Forces remain in harm's way defending the United States against those who seek to threaten the United States. On the 15th anniversary of this tragic day, the thoughts of the people of the United States are with all of the victims of the events of September 11, 2001, and their families. September 11 will never, and should never, be just another day in the hearts and minds of all people of the United States.

Therefore, the Town of Granite Falls would like to recognize the observance of this important anniversary and encourages the observance of the moment of remembrance marking the moment in an appropriate manner.

I would like to submit a resolution passed by the Town of Granite Falls remembering the Anniversary of September 11th.

RESOLUTION

RECOGNIZING PATRIOT DAY, THE NATIONAL DAY OF SERVICE AND REMEMBRANCE, AND THE NA-TIONAL MOMENT OF REMEMBRANCE OF THE 15TH ANNIVERSARY OF SEPTEMBER 11TH

Whereas, the Town Council of the Town of Granite Falls expresses their support of the citizens of the United States coming together as a Nation and ceasing all work or other activity for a moment of remembrance beginning at 8:46 a.m. Eastern Daylight Time on September 11, 2016, in honor of the 15th anniversary of the terrorist attacks committed against the United States on September 11, 2001; and

Whereas, at 8:46 a.m., on September 11, 2001, hijacked American Airlines Flight 11 crashed into the upper portion of the North Tower of the World Trade Center in New York City, New York; and

Whereas, 17 minutes later, at 9:03 a.m., hijacked United Airlines Flight 175 crashed into the South Tower of the World Trade Center: and

Whereas, at 9:37 a.m., the west wall of the Pentagon was hit by hijacked American Airlines Flight 77, the impact of which caused immediate and catastrophic damage to the headquarters of the Department of Defense;

Whereas, at approximately 10:03 a.m., the passengers and crew of hijacked United Airlines Flight 93 acted heroically to retake control of the airplane and thwart the taking of additional American lives by crashing the airliner in Shanksville, Pennsylvania, and, in doing so, gave their lives to save countless others; and

Whereas, nearly 3,000 innocent civilians were killed in the heinous attacks of September 11, 2001; and

Whereas, tens of thousands of individuals narrowly escaped the attacks at the Pentagon and World Trade Center and, as witnesses to this tragedy, are forever changed;

Whereas, countless fire departments, police departments, first responders, governmental officials, workers, emergency medical personnel, and volunteers responded immediately and heroically to those horrific events; and

Whereas, the Fire Department of New York suffered 343 fatalities on September 11, 2001, the largest loss of life of any emergency response agency in United States history; and

Whereas, the Port Authority Police Department suffered 37 fatalities in the attacks, the largest loss of life of any police force in United States history in a single day; and

Whereas, the New York Police Department suffered 23 fatalities as a result of the terrorist attacks; and

Whereas, the impact of that day on public health continues through 2016, as nearly 90,000 people are at risk of or suffering from

negative health effects as a result of the events of September 11, 2001, including 14,000 workers and 2,400 community residents who are sick, and tens of thousands of others whose health is being monitored; and

Whereas, 15 years later, the people of the United States and people around the world continue to mourn the tremendous loss of innocent life on that fateful day; and

Whereas, 15 years later, thousands of men and women in the United States Armed Forces remain in harm's way defending the United States against those who seek to threaten the United States; and

Whereas, on the 15th anniversary of this tragic day, the thoughts of the people of the Town of Granite Falls are with all of the victims of the events of September 11, 2001 and their families; and

Whereas, the lives of Americans were changed forever on September 11, 2001, when events threatened the American way of life:

Whereas, September 11 will never, and should never, be just another day in the hearts and minds of all people of the United States: Now, therefore, be it Resolved that the Town Council of the

Town of Granite Falls:

(1) recognizes September 11, 2016, as a day of solemn commemoration of the events of September 11, 2001, and a day to come together as a Nation; and

(2) offers its deepest and most sincere condolences to the families, friends, and loved ones of the innocent victims of the September 11, 2001, terrorist attacks; and

(3) honors the heroic service, actions, and sacrifices of first responders, law enforcement personnel, State and local officials, volunteers, and countless others who aided the innocent victims of those attacks and, in doing so, bravely risked and often gave their own lives; and

(4) recognizes the valiant service, actions, and sacrifices of United States personnel, including members of the United States Armed Forces, the United States intelligence agencies, the United States diplomatic service, homeland security and law enforcement personnel, and their families, who have given so much, including their lives and well-being, to support the cause of freedom and defend the security of the United States; and

(5) reaffirms that the people of the Town of Granite Falls will never forget the challenges our country endured on and since September 11, 2001, and will work tirelessly to defeat those who attacked the United States: and be it further

Resolved that on the 15th anniversary of this tragic day in United States history the Town Council of the Town of Granite Falls requests that citizens observe a moment of remembrance on September 11, 2016, and be it further

Resolved that the Town Council of the Town of Granite Falls requests the observance of the moment of remembrance to last for 1 minute beginning at 8:46 a.m. Eastern Daylight Time by, to the maximum extent practicable ceasing all work or other activity; and marking the moment in an appropriate manner, including by ringing bells, blowing whistles, or sounding sirens.

