like Katherine don't have to worry about losing critical coverage for their families.

KEEP THE PROMISE, MR. PRESIDENT

(Mr. JOHNSON of Ohio asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. JOHNSON of Ohio. Mr. Speaker, since 2010, President Obama has touted his well-known phrase: If you like your health care plan, you will be able to keep your health care plan.

The past few weeks have made it very clear that President Obama has

failed to keep that promise.

According to the Associated Press, 3.5 million people have already seen their health plans canceled. Constituents from all over eastern and southeastern Ohio have been contacting my office, notifying me of skyrocketing premiums and canceled health plans.

Take, for instance, Cathy, from my hometown of Marietta, Ohio. Here is the letter she received. She was notified that her plan is not in compliance under the requirements of the ACA and that it would, instead, be rolled over into a better plan. It turns out that the "better" plan increases her premiums from \$670 a month to \$1,600 a month—more than double.

Skyrocketing premiums, canceled plans and a complete takeover of health care do not make health care affordable. The President should keep his promise to the American people, let Congress work to fix this problem and support the Keep Your Health Plan Act.

OBAMACARE

(Mr. SMITH of Nebraska asked and was given permission to address the House for 1 minute.)

Mr. SMITH of Nebraska. Mr. Speaker, I rise today to highlight the impact of the current health care situation of the millions of Americans who are losing their health care coverage, including many in Nebraska's Third District.

Pam Weldin, a self-employed small business woman from Minatare, Nebraska, has a preexisting condition. She has had affordable health insurance coverage which meets her needs, but she just received this letter which explains her current plan will no longer be offered. Pam told me she had great coverage before, which obviously included coverage of her preexisting condition. She has since tried to see what is available through healthcare.gov and the 800 number as well, but has been unsuccessful. As of January 1, she will lose the coverage that she likes.

Like Pam, millions of Americans are learning they are losing their health care plans they were told they could keep. I have heard from many other Nebraskans who are losing their insurance or whose rates have increased so much they cannot afford to keep the plans they currently have.

This is not what the American people want, and both sides need to work together to make this right. I encourage all of my colleagues to support the Keep Your Health Plan Act.

OBAMACARE

(Mr. MARINO asked and was given permission to address the House for 1 minute.)

Mr. MARINO. Mr. Speaker, the President continues to unilaterally implement these politically motivated, piece-by-piece, so-called "fixes," but this law is broken, and it is hurting millions and millions of Americans.

Every day, I hear from more of my constituents who have had their coverage canceled and who have seen their premiums increase. I recently heard from a woman from my hometown of Williamsport, Pennsylvania, who is going to have a baby early next year. She will lose her health care coverage on January 1.

I received a copy of a document from a constituent of mine, Paul from Lackawanna County. It is a notice from the insurance company.

It reads:

It's important that you know that Federal health care reform will require many changes to health insurance plans beginning in 2014. As a result, as of December 31, 2013, the Special Care health insurance plan you have will no longer be offered.

We need to repeal the Affordable Care Act and replace it with health care reform that actually lowers costs and increases access to quality health care.

The President has an obligation to keep his promise. Going back on one's word sets a very poor example for our children, and that is the truth.

□ 1630

OBAMACARE

(Mr. FITZPATRICK asked and was given permission to address the House for 1 minute.)

Mr. FITZPATRICK. Mr. Speaker, the Affordable Care Act is more than a Web site. That is the comforting assurance President Obama is giving to the American people as the continuing train wreck of his law's implementation grinds on. The law is more than a Web site. Unfortunately, that means its flaws extend past the Web site as well. It is bad technology mixed with bad policy. Each day we hear more and more people losing plans they liked despite the President's promise they could keep them.

Recently, I spoke with Scott Randolph, a self-employed father of two in my district, who is feeling the harmful effects head-on. Scott received this notice in the mail that said his insurance plan, which he liked and which worked for him and his two sons, was going to be terminated and replaced with a similar plan at triple the cost. I think Scott said it best when he said:

The President guaranteed me, "If you like your plan, you can keep it." Well, the fact is, I can keep my plan; I just can't afford my plan now.

