The Center for Disease Control reported that from 2001 to 2014, there was a,

6-fold increase in the total number of heroin deaths.

3.4-fold increase in the total number of cocaine deaths.

42 percent increase in the total number of pain relievers deaths.

2.8-fold increase in the total number of opioid deaths.

In 2014, experts said that an astounding 900,000 adults and adolescents ages 12 and older used heroin.

It is evident . . . Heroin kills. Cocaine kills. Over the counter opiates and prescribed medications can kill.

We have the support to do something about

A Pew Research Center national survey found that 67 percent of Americans support providing treatment for those who use illegal drugs such as heroin and cocaine.

Public opinion in local communities shifted to the extent that voters will support using tax-payer dollars for drug treatment. In Cook County Illinois, 76 percent of the electorate overwhelmingly supported a substance use treatment referendum. Voters support Treatment on Demand.

While National Recovery Month means something different for the researcher, for the policy maker, community groups and for people in the neighborhoods.

For the individuals in recovery, National Recovery Month is very personal.

More than a decade ago, we kicked-off the first recovery walk in Cook County. We joined with communities, government, faith-based groups, providers and especially people in recovery. The 13th Annual Recovery Walk will kick-off on September 24, in Union Park.

I urge my colleagues and people all over America to join me in applauding people in recovery for your conscious efforts to remain sober and for being an inspiration for others who sincerely desire to follow in your footsteps.

I urge my colleagues to support legislation which will transform the lives of individuals from addicts to contributing people in recovery.

RECOGNIZING MS. LEETTA C. BEATTY FOR RECEIVING A PERSONAL ACHIEVEMENT AWARD FROM THE HEALTHSOUTH REHABILITATION HOSPITAL OF ALTOONA

HON. BILL SHUSTER

OF PENNSYLVANIA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, September 14, 2016

Mr. SHUSTER. Mr. Speaker, I rise today to recognize Ms. Leetta C. Beatty, one of the winners of the 23rd annual Personal Achievement Award from the HealthSouth Rehabilitation Hospital of Altoona. This award is given to encourage and recognize those who have made an outstanding effort to deal with or overcome a disability. This year, Ms. Beatty has earned that distinction.

Ms. Beatty suffered a stroke-like incident in April 2016. Since the fateful day of her injury, Leetta has made great gains in her recovery. According to those involved in her rehabilita-

tion efforts, Leetta is known for maintaining her sense of humor throughout the recovery process. She has also been described as hard-working and very cooperative with her healthcare providers and caregivers. Furthermore, she has continued to approach her rehabilitation with high motivation, exemplifying the power of a positive mindset.

I am honored to help celebrate Leetta's impressive efforts and promising recovery, as I believe that her dedicated and positive attitude is something many of us can learn from as we attempt to overcome the hardships in our lives. Furthermore, I am happy to recognize Leetta for her perseverance, and I wish her the best as she continues on the road to full recovery.

BURMA NEEDS CHANGE FOR SANCTIONS RELIEF

HON. JOSEPH R. PITTS

OF PENNSYLVANIA

IN THE HOUSE OF REPRESENTATIVES Wednesday, September 14, 2016

Mr. PITTS. Mr. Speaker, the situation in Burma is still terrible for many of the people there, particularly the ethnic minorities. While the Administration is moving quickly to remove sanctions, our government should slow down and assess what real, sustainable change has actually occurred—many of the same people who were part of the dictatorship are still in power. While there have been some positive changes, ethnic minorities are still being brutally attacked by the Burma Army. Any assessment of Burma's steps toward democracy and human rights climate must take this into account.

I encourage my colleagues to read the message from Kristine Gould and Larry Dohrs of U.S. Campaign for Burma.

U.S. SHOULD MANDATE CHANGE IN EXCHANGE FOR SANCTIONS RELIEF

It is time for the United States to stop agonizing about economic sanctions against Burma. However, the answer is not simply to remove all sanctions, but to keep targeted sanctions in place while providing a constructive pathway forward to later eliminate those remaining as Burma continues its process of democratic reform.

While there has been significant progress toward such reform—particularly since the November 2015 elections that brought the National League for Democracy into power—it is not complete, and significant challenges must be overcome before a genuine, federal, democratic Union—as well as true peace—can be established.

The Obama administration started to restructure sanctions against Burma in May 2012, when it relaxed a prohibition on new investment, relieved stringent visa bans and allowed exportation of most financial services. In general, three classes of sanctions remain:

1. Export of financial services and provision of security services to individuals and organizations related to the Ministry of Defense, state and non-state armed groups, and businesses that are more than 50 percent owned by military organizations.

2. Import of jadeite and rubies or their finished products.

Investment and business dealings with individuals and organizations identified as Specially Designated Nationals and Blocked Persons, commonly referred to as the SDN list.

Armed conflict between Burma's defense services and the country's ethnic armed organizations continues. Even during the recently convened 21st Century Panglong Conference, the government and the Burma Army refused to issue a temporary ceasefire, and battles raged on in Kachin and northern Shan states while stakeholders discussed peace in Naypyidaw.

