would be canceled. She went on to say, "What happened to if you want to keep your health care, you can?"

And, finally, Allen summed up his frustration in one sentence:

I will not have insurance beginning January 1. End of story.

Mr. Speaker, these are real stories that affect real people, hardworking families just trying to get by.

Mr. Speaker, we need to hold the President and congressional Democrats to their promise.

OBAMACARE

(Ms. JENKINS asked and was given permission to address the House for 1 minute and to revise and extend her remarks)

Ms. JENKINS. Mr. Speaker, across Kansas, folks are struggling from the effects of ObamaCare. This cancelation letter is from Greg and Linda in Osage City, who wrote to tell me their son was losing his health care plan.

Linda spent hours each night for weeks trying to sign up for a new plan on the Web site. She tried the online chat. She tried calling the number, and no one could answer her questions.

They were forced to add their son to Greg's more expensive employer plan, and now their son's health insurance bill is going up 50 percent each month.

After years of knowing about these problems, today the President tried to make good on his promise: if you like your plan, you can keep it. But for Greg and Linda, it is likely too late. The deadline to switch to Greg's employer plan just passed. They had no good options.

We must continue to work for hardworking American families who are paying the price for this unworkable law.

OBAMACARE

(Mr. HECK of Nevada asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. HECK of Nevada. Mr. Speaker, "If you like your health care plan, you can keep it. Period. If you like your doctor, you can keep him. Period."

We all remember when we heard those words. Here is an article from to-day's Las Vegas Review Journal. Nearly 25,000 Nevadans lose insurance plans under ObamaCare. That is roughly 27 percent of the individual market in that State.

One of those individuals is Janet. Janet is 55 years old and battling recurrent cancer. She has had the same insurance policy for 11 years. For 11 years that policy and those doctors have taken care of her and have kept her alive.

She is currently battling a recurrence, undergoing chemotherapy, and she received this letter from her insurer on September 25:

We would like to take this opportunity to thank you for allowing us to be your health

insurance carrier. We are writing to advise you that, due to the passage of the Federal Patient Protection and Affordable Care Act, effective December 31, 2013, your standard or basic individual health plan will be discontinued and terminated. You will no longer be able to continue coverage under this benefit plan as of this date.

As Janet valiantly battles her disease, the last thing she needs is the added stress of wondering about her insurance coverage.

Mr. President, it is time that Americans are allowed to keep their health care plan. Period.

OBAMACARE

(Mr. CONAWAY asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. CONAWAY. Mr. Speaker, Peter Ertling is a 24-year-old from Midland, Texas, who has done everything he is supposed to do. When he was 18 he began working in the oil fields as a roustabout; and through hard work and perseverance, he eventually worked his way up to field operations manager.

Four years ago, he married a beautiful young lady and they started a family. He now has three small boys, and there is a fourth one on the way.

But, Mr. Speaker, he is now in a bad position because of bad calls made by those lawmakers who voted for the Affordable Care Act and the President who signed it into law. Thanks to ObamaCare, his company, in the force of a 40 percent increase in rates, has switched their health insurance plan.

The kicker is that Peter's wife is halfway through the pregnancy with their fourth child. His wife's doctor is not a part of the new insurance plan, and they are going to have to spend an extra \$18,000 out of pocket to stay with the doctor they like and the doctor they were promised they could keep. This is a broken promise that has turned what should be a joyful and momentous occasion into a nightmare.

As he said to one of my staff:

I am 24 years old. At my age and at this point in my career, this is not something that I should have to worry about.

Mr. Speaker, this is not an intellectual exercise we engage in. ObamaCare is causing major problems for hardworking people like Peter and his wife in the 11th District of Texas. His wife is in tears over this issue.

The American Dream that he was working so hard to provide for his family has turned into a nightmare because of a bad law. This is unacceptable, and it is inexcusable.

OBAMACARE

(Mr. STIVERS asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. STIVERS. Mr. Speaker, 3.5 million Americans have seen their health care plans canceled under the Afford-

able Care Act. I've personally heard from many constituents in my district who are seeing their health care plans canceled.

