minute and to revise and extend his remarks.)

Mr. DESANTIS. Mr. Speaker, I am here to congratulate a team that captivated the Nation with style, swagger, heart, and class. I'm talking about four letters that few people have ever heard of until just March—that is FGCU—put on the map by their men's basketball team. As a Representative and servant of southwest Florida, I am so proud to have Florida Gulf Coast University in my backyard—our backyard, our home—now known as "Dunk City."

The men's basketball team and the university itself have only been around for, basically, a few years. Heck, the players are actually older than the school itself. Now, this was only FGCU's second year of Division 1 eligibility, and in their second year they went all the way to the sweet 16—busting brackets, knocking down threes and, of course, representing Dunk City with a total of 148 dunks this year.

I am proud to represent Dunk City. I am proud of our young team and our young campus of Florida Gulf Coast University, and we all look forward to another stunning season next year.

#### FOSTERING MIDDLE CLASS PROSPERITY

(Mrs. DAVIS of California asked and was given permission to address the House for  $1\ \mathrm{minute.}$ )

Mrs. DAVIS of California. Mr. Speaker, we need to focus on fostering middle class prosperity, and I feel investing in job training and education is the best way to do that.

We recently had an opportunity to revamp the Workforce Investment Act. However, the consolidation approach that was taken with that bill was counterproductive. That legislation could have been a bipartisan effort. Instead, it has gone to the Senate to die.

So I propose, instead of belittling Federal employees, attacking unions and repealing environmental protections, why don't we focus on working together across the aisle and doing what we can to equip people with the skills and the education they need to fill the job openings that are out there.

That might sound warm and fuzzy, but that is what Americans want us to do. My constituents have told me again and again: let's focus on practical solutions to the problems people are facing, not political ideology.

# FIXING AMERICA'S MENTAL HEALTH SYSTEM

(Mr. MURPHY of Pennsylvania asked and was given permission to address the House for 1 minute.)

Mr. MURPHY of Pennsylvania. Yesterday, Dylan Quick, a 20-year-old student at Lone Star College in Texas, went on a rampage with a knife, hurting more than a dozen people. He told police he had fantasized since elementary school about stabbing people to death.

Tucson shooter Jared Loughner told his psychologists that he wished he had been taking his anti-psychotic medication. If he had been, Loughner, who has schizophrenia, says the Tucson shooting might not have happened.

A psychiatrist treating James Holmes told campus police a month before the Colorado theater attack that Holmes had homicidal thoughts and was a danger to the public. Holmes also exhibited signs of schizophrenia.

Those with mental illness are generally more likely to be the victims rather than the perpetrators of violence, but those with untreated mental illness are at increased risk of violent behavior. Ten percent of all homicides are committed by individuals with schizophrenia, bipolar disorder, and other psychotic illnesses.

When will we acknowledge that it is not just what is in the killer's hand that makes him dangerous, be it fist, knife or gun, but what is in his mind? We must take off the blinders and acknowledge the importance of the diagnosis of mental illness and severe mental illness. Let's fix our mental illness system.

#### MARKING 30 YEARS OF SAN RAMON

(Mr. SWALWELL of California asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. SWALWELL of California. Tonight, San Ramon celebrates its 30 years as an incorporated city.

It's a city I know well. My mother grew up there, and my grandfather was the editor of the Valley Pioneer newspaper. I went to elementary school there, and I coached youth soccer there for years.

Americans first came to San Ramon in 1850 when Leo and Mary Jane Norris purchased property there. The name "San Ramon" came from a Native American sheep herder in the area named Ramon. For many years, agriculture was a key part of San Ramon's economy. Starting in the 1960s, suburban development began there; modern San Ramon emerged; and the population took off. Eventually, the residents voted to incorporate as a separate city.

It has grown from about 4,000 people in 1960 to over 70,000 today. It's the fourth largest city in Contra Costa County. It is the location of the head-quarters of 24-Hour Fitness and Chevron, and it is the west coast head-quarters of AT&T. Both of its high schools, California High School and Dougherty Valley High School, were ranked by U.S. News & World Report as being in the top 200 California high schools. These are just a few examples of the highly educated, hardworking folks who live in San Ramon.

