

the Disabled American Veterans (DAV). He has held leadership positions in all three organizations and, at present, he is a member of the executive board and legislative officer for the local chapter of the DAV. He also volunteers at the VA Medical Center and runs the Bingo event once a month at the VA nursing home in Lake Nona.

I am happy to recognize Eduardo Posada, during Hispanic Heritage Month, for his service to our country and the Central Florida community.

OUR UNCONSCIONABLE NATIONAL DEBT

HON. MIKE COFFMAN

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Wednesday, November 12, 2014

Mr. COFFMAN. Mr. Speaker, on January 20, 2009, the day President Obama took office, the national debt was \$10,626,877,048,913.08.

Today, it is \$17,937,617,036,693.09. We've added \$7,310,739,987,780.01 to our debt in 5 years. This is over \$7.3 trillion in debt our nation, our economy, and our children could have avoided with a balanced budget amendment.

BERGEN 350TH ANNIVERSARY GALA

HON. BILL PASCRELL, JR.

OF NEW JERSEY

IN THE HOUSE OF REPRESENTATIVES

Wednesday, November 12, 2014

Mr. PASCRELL. Mr. Speaker, I would like to bring to your attention the outstanding achievement of the 350th anniversary of New Jersey's statehood. Furthermore, I am proud to celebrate the historic tradition of Bergen County and its many important contributions to the history of New Jersey as part of the Bergen 350 Gala. As one of the first four original counties of New Jersey, I have the honor of being its Representative in the U.S. Congress.

Founded by Dutch settlers in the 17th century, the area of Bergen County was settled as part of the New Netherlands, the 17th century North American colonial province of the Dutch Republic. In 1683, Bergen County received official recognition as an independent county by New Jersey's provincial assembly.

It is clear that Bergen County has played a crucial role in shaping the proud history of the Garden State.

In the Revolutionary War, Bergen County demonstrated its commitment to American independence. In fact, Fort Lee served as a key strategic asset to General Washington and his army.

In the Civil War, Company K of the 22nd Volunteer Infantry Regiment trained at the Civil War Drill Hall Theatre, which still stands in Leonia today. In World War I, Bergen County made use of innovative agricultural knowledge to support the war effort, canning fruits and vegetables and sending them to where they were needed.

After the nation fell into the Great Depression, Bergen County hosted numerous Work Projects Administration projects like the murals

that decorate the County Courthouse in Hackensack. At the onset of World War II, Bergen County once again demonstrated its commitment to the nation, with more than 26,000 of its residents enlisting to serve.

In the Civil Rights Era, Teaneck became one of the earliest towns to voluntarily integrate its public schools by busing, doing so in 1964.

I am truly honored to represent Bergen County as part of New Jersey's 9th Congressional District in the United States Congress. As such, I was proud to cosponsor H. Res. 624, to honor the 350th anniversary of the founding of New Jersey and recognize the valuable contributions of people of the Garden State.

As we move forward, I would like to recognize the Bergen County Historical Society and the Bergen 350 Gala on October 15th, 2014 to commemorate the role of Bergen County in light of the state of New Jersey's 350th Anniversary.

Mr. Speaker, I ask that you join me, our colleagues, and the state of New Jersey in recognizing the historic contributions of Bergen County in honor of the 350th anniversary of New Jersey's statehood.

CONGRATULATING COACH JOHN GILLEN

HON. TIM RYAN

OF OHIO

IN THE HOUSE OF REPRESENTATIVES

Wednesday, November 12, 2014

Mr. RYAN of Ohio. Mr. Speaker, I rise today to congratulate my former coach and dear friend, Mr. John Gillen, for his over 50 years of incredible work at my alma mater, John F. Kennedy High School. His titles were athletic director, coach, and teacher, but those were just labels. Coach Gillen was a role model for me and many other student athletes. He was fair, dedicated, and had a great sense of humor. But most importantly he was able to give us the tough love that was so often needed to instill discipline and resiliency. He would spend countless hours at our school and would ask for so little in return. His joy and fulfillment comes from shaping the minds and spirits of the young people at our school.

