the plan that you have if you like it. Of course, the President's promise really should have been if Barack Obama likes your plan you can keep it, because that is the only way you can keep your plan is if the Federal Government approves of it even if you like it and you lose it.

What we are also seeing, of course, over on the Senate side, and even here on the House floor, many people who voted for the President's health care law are acting as if they had no idea this was going to happen. Of course they knew this was going to happen. If you read the bill, you could tell that people would lose the good health care they liked. There were reports coming out in 2010 that said millions of Americans will lose the health care they like. and yet now you have Senators over there and even some House Members who voted for the President's health care law acting like they had no idea this was going to come to pass. Of course they knew that millions of Americans would lose the good health care that they like. They just didn't think maybe that people would realize that it was the President's health care law that caused it and hold them accountable. And so now people are starting to be held accountable, as they should.

But, Madam Speaker, there is a better way. In fact, I am proud to have led an effort to bring forward the American Health Care Reform Act, a true alternative to the President's health care law that actually starts addressing the problems to lower costs, to allow people to keep the good health care plans that they like, and to give people real options.

In fact, our bill has over 100 cosponsors now, including medical doctors who serve in Congress who helped draft this bill, who understand that the doctor-patient relationship should continue to be maintained and be that sacred relationship that it used to always be before the government started coming in between people's health care, before IRS agents started coming in between people's health care.

So this bill allows people to buy insurance across State lines, giving people real flexibility, real choice, real competition in health care, where people will be competing for your business to dramatically lower costs, to allow people to have the option to buy their own health care instead of going through their company, and they will be able to have the same tax benefits that a company gets. So if they buy a health care plan on their own that is better than what their employer provides, they will be able to deduct that cost, which they can't do today. It allows small businesses and even individuals to pool together and get the buying power of a large corporation. This is the way we should be doing this, Madam Speaker, not this governmentrun approach.

THE AFFORDABLE CARE ACT

The SPEAKER pro tempore. The Chair recognizes the gentleman from Pennsylvania (Mr. THOMPSON) for 5 minutes.

Mr. THOMPSON of Pennsylvania. Madam Speaker, millions of Americans are now experiencing firsthand the failures of a massive undertaking to roll out the Affordable Care Act. While well-intentioned, our colleagues who had a Democrat supermajority in the White House, the Senate, and this House pushed through a partisan bill ignoring warnings of those like myself who have worked in the health care field for decades.

Prior to being elected to Congress, I spent nearly three decades in a non-profit health care setting, serving my neighbors who were facing life-changing disease and disability. When it was time to weigh in on public policy, Members like me were muzzled. We were told to pass a bill to see what was in it. Well, that is exactly what happened, despite our continued dissent.

Phones are ringing off the hooks in Members' offices. Constituents who have lost their health insurance policies and experienced unaffordable premium hikes are angry. They were made a promise by the President that they could keep their health plans. Now, reportedly, more than 5 million individuals have lost their policies. Undoubtedly, this is just the beginning of Americans not being able to keep the insurance that they like.

One of my constituents, Sam, from Erie County, Pennsylvania, has been affected. He has been on the same policy that has provided him with adequate coverage, exactly what he was looking for, for years. He no longer has access to that coverage.

Or Lisa and her husband, both selfemployed and hailing from Punxsutawney in Jefferson County, Pennsylvania. They have five children—two in college, one in high school, and two working. After receiving notice that their effective and affordable health insurance policy was canceled, they have now been saddled with cost increases of over \$20,000 a year.

How about John from Clearfield County, who emailed my congressional office this week after being informed by his insurer that, due to changes under the Affordable Care Act, his policy is now canceled. He owns a small business that no longer qualifies for the group plan under the law's requirements.

Then there is Sonya from northeast Pennsylvania, right on the shores of Lake Erie. She has had the same policy for the last 4 years, and it is being canceled. She stated that it is unfair she should have to buy more expensive insurance; not to mention, she says, it will cost much more over the long run when you factor in her new deductible.

