

Wilson, and Janet Yokooji. Each has personally contributed to development of the first Hawaiian Room Archive by contributing their stories and personal photos to this new educational resource.

Many other esteemed Hawaiian Room members have passed on, including Alfred Apaka, Aggie Auld, Keola Beamer, Mapuana Bishaw, Eddie Bush, Johnny Coco, Leilani DaSilva, Ehulani Enoka, Leila Guerrero, Ululani Holt, Meymo Holt, Keokeokalae Hughes, Clara Inter "Hilo Hattie," Andy Iona, Alvin Isaacs, Momi Kai, George Kainapau, Sonny Kalolo, David Kaonohi, Nani Kaonohi, Ray Kinney, Kui Lee, Sam & Betty Makia, Lani & Alfred McIntire, Pualani Mossman, Tootsie Notley, Lehua Paulson, Telana Peltier, Luana Poepoe, Dennie Regor, and Jennie Napua Woodd. All were legendary talents in their own right, and also contributed to making the Hawaiian Room the success it was.

Although the Hawaiian Room was in New York, it played an ever important role in the spread of Hawaiian culture across the continental United States, as well as the development of Hawaii's major industry—tourism. The nightly exposure of business executives, celebrities, and New York's working men and women to the Hawaiian songs, sceneries, and hula at Lexington Hotel was sure to have put dreams of a Hawaii vacation in the minds of more than a few over the years.●

#### GRANDMASTER HONG LIU

● Mr. AKAKA. Mr. President, as I reflect back on my 36 years of service in Congress and the Senate, I realize how fortunate I was to be mostly healthy. As we age, we pay more attention to our health. The challenge is how to maintain good health.

It was after I was struck in the shin by a stray golf ball on a Virginia course that I met a Chinese Grandmaster who introduced me to an ancient Chinese methodology for maintaining good health. This methodology was developed and tested over thousands of years—it was the ancient practice of natural healing using Qi Gong.

Grandmaster Hong Liu was born in Shanghai, China. His Mother was the director of medical care and hospitals in Shanghai. As a result of being raised in a health-oriented environment, he enrolled in the Military Medical College to become a doctor of Western medicine.

His home was always filled with visitors from the health industry, doctors, and even healers who practiced Traditional Chinese Medicine or TCM as it is popularly known today. Whenever the Qi Gong masters visited his Mother, crowds of sick people would gather seeking treatment. He would watch intently as these people were treated by those masters.

Grandmaster Hong became interested in one of the healers who lived outside of Canton high up on a mountain in a

cave, Master Kwan. During the time of the Cultural Revolution, Chairman Mao's wife banned all ancient medical traditions—healers escaped imprisonment by living in remote caves in high mountains outside the cities. This interest in ancient Traditional Chinese Medicine conflicted with his role as an army officer practicing in a military hospital. All doctors were scheduled for duty in the hospitals and were expected to perform routine duties. His days were scheduled with long hours of patient care leaving very little spare time. Medical doctors who did not perform their duties and who did not work diligently were reprimanded and sometimes demoted. For 8 years, he spent all of his spare time studying Qi Gong and traditional Chinese medicine under Master Kwan. This meant taking the train to Canton and then traveling many miles outside the City to a mountain called Golden Cock to get to Master Kwan's cave. Grandmaster Hong or Master Hong became an apprentice of Master Kwan and then became a Qi Gong Master in 1979. Grandmaster Hong came to the United States in 1990 and has practiced Traditional Chinese Medicine.

Getting back to that golfing incident, I did not worry much about the golf injury after icing it because it seemed to have healed. It was not until a week later when I flew back to Hawaii and was at my physician's office for a regular checkup that it was discovered the inside of the wound had not healed and was infected. My physician prescribed treatment for the infection, but a family friend asked if I would consider additional treatment in complement with my physician's medical care. This was my introduction to natural healing and to Grandmaster Hong Liu, we call him Master Hong, who is a Grandmaster of Natural Healing, which includes Feng Shui, herbs, exercise, martial arts and nutrition. This introduction was the start of a remarkable journey for me into the world of natural healing using proper breathing, movement through exercise, and nutrition to nourish and heal.

This natural healing method seemed too simple, but what I learned over time was that illness occurs when the natural flow or circulation of the energy canals or pathways in our body are blocked, but this can be remedied again with proper breathing, exercise, and eating nutritionally. Injuries to the body are remedied in the same manner with the addition of herbs. The Qi of Qi Gong is that natural energy that runs through those canals in our body like blood flows through veins. That energy is what keeps us living, and if that Qi is circulating properly or flowing freely, then we are healthy. The simple "science" of Natural Healing is viewed as an approach to remove the blockages that occur when the energy does not flow freely and balance the internal organ energy. The ultimate goal in Traditional Chinese Medicine is balance—the body should be balanced naturally—seems simple.

