

years. This is over \$7.5 trillion in debt our nation, our economy, and our children could have avoided with a balanced budget amendment.

IN RECOGNITION OF THE  
MALNUTRITION EPIDEMIC

**HON. NORMA J. TORRES**

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, September 29, 2015*

Mrs. TORRES. Mr. Speaker, I rise today to recognize an important, but often unnoticed, epidemic in our country and to voice my support for the fight to end it. Malnutrition negatively impacts the lives of millions of Americans who do not have adequate access to nutritious food. While the symptoms can vary from hunger to obesity, one thing has become incredibly clear—malnutrition disproportionately affects senior citizens and people of color. All throughout the United States, the problem negatively impacts the livelihood of families and takes a toll on the nation's healthcare costs.

One of the contributing factors to malnutrition in the United States is poverty and lack of access to healthy foods. According to the 2014 Census, there are 46.7 million people living in poverty in our country. The lack of financial resources means that families often have to rely on cheaper foods with artificial ingredients. These foods are frequently high in caloric intake and do not possess the necessary nutritious properties to make up a healthy diet. Many health side effects, such as obesity, come as a result of this.

Just as troubling is the existence of food deserts in the nation, which are defined as an area of land where residences have limited access to affordable and nutritious food. According to the United States Department of Agriculture, at least one food desert exists in every state in the nation. Millions of Americans often go hungry or rely on unhealthy food simply because they do not have the means to get to a grocery store near their home. This is an unacceptable problem, particularly considering that food deserts are most prevalent in poor, urban localities that are home to many minorities. In order to address the growing malnutrition epidemic in our country, we must encourage investments in our neighborhoods to make sure that everyone has easy access to nutritious foods.

Additionally, malnutrition impacts the healthcare systems in so many of our communities. Recent studies have shown that one in three patients arrive at hospitals malnourished. Patients with malnutrition have been known to be more likely to suffer longer hospital stays, have slower healing, and be at greater risk for re-hospitalizations and complications. Another study found that the economic burden of disease-associated malnutrition in the U.S. to be an estimated \$156.7 billion per year—and for those aged 65 and older, it is estimated to be \$51.3 billion per year. These numbers make clear that nutritional status deserves more attention.

A critical ingredient often lacking in malnutrition care today is engagement by the broader healthcare establishment. While healthcare

providers are beginning to utilize standardized malnutrition screening, assessment, and appropriate interventions for older adults, more development in these areas are vital to leading healthier lives and saving on healthcare costs. We cannot afford to ignore such low-cost solutions.

Focus on malnutrition care will help yield transformative policies for patient-centered medical care and make a meaningful difference in the lives of our nation's older adults. September 28 to October 2 has been designated as Malnutrition Awareness Week. Let us use this time as a call to action to increase awareness and find solutions that better support the healthy aging of all citizens across our communities.

HONORING RAMONA PRIETO

**HON. JOHN GARAMENDI**

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, September 29, 2015*

Mr. GARAMENDI. Mr. Speaker, I rise today to recognize the work of Ramona Prieto, a Peace Officer, Public Servant, Role Model, and one of my district's 2015 Woman of the year.

Whereas, on the Twenty-Second Day of September, of the Year Two Thousand and Fifteen, Ramona Prieto was recognized as a 2015 Woman of the year.

Whereas, Assistant Commissioner (Ret.) of the California Highway Patrol, Commissioner Prieto has led by example, rising through the ranks to make a visible and lasting impact over her 38-year career of public service. Assignments took her up and down the state from Los Angeles to the Yuba-Sutter area where eventually she became the highest-ranking woman in CHP history as Assistant Chief and Deputy Commissioner.

Whereas, fresh out of the CHP Academy, Prieto was assigned to Central L.A. and made agency history in 1980 when she became the first female motorcycle officer. In 1986, Prieto was assigned to oversee special projects at the academy. In 1990, she was promoted to Sergeant and subsequently to Lieutenant, Captain, Deputy Chief, Assistant Commissioner and finally Deputy Commissioner—the post she retired from earlier this year.

Whereas, Commissioner Prieto's leadership is characterized by a warm, outgoing nature coupled with the highest standards of integrity and professionalism. She has encouraged others and promoted transparency in agency operations. Thanks to her high level of leadership, more women have been hired into the CHP including her youngest daughter who has followed in her footsteps and entered into law enforcement.

Whereas, while Prieto has earned degrees in public administration and leadership, her family and husband, Ed are a top priority. She is ever mindful of setting good examples for their daughters to work hard, be goal-oriented and always strive to make things better.

*Resolved*, That I Congressman JOHN GARAMENDI of California's Third Congressional District, do hereby recognize and celebrate the accomplishments of Ramona Prieto.

RECOGNIZING WORLD WAR II  
VETERAN EDWARD (ED) L. TURLO

**HON. STEVE STIVERS**

OF OHIO

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, September 29, 2015*

Mr. STIVERS. Mr. Speaker, I rise today to recognize World War II veteran Edward (Ed) L. Turlo, who passed away on September 25, 2015 at the age of 92.

