were using Twitter to attack other kids from behind a wall of anonymity.

Cyberbullying, kids using the Internet to intimidate, defame, or attack other kids, is a growing problem.

Sophie Needleman, a senior at Ridgefield High, decided to create an outlet online for the legions of supportive, helpful, and decent students to speak out and speak up. With a few friends, she started a Facebook group for Ridgefield students to counter the actions of the bullies. Within 48 hours, it had 1,000 concerned students and adults who wanted to show that bullying has no place in our schools.

I commend the students behind Students Against Internet Discrimination and the entire community of support behind this growing movement.

For every bully out there, there are hundreds of adults and other students who will support this effort and offer help. Seek out a group like SAID and join the effort to stop the despicable practice of cyberbullying.

\Box 1220

GRAND CANYON AIR TOURISM

(Mr. QUAYLE asked and was given permission to address the House for 1 minute.) $% \left({{\left({{{{\bf{N}}_{\rm{T}}}} \right)}} \right)$

Mr. QUAYLE. Madam Speaker, a couple of weeks ago, the President was in Florida and announced new tourism initiatives with a particular focus on increasing visits to U.S. natural treasures. Unfortunately, once again, his rhetoric doesn't match his actions.

For example, the National Park Service is currently considering new regulations to be implemented by the FAA that would further restrict air tours above the Grand Canyon National Park in an attempt to reduce aviation noise. If implemented, these regulations would devastate the Grand Canyon air tourism industry that is responsible for \$104.3 million in economic activity. It would reduce the industry's employment by 10 percent. Flight operations would go down 14.7 percent, and passenger volume would drop nearly 12.8 percent.

The Grand Canyon is a national treasure to us all, but 70 percent of the park is already off limits to flights, and the industry has already invested millions in quiet technology. This is yet another example of the administration's consistently inconsistent policies.

The administration must stop needless regulations that will destroy jobs.

ACTIONS HAVE CONSEQUENCES: COPS FUNDING CRISIS

(Mr. HOLT asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. HOLT. Madam Speaker, let's put this in the category of actions have consequences.

Last year the City of Trenton was forced to lay off nearly one-third of its uniformed law officers. My State's capital now has the same number of police officers on the rolls as it did in 1932.

The city had hoped to reduce the number of layoffs through a grant from the Community Oriented Policing Services program, the COPS program. That grant would have allowed Trenton to hire back 18 officers. Unfortunately, because Congress failed to fund properly the COPS program, Trenton got no money to rehire laid-off officers.

In the last year, almost 150 people have been shot within the city of Trenton compared with only 60 the year before. Street robberies, aggravated assaults, and burglaries are up alarmingly. Trentonians tell me these trends are continuing. Clearly, we need more money to rehire police. We need it now before more Americans lose their lives and suffer injury and property loss.

BUDGET AND JOBS

(Mr. PITTS asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. PITTS. Madam Speaker, the first Monday in February every year is supposed to be the day the President releases his budget, but this year the budget was delayed a week. Last year the budget was delayed a week also. The release date for the budget has been the same for decades, yet this administration seems to be incapable of completing their work on time.

Back when I was a high school teacher, turning in your work a week or two late meant you failed. Now is no time to fail on budgetary matters, not when we are \$15 trillion in debt and have deficits every year of more than a trillion dollars.

The Senate hasn't passed a budget in more than 1,000 days. We need a realistic plan to get our country back on track. When the House put forward a plan last year, it was met with an attack that the nonpartisan PolitiFact called "the lie of the year."

The Federal budget affects every American, especially those who are looking for jobs. Right now, uncertainty abounds and employers wonder whether destructive taxes will hold back growth.

Let's get back on a sound fiscal track. Let's end the uncertainty. Let's pass a budget on time again this year.

HONORING CONTRIBUTIONS MADE BY RAYTHEON

(Mr. CICILLINE asked and was given permission to address the House for 1 minute.)

Mr. CICILLINE. Madam Speaker, I rise today to honor and recognize the contributions made by the hardworking men and women at the Raytheon Company.

