

Since 1980, childhood obesity has doubled, so that today one in three children is overweight or obese.

One of the most direct ways to attack the problem is in our schools, where over 31 million children receive over five billion meals every year for free and reduced lunches. Actually, they are not just fed lunches anymore. They are increasingly getting school breakfasts and now school dinners. For far too many low-income children, this is frankly the only place that they're going to get the food they need.

We have to attack this problem because food in school is too often high in starch and does not feature fresh fruits and vegetables. Indeed, 40 percent of American children do not get fresh fruits and vegetables every day in school.

Congress held up funding for the new nutritional guidelines. It's time for us to get our act together here in Congress. I would suggest that we might honor this National School Lunch Week and build upon the Hunger-Free Kids Act that we had last Congress. Don't we think we can do more than adding 6 cents per meal to the reimbursement rate? Can't we allocate more than \$40 million for mandatory farm-to-school funding to help promote the use of local fresh fruits and vegetables? Isn't it time to establish stronger national nutritional standards for all foods provided throughout the school day? Maybe even the House would reconsider and pass my amendment to declare that pizza is no longer a vegetable for school-lunch purposes.

We know what to do. I see it in my community in Abernathy School, as well as more than 40 other schools that are providing education and nutrition and gardening, as well as the math, reading, and science skills, that help kids grow, prepare, and learn to appreciate healthy food. This is healthy not just for the kids, but for the local economy; not only strengthening local farms and ranches, it creates more than 1½ other jobs off the farm. There are now over 9,000 school programs nationally that are dealing with providing this vital connection between food, nutrition, and how kids learn.

I think that it is time for us in Congress to stop being AWOL, to step forward, be more deeply involved, resist the special interests, and make kids' nutrition a priority.

I think our generation ought to be thinking about what we're feeding kids now, when you think about what kids might be feeding us later.

□ 1010

#### HONORING OUR TROOPS

The SPEAKER pro tempore. The Chair recognizes the gentleman from North Carolina (Mr. JONES) for 5 minutes.

Mr. JONES. Mr. Speaker, about 3 years ago I initiated a House resolution, and I was joined by many of my

colleagues on the Democratic side as well as my friends on the Republican side. The resolution called on the Speaker of the House one time a month, at that time, Ms. PELOSI, that she would stand at the Speaker's stand and ask the Members of Congress to remember our troops in Afghanistan and Iraq. I want to give her credit and thanks that she did it for the whole time that she was Speaker of the House.

After my party, the Republican Party became the majority, I wrote Speaker BOEHNER and asked him if he would continue that moment of remembrance of all of our troops in Afghanistan and Iraq, their families, and those who gave their life and those who were wounded.

I regret that I must say the last time we did this was December 16 of 2011. I intend to prepare a letter to Mr. BOEHNER and ask him, himself, not one time do I remember, maybe one time that he was in the Speaker's chair and he said the words of I thank you, those who have served and those who have given so much.

I don't know if it is just because the war is not on the front page, but last week two Army captains from Fort Bragg, North Carolina, who were trying to train the Afghans, were shot point-blank in their forehead and killed. We have lost 40 Americans who have been in Afghanistan trying to train Afghans to be police and soldiers; 40 have been killed by the trainees. And when you factor in the coalition troops trying to train the Afghans, 70 have been killed, including the 40 Americans.

We need to continue this process of remembering those who have given so much to our country because too many times we get so wrapped up with major issues like the debt, the deficit and jobs, and so many important things, but there is nothing more important than those young men and women over there in Afghanistan who are giving their limbs and their life.

I went to Walter Reed about 3 weeks ago and saw three Marines from my district, Camp Lejeune Marine Base. All three have lost both legs.

So I hope when we get back from the next break next week, again I intend to hand deliver a letter to the Speaker of the House, as I did a year ago, and I want the Speaker, himself, to stand at the Speaker's stand and read the words thanking our men and women in uniform for their service to our Nation and remembering the families who have given a child dying for freedom. I intend to follow through on this, and I hope friends on both sides of the aisle will join me in asking the Speaker to continue this recognition of those who have given so much.

With that, I will ask God to please bless our men and women in uniform, to please bless the families of our men and women in uniform; God, in His loving arms, hold the families who have given a child dying for freedom in Af-

ghanistan and Iraq. I ask God to bless the House and Senate that we will do what is right in the eyes of God for His people here in the United States of America. I will ask God to please bless the President of the United States that he will do what is right in the eyes of God for God's people here in the United States. And three times I will ask, God, please, God, please, God, please continue to bless America.