I will never forget watching daily as a high school student Mr. G quietly stepping into the school chapel. He took time to pray, meditate, and to thank God for all of his blessings. That stuck with me as I walked my own personal spiritual journey. I have him to thank for, through his modeling and leadership the encouragement to pursue my own personal journey. For that I will be forever grateful as it is the best gift he could have given to me. I treasure my experiences on and off the field with Coach Gillen. He represents the best of Kennedy High School and the best example of what it means to be a practicing Catholic. If those who know him could measure up to be half the person he is we would vastly improve our schools, our community, and our nation in countless ways.

I would like to also submit the following article that appeared in the Tribune Chronicle on August 9, 2014 in his honor.

STILL GOING STRONG GILLEN A LEGEND IN KENNEDY HISTORY

WARREN.—John Gillen likes to keep things simple and understated. Nothing displays

that more than the tiny office Gillen occupies as the Athletic Director at John F. Kennedy High School. Tucked in behind the ticket office next to the gymnasium that's named after him, the work space can best be described as a cubicle. With a desk, chair and some filing cabinets in place, there's no more than 50 square feet of walking space. To get a view of the outside world, Gillen has to step from the office and peek through the ticket office towards a set of doors. To some it might seem a bit claustrophobic, but to Gillen it's served with the comfort a tree house would to a young boy for decades.

John F. Kennedy athletic director John Gillen is shown in his office at the high school. Gillen has been AD since 1971 and was a part of the first staff when Kennedy opened its doors in 1964. "I never wanted to move," Gillen said as he took a break from work on a late July day. "They asked me if I wanted to move down close to the main offices. I like it here. It would probably make a great bomb shelter if we ever get attacked; or a hurricane or earthquake; this would be the place to come." Gillen moved to the office from a nearby work space that was even smaller. To the best of his recollection, he's been in the current office about 35 years, which was about seven years into what is now his 42nd year as athletic director.

It probably seems like only yesterday to Gillen, who is living proof that the love of work and an active mind can keep a person young at heart. Gillen doesn't show much of his 81 years other than the usual gray hair and perhaps slower walk that are inevitable with the aging process. His mind is sharp, which it has to be to deal with the demands of a job that can be thankless and rewarding at the same time. How he does it when most people his age have given in to retirement or infirmity is remarkable. The phone calls from parents upset about a child's lack of playing time. The constant demands of scheduling at a time when it's become impossible to find an area conference willing to extend JFK an invitation to the club. The secret for Gillen is to keep physically active and tap into the energy of those around him, including his wife Gloria, and an unwavering faith in God. It starts with a workout with light weights every morning. "Dealing with the kids," Gillen said. "They keep you young. They'll keep you on your toes, I'll tell you."

Another key to Gillen's longevity is his humility and the accommodating manner in which he's treated those he's worked with all these years. Ask any JFK coach that's had dealings with Gillen, and you won't find one that will say a bad word about him. "John is a very calm, easy-going guy," said Dennis Zolciak, who coached the Eagles' football team from 1977-90. "The thing is his heart is totally into the school. He wants what's best for the school." There are generally two types of athletic directors—ones that want control of everything, including calling a few plays, and ones that take a back seat and try to make life as easy as possible for the coaches. Gillen fits the latter category to the max, always being careful to meet the demands of every coach, even if he might not agree with all the requests. "He couldn't do enough for you, and then some," said Tony Napolet, the football coach from 1970-72 and 1991-2010.

Few people know Gillen better than Napolet, whom Gillen coached in football at St. Mary's Junior High School more than 60 years ago. The two are as much a part of the athletic fabric at JFK as any person ever associated with the school. "He's the best part of that place," Napolet said. "He's been there 50 years. Since before they opened. He loves it. That place is his life." Gillen was raised here and graduated from St. Mary's

High School in 1950. He coached basketball and served as the school's athletic director before moving to JFK High School when it opened in 1964. He taught and coached before replacing Jim McQuaide as athletic director in 1972. Gillen has worked closely with each of JFK's six football coaches prior to this season. From George Landis in 1964 to McQuaide (1965-69), followed by Napolet, Gene Nara (1973-76), Zolciak, Napolet again and Dave Pappada (2011-12). He's begun working this year with first-year coach Jeff Bayuk. Add the coaches of other sports, boys and girls, and you can begin to understand how many lives Gillen has touched.

