stalwart Lowell Sachnoff, that was one of the first times I began seriously considering my own stepping away from my career in science to begin one in public service.

OBAMACARE CANCELATIONS

The SPEAKER pro tempore. The Chair recognizes the gentleman from North Carolina (Mr. HOLDING) for 5 minutes.

Mr. HOLDING. Madam Speaker, President Obama promised the American people that if you liked your health care plan, you could keep your health care plan. Period. No exceptions.

Now, as the ObamaCare exchanges have opened and enrollment has begun, there are hundreds of thousands of people in North Carolina who are finding that the President's promise doesn't hold true. According to the North Carolina Department of Insurance, over 183,000 policies have already been terminated, impacting over 473,000 people and their families across the State.

When ObamaCare supporters talk about the new health care law, they focus on the number of people who previously did not have health care and will now be covered. What you don't hear them talk about is the people who already had health care and are losing it now. They don't talk about the canceled policies and the alternative plans offered that are vastly more expensive and far from comparable. This is extremely misleading, Madam Speaker, and this administration has demonstrated a lack of transparency when it comes to the real impacts of ObamaCare.

Madam Speaker, I have heard from hundreds of constituents whose health care plans are going up in cost or being canceled altogether. A man in his sixties from Zebulon, North Carolina, wrote to my office that his wife's current plan, which costs \$292 a month, will be discontinued because it does not comply with ObamaCare standards. She will be moved to a comparable plan that doubles her monthly payment. On top of the increased cost, the new plan is not tailored to their needs. The couple is in their sixties, retired, and their children are adults: vet their new plan includes newborn care, plus dental and vision for dependent chil-

A constituent from Cary, North Carolina, wrote in with similar concerns. He and his wife currently pay about \$715 a month for their health care plan and were informed that it was being canceled. Their new plan will cost them double annually and will no longer include vision care, but they are now both covered for maternity care. He wrote that his present policy is better and more suited for two people in their sixties, and "it just doesn't seem quite fair that two people who have always been responsible and done without things in order to afford health care insurance and save enough to retire should now be faced with this." Madam Speaker, I agree.

Men and women of all ages across my home State and the country are feeling the negative impacts of ObamaCare. I received a letter from a mother in Wake Forest, North Carolina, who got a notice that her monthly premium for a family of four is going from \$624 a month to \$1,207 a month. This is as much as their mortgage payment. Now her family is forced to pay the steep increase or choose a plan that includes a smaller premium, but with fewer benefits and much higher deductibles. So much for keeping the health care plan she liked.

Another constituent from Cary wrote that a difference in cost between his current BlueCross BlueShield plan and the lowest option under ObamaCare is about \$700 a month, tripling his current rate. How is this comparable to the plan he already has and now cannot keep?

Madam Speaker, these are real people who have real problems with ObamaCare. President Obama needs to listen to North Carolinians and American families across the country. Stories like this indicate that what President Obama said simply wasn't true. People are being forced into plans that include coverage they don't need or want, and they are not being able to keep the doctors and plans they had for years. ObamaCare gives little choice and puts many in an impossible financial situation.

Madam Speaker, this is simply not right. The American people want to be able to keep their doctors and health care plans that they were promised, and they were promised this by the President. That promise should be upheld.

OBAMACARE

The SPEAKER pro tempore. The Chair recognizes the gentleman from Louisiana (Mr. SCALISE) for 5 minutes.

Mr. SCALISE. Madam Speaker, we all have heard the promise over and over again:

If you like what you have, you can keep it.

It is probably the most often repeated promise since Barack Obama has been President. For 5 years now, that promise has been made, and unfortunately, now millions of Americans are realizing that that promise has been broken over and over again. Over 100,000 Louisiana families are seeing that broken promise.

In fact, we had a social media site called Share with Steve where we asked people in Louisiana's First Congressional District to share their stories with me, and the stories that I have heard have been compelling and heartbreaking. In fact, I started sharing some of those stories with the Secretary of Health and Human Services. When Secretary Sebelius was before us in the House Energy and Commerce Committee just a little over a week

ago, I shared some of those stories with her.