CONGRATULATIONS TO THE ST. CLOUD STATE UNIVERSITY MEN'S HOCKEY TEAM

(Mrs. BACHMANN asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Mrs. BACHMANN. Mr. Speaker, if there is one thing the people of Minnesota understand, it's hockey.

That's why I'm so excited to be able to be here today to congratulate the St. Cloud State University men's hockey team. They're making history. Never before in their history have they advanced to the Frozen Four. I'm here to congratulate them for the first time in the program's history. It has taken talent; it has taken teamwork; it has taken dedication; and the men on this team have shown it all.

I know I speak for all of the people back home in St. Cloud when I say we are extremely proud of these young men and what they've already accomplished. The Cinderella story is going to take place tomorrow evening. It has captivated the community. We can't wait to cheer them on when they take on Quinnipiac in the Frozen Four.

So congratulations. Good luck. Go Huskies.

### SEQUESTER

(Ms. HANABUSA asked and was given permission to address the House for 1 minute.)

Ms. HANABUSA. Mr. Speaker, we are back from a 2-week recess in the district. Everyone must have been told or seen the impacts of the sequester.

When the sequester went into effect a little over a month ago, people did not see its immediate impact. Now it's different. Many of them, and us, were hoping that the continuing resolution would take care of the sequester, but it did not. Now many of them, and us, are hoping that the President's budget—unlike the Ryan budget, the Republican Study Caucus, or the minority budget in the Senate, which kept the sequester in place—will repeal the sequester.

We know for hospitals like those at home that have large numbers of Medicare patients a 2 percent cut to Medicare is devastating; we know our friends who are still struggling with the recovery from Hurricane Sandy will be affected by the \$1 billion cut to FEMA; and for our Federal employees, the furloughs to cover the sequester will affect not only them and their families but our local economies. We need to recognize that slashing with the sequester is not the answer, but also know that we need to reduce our deficit sensibly.

### □ 1230

## AMERICANS WANT A BALANCED BUDGET

(Mr. YODER asked and was given permission to address the House for 1

minute and to revise and extend his remarks.)

Mr. YODER. Mr. Speaker, the President released his February 2014 budget proposal this morning, and now for the first time in over 4 years, the House and the Senate and the President all have submitted budget blueprints showing their priorities for getting our Nation's finances back in good standing.

In the House, our budget balances within 10 years by slowing the growth of government, responsibly and carefully reforming Federal spending, while strengthening and preserving Medicare and Social Security for future generations. And the House budget pays down the national debt to zero within our lifetimes.

Just 12 weeks ago, taxes went up on every American; yet, unfortunately, the President's plan raises taxes again on Americans while increasing spending, growing the size of government, and never, ever balancing.

Mr. Speaker, the American people want balance in Congress, and they want a balanced budget. As we go forward, let's do our job and control spending. Let's balance our own books, and let's stop the constant push for higher taxes on the American people.

ANNOUNCEMENT BY THE SPEAKER PRO TEMPORE

The SPEAKER pro tempore. Members are reminded not to traffic the well while another Member is under recognition.

#### PROTECTING EARNED BENEFITS

(Mr. NOLAN asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. NOLAN. Mr. Speaker, I rise to set the record straight here with regard to Social Security and Medicare:

First of all, neither one of them are responsible for the debt and the current fiscal crisis that we find ourselves facing:

Secondly, neither of them are entitlements. They're earned benefits that people started paying for the very first day, the very first hour they went to work, and they have every right to expect those benefits;

Thirdly, there are some long-term problems with both, and they should and need to be fixed, but they can be done, clearly, without reducing the benefits.

Let me remind all of us that nothing has done more in this country to lift more people out of poverty than Social Security, and nothing has done more to add more life and more years to life than Medicare.

Mr. President, my fellow Members, we must stand up for Social Security and Medicare and protect those benefits going forward.