#### SUDAN PEACE, SECURITY AND ACCOUNTABILITY ACT

The SPEAKER pro tempore. The Chair recognizes the gentleman from Massachusetts (Mr. MCGOVERN) for 5 minutes.

Mr. MCGOVERN. Mr. Speaker, just yesterday the former top U.N. humanitarian official in Sudan, Mukesh Kapila, issued a warning to the world. He said that the Government of Sudan's military is carrying out crimes against humanity in the country's southern Nuba Mountains in the Sudanese state of South Kordofan. He said that these acts remind him of Darfur. Kapila said he saw military planes striking villagers, the destruction of food stocks, and literally a scorched-earth policy. He said the attacks reminded him of what he witnessed in Sudan's Darfur region in 2003 and 2004 when the predominantly Arab government in Khartoum targeted black tribes. Kapila served as the U.N.'s top humanitarian official in Sudan at the time. He said that the world must act now to prevent another Darfur-type situation in the Nuba Mountains.

The people of South Kordofan and Blue Nile, two states inside Sudan along its southern border, are facing a hunger crisis. They haven't been able to plant because the government of President Bashir is bombing them in their fields. Sudan has refused to let humanitarian aid into the region. The United States, the United Nations, and other governments have condemned these attacks against civilians.

My good friend and colleague, Congressman FRANK WOLF, traveled to this border region at the end of February. He interviewed refugees, recorded their stories of terror: bombing from the sky and soldiers burning villages and shooting defenseless civilians; mothers fleeing for their lives with their children, abandoning their homes. I urge my colleagues to go to the Web site of the Tom Lantos Human Rights Commission and watch the video he has posted there. That's at [www.tlhr.house.gov](http://www.tlhr.house.gov).

We need to speak out, Mr. Speaker. We need to let our government and the world know that people care and that we demand protection for these people from Khartoum's murderous policies.

This is why I and my colleagues, Congressmen FRANK WOLF and MIKE CAPUANO, are introducing today the Sudan Peace, Security and Accountability Act. This bill calls for a comprehensive approach towards Sudan to address and

end the massive human rights violations that are taking place across that country. No longer should we allow President Bashir to blackmail the international community by threatening humanitarian workers in Darfur if the world tries to reach the desperate people in the Nuba Mountains with food and relief supplies.

We need a comprehensive strategy and comprehensive sanctions against Khartoum if the violations continue. We need to let other countries know that if they welcome and provide comfort to President Bashir and members of his government who have been indicted for crimes against humanity, including genocide, that they, too, will face sanctions.

We need to provide the Obama administration with all the tools and all the authority it needs to seek a comprehensive peace in Sudan, end human rights violations, and bring those guilty of crimes against humanity to justice.

For decades the powers that be in Khartoum have toyed with the international community, while its own people paid the price over and over again. It has to stop, Mr. Speaker. It simply has to stop.

Let me end, Mr. Speaker, with a few other remarks.

No one can come to the House floor today and speak about Sudan and protecting the people of Sudan from their murderous government without paying tribute to our dear colleague, Donald Payne.

Congressman Payne passed away yesterday from cancer. He would have been an original cosponsor of the bill I'm introducing today. No one fought harder for human rights in Sudan. He was among the very first to call attention to the genocide taking place in Darfur. He traveled there, often alone, with just one or two aides, to talk to refugees inside Darfur and in camps along the border and to stand witness to their suffering. He was tireless in his commitment to the people of Africa and their well-being.

We all looked to him for leadership, for advice, and for help. He extended this same commitment to the people of African descent in our own hemisphere. I personally know how much he did to promote the rights of Afro-Colombians and to protect their leaders and communities. We will miss him and we will miss his leadership.

Mr. Speaker, he believed that human rights ought to matter. And he believed, as we all should believe, that if the United States of America stands for anything, it ought to stand out loud and foursquare for human rights.

#### PROTECT TRICARE

The SPEAKER pro tempore. The Chair recognizes the gentlewoman from North Carolina (Ms. FOXX) for 5 minutes.

Ms. FOXX. Mr. Speaker, I'm extremely disappointed by the Presi-

dent's fiscal year 2013 budget proposal, which would dramatically increase health care costs for our Nation's veterans and military personnel. While I applaud the Pentagon's willingness to make tough choices, these changes are simply unacceptable.