Every day, the innovators at Raytheon strive to develop new technologies to defend our country and ensure the safety of our men and women in uniform. Raytheon, a defense research firm, employs 75,000 employees throughout our country and 1,300 in the town of Portsmouth in my home district in Rhode Island.

Raytheon's accomplishments were honored during Aviation Week's Annual Program Excellence Awards ceremony for its work to develop combat system software and mission system equipment for the next generation of surface combat ships—the DDG-1000 Zumwalt class destroyer. Aviation Week awarded Raytheon top honors in the category of system level production.

Raytheon's employees should take pride in the contributions they are making to our local economy and to ensuring the continued strength of the United States Navy.

I congratulate Raytheon on their impressive achievements.

RIGHTS OF CONSCIENCE

(Mr. GRIMM asked and was given permission to address the House for 1 minute.)

Mr. GRIMM. Madam Speaker, I rise today as a pro-life Catholic and as an American deeply concerned with the administration's ruling as part of the health care law to require the Catholic Church, Christian and other religiousaffiliated organizations to offer health insurance that covers contraceptives and sterilizations, even though it is clearly in violation of their beliefs and the fundamental teachings of the church.

I stand with Cardinal-designate Timothy Dolan, president of the U.S. Conference of Catholic Bishops, when he said, "In effect, the President is saying we have a year to figure out how to violate our consciences" and turn our backs on thousands of years of church teachings.

Religious liberty has been sewn into the fabric of our exceptional Nation. The ability to exercise our religious beliefs free of government interference was part of the very reason our Founders came to America and is the very first right mentioned in the Bill of Rights.

The current administration's efforts to challenge the conscience and reproductive rights of the Catholic Church, or any other religion, will not and should not be tolerated. I urge the President to reconsider this rule and restore the church's religious freedom.

PAYROLL TAX CUT

(Ms. LORETTA SANCHEZ of California asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Ms. LORETTA SANCHEZ of California. Madam Speaker, I rise today to urge my Republican colleagues to end the game and to give certainty back to the American people.

Right before the holidays, my Republican colleagues threatened to raise H592

taxes on the middle class because a small but very loud minority in their conference wanted to prove a point. Now we're back at it again. They want to prevent \$1,500 from being in the hands of the middle class.

My fellow Democrats and I want to keep money in the hands of hardworking Americans by supporting the extension of the payroll tax holiday. We cannot afford to take more risks with the income of 160 million working Americans. In fact, the no-jobs agenda of the Republican Conference has pushed to continue tax cuts for the wealthiest of Americans while not giving breaks to working Americans and the middle class.

I ask my colleagues on the other side of the aisle if they will please come to the table for a strong and working middle class of America.

MILLIONS OF AMERICANS FIGHTING MANDATE

(Mrs. BLACKBURN asked and was given permission to address the House for 1 minute and to revise and extend her remarks.)

Mrs. BLACKBURN. Madam Speaker, I think that there are millions of Americans today, many American Catholics, who listened intently to the debate that took place on the ObamaCare bill. They weren't really sure about it, but they kept hanging on to a couple of things: If you like what you have, you can keep it, is what the President said. They have found out that's not the way it turned out.

Well, when it came to all of the guidelines that were coming from HHS, don't worry about these. They'll never be mandates. They're just going to be guidelines. They're there for information and instruction.

Well, that didn't come about either, because what has happened, the Catholic organizations and schools and hospitals are being mandated by the Federal Government to violate their religious beliefs and to meet the Federal mandate of providing contraceptives, abortion services, and sterilization services, all in the name of a health care policy.

This is something that needs to be reversed. I stand with the millions of Americans who are fighting this mandate.

EXTEND PAYROLL TAX HOLIDAY

(Ms. HANABUSA asked and was given permission to address the House for 1 minute.)

Ms. HANABUSA. Madam Speaker, our constituents are saying: Here they go again. Don't they get anything right?

What they're talking about is the fact that the payroll tax, the extension of unemployment, and the extension of the SGR, that's all coming up again. Again. After the fiasco of last December, you would have thought we learned our lesson.