THE CENTENNIAL OF THE CRE-ATION OF THE UNITED STATES INTERNATIONAL TRADE COMMIS-

HON. KEVIN BRADY

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES Tuesday, September 6, 2016

Mr. BRADY of Texas. Mr. Speaker, I rise today to commemorate the centennial of the creation of the United States International Trade Commission and to congratulate the Commission and its exceptional staff on their distinguished service.

One hundred years ago, Congress directed the President to establish what was then known as the United States Tariff Commission. Congress authorized the Commission to gather expert and impartial information on the 'administrative, fiscal, and industrial effects of U.S. customs laws" for the President and Congress. In 1974, Congress renamed the Commission as the U.S. International Trade Commission, through the Trade Act of 1974, and expanded its investigatory and quasi-judicial role.

Today, the nonpartisan independent Commission continues its invaluable work as mandated by Congress to administer U.S. trade remedy laws in a fair and objective manner and to provide Congress and the President with independent analysis and information concerning international trade, tariffs, and U.S. competitiveness.

We have depended on the Commission's commitment to excellence in performing these important functions and serving a vital role for Congress, the Executive Branch, and the American public. Therefore I ask my colleagues to join me in offering my sincerest thanks to the U.S. International Trade Commission and its staff for their commendable work over the last one hundred years. We look forward to continuing to rely on the professionalism, objectivity, and neutrality of this vitally important agency in providing us with independent and sound advice, which allows us to effectively carry out our Constitutional duties in establishing U.S. trade policy.

TRIBUTE TO BARB KNIFF-McCULLA

HON. DAVID YOUNG

OF IOWA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, September 6, 2016

Mr. YOUNG of Iowa. Mr. Speaker, I rise today to congratulate and recognize Barb Kniff-McCulla, owner and CEO of KLK Construction, Inc. for being named a 2016 Women of Influence honoree by the award-winning central Iowa publication, Business Record.

For 17 years, the Business Record has undertaken an exhaustive annual review to identify a standout group of women who have made a significant difference in business, civic and philanthropic endeavors throughout the Greater Des Moines Area. Ms. Kniff-McCulla has devoted her life to confronting challenges which many others might avoid. She has spent countless hours on various boards while blazing a trail for others to follow. She was selected for the chosen field of expertise, the lasting impact on the community, involvement with civic or non-profit organization and being seen as a role model because of her loftv achievements and high ethical standards.

Barb Kniff-McCulla has the determination and drive to be successful in anything she does, and her exemplary work with KLK Construction, a leader in cable placement within the utility construction market which serves a seven-state region. In all aspects of her life, Barb Kniff-McCulla is an example of hard work and service who makes lowans proud.

Mr. Speaker, it is a profound honor to represent leaders like Barb Kniff-McCulla in the United States Congress and it is with great pride that I recognize and applaud her for utilizing her talents to better both her community and the great state of lowa. I invite my colleagues in the House to join me in congratulating Barb Kniff-McCulla on receiving this esteemed designation, thanking those at Business Record for their great work, and wishing Ms. Kniff-McCulla a long and successful career.

"LIVING TO 100" ADVICE BY ARCHIE SCHIFF

HON. BARBARA COMSTOCK

OF VIRGINIA

IN THE HOUSE OF REPRESENTATIVES Tuesday, September 6, 2016

Mrs. COMSTOCK. Mr. Speaker, I recently had the honor of meeting Archie Schiff, a World War II veteran, in celebration of his 105th birthday this year. Archie attributes his health and longevity to a careful diet he only

105th birthday this year. Archie attributes his health and longevity to a careful diet he only strays from once a year—on his birthday. I am pleased to be able to share the following advice from Archie on how to stay healthy and active as you live past 100 years old:

BY ARCHIE SCHIFF, BORN JULY 22, 1911

This is what I do and what I recommend.

You are what you eat. You are what you think. I added that because your emotional health is also important.

If you show anxiety, depression, worry or hate someone or something, your body immediately manufactures poison into your system. The big word here is 'adjust'. You must adjust your life to whatever life throws at you

Many persons ask me what is the secret of your long life. First, cultivate a happy disposition.

This is my diet. Eat anything that grows on a tree, a vine or a plant or anything from the earth. Nature is the healer. Everything you eat or drink has a chemical in it, except fruit, vegetables, fish or nuts. Read your labels and the ingredients. I actually saw some food items containing red number three, yellow number five, and blue number 40. Put them back on the shelf, as it is my belief that they cause cancer.

For breakfast, take your pick: a peach, plum, pear, apple or orange. I eat apples, an egg or two, however you want to cook it, 11 or 12 grapes, prunes, and a banana. Drink two or more liquids. I use a green tea bag three times a day. Coffee and hot chocolate aren't too bad, if drunk moderately. Include oatmeal once or twice daily. Also include blueberries and strawberries three times daily, and 11 or 12 grapes three times daily, and use garlic and onions in what you cook or in a salad.

For lunch broccoli, cauliflower and/or cabbage may help prevent cancer. Add to that spinach, red beets, beans, coleslaw, cucumbers, watermelon, olives, chicken salad or strips, turkey squares, onions, garlic, sweet potatoes, celery, carrots, radishes, walnuts, pecans, almonds and pineapple.

