

every day to make ends meet. But now, because of ObamaCare, we received a notice from the insurance company that the plan we currently pay for does not meet the guidelines, and we will no longer be covered on January 1, 2014.

Now we have to find an extra \$500 to \$600 minimum per month to cover the insurance that is comparable to what we had before. I have no idea how we will afford that kind of money and pay our bills and mortgage each month.

Mr. Speaker, this is just one of millions of examples of real people being hurt by ObamaCare.

TYPHOON HAIYAN

(Ms. BORDALLO asked and was given permission to address the House for 1 minute.)

Ms. BORDALLO. Mr. Speaker, I rise in solidarity with the people of the Philippines in the wake of the devastation caused by Super Typhoon Haiyan.

I just returned yesterday from my district, Guam, where we have a large Filipino population trying to reach relatives, all to no avail. Remember, we are the closest neighbors to the Philippines.

The images that we see on TV are horrific and unimaginable. We are strong allies with the Philippines and have deep historic and cultural ties.

As we have done in the past, we will stand by our allies in need, and I commend the Obama administration for rushing to the aid of the Filipino people. Also, I commend the efforts of the Filipino community of Guam, the Government of Guam, and the local non-profits and businesses for mobilizing to provide resources to their counterparts. Like Operation Tomodachi, we are rushing to the aid of the Philippines. This is how we demonstrate our commitment to the Pacific partners.

I appreciate and commend the efforts of our Federal Government to send significant resources to the impacted areas of the Philippines, and I urge this Congress to reaffirm this commitment to the Philippines and to support providing resources necessary to help them recover.

HERE A GLITCH, THERE A GLITCH

(Mr. POE of Texas asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. POE of Texas. Mr. Speaker, ObamaCare has been nothing short of a painful government illness.

On the first day Americans were due to enroll in their health care plan, they just couldn't do it. Errors flashed across their computer screens. It was a glitch here, a glitch there, everywhere a glitch, glitch, glitch.

Out of the 500,000 Americans that should have been enrolled by now, only a handful were able to sign up thanks to technical incompetence, negligence, and those glitches.

Americans will be penalized if they can't sign up, but how are you supposed to when the Web site doesn't work?

Computer glitches should take minutes to fix, not weeks. These glitches are just a sign of things to come when the government takes over America's health. If the government can't even get the Web site right, how will government get health care right for the American people?

ObamaCare has the compassion of the IRS, the competence of FEMA, and the efficiency of the post office.

And that's just the way it is.

TYPHOON YOLANDA

(Mr. SABLAN asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. SABLAN. Mr. Speaker, the people of the Northern Mariana Islands know the terror when a typhoon strikes. We know how difficult are the days and months of recovery after, but none of us has known a storm with the power and intensity of Typhoon Yolanda.

So our hearts and our prayers go out to the people of the Philippines who are suffering through this terrible tragedy that swept down upon them.

We have families and friends there. Some, thank God, we know are safe. The fate of others we wait to learn and whether their homes are standing, whether they have food, water. All we know for certain is the people of the Philippines need our help. America is rising quickly to assist. Our government immediately committed \$20 million. Disaster teams are on the way.

Much more will be needed from our government and from individuals alike, but I am sure we will all do whatever we can to assist the survivors who have lost so much and now face the long task of rebuilding their homes and lives.

OZARK NATIONAL SCENIC RIVERWAYS GENERAL MANAGEMENT PLAN

(Mr. SMITH of Missouri asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. SMITH of Missouri. Mr. Speaker, on Friday, the National Park Service released a draft general management plan for the Ozark National Scenic Riverways in Missouri's Eighth Congressional District. The general management plan seeks to limit my constituents' access to the rivers that they have enjoyed for generations.

This plan from the National Park Service would shut down public access points to the rivers, eliminate motorized boat traffic from certain areas, further restrict boat motor horsepower in other areas, close several gravel bars, and propose additional areas to be designated as Federal wilderness.

The outcry I have heard from my constituents is unanimous. They believe the Ozark National Scenic Riverways are already overmanaged

and my constituents do not want the National Park Service to further intrude on their access to their public rivers.