Look at what the payroll tax means—160 million will risk losing. They'll have about a \$1,500 tax increase. For those in Hawaii, 700,000 will suffer a \$1,120 a year reduction. What are we doing?

The SGR will increase the cost to our elderly, a 27-percent reduction to their doctor. We call it in Hawaii our kapunas, those who are very important to us. Look at what we are risking for them.

Instead, the focus seems to be: How do we keep money for the ultrarich, that 1 percent? Think about it. The middle class can use the \$1,120 in Hawaii. Let's do it right.

\square 1230

SPEAK UP, AMERICA

(Mr. RANGEL asked and was given permission to address the House for 1 minute.)

Mr. RANGEL. Well. I think I have some good news. Most Americans believe that when the Congress does not do what they want to happen that they can wait until Election Day, and then they remind us that we let them down. Certainly, I remember when this unemployment compensation and the holiday for taxpayers, as well as the payment of our doctors, was coming up a couple years ago, and it was almost Democrats Christmastime. really thought that, because of the Republican majority, and because they just felt that unemployed people getting compensation meant that they wouldn't look for work, or that they thev weren't paying enough taxes, or that they didn't want to deal with the question of the doctors-but still, after all of this battle, when the American people spoke up, they didn't wait until Election Day. They got on the phone. They called their House Members, Republicans and Democrats. They called everybody to say that they could not afford a sharp increase in their payroll deductions.

So, do it again, because it really works. You're going to get these extensions. All you have to do is call and demand that you get what you deserve.

THE SMARTER APPROACH TO NU-CLEAR EXPENDITURES (SANE) ACT

(Mr. MARKEY asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. MARKEY. Madam Speaker, America's nuclear weapons budget is locked into a Cold War time machine. It doesn't reflect our 21st century security needs. It makes no sense. It is insane. It's insane to spend \$10 billion building new plants to make uranium and plutonium for new nuclear bombs when we're cutting our nuclear arsenal and the plants we have now work just fine. It's insane that we're going to spend \$84 billion for up to 14 new nu-

clear submarines when just one submarine with 96 nuclear bombs on board can blow up every major city in Iran, China, and North Korea.

It's an insane strategy, but it's America's current plan. And that's why we need a SANE approach to our nuclear weapons budget. Today, I am introducing the SANE Act—the Smarter Approach to Nuclear Expenditures Act—with 34 of my colleagues. The SANE Act cuts \$100 billion in spending over the next 10 years on outdated, wasteful nuclear weapons programs over the next 10 years.

Let's cut new nuclear weapons, not the poor, the sick, the children, and the elderly of our country. Support and cosponsor the SANE Act.

REPUBLICAN HYPOCRISY

(Ms. CLARKE of New York asked and was given permission to address the House for 1 minute.)

Ms. CLARKE of New York. Madam Speaker, today we find ourselves in the unfortunate and familiar position of running out the clock on the American people.

The Republican majority seems to have no problem moving Heaven and Earth to preserve tax cuts for the wealthiest Americans. However, they seem content to allow taxes to rise for the working poor and middle class. The majority's orthodoxy that tax cuts solve every problem seems not to extend to those that need it the most. This tax hypocrisy has not gone unnoticed by the American people.

Madam Speaker, the 112th Congress has not passed one job-creating bill in the face of this stubbornly high unemployment. And instead of addressing the jobs crisis, they are continuing their assault on the unemployed by threatening to cut off aid to those who would rather have a job in the first place.

I urge the majority to put aside election-year politics and pass a long-term payroll tax extension and extend unemployment benefits, especially in light of their failure to address the need for more job opportunity.

REPUBLICANS PLAY POLITICS WHILE PEOPLE ARE HURTING

(Mr. GRIJALVA asked and was given permission to address the House for 1 minute.)

Mr. GRIJALVA. Madam Chair, the clock is ticking, Republicans are playing games, and people are hurting. Republicans care more about their singular goal of defeating Obama in November than helping people that are hurting and helping the middle class. This latest chapter on the extension of unemployment benefit adds to an already sordid and sad story.

Last December, Republicans threatened to lay off over 1 million Americans by refusing to extend unemployment benefits. House Republicans are now pushing a plan that would reduce