older Americans half way so that families can make appropriate interventions for their unique conditions and circumstances. Therefore, I call on HHS and USDA to include dietary guidance for the prevention and treatment of older adult malnutrition and the closely aligned problem of age-related sarcopenia listed in the 2020 Dietary Guidelines for Americans.

Lastly, malnutrition should be interwoven into healthcare incentive programs. A patient's nutrition status is rarely evaluated and managed as individuals transition across care settings. I therefore urge the CMS to include malnutrition electronic clinical quality measures in Medicare quality programs as well as in measures related to malnutrition in care transition programs. This will help reduce hospital readmission rates and improve transitional care for seniors in the long run.

Increasing awareness of nutrition's role on patient recovery and implementing these measurable changes will help educate healthcare professionals and families which will result in helping seniors live healthy and independent lives.

TRIBUTE TO VIC BELGER

HON. DAVID YOUNG

OF IOWA

IN THE HOUSE OF REPRESENTATIVES

Friday, September 28, 2018

Mr. YOUNG of Iowa. Mr. Speaker, I rise today to recognize and congratulate Vic Belger. Mr. Belger was inducted into the Creston High School Hall of Fame as Faculty Representative on Thursday, September 20, 2018.

Vic served as guidance counselor, driver's education teacher and head baseball coach in Creston for two decades starting in the early 1980's. His overall record as head baseball coach was 920–319, which ranks 27th all-time nationally for career victories. He also coached basketball at Creston for 9 seasons. He was named Iowa Coach of the year in 1990 and was inducted into the Iowa High School Baseball Coaches Association Hall of Fame in 1995. Vic and his wife, Pat, now live in Waukee, Iowa, where they attend their grandchildren's activities and Vic still teaches driver's education.

Mr. Speaker, I am honored to recognize Vic Belger for this award, and for providing the youth in Iowa's Third District the education and direction that they will need to be successful. I am proud to represent him and Creston Community Schools in the United States Congress. I ask that my colleagues in the United States House of Representatives join me in congratulating Vic Belger and wishing him nothing but continued success.

HONORING BATTALION CHIEF
JAMES NELSON**HON. ANDY BIGGS**

OF ARIZONA

IN THE HOUSE OF REPRESENTATIVES

Friday, September 28, 2018

Mr. BIGGS. Mr. Speaker, today, I honor the life of my constituent Mr. James Nelson. Mr. Nelson dedicated his life to public service, his community, and first and foremost, his family. He will be greatly missed by everyone that was lucky enough to know him in the East Valley.

James grew up in Tempe, Arizona where he played football and basketball for Marcos De Niza High School. His competitive nature and out-going personality led to future success in leadership positions in his 25-plus-year career serving others. He began his fire service career in the East Valley and was a founding member of the Gilbert Fire Department in 1993. For most of his professional life he served as Captain, later promoted to Battalion Chief.

James was a consummate professional and mentor to many other fire fighters. It is hard to imagine how many lives have been improved because of James' guidance and advice. He was a pillar of strength for his family, friends, and the fire service. I express my sincere condolences to his wife Kerry, his three daughters, Sydney, Shelby, and Shealy, his parents Ken and Nancy Nelson, his brother Paul Nelson, his sisters Sherri Nelson and Tricia Nelson and his other surviving family members.

IN HONOR OF JILL TANNER FOR
NATIONAL OVARIAN CANCER
AWARENESS MONTH**HON. BRETT GUTHRIE**

OF KENTUCKY

IN THE HOUSE OF REPRESENTATIVES

Friday, September 28, 2018

Mr. GUTHRIE. Mr. Speaker, I rise today to honor my constituent Jill Tanner, an ovarian cancer survivor from Owensboro, Kentucky. September is National Ovarian Cancer Awareness Month. Ovarian cancer accounts for 2.5 percent of cancers in women, and sadly, the American Cancer Society estimates that this year, about 22,240 new cases will be diagnosed in the United States. Jill has taken her experience fighting ovarian cancer and has become a fierce advocate for funding and research to fight this disease. I have met with Jill on a number of occasions to discuss what more Congress can do to help those with ovarian cancer, and I want to thank her for her advocacy.