The President's plan would hike annual TRICARE premiums by up to 78 percent in the first year alone. Every 5 years, beneficiaries would face premium hikes ranging from 94 percent to 345 percent—345 percent, Mr. Speaker. This means that a retired Army soldier with a family could see his annual premiums jump from \$460 to \$2,048. This is disgraceful.

It's wrong to impose crippling rate increases on our Nation's heroes while leaving benefits for unionized civilian defense workers untouched. It is wrong to surreptitiously dismantle TRICARE in an effort to funnel beneficiaries into ObamaCare's subsidized health care exchanges. It is wrong, and it is shameful.

Mr. Speaker, I wear a pin every day that says I support veterans. Every American should be supporting veterans. It is the reason we are here and allowed to speak freely and the reason Americans are able to speak and go about their business every day doing what they do because of the sacrifices that have been made by those who have served.

In every generation, the men and women of America's Armed Forces have answered the call to service. They have sacrificed greatly, and they deserve better than this.

□ 1020

#### RUSH LIMBAUGH'S "APOLOGY"

The SPEAKER pro tempore. The Chair recognizes the gentleman from Illinois (Mr. GUTIERREZ) for 5 minutes.

Mr. GUTIERREZ. Here's how sorry Rush Limbaugh is for his attacks on a law school student who dared to give her opinion about access to contraception coverage. He's so sorry that a full transcript of his tirade, including the words he "apologized" for, was available yesterday under the heading "Most Popular" on the home page of his Web site.

He's so sorry that the verbatim document of his March 1 rant, in which he repeated his name-calling of Sandra Fluke and mocked Democrats for criticizing him, is right on his Web site today under the title "Left freaks out over Fluke remarks." Also on Limbaugh's "Most Popular" list today is "Democrats Are Desperate: Obama Calls Sandra Fluke, the 30-Year-Old Victim." I don't mean was on his Web site, before he decided to apologize; I mean it's there today. Just click on the link.

And this Monday, Limbaugh talked at length about the discoveries his staff had made about Ms. Fluke. Apparently, in Rush Limbaugh's world, part of apologizing is researching and criti-

cizing the person you're apologizing to. I want to give you a sample of Limbaugh and his crack research team's eye-opening discoveries:

Here's Limbaugh, verbatim, on March 5:

This woman, well, we've looked her up. I mean she's a full-fledged activist for women's causes. And she has been to Berkeley, she's traveled all over the place. Cornell, she graduated from the women's studies courses there. She's a full-fledged feminist activist.

America, I join you in being shocked at the discovery of these facts. Sandra Fluke has traveled all over the place. She's even taken women's studies courses at Cornell. Women's studies? No wonder she gives her opinion in public and thinks that women should have some say over their health and reproductive choices. I mean, what would you expect from somebody who went to Cornell?

There's more. You see, I did my own research, Limbaugh. It shows that Toni Morrison, Ruth Bader Ginsburg and Mae Jemison all went to Cornell, too. And what do these three troublemakers have in common? It's obvious. They're women, women who somewhere in their lives, most likely at Cornell, the same place that brainwashed Sandra Fluke, got the idea that they could accomplish anything they wanted to and speak about it in public and have their opinions respected.

Morrison—Nobel Prize. Ginsburg—the Supreme Court of the United States of America. Mae Jemison even got that great crazy idea she could be the first black woman in space. Shocking.

Mr. Speaker, here are the facts. A glance at Rush Limbaugh's Web site makes it obvious that he continues to spew nonsense and that he's not the least bit sorry for what he said. It makes plain that he deeply resents women who speak their mind. Those who do are "full-fledged feminist activists" who deserve only his scorn.

There are, however, some things to visit Mr. Limbaugh's Web site for. If you want a bumper sticker calling Obama, the President of the United States, a socialist, or a T-shirt promoting Rush Limbaugh for the Nobel Peace Prize, then his Web site is the place for you. But if you want a sincere apology from a man who is sorry that he called a decent young woman a "slut," you're looking in the wrong place.

Now, the truth is that what a radio talk show host thinks about Sandra Fluke really doesn't matter, except for one important point: the Republican Party respects and fears Rush Limbaugh. The three leading Republican contenders for President of the United States won't take him on. Three men who are so tough that they compete daily with each other to say the most disparaging things about President Barack Obama, three tough talkers who promise to keep us safe from terrorists, these tough guys are struck speechless and cowardly by a