Master Hong has not only been good to me—he is good to the people of Hawaii. He has held free seminars and events. His foundation holds free, weekly senior programs because he recognized the demographics of the aging population, its rapid growth globally, and the issues with affordable healthcare. He developed and offers a weekly self-healing program for seniors that includes exercises and nutritional information for them to get healthy and stay healthy. For the past 9 years, he's given immunity events to the community. People attend these events to get free patches to help boost their immunity systems. The immunity events are held on the hottest and the coldest days of the year because those are the most potent days for the effectiveness of those patches. The events originally started out as asthma events since Hawaii has had 30 years of volcanic activity which affected the respiratory systems of many Islanders. Those asthma events evolved into the bigger bottom line picture or the source of the problem which is the immunity system.

Master Hong is the founder of the Natural Healing Research Foundation in Hawaii. The foundation is his basis for advancing remedies for the major diseases affecting humanity by promoting the time honored natural healing practices of Eastern medicine in complement with Western medicine to attain that goal. The marvel of the remedies of natural healing is that it offers simple yet effective healing programs that work with conventional practices and have no side effects. The foundation reaches out to the community providing information and training in disease prevention and offering proactive solutions to maintain optimal health.

Master Hong was proclaimed a "Living Treasure" not only in his homeland of China but also in the State of Hawaii because of his research of various diseases, cancer, drug addictions, diabetes, obesity, and heart disease to name a few, and his devotion to teaching preventive health care. He has also authored "The Healing Art of Qi Gong" by Warner Books.

The basic simpleness of all of this knowledge is that this energy is all around us, but you need to work at keeping the movement of this energy moving or circulating in order to be healthy and balanced. I learned that foods of a certain color were specific to different organs. Foods white in color, mushrooms, ginger, garlic are for the lungs and skin, while foods that are black in color, black beans, black sesame, seaweed, are for the kidneys.

There is so much that I have learned from Grandmaster Hong Liu, and there is more learning to be done when I get back to Hawaii. What I do know is that the Traditional Chinese Healing methods he used in complement with my regular physician improved my health.

I will continue to learn from this Grandmaster, and I continue to be

grateful for my health and wellbeing. It has been about 8 years of learning and exercising and eating right for me, but in that time I have seen an industry boom in natural health care and products—what a coincidence. All of this makes me more aware of how fortunate and timely my meeting Grandmaster Hong Liu was to promote the balance and wellbeing in my life. Thank you, Grandmaster Hong for what you have done not only for me but for the people of Hawaii.●

#### CONCORDIA UNIVERSITY WOMEN'S VOLLEYBALL CHAMPIONS

● Ms. KLOBUCHAR. Mr. President, today I wish to recognize and congratulate the women's volleyball team of Concordia University in St. Paul, MN, for winning their sixth consecutive NCAA Division II championship. On December 8, 2012, the Golden Bears bounced back from a two-set deficit to defeat the University of Tampa and secure the national title.

The team has an incredible record of success, winning the national championship every year since 2007—a title streak that matches the NCAA record in all divisions. They have clinched 36 NCAA tournament matches in a row, and have won 44 out of 48 matches in 10 tournament appearances. Brady Starkey, who has coached the team for a decade, has led the team to victories in six out of seven tournament matches.

I would especially like to recognize the team's All-Americans—Ellie Duffy, Cassie Haag, Kayla Koenecke, and Amanda Konetchy, all four of whom were named to the all-tournament team. Ellie Duffy was also selected to the Academic All-American Division II Volleyball team.

The women of Concordia University's volleyball team are part of Minnesota's long tradition of excellence in college athletics and they make our State proud. I want to commend the team on their hard work and outstanding achievements this season and wish them success in many seasons to come.●

#### MESSAGES FROM THE HOUSE

At 12:04 p.m., a message from the House of Representatives, delivered by Mrs. Cole, one of its reading clerks, announced that the House has passed the following bill, without amendment:

S. 3202. An act to amend title 38, United States Code, to ensure that deceased veterans with no known next of kin can receive a dignified burial, and for other purposes.

The message also announced that the House has passed the following bill, in which it requests the concurrence of the Senate:

H.R. 3159. An act to direct the President to establish guidelines for United States foreign development assistance, and for other purposes.

The message further announced that the House agrees to the amendment of

the Senate to the bill (H.R. 4057) to amend title 38, United States Code, to direct the Secretary of Veterans Affairs to develop a comprehensive policy to improve outreach and transparency to veterans and members of the Armed Forces through the provision of information on institutions of higher learning, and for other purposes, without amendment.

At 1:54 p.m., a message from the House of Representatives, delivered by Mrs. Cole, one of its reading clerks, announced that the House has passed the following bill, without amendment:

S. 3666. An act to amend the Animal Welfare Act to modify the definition of "exhibitor".

#### ENROLLED BILLS SIGNED

At 5:53 p.m., a message from the House of Representatives, delivered by Mrs. Cole, one of its reading clerks, announced that the Speaker has signed the following enrolled bills:

S. 3202. An act to amend title 38, United States Code, to ensure that deceased veterans with no known next of kin can receive a dignified burial, and for other purposes.

