Kathy from Elkhart is a cancer patient undergoing chemotherapy. Under ObamaCare, she now has to pay over \$1,200 a month just for her own coverage.

Barton, a small business owner, said his group premiums will increase up to 80 percent this year.

These are serious problems causing incredible hardships for the very people we represent.

It is time to work on commonsense reforms that will lower health care costs and improve the quality of care for our constituents.

If we work together, we can get it done.

JUST KEEP TRYING

(Mr. DANNY K. DAVIS of Illinois asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. DANNY K. DAVIS of Illinois. Mr. Speaker, Kathy Kanak can be persistent. Late last Wednesday, the 57-year-old of Libertyville became one of the first known enrollees of health insurance at the glitch-stricken online marketplace operated by the Federal Government for 36 States, including Illinois. "I just kept trying," she said. "Tell people to just keep trying, and they will get in eventually."

With Federal tax credits, the Kanaks will pay about \$260 a month in premiums less than what they paid before. They will be able to retain their family doctor and their dentist, and their annual deductible will drop to \$1,500 from \$5.000.

Just keep trying.

☐ 1530 OBAMACARE

(Mr. POE of Texas asked and was given permission to address the House for 1 minute.)

Mr. POE of Texas. Mr. Speaker, the House of Representatives has voted numerous times to repeal ObamaCare, but the President finally admitted today that ObamaCare is just not working. And so to save his flawed legislation, he has decided to selectively enforce the law, the individual mandate, the idea that you can keep your own insurance. He says he won't enforce the fine for noncompliance for 1 year.

His method is unconstitutional. The Constitution requires Congress to write, rewrite, and amend laws. No President can just use administrative discretion to not enforce laws or change the law. Administrative discretion is just not mentioned in the Constitution. Selective enforcement violates the 14th Amendment.

No President can just administratively change any law. What's next? Is he going to raise taxes by administrative order?

Congress must write the law. The President must enforce the law.

The House will address this very issue legally tomorrow by bringing up

legislation that now the President seems to support. I assume the former constitutional law professor will sign on this excellent legislation that you can keep your insurance if you like it.

And that's just the way it is.

OBAMACARE

(Mr. ROTHFUS asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. ROTHFUS. Mr. Speaker, over 200,000 Pennsylvanians have been notified that they will lose their plans because of President Obama's health care law. What these numbers don't tell you are the stories of hardworking western Pennsylvanians like Don and Karen from Johnstown.

Don is a Marine Corps veteran and former coal miner. He and Karen run a ministry that helps people in developing countries. Don recently let me know that he will lose his plan. He said:

I specifically bought a health plan that met my needs. I liked my plan very much and it was something I could afford.

When Don and Karen were able to get onto the Web site, the plan he was offered had a deductible of more than \$6,000. In Don's words, this is "ridiculous and unaffordable."

Unfortunately, their story is not unique. We need health care reform that works for Don and Karen and the rest of the American people. The Empowering Patients First Act and the American Health Care Reform Act provide a good place to start and a better way on health care reform.

OBAMACARE

(Mr. MULLIN asked and was given permission to address the House for 1 minute.)

Mr. MULLIN. Mr. Speaker, I rise today to say enough is enough. Enough of the rhetoric. Enough of the dishonesty.

Promises have been broken. We face critical situations that need to be made right. Countless Americans, and many within the Second District of Oklahoma, are going to their mailboxes only to learn that the health insurance plan they liked is being canceled.

In the House, we have chosen to listen to the American people through the Keep Your Health Plan Act. Individuals can actually keep the plan they like, and we can clean up the damage done by this administration's failures.

Aside from the consequences on individuals, business owners like me also face mounting regulations and penalties as a result of ObamaCare. Small businesses provide stability to our economy and employ millions of Americans. That stability has been jeopardized by the result of ObamaCare.

I will not sit back and watch Americans be subject to empty promises with

no solution in sight. I encourage my colleagues to join me in saying enough is enough and vote in support of the Keep Your Health Plan Act.