Mr. President, this is unacceptable. Period. Let's pass the Keep Your Health Plan Act and offer help to the millions of Americans hurt by this broken promise.

OBAMACARE

(Mr. GIBBS asked and was given permission to address the House for 1 minute.)

Mr. GIBBS. This week, Americans, the administration, along with the media, are starting to see the harmful effects of ObamaCare on our country.

Many Ohioans are experiencing sticker shock and are desperately worried if they will have coverage at all and if they will keep their doctor. A constituent recently told me that his hours were cut to part-time in order for his employer to keep the business running. A man from Canton, Ohio, called in and will see his premiums increase by 700 percent due to this harmful law. A single mother of two young boys from Ashland, Ohio, will not be able to afford the increase in price of her premium each month under ObamaCare. When she wrote in, she asked a great question:

If this is the Affordable Care Act, why can I no longer afford my health care insurance?

It seems as though my constituents have more common sense than those who wrote this devastating law.

I, along with my colleagues in the House, remain committed to protecting Americans from this law and ensuring that you are in charge of your health care decisions, not some bureaucrat here in Washington. Whether it is the doctor's office, the gas pump, the dinner table, or in the job market, Washington is standing in the way of hardworking Americans, and it is just not fair.

OBAMACARE

(Mr. LaMALFA asked and was given permission to address the House for 1 minute.) $\,$

Mr. LaMALFA Mr. Speaker, over the past few months, I have heard hundreds of stories from my constituents about the President's health care law and the devastating effects it is having on their families and small businesses. One issue I want to address today is the serious threat ObamaCare is to the rural health care situation in our country.

For my constituents in northern California, we already face a shortage of care and choices. Many families have to turn to bordering States to see a doctor or for emergency room visits. Now we know that the law is actually creating a much larger challenge for rural Americans.

Today I want to share with you a story from a constituent I met just a couple months ago at the Tulelake Fair in Siskiyou County. Patricia Plass lives with her husband, a self-employed business owner, in a rural border town just inside the California-Oregon State line. Their longtime family doctor is in Oregon, as well as the closest hospital. These letters I have here also point out that they have had their insurance coverage canceled recently, so this notification has thrown them into a tizzy because of the law and their plan has been canceled. They now have to enroll in a plan that they don't like, that is inferior and increasing their costs by hundreds of dollars each month.

Tricia wrote to me and said:

I have been told I will not have coverage for our regular doctor in Oregon that our family has been seeing for years and, of course, our closest hospital which is also in Oregon. We are now living with a constant fear that our new policy under ObamaCare will not even provide coverage when we need it

Mr. Speaker, this is wrong. Mr. President, it is broken. We need to support a new plan.

OBAMACARE

(Ms. NORTON asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Ms. NORTON. Mr. Speaker, when the time comes, Members and staff will get their insurance at dchealthlink.com. They will have a good chance to pay less because they will have 267 choices.

In advance, one of my staff members, who has a name-brand policy from our Federal program, went on dchealthlink .com and found that she could get a comparable policy for at least \$100 less with no deductible.

If Republicans want to deal in anecdotes, here is far more typical than those from the crowd who have gone from 41 repeals to their new strategy of actively sabotaging the Affordable Care Act.

OBAMACARE

(Mr. WILSON of South Carolina asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. WILSON of South Carolina. Mr. Speaker, ObamaCare is a disaster. The President knows it; Congress knows it; and most importantly, the American people now know it.

The President claims to be working with Congress to stop the train wreck the ACA is waging on American families. Actions speak louder than words. It is time for him to engage with House Republicans to find a solution.

We must help Mary in Lexington, South Carolina, whose health care policy premium has already increased 275 percent since the beginning of this year; and Rebecca from Aiken, who will be forced to pay \$600 more a month for the same coverage in January; and Alvin, an uninsured veteran also living in Aiken, who has tried to purchase in-

surance on the government health care Web site but can't afford it because the premium will be higher than his mortgage, utilities, and Internet combined.

This is absurd. For the sake of the middle class, we must replace ObamaCare with commonsense solutions that protect families, provide a safety net, and promote jobs.