## CONTROLLING GOVERNMENT SPENDING

(Mr. LATHAM asked and was given permission to address the House for 1

minute and to revise and extend his remarks.)

Mr. LATHAM. Mr. Speaker, this morning was a remarkable time. The President, even though it's 65 days late, came out with a budget today. And it is interesting to note that it is about \$600 billion of new taxes, after we've just had a \$620 billion tax increase on this economy, with the health care bill, about another \$1.2 trillion of new taxes and fees, and his budget proposal increases the size of government 50 percent over the next 10 years.

Mr. Speaker, I've been home for the last couple of weeks talking to constituents, and what they tell me is the fact that they want a balanced budget. The President's budget never gets to balance. Our budget does. They want a balanced budget. They want us to get control of spending in Washington because they know how it affects themselves, their families, and the future of this country.

The spending coupled with all of the new regulations, the health care mandates coming down on small businesses, they are stopping job growth. We have got to get some common sense in this House.

#### SEQUESTRATION

(Mr. YARMUTH asked and was given permission to address the House for 1 minute.)

Mr. YARMUTH. Mr. Speaker, sequestration has been in effect for 41 days, and already it is hurting American families. Just outside my district at Fort Knox, more than 5,000 civilian employees face at least 2 weeks of furlough because of these indiscriminate cuts in Federal spending.

A constituent of mine whose husband is a military technician for the Kentucky National Guard said her family will lose close to 20 percent of their income because of furloughs. He is one of at least 460 technicians in my district who will be furloughed.

I've talked with a school principal who's forced to lay off special education teachers because of sequestration. I've met with local social service organizations who are concerned that sequestration will eliminate entire Federal grant programs, jeopardizing jobs and essential services for Louisville families. And officials at the University of Louisville are worried that cuts to their research will interrupt lifesaving medical advances.

Mr. Speaker, sequestration was a threat, not a policy. That's why I voted against it. It now is clear that the real threat of sequestration is to middle class families who can least afford another recession. Congress should enact a budget that eliminates sequestration and spares even more American families the pain of this ill-advised austerity.

#### A BALANCED BUDGET

(Mr. TIPTON asked and was given permission to address the House for 1 minute.)

Mr. TIPTON. Mr. Speaker, we've all heard the statement "a day late and a dollar short." Well, the President is now 2 months late with his budget and billions of dollars short. It's clear, this President wants to balance the increase of government on the backs of the American people. He believes that government needs the resources more than hardworking Americans.

We put forward a budget to be able to protect our senior citizens, to be able to build for the future for our children. The real approach, when we're talking about balance, is to have a budget that truly balances.

This administration continues to grow government, continues to waste the hardworking dollars of the American taxpayer.

Let's stand up and put politics aside and stand up for the people of this country and put forward a budget that will truly put America back to work.

### CREATING JOBS

(Mr. VEASEY asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. VEASEY. Mr. Speaker, I rise today about the urgent need to create jobs and grow our economy, an issue that should be our number one focus right now. We are nearly a month and a half into the sequester, which has imposed painful cuts to defense, transportation, and education, and it's hurting our economy.

I'm disappointed the House Republican leadership chose the path of the sequester rather than working with House Democrats to stop these needless, across-the-board cuts. I'm also disappointed that House Republicans have chosen the politics of brinksmanship and government shutdowns rather than negotiate a compromise with Democrats.

We must stop politicizing every function of government from the debt ceiling to the budget. Creating jobs and strengthening our economy starts with the private sector and government working together to ensure confidence and investment across the country.

I encourage all of my colleagues to come together and focus on jobs. Let's work on legislation that helps our constituents obtain jobs and grows our economy.

#### PRESCRIPTION DRUG ABUSE

(Mr. ROGERS of Kentucky asked and was given permission to address the House for 1 minute.)

Mr. ROGERS of Kentucky. Mr. Speaker, prescription drug abuse is killing more people in this country than car wrecks. It's hard to believe, but it sneaked up on us.