OBAMACARE

(Mr. GARDNER asked and was given permission to address the House for 1 minute.)

Mr. GARDNER. Mr. Speaker, as my colleagues today have already pointed out, the President made this promise to the American people:

If you like your health care plan, you will be able to keep your health care plan. Period.

I have in my hand a letter sent to my office from Noel, from Akron, Colorado, in my district. This is, in part, what it says:

I am a 37-year-old automotive mechanic in the family business, volunteer firefighter, devout Catholic. My wife, Heather, is a 33-year-old third grade teacher. Our daughter is 2 years old, our son is 1 year old, and our third child is due in March. I recently received a letter from Rocky Mountain Health Plan stating that my existing policy is canceled as of January 1, 2014, due to mandated government policies.

250,000 Coloradans have lost their insurance. That is more people than have now signed up across this country, nationwide, for ObamaCare.

Noel, you are not alone. I join you because I too lost my health insurance when I chose to opt out of the congressional coverage, one of the 250,000 people that lost our coverage. And it is time for this President to uphold his promise to the American people.

OBAMACARE

(Mr. BUCSHON asked and was given permission to address the House for 1 minute.)

Mr. BUCSHON. Mr. Speaker, as a physician, my goal is to make certain that every American has access to quality, affordable health care.

The President and congressional Democrats promised that you can keep your health insurance if you like it. Well, we learned yesterday that in my home State of Indiana, only 701 Hoosiers have signed up successfully for the Affordable Care Act, while over 108,000 Hoosiers have had their current plans canceled. I think the people of Indiana know this promise has not been kept.

Mary, from Evansville, Indiana, wrote to me about this very thing. She said:

Our insurance is excellent. I had a heart attack a year ago. We met our deductible this year, but insurance has paid for everything recommended, 2 months of cardiac rehab, prescriptions, and even more surgery. My insurance and my doctors saved my life, and now I am at risk of losing both.

On Facebook, Andrea wrote that she was able to extend her plan for her and her son till next December, then it

would be canceled. She went on to say, "What happened to if you want to keep your health care, you can?"

And, finally, Allen summed up his frustration in one sentence:

I will not have insurance beginning January 1. End of story.

Mr. Speaker, these are real stories that affect real people, hardworking families just trying to get by.

Mr. Speaker, we need to hold the President and congressional Democrats to their promise.

OBAMACARE

(Ms. JENKINS asked and was given permission to address the House for 1 minute and to revise and extend her remarks)

Ms. JENKINS. Mr. Speaker, across Kansas, folks are struggling from the effects of ObamaCare. This cancelation letter is from Greg and Linda in Osage City, who wrote to tell me their son was losing his health care plan.

Linda spent hours each night for weeks trying to sign up for a new plan on the Web site. She tried the online chat. She tried calling the number, and no one could answer her questions.

They were forced to add their son to Greg's more expensive employer plan, and now their son's health insurance bill is going up 50 percent each month.

After years of knowing about these problems, today the President tried to make good on his promise: if you like your plan, you can keep it. But for Greg and Linda, it is likely too late. The deadline to switch to Greg's employer plan just passed. They had no good options.

We must continue to work for hardworking American families who are paying the price for this unworkable law.

OBAMACARE

(Mr. HECK of Nevada asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. HECK of Nevada. Mr. Speaker, "If you like your health care plan, you can keep it. Period. If you like your doctor, you can keep him. Period."

We all remember when we heard those words. Here is an article from to-day's Las Vegas Review Journal. Nearly 25,000 Nevadans lose insurance plans under ObamaCare. That is roughly 27 percent of the individual market in that State.

One of those individuals is Janet. Janet is 55 years old and battling recurrent cancer. She has had the same insurance policy for 11 years. For 11 years that policy and those doctors have taken care of her and have kept her alive.