For dinner: salmon or sardines; add a little lemon juice on that. Also, you can have peanut butter on a slice of rye bread. Plus all the fruit you like. No cookies, no cakes, no pies, no ice cream. No sweets or sugary items at all, only on your birthday.

Do not consume breads or meats, including pork, sausage, bologna or other delicatessen meats. Store-bought bread made without additives or homemade bread is allowable though.

Do some type of physical activity daily, even if it is only standing or walking.

IRAN ACCOUNTABILITY ACT OF $2016\,$

SPEECH OF

HON. KEITH ELLISON

OF MINNESOTA

IN THE HOUSE OF REPRESENTATIVES

Thursday, July 14, 2016

Mr. ELLISON. Mr. Speaker, I strongly oppose the Iran Accountability Act of 2016 (H.R. 5631). Unfortunately, I could not be in DC to vote against the bill as I was home in Minneapolis for the funeral of Philando Castile.

The Iran Accountability Act of 2016 undermines the ability of the United States to comply with the Joint Comprehensive Plan of Action (JCPOA), also known as the Iran nuclear deal. The bill uses non-nuclear reasons to reimpose certain secondary economic and financial sanctions lifted on the JCPOA's implementation day and could require the President to impose new nuclear-related sanctions on Iran. Thus, if implemented, the bill would prevent the Administration from implementing a number of its commitments outlined in the JCPOA.

If the Iran Accountability Act of 2016 were to become law, both our partners and Iran would question our commitment to the nuclear deal. The provisions contained within this bill could even open a path for Iran to restart its nuclear program. This would not only put the nuclear deal at risk, but also undermine our national security interests and significantly damage U.S. credibility and leadership abroad.

The JCPOA is a historic diplomatic achievement worth protecting. So far, Iran has complied with the deal. Without resorting to violence, it has constrained Iran's nuclear program, led to the dismantlement of key components of the program, and subjected Iran's program to unprecedented verification and monitoring requirements.

Simply put, the JCPOA ensures that Iran's nuclear program is and continues to be peaceful. We must not jeopardize this achievement by backtracking on our commitments. Therefore, I oppose this bill.

HONORING THE LAKE COUNTY CHILDREN'S ADVOCACY CENTER AND THE OPENING OF THEIR HEALING GARDEN

HON. ROBERT J. DOLD

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

Tuesday, September 6, 2016

Mr. DOLD. Mr. Speaker, I rise today to honor the Lake County Children's Advocacy Center and the groundbreaking ceremony of their new Healing Garden. Since its opening in 1987, the Lake County Children's Advocacy Center's mission has been to provide a protective environment for child victims of abuse. In addition to sensitively approaching these victims in a respectful, thoughtful manner and helping them to recover from their traumas, the Center investigates and prosecutes their

abusers in partnership with the Lake County State's Attorney's Office and local Lake County police departments.

One of the most effective services the Children's Advocacy Center offers is the opportunity for the victims to interact with their veteran comfort dog, Mitchell, who gives them compassion and solace throughout their entire recovery process. The Healing Garden is another creative initiative by the Children's Advocacy Center that will aid children and their families throughout the healing process by creating a safe place to interact and reflect, as well as gain strength and hope for the future. The Garden is assured to be a cornerstone of healing at a Center that facilitates that precious help for so many of the hurting children in our community.

IN MEMORY OF THE LATE CONGRESSMAN MARK TAKAI

HON. BARBARA LEE

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, September 6, 2016

Ms. LEE. Mr. Speaker, I want to thank Congresswoman TULSI GABBARD and CAPAC Chairwoman JUDY CHU for their leadership in organizing today's tribute to the late Congressman Mark Takai.

I rise with my colleagues to honor the memory of a great man and a wonderful colleague.

I also want to express my deepest condolences to his wife and two children—thank you for sharing Mark with all of us.

Mark was everything a public servant should be. He was a steward of our planet, and a fierce advocate for service members, as well as the people of Hawaii.

He served his country in the Hawaii Army National Guard, where he obtained the rank of lieutenant colonel. Mark also served 20 years in the Hawaii House of Representatives before his election to the U.S. House of Representatives

While we didn't serve together long enough, it was truly an honor to work with him. I saw how much Mark loved his community by how tirelessly he worked every day—particularly as he advocated for the Asian American, Native Hawaiian, and Pacific Islander communities.

Thank you, Mark, for your service. You will be missed. Mahalo.

10TH ANNUAL LEIMERT PARK VILLAGE BOOK FAIR

HON. KAREN BASS

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, September 6, 2016

Ms. BASS. Mr. Speaker, I would like to congratulate an important institution in Los Angeles, which this year celebrates its tenth anniversary: the Leimert Park Village Book Fair.

Now making its home at the Baldwin Hills Crenshaw Plaza in the heart of my district, the fair expects to bring together thousands of book lovers, families, and fans with both wellknown and emerging authors to celebrate the written word.

I congratulate Cynthia Exum, founder and executive producer, who conceived of this