Mr. Speaker, I urge the park service to reject changing management practices on the Ozark National Scenic Riverways so that my constituents can continue enjoying their rivers.

OBAMACARE

(Mrs. BEATTY asked and was given permission to address the House for 1 minute.)

Mrs. BEATTY. Mr. Speaker, many of my Republican colleagues are still obsessed with ending health care for the American citizen.

I come here today to tell you the administration, experts, and my colleagues in Congress are working on making sure that all Americans have insurance.

I say to you while they talk about "glitch, glitch, glitches," yes, we are all disappointed with that. When they talk about the face of the stories, let me tell you that last week during our week at home, I held a tele-townhall conference, and many of my constituents called in and asked questions about the Affordable Care Act. Do you know why? Because they had a college student who can stay on their insurance. Do you know why? Because there were women who had pre-existing conditions now that can be covered. Do you know why? They were seniors. They were mothers. They were parents. That is what the Affordable Care Act is about.

So I say to you to listen closely, America, because the Affordable Care Act will make a difference, and that is what we should have in this wonderful America that we live in.

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OBAMACARE'S CANCELATION NOTICES

(Mr. MCHENRY asked and was given permission to address the House for 1 minute.)

Mr. MCHENRY. Mr. Speaker, since the Affordable Care Act was first introduced, President Obama claimed time and time again, if you like your insurance, you can keep it. Yet, over the last six weeks, I have heard from numerous constituents across western North Carolina that that, in fact, was not what they were experiencing; that, unfortunately, they had canceled policies because of ObamaCare.

Steve, a pastor in Hickory, received notice his plan with a premium of \$695 was being canceled. His new plan's premium? \$1,500.

Marsha in Claremont had her current plan canceled. The replacement plan was 133 percent more in cost.

Milton, a retiree from Denver, had his policy canceled. The replacement not only has higher deductibles and copays, but it also precludes him from seeing his current doctor.

I heard from Terri, a self-employed woman in Newton, whose premiums were \$359 a month until ObamaCare canceled these plans, and her new premium is \$759 a month.

I ask my colleagues on the other side of the aisle to join with us in passing the Keep Your Health Care Plan to hold the President to his word that, if you like your plan, you can keep it.

NOVEMBER IS NATIONAL ALZHEIMER'S DISEASE AWARENESS MONTH

(Mr. HIGGINS asked and was given permission to address the House for 1 minute.)

Mr. HIGGINS. Mr. Speaker, I rise today to recognize November as National Alzheimer's Disease Awareness Month.

Over 5 million Americans nationwide are living with Alzheimer's, a disease that afflicts the victim but also the family, a disease whose origins are unknown but whose end is absolutely certain. It is a disease that takes your mind, your dignity, and, eventually, your life. In 2013, Alzheimer's will cost the Nation \$203 billion. This number is expected to rise to \$1.2 trillion by 2015.

Mr. Speaker, I commend the work of the Western New York Alzheimer's Association and local advocate Nancy Swiston, who worked so hard this month and year-round to highlight the effects of Alzheimer's disease.

Alzheimer's disease is a public health crisis that can't be ignored. I urge my colleagues to raise awareness about Alzheimer's in their own communities and to support the bipartisan HOPE for Alzheimer's Act to improve diagnosis and treatment of Alzheimer's disease.

CONGRATULATING MONTANA CHAMPION OF CHANGE VANCE HOME GUN

(Mr. DAINES asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. DAINES. Mr. Speaker, today I rise to congratulate Vance Home Gun, a member of the Confederated Salish and Kootenai Tribes from Arlee, Montana.

Vance was recently recognized as the 2013 Center for Native American Youth "Champion of Change" for his work to preserve the Salish language in his school and his community. I had the opportunity to meet with Vance just last night and learned more about the work he is doing on the Flathead Reservation.