"When the bricks for the school came together, John was there," said Dennis Jasinski, basketball coach from 1978-89. "He's a solid part of the whole thing. We always got along. He was a pleasure to work with. He's a gentleman and a friend." Jasinski recalls a time when Gillen was set to scout a future basketball opponent but at the last minute had to cancel. Jasinski assumed the task of driving to Akron, which led to a surprising moment when he settled into his seat to begin taking notes. "I went with an assistant coach and a minute before the game started, who comes walking in? I said, 'John, I thought you couldn't scout,'" Jasinski said. "He said, 'I told my wife I was going out for a loaf of bread.' That's the type of guy he was. He was always willing to help." Gillen doesn't like to talk about himself. He's more comfortable in the back-ground, where he can let others accept the laurels of victory. He allows himself a moment of boastful pride when pointing out that each of his four sons—John, Brian, the late Tom and Jim—played on JFK football teams that made the playoffs. Brian and Tom were on the 1991 team that won the only state championship in school history. All Gillen needs these days to remain happy is morning exercise, daily prayer, the love of friends and family and a cozy seat in his tiny office. The one that sits a few strides from the gymnasium that bears his name.

It will seem strange when the day arrives that Gillen is no longer the athletic director. Life will go on, but not quite the same. "You're only one part in a machine," Zolciak said. "I've seen guys go, and the wheels keep turning. The great thing about John is he's healthy, he can do things, and he's glad he can do it. When the day comes and he leaves, the place will keep on going. I think he's left a great legacy there." Retirement can be a lonely place for those that thrived on work for lengthy periods of time. Some don't handle it well but find a way to cope. Others give in to time and fade away quickly. Gillen has no fears when he contemplates retirement.

"A gentleman told me at one time, and I'll never forget it," he said. "When you retire, you know what you're retiring from, but do you know what you're retiring to? I've thought about that often. What would I do after I retire?" Exactly how will Gillen live life when that day arrives? "I won't lay on the couch; I know that," he said.

TRIBUTE TO KEN SHAW

HON. SHELLEY MOORE CAPITO

OF WEST VIRGINIA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, November 12, 2014

Ms. CAPITO. Mr. Speaker, I rise today to recognize Colonel Kenneth "Ken" Alden Shaw (Ret.) who passed away Oct. 19, 2014 following a long battle with Parkinson's disease. He was 80 years old and will be missed by

many who he touched through his various professional, military and civic affiliations throughout his life.

Ken was a native of my hometown, Charleston and graduated from Stonewall Jackson High School. He earned a Bachelor of Science in chemical engineering from Kansas State University in 1957. Following graduation, Ken moved to Ravenswood and was employed by Kaiser Aluminum as a chemical engineer. Ken worked for Kaiser for 28 years, including his role as Carbon Plant Superintendent with his final post as Environmental Services Superintendent. In this role, he managed the air, water, solid and hazardous waste environmental systems and procedures at the aluminum plant. In 1976, Ken also served as Carbon Plant Superintendent for the Kaiser Aluminum Smelter in Ghana, Africa.

Ken had a long and distinguished military career in the West Virginia Army National Guard. He served in various line, staff and command positions with the Engineer Units of the State, which included Battalion Commander of the 1092nd Engineer Battalion. He further served as the Operations Officer and Commander of the 111th Engineer Group. In 1963 he completed flight training, becoming a fixed wing, rotary wing and instrument qualified pilot. He served on continuous flight status until 1980 and was awarded the Master Aviator badge. Colonel Shaw's military training included 34 specialty schools, including the Industrial College of the Armed Forces at Fort McNair in Washington, D.C., and the U.S. Army Command and General Staff College. Colonel Shaw was placed on active duty in 1986 and appointed the United States Property and Fiscal Officer for West Virginia in Buckhannon.