Madam Speaker, this is an outrage. These are just several of countless examples—I want to say "endless examples"—of real harm being experienced

by hardworking Americans, my constituents, as a result of this flawed law.

Madam Speaker, the time I have been granted on this floor is not sufficient for me to share the growing number of voices from the Fifth District of Pennsylvania who are having their policies canceled and being forced to buy insurance that they can't afford, that they don't want and they don't need.

Those at the White House that masterminded this catastrophic attack on insurance affordability and choice released their preliminary numbers for winners and losers yesterday. Nationwide, roughly 100,000 have obtained insurance policies through the national and State exchanges combined. Many of these individuals, unfortunately, are now experiencing the sticker shock of significant costs when premiums and deductible expenses are combined and considered. The sad part is that these are the winners. That is just how bad this health care law is. Americans deserve access to health insurance that they choose and can afford.

Madam Speaker, a large block of Members in this body are standing up and putting forward solutions to these failures, including some of my colleagues on the other side of the aisle.

Senator Mary Landrieu, a Democrat from Louisiana, recently announced she would propose legislation to ensure all Americans could keep their existing insurance coverage under ObamaCare. But "it's not just red-State Democrats," as Politico reports today. Senator Dianne Feinstein, a Democrat from California, yesterday announced she would support the bipartisan effort to allow Americans to keep the plans they know and like.

Unfortunately, Madam Speaker, these proposals that are being put forward by my Democratic colleagues mean that we would have to change the law. Unfortunately, Senate Leader REID doesn't like the optics of having this debate on its merits, even if it would help Americans keep the insurance they know and like, as the President repeatedly promised.

I want to thank the growing number of my colleagues for doing what is right and placing good policy before politics. This law is flawed. It is sinking by its own weight. Now we must act to fix its fatal flaws. If we don't, those who want to protect the political reputation of the White House will allow it to continue, no matter how much harm is caused upon the American people.

Madam Speaker, the American people deserve better.

RECESS

The SPEAKER pro tempore. Pursuant to clause 12(a) of rule I, the Chair declares the House in recess until noon today.

Accordingly (at 10 o'clock and 40 minutes a.m.), the House stood in recess.

□ 1200

AFTER RECESS

The recess having expired, the House was called to order by the Speaker at noon.

PRAYER

Rabbi Joshua Gruenberg, Congregation Beth El Yardley, Yardley, Pennsylvania, offered the following prayer:

Our God and God of our ancestors, Everlasting Spirit of the Universe, may it be Your will that the Members of this House faithfully represent all citizens of this great Nation. As they strive to govern this land, guide them, O Lord, with the pillars of humility and respect.

Help them to live up to the legacy of those who have come before and to always honor those men and women who have made the ultimate sacrifice to keep this Nation strong and free.

Remind all citizens of our great Nation to put people over politics, to elevate democracy over dogma, to value discussion over discord, and to cultivate compromise instead of conviction.

Bless the Members of this hallowed body with the knowledge that what binds us together is stronger than what may pull us apart, that serving You is best accomplished by serving others.

Dear God, please allow Your blessing of health and of peace to envelop our great Nation.

Amen.

THE JOURNAL

The SPEAKER. The Chair has examined the Journal of the last day's proceedings and announces to the House his approval thereof.

Pursuant to clause 1, rule I, the Journal stands approved.

Mr. POE of Texas. Mr. Speaker, pursuant to clause 1, rule I, I demand a vote on agreeing to the Speaker's approval of the Journal.

The SPEAKER. The question is on the Speaker's approval of the Journal. The question was taken; and the Speaker announced that the ayes appeared to have it.

Mr. POE of Texas. Mr. Speaker, I object to the vote on the ground that a quorum is not present and make the point of order that a quorum is not present.

The SPEAKER. Pursuant to clause 8, rule XX, further proceedings on this question will be postponed.

The point of no quorum is considered withdrawn

PLEDGE OF ALLEGIANCE

The SPEAKER. Will the gentle-woman from Missouri (Mrs. WAGNER) come forward and lead the House in the Pledge of Allegiance.