One of those stories was Shaun from Covington, and I read Shaun's story of the health care that he has now lost for his family because of the President's health care law. Of course, you have got Secretary Sebelius who is running the President's health care law and all of these broken promises that we are hearing about. I said, What would you tell Shaun, Madam Secretary, who has now lost the good health care he has for his family when you promised him that he would be able to keep that health care?

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Unfortunately, all we got was a smug response from a bureaucrat in Washington, and her response to Shaun was, Well, you can just go shop around in the health care exchange.

Well, first of all, that is not the promise that she and the President made to Shaun. The President promised Shaun he could keep his health care if he liked it. And Shaun likes his health care and doesn't want to lose it and, even more, doesn't want to have to go to some Web site that doesn't even work to go buy a plan that his family doesn't need. What Shaun conveyed to me after that interaction with the Secretary was that what he is being presented now are options that are even more expensive and don't include the kind of coverage that his family wants.

So I think what is most insulting to Americans is not only now that they are losing that health care, that President Obama broke that promise, that sacred promise between a doctor and a patient, but now you are hearing this elitist Washington politician response where you have got these bureaucrats and politicians in Washington telling people like Shaun, We didn't think your plan was good enough.

So not only have they broken the promise, but now they are deciding what they think is good enough for a patient and their doctor. And so a family in a place like Covington, Louisiana, that I represent, or all around the country, that had good health insurance, that liked the plan that they had, is being told not only that they can't keep it, but that some Washington bureaucrat didn't think their plan was good enough, even though they thought their plan was good enough.

So this is what is wrong with government-run health care. This is why we fought this bill back in 2009 when it was going through the Energy and Commerce Committee and here on the House floor when you had then-Speaker NANCY PELOSI saying you have got to pass the bill to find out what is in it. Of course American families are now seeing what is in it, and they don't like what they are seeing in this bill.

Later this week, we are bringing up a bill on the House floor that I am proud to cosponsor that allows you to keep

the plan that you have if you like it. Of course, the President's promise really should have been if Barack Obama likes your plan you can keep it, because that is the only way you can keep your plan is if the Federal Government approves of it even if you like it and you lose it.

What we are also seeing, of course, over on the Senate side, and even here on the House floor, many people who voted for the President's health care law are acting as if they had no idea this was going to happen. Of course they knew this was going to happen. If you read the bill, you could tell that people would lose the good health care they liked. There were reports coming out in 2010 that said millions of Americans will lose the health care they like. and yet now you have Senators over there and even some House Members who voted for the President's health care law acting like they had no idea this was going to come to pass. Of course they knew that millions of Americans would lose the good health care that they like. They just didn't think maybe that people would realize that it was the President's health care law that caused it and hold them accountable. And so now people are starting to be held accountable, as they should.

But, Madam Speaker, there is a better way. In fact, I am proud to have led an effort to bring forward the American Health Care Reform Act, a true alternative to the President's health care law that actually starts addressing the problems to lower costs, to allow people to keep the good health care plans that they like, and to give people real options.

In fact, our bill has over 100 cosponsors now, including medical doctors who serve in Congress who helped draft this bill, who understand that the doctor-patient relationship should continue to be maintained and be that sacred relationship that it used to always be before the government started coming in between people's health care, before IRS agents started coming in between people's health care.

So this bill allows people to buy insurance across State lines, giving people real flexibility, real choice, real competition in health care, where people will be competing for your business to dramatically lower costs, to allow people to have the option to buy their own health care instead of going through their company, and they will be able to have the same tax benefits that a company gets. So if they buy a health care plan on their own that is better than what their employer provides, they will be able to deduct that cost, which they can't do today. It allows small businesses and even individuals to pool together and get the buying power of a large corporation. This is the way we should be doing this, Madam Speaker, not this governmentrun approach.

THE AFFORDABLE CARE ACT

The SPEAKER pro tempore. The Chair recognizes the gentleman from Pennsylvania (Mr. THOMPSON) for 5 minutes.