For example, Anthony, who is a small business owner in my district, got these letters from his insurance plan saying that his plan would be canceled. As a result of that, there is a new plan that is available to him, but his monthly cost goes up by a little over 80 percent, and that is low compared to some.

He is in the process of building a business, and he just hired his first employee. He told me he is scared to death to hire another employee because he just got his health insurance canceled and the cost doubled. It is just another story of how this law is hurting people and stifling job creation.

I would like to ask all my colleagues to join me in supporting Chairman UPTON's bill, the Keep Your Health Plan Act. I urge all of you to support it.

OBAMACARE

(Mr. BARR asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. BARR. Mr. Speaker, for the last 4 years, President Obama repeatedly promised the American people that if you like your health care plan, you can keep it. But for Melody in Lexington, Kentucky, that is simply not true.

Melody received a notice that her health care plan was no longer good enough under ObamaCare. And when Melody looked into options for new insurance, like so many other Americans, she found out that her family's insurance costs would go up by 250 percent, and their deductible would increase by \$2,000.

Melody, in this email, told me:

We do not qualify for any premium assistance, even though we are a family of three living on a single income. We are more likely to go without health care coverage because our premiums are going to cost more per year than we would wind up spending on medical expenses without insurance.

Mr. Speaker, this is not about politics. This is about real people in our districts that are being harmed by ObamaCare. The American people don't need apologies. They don't need temporary administrative waivers. They need permanent solutions that will protect hardworking Americans from the coverage cancelations, loss of access to doctors, and premium spikes.

It is time for the President to keep his promise and allow Americans who like their health care plans to keep them

OBAMACARE

(Mr. DAINES asked and was given permission to address the House for 1 minute and to revise and extend his remarks)

Mr. DAINES. Mr. Speaker, President Obama promised if you like your health care plan, you can keep your health care plan; but for tens of thousands of Montanans, his words are nothing more than a broken promise that has resulted in canceled insurance plans and rising health care costs.

I have already heard from hundreds of Montanans who are looking for relief from ObamaCare; and, unfortunately, the President's recent announcement isn't a long-term fix; nor does it address the core problems with this failed law.

Mr. Speaker, this is called the people's House, and I want to share the story of the people of Montana tonight in this body.

Dean and Summer, from Flathead County, who have an autistic son and a daughter with muscular dystrophy, were just notified, as I spoke with the mom last week on the phone, that their rates are going up \$4,500 a year because of ObamaCare.

Or take, for example, Jim, a business owner in Troy, Montana, who will need to cut employee hours to avoid paying the ObamaCare fine and keep his business afloat.

Or Anne Marie in Miles City, Montana, whose family is facing an additional \$3,000 per year in health care costs due to increased premiums and deductibles.

Or Paula, a health care provider in Kalispell, who is questioning the viability of her private practice and her ability to continue providing care to many of her patients.

Montanans deserve a permanent solution, not a short-term, politically driven patch. I will continue fighting to fully repeal ObamaCare and working toward real solutions that protect Montanans' access to their doctors and the health care plans they want.

□ 1545

LET THE AMERICAN PEOPLE KEEP THEIR HEALTH CARE PLAN

(Mrs. MILLER of Michigan asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Mrs. MILLER of Michigan. Mr. Speaker, President Obama misled the American people about ObamaCare, and now he has admitted it.

And here is a letter to me from a small business owner in my district:

My husband and I have a small medical education business, and ever since ObamaCare passed, our business has been cut in half. Doctors are not spending money on education, so for the last 4 years, our business has really suffered.

Then we were told we could keep our insurance. We had good insurance, not junk. We currently paid \$514 a month with a \$2,000 deductible. We were canceled as of 12/31/13. To get anything near what we had, we will have to pay \$1,900 a month, which we cannot afford. So much for affordable health care.

This is the first time in 30 years that we might not be able to have health insurance. We have always run our life not depending on the government for handouts, and now we are losing our insurance. I ask you, what are

we to do? Americans are suffering. This is just wrong. Yes, I believe that something needed to be done, but not this.