Mrs. WAGNER led the Pledge of Allegiance as follows:

I pledge allegiance to the Flag of the United States of America, and to the Republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

WELCOMING RABBI JOSHUA GRUENBERG

The SPEAKER. Without objection, the gentleman from Pennsylvania (Mr. FITZPATRICK) is recognized for 1 minute.

There was no objection.

Mr. FITZPATRICK. Mr. Speaker, I rise today to honor and introduce a good friend and community leader in my home district, Rabbi Joshua Gruenberg, and to thank him for offering today's invocation.

Rabbi Gruenberg made the trip here to the Nation's Capital with his wife, Elissa, and his two children, Kayla and Samuel. I am proud and pleased to welcome the rabbi and his family to the House of Representatives.

Rabbi Gruenberg is the chief spiritual leader at Temple Beth El in Yardley, Pennsylvania. Since he joined the temple in 2011, I have gotten to know the rabbi quite well. He has participated in several of my local roundtable discussions on issues, including Israel and the Middle East, and has come down to Washington to visit with me and to offer counsel.

Rabbi Gruenberg is a warm and welcoming Bucks County leader. He has helped build on a strong foundation at Temple Beth El that will last for decades to come.

I am proud of the work he has done in our community and am privileged to call him my friend.

ANNOUNCEMENT BY THE SPEAKER PRO TEMPORE

The SPEAKER pro tempore (Mr. HULTGREN). The Chair will entertain 15 further requests for 1-minute speeches on each side of the aisle.

OBAMACARE HURTS FAMILIES

(Mr. WILSON of South Carolina asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. WILSON of South Carolina. Mr. Speaker, millions of Americans have received cancellation notices for their insurance policies as a result of ObamaCare's failed legislation. The Wall Street Journal anticipates this number to reach 10 million by January 1.

Citizens living in the Second District of South Carolina are experiencing the brunt of the administration's deception. Becky from West Columbia is shocked that her world-class cancer care is at risk. Frank from Lexington will be forced to buy new health insurance with higher premiums of 33 percent. Joe from Aiken has been notified that his wife will be removed from their current health care plan January 1. He writes:

The only problem is that now we have two premiums to pay, two deductibles to meet, and an additional thing to worry about while we are trying to raise kids and be responsible adults.

These real-life problems are affecting all American families. We must stop the damage by passing the Keep Your Health Plan Act to assist families and promote jobs.

In conclusion, God bless our troops, and we will never forget September the 11th in the global war on terrorism. Our prayers are for the people in the Philippines for typhoon recovery.

TYPHOON HAIYAN

(Mrs. DAVIS of California asked and was given permission to address the House for 1 minute.)

Mrs. DAVIS of California. Mr. Speaker, the typhoon in the Philippines has left a wake of unimaginable devastation.

Those living in the areas hardest hit by the storm are embarking on the excruciating process of trying to pick up the pieces. Members of the San Diego region's large Filipino community are determined to send aid to their native country. They are collecting clothing, food, and encouraging cash donations.

The feeling of helplessness from my constituents that have family living in the area where the typhoon hit is profound. It is important that people understand where their efforts are most needed and where their donations will be best used.

It is in these difficult moments like this where we witness unbridled compassion and empathy, and I am pleased that the humanitarian efforts, which our military and aid communities do so well, are under way, and at least 13 other countries have joined the effort as well.

The help is not arriving as fast as those suffering from hunger, cold, illness, and homelessness need.

The Filipino Americans in our districts are looking to us to continue our role as leaders in humanitarian aid. Let's continue to help those most in need.

OBAMACARE HURTS THE HARDWORKING MIDDLE CLASS

(Mrs. WAGNER asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Mrs. WAGNER. Mr. Speaker, in recent weeks, I have received far too many heartbreaking stories from the people of Missouri's Second District about how government-run health care is impacting their lives.

Today, I rise to put a face on the horrors of ObamaCare and tell Jim and Kim Curtis' story, who hail from Arnold. Missouri.

This is their story in their own words:

We, the working middle class, are the ones who are being hurt by this law. We struggle