TRIBUTE TO LOUISE SIMPSON

HON. DAVID YOUNG

OF IOWA

IN THE HOUSE OF REPRESENTATIVES

Friday, September 28, 2018

Mr. YOUNG of Iowa. Mr. Speaker, I rise today to recognize and congratulate Louise Simpson of Shenandoah, Iowa on her 100th birthday. Mildred celebrated her birthday on September 11, 2018.

Our world has changed a great deal during the course of Louise's life. Since her birth, we have revolutionized air travel and walked on the moon. We have invented the television, cellular phones and the internet. We have fought in wars overseas, seen the rise and fall of Soviet communism and witnessed the birth of new democracies. Louise has lived through eighteen United States Presidents and twenty-five Governors of Iowa. In her lifetime, the population of the United States has more than tripled.

Mr. Speaker, it is an honor to represent Louise in the United States Congress and it is my pleasure to wish her a very happy 100th birthday. I ask that my colleagues in the House of Representatives join me in congratulating Louise on reaching this incredible milestone, and wishing her even more health and happiness in the years to come.

HONORING WHITE PLAINS
HOSPITAL**HON. NITA M. LOWEY**

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

Friday, September 28, 2018

Mrs. LOWEY. Mr. Speaker, I rise today to honor White Plains Hospital as it hosts its 125th Anniversary Gala on Saturday, September 29, 2018.

White Plains Hospital is a not-for-profit health care organization aimed at providing quality and affordable health care to Westchester County and the surrounding areas. In the year following its founding in 1893 by 22

women and three men, the hospital treated 31 patients. Today, it has a staff of 1,100 and treats more than 200,000 patients a year. White Plains Hospital has truly become a cornerstone of our community.

White Plains Hospital not only provides both inpatient and outpatient services, but also aims to improve the health care of the local and professional communities and the business sector. It greatly expanded access to care by opening locations across Westchester County with excellent physicians in, but not limited to, primary care, pediatrics, obstetrics and gynecology, oncology, dermatology, geriatrics, cardiology, medical & surgical specialties, and urgent care.

Mr. Speaker, I am proud to have worked alongside White Plains Hospital to support quality health care for area residents. I urge my colleagues to join me in recognizing this organization and applauding its 125 years of service to our community as it celebrates this quasiquintennial anniversary.

IN RECOGNITION OF ASHLAN
BORSARI AND CHILDREN'S CAR-
DIOMYOPATHY AWARENESS
MONTH**HON. WILLIAM R. KEATING**

OF MASSACHUSETTS

IN THE HOUSE OF REPRESENTATIVES

Friday, September 28, 2018

Mr. KEATING. Mr. Speaker, I rise today in sincere recognition of Ashlan Borsari of Plymouth, Massachusetts, and to recognize September as Children's Cardiomyopathy Awareness Month.

Ashlan Borsari was diagnosed at birth with a rare, chronic, and degenerative heart disease called hypertrophic cardiomyopathy. By the time Ashlan reached kindergarten, her heart had left her barely able to climb a flight of stairs, and keeping up with her friends was impossible. Ashlan underwent her first open heart surgery at the age of five, and for the next nine years, she lived close to a typical life. Unfortunately, at the age of 14, she experienced a series of sudden cardiac arrests which required her to be revived through CPR. Ashlan was airlifted to Boston Children's Hospital where doctors implanted an internal defibrillator.

Children and infants diagnosed with cardiomyopathy face some of the worse outcomes in pediatric cardiology. Forty percent of patients diagnosed with pediatric cardiomyopathy die at a young age or undergo a heart transplant within the first two years of their diagnosis. Despite this, little is known about the causes of this disease and there currently is no cure. While there is tremendous variation in symptoms among the four different types of cardiomyopathy, each case poses enormous challenges and dangers to those who suffer from the disease. As Members of Congress, we need to do all that we can to get the word out about this little understood, yet life-threatening autoimmune disease.

Mr. Speaker, I am honored to recognize Ashlan Borsari for her remarkable spirit and perseverance, and in recognizing September as Children's Cardiomyopathy Awareness Month. Her story reminds us that through education, awareness, and research, we can better understand pediatric cardiomyopathy. I