Vance was introduced to a Salish language camp by his aunt when he was just 11 years old and has been determined ever since to become a fluent speaker in his tribe's language. He has been working with tribal departments, organizations, and youth groups for the past 6 years to help preserve the Salish language. Vance teaches language classes at high schools and leads an or-

ganization that utilizes peer-to-peer methods to teach language and culture.

I commend Vance for his commitment to preserving and increasing awareness of this important part of his tribe's culture and history, and I congratulate him on his well-deserved award.

Vance Home Gun, well done.

ACA IMPLEMENTATION

(Ms. KUSTER asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Ms. KUSTER. Mr. Speaker, despite my significant frustration with the rollout of the Affordable Care Act, I remain committed to increasing access to affordable health care for every Granite Stater. To that end, I support efforts to ensure that folks who like their current health plan can keep them for another year.

In New Hampshire, Granite Staters already have the option of renewing their current plans; and I believe that families across the country should be able to do the same, and I will support good-faith efforts to do that.

But the Affordable Care Act is not a perfect law, and I am committed to improving it. Make no mistake; we cannot go back to the days when insurance companies were free to deny insurance coverage for people with preexisting conditions, or simply because they were female and their rates would be higher, or to drop people from their plans because they got sick, or to drop people from their plans because they grew older and were not living in their own home with the family.

I will continue to work with anybody who is serious about making this law work and to ensure that Granite Staters have access to the quality, affordable health care that they deserve.

FREEDOM TO SPEAK YOUR MIND WITHOUT FEAR OF RETRIBUTION

(Mr. MULVANEY asked and was given permission to address the House for 1 minute.)

Mr. MULVANEY. Mr. Speaker, I got a letter from someone in my district. It says:

You have probably heard about health care reform and wondered what it means to you. This letter is to let you know that your MyChoice health insurance plan from BlueChoice HealthPlan is non-grandfathered. This means you purchased it or made significant changes to it after March 23, 2010—the day the Affordable Care Act became law. As a result, the law requires that your insurance plan expire.

This is not the saddest part of this letter, the fact that this woman was made a promise that no one is keeping to her. The saddest part of this letter is she asked me not to use her name here today.

Someone does need to be held accountable for making promises to citizens that are not kept. But beyond

that, someone needs to be held accountable for allowing an environment to grow up where citizens of this country are afraid to have their name spoken on the floor of this House for fear of retribution from their government.

We will deal with health care. We will do the very best that we can. But beyond that, we need to figure out a way to create an environment where people are free to speak their minds on issues such as this.

WE STAND IN SUPPORT OF THE PEOPLE OF THE PHILIPPINES

(Ms. HAHN asked and was given permission to address the House for 1 minute.)

Ms. HAHN. Mr. Speaker, following one of the worst natural disasters to hit landfall, we stand as a world community in support of the people of the Philippines.

Last week, Typhoon Yolanda tore through the Philippines, tragically taking thousands of lives and leaving millions without food, water, or shelter. The road ahead will be difficult, but the resilient spirit of the Filipino community far and near will overcome this challenge.

As the representative of one of the largest Filipino communities in the United States, my heart goes out to the families in my communities whose loved ones suffered through this dreadful storm. My office is working to connect families with the State Department to help them locate and get news about their loved ones.

I am pleased by the significant humanitarian efforts from both my home district and around the world. We are a Nation founded and guided by the principles of humanity.

We must not forget our brothers and sisters in the Philippines, for far too many are still without food, water, and shelter. If the infrastructure is down, come on. Let's start thinking outside of the box and do everything in our power to provide food and water and critical support today.

RHODE ISLAND NURSES INSTITUTE

(Mr. CICILLINE asked and was given permission to address the House for 1 minute.)

Mr. CICILLINE. Mr. Speaker, I rise today to recognize the achievements of the Rhode Island Nurses Institute Middle College Charter High School, the first middle college established in Rhode Island, and the first American charter school that is dedicated to the nursing profession.

My grandmother Lucy Cicilline was a proud nurse at St. Joseph's Hospital for many years.

As a 4-year program, this institution helps to bridge the gap between high school and college, providing students who have graduated ninth grade with an innovative learning experience that allows them to graduate with a high