Exploitation of natural resources continues, with both private individuals and elements of the armed forces profiting significantly from the unrestricted exportation of jade and other natural resources. The military-drafted 2008 Constitution gives the Burma Army significant political power, regardless of the 2015 election results and its clear message from voters that the armed forces should step aside from politics.

Perhaps most significantly, human rights violations by the armed forces and security services organizations continue unabated. Until these issues and challenges are resolved, the United States should keep targeted sanctions in place, as most recently reaffirmed by the U.S. Congress in May 2016.

Just last month, a Union Solidarity and Development Party (USDP) parliamentarian proposed that Burma's government should attempt to pressure the United States to lift sanctions. The USDP was formed in 2010 by elements of the former military junta, and it ruled the country under former President U Thein Sein from March 2011 to March 2016.

While the proposal was defeated by a vote of 219 to 151, its discussion by lawmakers indicates the importance and value of lifting sanctions. The key here is not to offer blanket relief but to establish a clear pathway forward to eliminate sanctions tied to reform objectives:

1. As long as the Burma Army continues its attacks on ethnic armies and human rights violations, the United States should continue restricting export of defense services, including sales of defense articles and military-to-military assistance.

The armed forces receive more than 20 percent of the country's annual budget, and control two enormous business conglomerates (the Myanmar Economic Corporation and the Union of Myanmar Economic Holdings), which are not accountable to the government. While these assets continue to support attacks against the people and perpetuate gross human rights abuses, the United States should not provide military equipment.

The United States has already initiated limited high-level military-to-military contacts focusing on the role of the nation's military forces under a democratic government, the terms of the Geneva Convention and the military's role in protecting its citizens.

This should continue, and the United States should relax funding restrictions that interfere with scheduling and executing these events. However, participation in International Military Education and Training, Joint Chiefs of Staff exercise programs, and other developmental programs must hinge on ending the country's armed conflict and developing a military force that is accountable to an elected civilian government.

2. The Tom Lantos Block Burma JADE Act of 2008 must stay in place until the government cleans up its jadeite and ruby mining practices. An October 2015 report by the London-based NGO Global Witness titled "Jade: Myanmar's Big State Secret" described a US\$31 billion jade industry controlled by a network of military elites, drug lords and crony companies.

Entire mountains in Kachin State housing some of the world's largest jade deposits have disappeared, with only minimal tax revenue and profits reaching Burma's citizens. Only after the government reforms this massive theft of natural resources should the United States consider the recension of the JADE Act.

3. The United States should review and update the SDN list, as there are individuals and organizations on this list that have demonstrated that they are committed to the reform process. This may prove challenging to the Office of Foreign Assets Control, as there is no definitive and prescriptive legal guidance for removing individuals and organizations from the SDN list.

However, there are individuals and organizations that continue to profit from their past relationships with the military junta, access to confiscated property, the questionable "ownership" of natural resources, or the narcotics trade, which significantly hampers economic reform and equitable distribution of profits from the country's natural resources. It is up to the United States to clean up its own administrative system and determine who needs to remain on the SDN list.

Advanced reporting on State Counselor Daw Aung San Suu Kyi's visit to the United States later this month already indicates that the United States is considering further easing or lifting of sanctions. Above all, the United States should ensure that it protects all of Burma's citizens in the ongoing reform process by mandating change in exchange for sanctions relief The United States should avoid a mere emotional gain associated with rewarding Daw Aung San Suu Kyi for incomplete reform.

PERSONAL EXPLANATION

HON. ADAM B. SCHIFF

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES Wednesday, September 14, 2016

Mr. SCHIFF. Mr. Speaker, I was unavoidably detained. Had I been present, I would have voted:

Roll Call Number 496: Yea.

Roll Call Number 497: Yea.

Roll Call Number 498: Nay.

Roll Call Number 499: Nay.

Roll Call Number 500: Nav.

HONORING TAMIKA CATCHINGS FOR HER ILLUSTRIOUS CAREER WITH THE INDIANA FEVER

HON. SUSAN W. BROOKS

OF INDIANA

IN THE HOUSE OF REPRESENTATIVES Wednesday, September 14, 2016

Mrs. BROOKS of Indiana. Mr. Speaker, I rise today to honor Tamika Catchings, an Indiana Basketball Hall of Famer and four-time Olympic gold medalist. Catchings is a 15-year veteran of WNBA's Indiana Fever, an inspirational leader in our Hoosier community, and a strong advocate for kids everywhere to achieve their dreams.

Tamika's athletic prowess debuted early, while in high school she completed the first ever quintuple-double which is 25 points, 18 rebounds, 11 assists, 10 steals, and 10 blocks in one game. This feat has only ever been performed twice. In college, Tamika played under the legendary Pat Summit for the University of Tennessee Lady Vols. During her time with the Lady Vols Tamika was named a

College National Champion and a four-time All American. Following college, she entered the WNBA draft where the Indiana Fever drafted her as their first-round pick.

