

takes away coverage for 24 million people. That is 24 million people who no longer have any access to substance use disorder treatment and prevention services. And then they want to let insurance companies jack up the out-of-pocket costs for substance abuse programs and mental health programs. In fact, some Medicaid plans would be able to drop this coverage altogether. So millions more people would lose their one lifeline if someone in their family is taken by drugs.

Don't get me wrong. What we are doing right now is not enough. Even now, only 10 percent of those who need treatment for substance use disorder receive it and 90 percent can't get help, but that means we need more, not less help.

Repealing the protections for mental health and substance use disorders in the ACA would yank more than \$5 billion in actual funding that is currently going to mental health and treatment services. That is the Republican plan to deal with the opioid crisis. Ask any family trying to get treatment for a loved one who is addicted to drugs. We already have an opioid treatment gap. Gutting the ACA is like shoving a stick of dynamite into the treatment gap and then lighting the fuse. And if the Republicans get their way, people will lose health coverage. People will lose access to recovery services. People will die.

Now is the time to stop this cruel bill in its tracks before it hurts real people. Now is the time to speak out about the importance of the ACA and Medicaid to you and to your family.

If you or someone you know has been touched by the opioid epidemic, you know how much this matters. Maybe you have a sister, a child, a church member, or a high school friend who has struggled with substance use disorder. Maybe you know someone who has fought on the frontlines of this crisis as a healthcare provider, community advocate, as a first responder.

If you do, then you know the stakes in this debate over the ACA and Medicaid. Now is the time to act. Don't wait. If the Republicans end up destroying help for millions of people, don't wake up the next morning and wonder if you could have said more or if you could have raised your voice back when it mattered. No, the Republicans are trying to pass this terrible healthcare bill now, now is the time to speak out. It is time to stand up and to tell Republicans to end their cruel healthcare plan. Our families and our communities are counting on us and we cannot let them down. Please, speak out.

I yield the floor.

The PRESIDING OFFICER. The Senator from Alaska.

RECOGNIZING THE 45TH IDITAROD RACE

Ms. MURKOWSKI. Mr. President, we have been talking a lot about the

weather here in Washington, DC, the past couple of days. We got a little bit of snow yesterday in some parts. People are still kind of plowing out of their driveways. I am looking at the daffodils that were out 3 days ago, and they are now buried, and the cherry blossoms are a little bit crispy on the trees.

So many of us are not feeling like spring has really sprung here. But in Alaska, in my home State, when we think of spring, one of the things that brings a smile to the face of so many of us is that it means it is time for the Iditarod, the Last Great Race on Earth. It is an exciting time of the year for so many, when we come together to celebrate a 1,000-mile race across some pretty desolate territory in the State of Alaska.

The race itself has a much storied history, one that is somewhat unique to the State of Alaska and to our culture. The race commemorates a life-saving diphtheria serum run to the community of Nome. Back in 1925, diphtheria had raged through the community, and there was no way to get the serum to Nome. We did not have aircraft that could make it that far. Remember, it is pretty cold in February and in March. We still don't have a road. We really had no way to move the diphtheria serum.

So it was determined, after a great deal of debate and discussion and pros and cons that they would use a dog team relay to get the diphtheria serum to Nome. There are names of dogs that have now become infamous, like Togo, Fritz, and Balto, which led this amazing race. Today, the memory of that lifesaving race is lived on in a race that features just a little bit shy of 1,000 miles, again across pretty frozen isolated areas. It involves 1,000-plus dogs that are in the running.

For many of us, there are 1,000 more reasons that you really would not want to do that. But I have to tell you, as I look at these mushers, as I look at these dogs, and as I look at all that goes into the mushing history of our State, it makes me excited about not only the men and women who are the mushers but the true athletes, the K-9 athletes, and all that they give up.

I was home in Anchorage last weekend for the ceremonial start on Saturday. It is a great deal of hoopla. There are not too many communities in America where you actually truck snow into the downtown part of your community, fill the streets up with snow so that the dog teams can launch from downtown. Thousands of people gather to watch the start. We were commemorating the 45th annual Iditarod race.

The official start was on Monday morning in Fairbanks, AK, a town that I also call home, having gone to high school there. The route this year was from Fairbanks, what they call the northerly route, up to Nome. It shaves a little bit of the miles off. I think this year it was about 979 miles. So it was

not quite 1,000 miles, but still good enough to test a man or a woman and their dogs.