In conclusion, God bless our troops, and we will never forget September the 11th in the global war on terrorism.

OBAMACARE

(Mr. HUIZENGA of Michigan asked and was given permission to address the House for 1 minute.)

Mr. HUIZENGA of Michigan. Mr. Speaker, at least 225,000 residents of Michigan have—or will shortly—received letters informing them that their current health insurance policies will be canceled because of ObamaCare. To put that number in context, more people in Michigan have had their private health care plans canceled due to ObamaCare than have even selected the private plan nationwide on healthcare.gov.

Adding insult to injury, the dismal enrollment number announced by the administration does not represent an adequate depiction of the ObamaCare experience. Whether it is Nancy from Grant, Barbara from Walker, Terry from Grandville, or David from Twin Lake, my constituents all seem to be sharing the same experience: frustration, followed by exasperation, rounded out with higher costs that they can't afford. We hear you, and I am here for you.

The reality of the ObamaCare "experience" is a Web site that is difficult to navigate—when it actually works—coupled with policy options that result in higher health care costs for Michigan consumers.

I applaud my friend and colleague, FRED UPTON, who is going to be leading a charge to provide a legislative solution for that problem tomorrow. I hope our friends across the aisle will be able to provide that same relief to their constituents, and I hope they will join me in doing so.

OBAMACARE

(Ms. BROWN of Florida asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Ms. BROWN of Florida. Mr. Speaker, you can fool some of the people some of the time, but you can't fool all of the people all of the time. The House Republicans have passed a bill 44 times to rescind the health care bill. ObamaCare is because Obama cares. The shutdown cost the American people \$24 billion.

I come from the great State of Florida where the Medicaid extension has not, to this time, been accepted. That means that over a million people—a million people—will not receive health care.

Every time I speak to a group of students at the Florida A&M University, I ask them how many students can stay on their family plan because of ObamaCare? Every single hand goes up.

So let's be clear: the first rollout was the proposal that let over 3 million people stay on their family plan. And the doughnut hole, because Obama cares, we are closing that that was instituted under the Bush administration.

I really do believe to whom God has given much, much is expected. I really do expect more from the people's House than what we have gotten from the Republican leadership.

OBAMACARE

(Mr. CRAMER asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. CRAMER. Mr. Speaker, Wayne and Leann Buchholz operate a ranch near Rhame, North Dakota. They have never been active in politics, but a recent letter from their insurance company has changed all of that, for their letter informed them that they would be losing their health care coverage due to the excessive regulations of ObamaCare.

Mr. Speaker, 36,000 North Dakotans are receiving similar cancelation notices, similar to that of Wayne and Leann. Each of these figures on this poster represents over 1,200 North Dakotans just like Wayne and Leann.

On the other hand, only 30 North Dakotans have been able to sign up for ObamaCare through the first month—not 30,000, not 3,000, not even 300, Mr. Speaker—30. Each figure on this part of the graphic represents one North Dakotan able to sign up.

Mr. Speaker, in North Dakota, like much of America, a man's word is his bond. We must help the President make good on his promise and pass the Keep Your Health Plan Act tomorrow.

IHC HEALTH SOLUTIONS, INDEPENDENCE HOLDING GROUP, Phoenix, AZ, September 30, 2013.

Re Companion Life Insurance Company, Discontinuance of your Coverage, Contract Amendment to extend coverage until April 1, 2014

IMPORTANT NOTICE: THIS AFFECTS YOUR INSURANCE CONTRACT RIGHTS. PLEASE READ CAREFULLY

DEAR LEANN C BUCHHOLZ: This notice is to inform you that Companion Life Insurance Company ("Companion Life") will be exiting the individual major medical insurance market in North Dakota effective March 31, 2014 at midnight. This decision was prompted by the increased regulation since the federal government's passage of its recent federal health care reform, commonly referred to as the Patient Protection Affordable Care Act ("PPACA"). The increased regulation will make it difficult for Companion Life to continue to operate and compete meaningfully in North Dakota's individual major medical market. As such, your referenced insurance coverage will terminate on your first premium due date on or after our March 31, 2014 market exit (date reflected above), or earlier if your premium is not received when due.