It has been a pleasure to watch the WNBA's Indiana Fever grow from a fledgling team during my time on the Fever's Advisory Board to the flourishing program it is today. Tamika has spent her entire career with the Fever and she has certainly been a key driver of growth and success for the team. She led them to their first WNBA Championship in 2012, where she was named MVP. Tamika was the 2002 season's rookie of the year. She's a 10-time WNBA All-Star, a five-time WNBA Defensive Player of the Year, and a 2011 league MVP. WNBA fans placed her in the Top 15 WNBA players in history while her fellow players echoed these sentiments and elected her to serve as President of the WNBA Player Association for the 2012 season. As well as playing for Indiana's Fever, this summer Tamika competed in the 2016 Olympics and as a member of Team USA, earned her fourth Olympic gold medal. She truly is one of the greatest female basketball players of all time.

Tamika has been recognized not only as an exemplary player for the Fever, but as an invaluable contributor to women's basketball overall. She was recently selected to be the first woman to receive the National Civil Rights Museum Sports Legacy Award. The Women's Blue Chip Basketball League at their 10th Year Anniversary in 2015 awarded Tamika as a Trailblazer; she was one of ten female basa two-time Kim Perrot Sportsmanship Award winner.

Off the court, Tamika is passionate about helping others, especially young people. In her recently released autobiography, Catch a Star: Shining Through Adversity to Become a Champion. Tamika discusses her childhood struggles with bullying as well as her profound hearing loss. Through her determination to overcome these challenges, Tamika succeeded to change the course of her destiny through hard work and her love of basketball. Catch a Star is her story of triumph, and through her own journey Tamika recognized that she could make a difference in the lives of others. Twelve years ago, she founded the Catch the Stars Foundation, which aims to empower youth to achieve their dreams by promoting literacy, fitness, and mentoring. Catch the Stars Foundation works with youth throughout Indianapolis, specifically supporting and assisting under-served and low to moderate income communities throughout our city.

On behalf of all Hoosiers, I'd like to congratulate Tamika on her success on and off the court, and wish her and her new husband, Parnell, the best as she begins the next incredible chapter of her life.

HONORING THE LIFE OF WILLIAM "BILL" JOHN LYDEN

HON. TIM RYAN

OF OHIO

IN THE HOUSE OF REPRESENTATIVES Wednesday, September 14, 2016

Mr. RYAN of Ohio. Mr. Speaker, I rise today to honor the life of William "Bill" John Lyden, 86, who passed away on Wednesday, Aug. 17, 2016, at the Salem Regional Medical Center

Bill was born on Oct. 16, 1929, in Youngstown, Ohio. The son of the late William E. and Margaret Kane Lyden, Bill was a member of St. Jude Catholic Church in Columbiana and was a veteran of the U.S. Army, having served during the Korean War. He was a member of the Benjamin Firestone Post No. 290, American Legion and the Salem Elks No. 305. He began his career as a journeyman electrician LU 64 IBEW in 1954, and worked his way up to business manager by 1967. During this time, Bill also served as president of the Western Reserve Building Council from 1972 until his retirement in 1992. While working, he served his community by holding a position as trustee from 1975 to 1989 with Youngstown State University. He was an avid YSU fan and was proud to have served as chairman of the board from 1977 to 1978.

Bill enjoyed golfing and wintering in Florida. Mostly, he just enjoyed life. He is survived by his wife, Mary Ann Howells Lyden, whom he married on April 5, 1986; two daughters, Deborah Caracozza of Struthers and Kathleen Lyden of Sarasota, Fla.; a son, Terrence (Ťina) Lyden of Dublin, Ohio; a stepdaughter, Jennifer (Robert) Turner of Milford; a stepson, Robert (Patience) Gow of Frisco, Texas; and three brothers, John (Margaret) Lyden of Poland, Dennis (Norma) Lyden of Boardman, and Edward (Joyce Ramsey) Lyden of Boardman. Also surviving is Bill's former wife, Virginia Milisky Lyden of Poland; five grandchildren; two great-grandchildren; and six stepgrandchildren. He was preceded in death by a brother, Timothy Lyden in 1990.

Losses like these are never easy, but we can all take solace in the fact that Pat led a long and fulfilling life. He will live on in the memory of his beautiful family.

IN RECOGNITION OF CONSTITUTION DAY

HON. MIKE COFFMAN

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES Wednesday, September 14, 2016

Mr. COFFMAN. Mr. Speaker, I rise today in recognition of Constitution Day. Each year, we celebrate Constitution Day on September 17th, in honor of the signing of the document over two centuries ago on September 17, 1787. This holiday provides our nation with the opportunity to discuss, critically examine, and celebrate one of the most important documents in American history.

The strength of America lies in its people

The strength of America lies in its people and the establishment of laws by their fellow citizens. The United States Constitution serves as the foundation of our government and provides our people with the rule of law over tyranny and lawlessness. It is an inspiration that the founders of our great country were able to prescribe for our fledgling nation the principles and rules that continue to guide us and to be a beacon of democracy and freedom worldwide.

Honoring and celebrating this great document provides us with the opportunity to reflect and study an important piece of American history. Congress first established Constitution and Citizenship Day in 1952, and in 2007 the act was expanded to prescribe educational programs and lessons to all institutions which receive funding from the Department of Education