It was kind of tough starting in Fairbanks on the morning of the race. Temperatures were around 50 below. They hit the river, went right past the house where I grew up, and went downriver. By the time they got to the first checkpoint there at Tanana, the temperatures were 50 below and people were talking about how you stay warm on a sled and who has bad frostbite that is coming back after years of running.

Let's just put it this way. The Iditarod is not for the timid or the weak. It takes real grit to run this race. When you think about all the hoopla that comes with the ceremonial start and all the people who came out in the community, then you get on the trail and you are alone. You are by yourself. We have 26 different checkpoints between Fairbanks and Nome. As a musher reaches a checkpoint, there is an appreciative audience of the villagers who come out to cheer them on.

Again, the villagers can't offer help with taking care of the teams. The mushers have to do it all themselves. But there is a lot of time to think and reflect about the beauty surrounding you, a lot of time to worry about whether or not you have moose or wolf or bear or whatever is out there keeping them company. But truly, this is not only an endurance race, but it is a race that challenges the mind. There are stretches of just almost mind-numbing isolation in the cold where you are just focusing on your team in front of you.

But as you can see, when you get out—this is right on the outskirts of Nome; this is coming in at the end of the race—there is a lot of isolation out there. The temperatures that you are dealing with are tough on a human being. Over the course of this past week, the temperature range was a 70-degree range. The temperature in Nome yesterday at the conclusion was 4 degrees above zero. So it is on the positive side, which was good news for the mushers. But that is a pretty substantial range that you are going through.

It is an amazing race in terms of the strategy that goes into it. You would think: Well, you just get your dogs in line. You know where you are going to feed them. You know where you are going to let them rest.

But the strategy that goes into a race like this is really quite unique to the various mushers. What we have seen with this race is an extraordinarily fast race, where the winner was averaging between 10 and 11 miles per hour between some of these checkpoints. It is pretty extraordinary to have your dogs keep up a pace like this.

Some mushers will hop off their sleds and run alongside their dogs when they are going uphill, just to take some of

the weight off the sled. But think about that. You have been going for a week. You have been going around the clock pretty much for some of these. You are exhausted. You are freezing cold. Now you are going to jog behind your dogs to lighten the load. This is, again, extraordinary. Many of the others, as they are approaching the end, will keep their strongest dogs, shed the nonessential gear, and switch to a lighter sled to push through on the final stretch.

But there are a lot of different tactics. When a dog is tired, you can put them in the basket so the dog can rest, kind of like a coach on a basketball team: You need to be put on the bench and just kind of take a breather here. We do it with the dogs as well. But this is a race not only about the endurance, but it also is one where there is a great deal of work to ensure that these high-performance athletes are cared for and that their safety is looked after.

Again, if a dog gets too tired and is just not right, mushers can leave them at a checkpoint to ensure their well-being so that they are not pushed too much. Again, putting them in a basket, making sure that the dogs are cared for. There is a veterinarian at every step along the way. The vets check the dogs out at every checkpoint. The mushers have to carry the veterinary check record, if you will.

These vets are not local vets. There are some 50 vets that volunteer to come to Alaska for the Iditarod and go out there along the trail to one of these checkpoints and to do the checks before the race and after the race.

When I was in Anchorage last week, I was visiting with a veterinarian from Colorado. The Presiding Officer probably might even know him. But he comes every year. This was his eighth Iditarod. He volunteers his time because, again, it is an amazing race with amazing K-9 athletes. They are the ones who get the care and attention. I don't know that there are any doctors out along the trail for the mushers, but the dogs are well cared for.

It is required and there is mandatory rest that is taken. Mushers can determine where the 24-hour rest period is taken. There are two 8-hour stops, one along the Yukon River and one at White Mountain, just before you get to Nome. But, again, you think about the demands on the individual as they are mushing along at this pace.

There is a story out of this year's race about a musher. I think it was day 3 into the race. A team comes into the checkpoint. They are clipping right along, but there is no musher. The musher had fallen asleep while standing on the runners of his sled and just kind of fell off his sled.

He had a pretty good team, if I can just say. They were obviously following the trail from teams ahead of them. That team just went on and ended up at the checkpoint there. It was a little while later that another musher came along and saw this musher walking,

following his dog's footprints. He gave him a ride to the next checkpoint where his dogs were all there just waiting for him, saying: You know, we got here first. Where were you?