Mr. THOMPSON of Pennsylvania. Madam Speaker, millions of Americans are now experiencing firsthand the failures of a massive undertaking to roll out the Affordable Care Act. While well-intentioned, our colleagues who had a Democrat supermajority in the White House, the Senate, and this House pushed through a partisan bill ignoring warnings of those like myself who have worked in the health care field for decades.

Prior to being elected to Congress, I spent nearly three decades in a non-profit health care setting, serving my neighbors who were facing life-changing disease and disability. When it was time to weigh in on public policy, Members like me were muzzled. We were told to pass a bill to see what was in it. Well, that is exactly what happened, despite our continued dissent.

Phones are ringing off the hooks in Members' offices. Constituents who have lost their health insurance policies and experienced unaffordable premium hikes are angry. They were made a promise by the President that they could keep their health plans. Now, reportedly, more than 5 million individuals have lost their policies. Undoubtedly, this is just the beginning of Americans not being able to keep the insurance that they like.

One of my constituents, Sam, from Erie County, Pennsylvania, has been affected. He has been on the same policy that has provided him with adequate coverage, exactly what he was looking for, for years. He no longer has access to that coverage.

Or Lisa and her husband, both selfemployed and hailing from Punxsutawney in Jefferson County, Pennsylvania. They have five children—two in college, one in high school, and two working. After receiving notice that their effective and affordable health insurance policy was canceled, they have now been saddled with cost increases of over \$20,000 a year.

How about John from Clearfield County, who emailed my congressional office this week after being informed by his insurer that, due to changes under the Affordable Care Act, his policy is now canceled. He owns a small business that no longer qualifies for the group plan under the law's requirements.

Then there is Sonya from northeast Pennsylvania, right on the shores of Lake Erie. She has had the same policy for the last 4 years, and it is being canceled. She stated that it is unfair she should have to buy more expensive insurance; not to mention, she says, it will cost much more over the long run when you factor in her new deductible.

Madam Speaker, this is an outrage. These are just several of countless examples—I want to say "endless examples"—of real harm being experienced

by hardworking Americans, my constituents, as a result of this flawed law.

Madam Speaker, the time I have been granted on this floor is not sufficient for me to share the growing number of voices from the Fifth District of Pennsylvania who are having their policies canceled and being forced to buy insurance that they can't afford, that they don't want and they don't need.

Those at the White House that masterminded this catastrophic attack on insurance affordability and choice released their preliminary numbers for winners and losers yesterday. Nationwide, roughly 100,000 have obtained insurance policies through the national and State exchanges combined. Many of these individuals, unfortunately, are now experiencing the sticker shock of significant costs when premiums and deductible expenses are combined and considered. The sad part is that these are the winners. That is just how bad this health care law is. Americans deserve access to health insurance that they choose and can afford.

Madam Speaker, a large block of Members in this body are standing up and putting forward solutions to these failures, including some of my colleagues on the other side of the aisle.

Senator Mary Landrieu, a Democrat from Louisiana, recently announced she would propose legislation to ensure all Americans could keep their existing insurance coverage under ObamaCare. But "it's not just red-State Democrats," as Politico reports today. Senator Dianne Feinstein, a Democrat from California, yesterday announced she would support the bipartisan effort to allow Americans to keep the plans they know and like.

Unfortunately, Madam Speaker, these proposals that are being put forward by my Democratic colleagues mean that we would have to change the law. Unfortunately, Senate Leader REID doesn't like the optics of having this debate on its merits, even if it would help Americans keep the insurance they know and like, as the President repeatedly promised.

I want to thank the growing number of my colleagues for doing what is right and placing good policy before politics. This law is flawed. It is sinking by its own weight. Now we must act to fix its fatal flaws. If we don't, those who want to protect the political reputation of the White House will allow it to continue, no matter how much harm is caused upon the American people.

Madam Speaker, the American people deserve better.

RECESS

The SPEAKER pro tempore. Pursuant to clause 12(a) of rule I, the Chair declares the House in recess until noon today.

Accordingly (at 10 o'clock and 40 minutes a.m.), the House stood in recess.