She is currently battling a recurrence, undergoing chemotherapy, and she received this letter from her insurer on September 25:

We would like to take this opportunity to thank you for allowing us to be your health

insurance carrier. We are writing to advise you that, due to the passage of the Federal Patient Protection and Affordable Care Act, effective December 31, 2013, your standard or basic individual health plan will be discontinued and terminated. You will no longer be able to continue coverage under this benefit plan as of this date.

As Janet valiantly battles her disease, the last thing she needs is the added stress of wondering about her insurance coverage.

Mr. President, it is time that Americans are allowed to keep their health care plan. Period.

OBAMACARE

(Mr. CONAWAY asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. CONAWAY. Mr. Speaker, Peter Ertling is a 24-year-old from Midland, Texas, who has done everything he is supposed to do. When he was 18 he began working in the oil fields as a roustabout; and through hard work and perseverance, he eventually worked his way up to field operations manager.

Four years ago, he married a beautiful young lady and they started a family. He now has three small boys, and there is a fourth one on the way.

But, Mr. Speaker, he is now in a bad position because of bad calls made by those lawmakers who voted for the Affordable Care Act and the President who signed it into law. Thanks to ObamaCare, his company, in the force of a 40 percent increase in rates, has switched their health insurance plan.

The kicker is that Peter's wife is halfway through the pregnancy with their fourth child. His wife's doctor is not a part of the new insurance plan, and they are going to have to spend an extra \$18,000 out of pocket to stay with the doctor they like and the doctor they were promised they could keep. This is a broken promise that has turned what should be a joyful and momentous occasion into a nightmare.

As he said to one of my staff:

I am 24 years old. At my age and at this point in my career, this is not something that I should have to worry about.

Mr. Speaker, this is not an intellectual exercise we engage in. ObamaCare is causing major problems for hardworking people like Peter and his wife in the 11th District of Texas. His wife is in tears over this issue.

The American Dream that he was working so hard to provide for his family has turned into a nightmare because of a bad law. This is unacceptable, and it is inexcusable.

OBAMACARE

(Mr. STIVERS asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. STIVERS. Mr. Speaker, 3.5 million Americans have seen their health care plans canceled under the Afford-

able Care Act. I've personally heard from many constituents in my district who are seeing their health care plans canceled.

For example, Anthony, who is a small business owner in my district, got these letters from his insurance plan saying that his plan would be canceled. As a result of that, there is a new plan that is available to him, but his monthly cost goes up by a little over 80 percent, and that is low compared to some.

He is in the process of building a business, and he just hired his first employee. He told me he is scared to death to hire another employee because he just got his health insurance canceled and the cost doubled. It is just another story of how this law is hurting people and stifling job creation.

I would like to ask all my colleagues to join me in supporting Chairman UPTON's bill, the Keep Your Health Plan Act. I urge all of you to support it.

OBAMACARE

(Mr. BARR asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. BARR. Mr. Speaker, for the last 4 years, President Obama repeatedly promised the American people that if you like your health care plan, you can keep it. But for Melody in Lexington, Kentucky, that is simply not true.

Melody received a notice that her health care plan was no longer good enough under ObamaCare. And when Melody looked into options for new insurance, like so many other Americans, she found out that her family's insurance costs would go up by 250 percent, and their deductible would increase by \$2,000.

Melody, in this email, told me:

We do not qualify for any premium assistance, even though we are a family of three living on a single income. We are more likely to go without health care coverage because our premiums are going to cost more per year than we would wind up spending on medical expenses without insurance.

Mr. Speaker, this is not about politics. This is about real people in our districts that are being harmed by ObamaCare. The American people don't need apologies. They don't need temporary administrative waivers. They need permanent solutions that will protect hardworking Americans from the coverage cancelations, loss of access to doctors, and premium spikes.

It is time for the President to keep his promise and allow Americans who like their health care plans to keep them

OBAMACARE

(Mr. DAINES asked and was given permission to address the House for 1 minute and to revise and extend his remarks)

Mr. DAINES. Mr. Speaker, President Obama promised if you like your