But it kind of speaks to some of the issues that go on along the trail. There used to be a time, up until this year, when there was no two-way communication devices that were allowed—none at all. So as to your cellphone, you could not have your cellphone with you.

It was designed to make sure you were not gaining unfair advantage in determining where other mushers were ahead of you or behind you. But for safety reasons, I think there is a recognition that being able to send out an alert if you need it is probably wise and important. A thousand miles is a lot of land to cover. There are a lot of things that can go wrong when it is just you and your dogs along the trail.

The news. The news is big about the 45th Iditarod race. This year, the winner, a fabulous gentleman by the name of Mitch Seavey, blasted the overall record—extraordinarily impressive. He set the Iditarod record of 8 days, 3 hours, 40 minutes, and 13 seconds. What is wonderful to add to this story is that this is the fastest time. The next fastest time, the fastest time that we had had up until this year, was the year prior, which was set by his son. Think about that. What athletic competition, what sport can you have a father and a son go in toe to toe beating the all-time record? Last year, the 29-year-old son was the winner. This year, the 57-year-old dad is the winner. And who came in second this year? The son.

When I was at the ceremonial start and I had the opportunity to see Mitch Seavey, I went up to him, and I said: OK, I know everyone is betting on Dallas Seavey to win because it would be win No. 5 for him, but I am going with the old guy.

Fifty-seven is not so old. Mitch Seavey certainly demonstrated that just yesterday.

The Seavey family is Iditarod legend. Dan Seavey, who is Mitch's father, ran the very first Iditarod in 1973, and then some 44 years later, his son Mitch and his grandson Dallas are still going at it. Mitch won in 2004 and in 2013, and his son Dallas won in 2012, 2014, 2015, and 2016—again, a father and son kind of trading off second and third places during each of these.

It is extraordinary when you think about the records that have been broken with this race, and the closeness of the race is exciting to look at. When the second and third place finishers came in—Dallas came in just 5 minutes ahead of the third place musher, Nicolas Petit, who calls Girdwood his hometown, as does one of our young pages here, and it is a place I call home as well.

So there is a lot of excitement with the winners, not only with Mitch Seavey's record-smashing race but also the fact that he is the oldest racer to

win, at 57. Again, as he has reminded us, 57 isn't that old.

I will acknowledge that both Dallas and Nicolas Petit came in breaking last year's record as well.

So for the sixth year in a row, we have had a Seavey champion. You talk about a family of champions, this is pretty amazing. This one is Mitch's third win, and it is an extraordinary win.

I spoke to Mitch not too long ago to offer him my congratulations, and I told him: As a parent of two 20-somethings, I like the command you demonstrate. You have still got it in you. You are going to be a fierce competitor.

But what Mitch told me was really a lovely statement. He said that what was so great was to be at the finish line seeing his son coming in and seeing Dallas genuinely happy at Mitch's win. He said that they were head-to-head competitors all throughout the race, and Dallas didn't make that five-time win that he was hoping for, that so many of us Alaskans were hoping for, but he was so genuinely proud of his father.

As of this afternoon, we have 10 mushers who have crossed the finish line. I wish all of the other mushers and their fearless dogs good luck as they continue to make their way to Nome over the next few days and beyond.

This is an event that I love to celebrate with my colleagues. I love to brag about the amazing men and women, not just the Alaskans but from all over the country and really from all over the world. Our fourth place finisher is from Norway, Joar Leifseth Ulsom. He was right up there all the way to the end. It is men. It is women. Jessie Royer was the first woman in, and she came in fifth place. Aliy Zirkle crossed in eighth place. So they are remarkable men and women—Alaskans, Americans, and people from truly around the globe—who come to compete.

Truly the ones we celebrate with great enthusiasm and gusto are these canine athletes that demonstrate to us all that there is no end, there is no limit to their love to run, their love to compete, and their desire to excel.

I am pleased to be able to celebrate with colleagues from the Senate in recognizing the 45th Iditarod race, the Last Great Race on Earth.

With that, Mr. President, I yield the floor.

The PRESIDING OFFICER (Mr. LEE). The Senator from Oklahoma.

CONGRESSIONAL REVIEW ACT RESOLUTION

Mr. LANKFORD. Mr. President, I want to take the chance to have just a moment to be able to reflect on what the Senate has just completed. We have worked through a process of identifying what is called the Congressional Review Act. Most Americans are not