Ed was born in Chicago, IL on July 13, 1923. He joined the Army after graduating high school, entering as the highest rank a civilian could join the military. He became a member of the 79th Infantry Division in the Army and was sent to fight on the D-Day invasion at Utah Beach in France. After D-Day, he began volunteering for the United National Relief and Rehabilitation Agency (UNRRA), which helped displaced citizens find their country representatives. While Ed was stationed in Germany, he met his wife Lydia, whom he married after the war.

Ed and Lydia returned to the United States after getting married, and he started college at Miami University in Florida. He earned his 4-year degree in 2½ years and was soon hired by Western Electric in Chicago, Illinois. While in Chicago, he continued his education at Northwestern University and earned a Master of Business Administration degree.

His involvement in charitable work throughout his life had a focus on inner city youth. In Chicago, Ed was involved in the Hawthorne Club, where he frequently took underprivileged children to baseball games and delivered toys and clothes to needy children. He even spent time as a member of the Board of Directors of the Hawthorne Club.

In 1962, Ed and Lydia moved to Columbus, Ohio where they began a family. In Ohio, Ed served as the senior vice commander and on the Honor Guard unit for the VFW Post #2398. He also continued his charitable work by serving at the local food pantry and taking students from the Ohio School for the Blind to the circus. In 2011, Ed was inducted into the Ohio Veterans Hall of Fame.

Ed Turlo served our country bravely in World War II and remained committed to service after the war. Hundreds of youth were positively impacted by his work throughout his lifetime. His commitment to service should serve as an example for us all.

PERSONAL EXPLANATION

**HON. JOHN CONYERS, JR.**

OF MICHIGAN

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, September 29, 2015*

Mr. CONYERS. Mr. Speaker, due to the fact that I was unavoidably detained on September 28, 2015, I missed the rollcall vote on House Bill 2835, the Border Jobs for Veterans Act of 2015. Had I been present on rollcall vote No. 519, I would have voted YEA.

RECOGNIZING MALNUTRITION  
AWARENESS WEEK

**HON. JOYCE BEATTY**

OF OHIO

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, September 29, 2015*

Mrs. BEATTY. Mr. Speaker, this week, September 28, 2015 through October 2nd, has been designated as Malnutrition Awareness Week.

Malnutrition is a problem for millions of Americans nationwide, including in my home state of Ohio, and is often ignored in the deliverance of healthcare.

We should recognize this critical, yet often unseen epidemic in our country, and fight to eliminate it.

Hunger, obesity, and food insecurity all contribute to malnourishment in our country and disproportionately affects senior citizens and low-income families.

In fact, patients with malnutrition have been shown to potentially suffer longer hospital stays, have slower healing times, and be at greater risk for re-hospitalizations and complications.

Focusing on malnutrition care will help yield transformative policies for patient-centered medical care and make a meaningful difference in the lives of our nation's older adults.

Additionally, systematic malnutrition screenings, assessments, and appropriate interventions for older adults are often not ac-

cessible, but could be vital to leading healthier lives, and result in health care cost savings.

We cannot afford to ignore such low-cost solutions.

That is why I, along with Congresswoman MARCIA FUDGE, sent a letter to the Centers for Medicare and Medicaid Services (CMS) urging improved incorporation of nutrition into programs and improvement in patient care and outcomes.

This week, let's have a call to action to increase awareness and find solutions that better support the healthy aging of all senior citizens and the health of vulnerable families through focusing on eliminating malnutrition in our country.

Healthy citizens mean a healthy society, economy, and future of our country.

HONORING CHERIE STEPHENS

**HON. JOHN GARAMENDI**

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

*Tuesday, September 29, 2015*

Mr. GARAMENDI. Mr. Speaker, I rise today to recognize the work of Cherie Stephens a community volunteer and one of my district's 2015 Woman of the year.

Whereas, on the Twenty-Second Day of September, of the Year Two Thousand and Fifteen, Cherie Stephens was recognized as a 2015 Woman of the year.

Whereas, Founder and Chair of the Yuba City Walk for Alzheimer's, Cherie Stephens

has helped to raise more than \$68,000 since its inception in 2013 and is on a personal mission to raise an additional \$48,000 by the end of this year.

Whereas, as President of the Yuba City-Marysville Soroptimists, Cherie helped to expand and grow the Girls on the Run program with the goal to unleash confidence in young women while establishing a lifetime appreciation for health and fitness as tomorrow's leaders. Utilizing last Fall's fundraising dollars, Soroptimists recently completed a beautiful bathroom remodel at the Salvation Army Depot Family Crisis Center, a project intended to instill a sense of dignity and self-confidence for the women housed there.

Whereas, Cherie is co-owner of Stephens Farmhouse where in addition to baking pies, making jams, and tending to the storefront, she offers an educational program to local students called 'Kids in the Kitchen'. Cherie is a California Women in Agriculture Member and past member of several organizations including the CA State Fair Board, Prune Festival, St. Isidore's Parent Club, and Farm Day.

Whereas, despite the rigors of running and growing a successful business, Cherie manages to balance marriage, family, community service, and philanthropy with exceptionally good humor. She is a living example of what is possible for us all.

*Resolved*, That I Congressman JOHN GARAMENDI of California's Third Congressional District, do hereby recognize and celebrate the accomplishments of Cherie Stephens.