Mr. Speaker, it is time to keep the promise to the American people.

The SPEAKER pro tempore (Mr. COLLINS of New York). Members are reminded to refrain from engaging in personalities toward the President, such as alleging that he misled the public.

OBAMACARE'S IMPACT IN ARKANSAS

(Mr. WOMACK asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. WOMACK. Mr. Speaker, I rise today to share the realities of ObamaCare in my district, the Third District of Arkansas. Health insurance enrollment through www.healthcare .gov can be described as dismal, at best. Only an embarrassing 250 Arkansans have managed to enroll.

Shawn Kispert, one of my constituents from Fort Smith, and her husband are self-employed and have spent over 64 hours on www.healthcare.gov attempting to sign up for the insurance ObamaCare requires them to purchase. She then tried to sign up via telephone. That was also fruitless.

The very few Arkansans that have successfully logged on have found, in over 60 percent of the State, only one or two provider options offering plans that increase their premiums by as much as 600 percent.

Rod Rogers of Sulphur Springs will see his family's insurance premiums go from \$248 to \$876 a month. Jeff Asher of Russellville is facing budget-busting monthly premiums of over \$900.

In October, my fellow Arkansas Republicans and I wrote to Secretary Sebelius to ask for more information on ObamaCare's effect on Arkansans. Much like the pleas from hardworking taxpayers asking for relief from the law's suffocating regulations and overbearing mandates, our request was ignored.

But we don't need a response from the administration to tell us what I am hearing from my constituents: ObamaCare is raising the cost of health care, creating uncertainty in Arkansas, and hurting Americans. We need to replace it with real reforms and focus on the patient, not the government.

OBAMACARE POLICY CANCELATIONS

(Mr. CRAWFORD asked and was given permission to address the House for 1 minute.)

Mr. CRAWFORD. Mr. Speaker, the Mershon family of Gassville, Arkansas, is yet another tragic example of the terrible toll the ObamaCare law is taking on the American people. Small business owners and young parents, this couple has never asked their government for anything more than just

to let them make a good life for their kids. Here are their words:

We regret to inform you that we have lost our health care coverage. It was not ObamaCare compliant. Granted, it wasn't Cadillac-style insurance, but it was all we needed. So we go to the Web site. "Sticker shock" does not begin to cover how we felt. This is an absolute outrage. We counted on what was assured to us, promised to us—that our insurance would stay intact, period. Our shoestring budget has now turned to floss. Seriously, it is beans and cornbread time.

Mr. Speaker, a politically motivated administrative fix does nothing to solve the underlying issues with this disastrous law. Sadly, it looks like it may be beans and cornbread time for millions of families across our country. Is this really the affordable care we were promised?

OBAMACARE

(Mr. FLEISCHMANN asked and was given permission to address the House for 1 minute.)

Mr. FLEISCHMANN. Mr. Speaker, I rise in support of the 3.5 million people who have, to date, lost their health care coverage thanks to ObamaCare and in support of the reported 10 million Americans who could lose their coverage between now and the end of the year.

Mr. Speaker, President Obama promised again and again that Americans who liked their health care plans would be able to keep them. Well, we know now that is simply not the case.

In my hometown of Ooltewah, Tennessee, Lynn Davis, who moved to Tennessee to care for her elderly parents, had health care coverage she liked and could afford. Now her plan is going away, and she is likely to be paying as much as \$300 more per month. That is an additional \$3,600 per year for something she doesn't want and doesn't need.

Mr. Speaker, this isn't right. Our economy is struggling enough as it is. The last thing the American people need is an additional financial burden thrust on them by the Federal Government. ObamaCare needs to go. But at the very least, the President needs to accept the Keep Your Health Plan Act and uphold his promise to the American people.

OBAMACARE

(Mr. PITTENGER asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. PITTENGER. Mr. Speaker, I rise today on behalf of Martha Staley, a constituent from Cornelius, North Carolina. Ms. Staley is a retired registered nurse and a retired insurance agent. She understands health insurance better than most.

Recently, she received this letter, explaining that her current insurance was canceled due to ObamaCare and