S. 3666. An act to amend the Animal Welfare Act to modify the definition of "exhibitor".

H.R. 3263. An act to authorize the Secretary of the Interior to allow the storage and conveyance of nonproject water at the Norman project in Oklahoma, and for other purposes.

H.R. 3641. An act to establish Pinnacles National Park in the State of California as a unit of the National Park System, and for other purposes.

H.R. 4057. An act to amend title 38, United States Code, to direct the Secretary of Veterans Affairs to develop a comprehensive policy to improve outreach and transparency to veterans and members of the Armed Forces through the provision of information on institutions of higher learning, and for other purposes.

H.R. 4073. An act to authorize the Secretary of Agriculture to accept the quitclaim, disclaimer, and relinquishment of a railroad right of way within and adjacent to Pike National Forest in El Paso County, Colorado, originally granted to the Mt. Manitou Park and Incline Railway Company pursuant to the Act of March 3, 1875.

H.R. 6014. An act to authorize the Attorney General to award grants for States to implement DNA arrestee collection processes.

H.R. 6620. An act to amend title 18, United States Code, to eliminate certain limitations on the length of Secret Service Protection for former Presidents and for the children of former Presidents.

The enrolled bills were subsequently signed by the President pro tempore (Mr. LEAHY).

#### ENROLLED BILL AND JOINT RESOLUTION PRESENTED

The Secretary of the Senate reported that on today, December 31, 2012, she had presented to the President of the United States the following enrolled bill and joint resolution:

S. 925. An act to designate Mt. Andrea Lawrence.

S.J. Res. 49. Joint resolution providing for the appointment of Barbara Barrett as a citizen regent of the Board of Regents of the Smithsonian Institution.

#### EXECUTIVE AND OTHER COMMUNICATIONS

The following communications were laid before the Senate, together with accompanying papers, reports, and documents, and were referred as indicated:

EC-8746. A communication from the Deputy Secretary, Division of Investment Management, Securities and Exchange Commission, transmitting, pursuant to law, the report of a rule entitled "Temporary Rule Regarding Principal Trades with Certain Advisory Clients" (RIN3235-AL28) received in the Office of the President of the Senate on December 28, 2012; to the Committee on Banking, Housing, and Urban Affairs.

EC-8747. A communication from the Deputy Director, Office of Sustainable Fisheries, Department of Commerce, transmitting, pursuant to law, the report of a rule entitled "Fisheries of the Exclusive Economic Zone Off Alaska; Other Flatfish, Other Rockfish, Pacific Ocean Perch, Sculpin, and Squid in the Bering Sea and Aleutian Islands Management Area" (RIN0648-XC377) received in the Office of the President of the Senate on December 28, 2012; to the Committee on Commerce, Science, and Transportation.

EC-8748. A communication from the Deputy Director, Office of Sustainable Fisheries, Department of Commerce, transmitting, pursuant to law, the report of a rule entitled "Snapper-Grouper Fishery of the South Atlantic; Reopening of the Commercial Harvest of Red Snapper and Gray Triggerfish in the South Atlantic" (RIN0648-XC367) received in the Office of the President of the Senate on December 28, 2012; to the Committee on Commerce, Science, and Transportation.

EC-8749. A communication from the Deputy Director, Office of Sustainable Fisheries, Department of Commerce, transmitting, pursuant to law, the report of a rule entitled "Fisheries of the Northeastern United States; Summer Flounder Fishery; Quota Transfer" (RIN0648-XC373) received in the Office of the President of the Senate on December 28, 2012; to the Committee on Commerce, Science, and Transportation.

EC-8750. A communication from the Director, Office of Sustainable Fisheries, Department of Commerce, transmitting, pursuant to law, the report of a rule entitled "Magnuson-Stevens Fishery Conservation and Management Act Provisions; Fisheries of the Northeastern United States; Extension of Emergency Fishery Closure Due to the Presence of the Toxin That Causes Paralytic Shellfish Poisoning (PSP)" (RIN0648-BB59) received in the Office of the President of the Senate on December 28, 2012; to the Committee on Commerce, Science, and Transportation.

EC-8751. A communication from the Director, Office of Sustainable Fisheries, Department of Commerce, transmitting, pursuant to law, the report of a rule entitled "Fisheries of the Caribbean, Gulf of Mexico, and South Atlantic; Snapper-Grouper Fishery Off the Southern Atlantic States; Transferability of Black Sea Bass Pot Endorsements" (RIN0648-BC30) received in the Office of the President of the Senate on December 28, 2012; to the Committee on Commerce, Science, and Transportation.

EC-8752. A communication from the Acting Deputy Director, Office of Sustainable Fisheries, Department of Commerce, transmitting, pursuant to law, the report of a rule entitled "Snapper-Grouper Fishery of the South Atlantic; 2012 Commercial Accountability Measure and Closure for South Atlantic Snowy Grouper" (RIN0648-XC380) received in the Office of the President of the Senate on December 28, 2012; to the Committee on Commerce, Science, and Transportation.