Ken was an active member of the community and held positions on many organizations in Jackson County, as well as national organizations such as Rotary International, Toastmasters International and Alpha Tau Omega fraternity. Ken was a longtime member of Our Savior Lutheran Church in Ravenswood.

Ken is survived by his wife, Gayle Twigger-Shaw; his sisters, Katherine Bowns of Tampa, Fla., and Nancy Burns of Ashville, N.C.; his children: daughters, Janie Frist (Moe) of Morgantown, Juli Seaman (Steve) of Leesburg, Va., and Carolyn Yost (Brian) of Clarksburg; and sons, Jim Spano (Beverly) of Ravenswood, Joe Spano (Donna) of Charleston and Mike Twigger of Charleston. Ken had six grandchildren, Joseph Spano Jr., Samantha Spano, Jessica Spano, Ian Frist, Jillian Frist and Hunter Yost.

Mr. Speaker, the State of West Virginia, our communities, and indeed, the United States of America owe Colonel Shaw a debt of gratitude for his many years of distinguished service in his professional, military and personal life. I am honored to have known him and call him a fellow West Virginian.

RECOGNIZING MR. ALEX GORSKY

HON. MICHAEL G. FITZPATRICK

OF PENNSYLVANIA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, November 12, 2014

Mr. FITZPATRICK. Mr. Speaker, today I would like to recognize Mr. Alex Gorsky for his dedication and leadership to CADCA, Commu-

nity Anti-Drug Coalitions of America. CADCA has honored Mr. Gorsky with the Humanitarian of the Year Award for his advocacy on behalf of CADCA's Drug-Free Kids Campaign.

Mr. Gorsky's efforts with CADCA have had a profound impact on drug abuse prevention efforts in my district. Bucks Promise for Youth and Communities is comprised of a number of Drug Free Communities whose outstanding work to combat the rise of teen drug abuse in our community was recognized last year by CADCA. One of the success stories from the district is the Prescription Drug Take Back Program which has captured more than 19 tons of unused medication since the program began just 4 years ago. The potential for these drugs to harm, addict, and take lives has been extinguished due to the vision and commitment of individuals like Alex Gorsky.

On behalf of the constituents of the Pennsylvania's 8th Congressional District, I would like to express my sincerest gratitude and appreciation to Alex for his unrelenting support for CADCA's mission—building safe, healthy and drug-free communities around the country and in my home state of Pennsylvania.

RECOGNIZING THE CONTRIBUTIONS OF KENNETH D. MCCLINTOCK

HON. ALAN GRAYSON

OF FLORIDA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, November 12, 2014

Mr. GRAYSON. Mr. Speaker, I rise today, in honor of Hispanic Heritage Month, to recognize Kenneth D. McClintock. McClintock served as the 22nd Secretary of State of the Commonwealth of Puerto Rico. As Secretary of State, he fulfilled two roles, serving as the head of Puerto Rico's Department of State and, perhaps even more important, serving as lieutenant governor. McClintock also served as Acting Governor whenever the Governor was away from Puerto Rico.

As Secretary of State, he digitalized his department, reducing backlogs and speeding up services, in spite of having lost 60 percent of his employees through early retirements, attrition and involuntary layoffs triggered by the fiscal crisis of 2008 to 2009. Governor Fortuño delegated multiple additional responsibilities to McClintock, such as chairing the Advisory Council on Government Reform and Reorganization. McClintock's government reorganization plans resulted in the streamlining of government services and agencies, the creation of new agencies, such as the Financial Education Institute, and multi-million dollar savings.

McClintock capped a 16-year career as a member of the Puerto Rico Senate, serving as the 13th President of the Senate of Puerto Rico from 2005 to 2009. He also served as the youngest and the first Hispanic chairman of the nationwide Council of State Governments in 1999. In 2000, McClintock served as the second president of the hemispheric-wide Parliamentary Conference of the Americas (COPA).

McClintock is the author of Puerto Rico's Telecommunications Reform Law of 1996 as well as over 100 other laws.

McClintock is an adjunct professor of US Government and Government Management at