

when she competes in the discus throw. She began throwing discus in high school and competed in her first Olympic games at the 1996 Olympics in Atlanta, Georgia, just after finishing her sophomore year at the University of Washington. She went on to participate in the 2004 Athens Games and 2008 Beijing Games. Aretha has remained one of the top American discus throwers for over a decade.

Ariana Kukors will be making her Olympic debut and participating in the 200M Individual Medley. Shortly after the 2008 Olympic Trials, Ariana continued to train hard and won the 200M Individual Medley at the 2009 World Championships, setting a world-record of 2 minutes, 6.15 seconds.

Courtney Thompson will also make her Olympic debut in London as backup setter for the United States Women's Volleyball Team. Her professional career began when she joined the national team in 2007 and competed in the 2007 and 2009 Federation Internationale de Volleyball World Grand Prix tournaments. Her strong appearance in the 2012 Grand Prix grabbed the attention of many, which led her to this year's Olympic Games. Courtney and the women's volleyball team hopes to improve upon the silver medal they won at the 2008 Beijing Games.

Tejay van Garderen has been named one of the most talented cyclists in America and will compete in this summer's Olympic Games. He was born in Tacoma, Washington and spent the majority of his early years living and cycling in Europe. During his rookie years, he signed with HTC Highroad, which was at the time was the world's top cycling team. Tejay finished third overall in the 2010 Criterium du Dauphine Libre and made his very first appearance at the Tour de France in 2011. He has also competed in the Tour de California and in Colorado's inaugural Pro Cycling Challenge.

Mr. Speaker, it is with great pleasure that I commend these athletes from the State of Washington for their dedication and honor all Olympians taking part in the 2012 Summer Games.

IN RECOGNITION OF THE YEAR OF
SERVICE OF MILLBRAE LION
CLUB PRESIDENT RON FREDIANI

HON. JACKIE SPEIER

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, July 31, 2012

Ms. SPEIER. Mr. Speaker, I rise to honor Millbrae Lion Club President Ron Frediani upon the completion of his year of service as President of the Millbrae Lions Club. This past year has been one of uncommon accomplishment by the Millbrae Lions, and Lion Ron is a key reason for this year's success.

The Lions worked with other community groups on more than one dozen community events. For example, under Ron Frediani's leadership, the Millbrae Lions were involved in the annual 4th of July barbeque for the Millbrae Historical Society, the collection of gently used books for the Friends of the Millbrae Library, helped to raise funds for a local church, joined with the Millbrae Rotary Club in the Relay for Life event, and ensured that Halloween celebrations continued despite city budget constraints.

The Millbrae Lions, under President Ron Frediani's leadership has been a major source of funding for charity throughout this tight-knit community. For example, the club provides American flags for the city's elementary schools and fingerprints all incoming kindergarteners. President Frediani and his club volunteers also honored all of the volunteers involved in youth baseball, both at dinner and during an annual pancake breakfast. These community events cannot happen without leaders such as Ron Frediani and his able board members who ensure that the Lions remain effective within their community.

Mr. Speaker, it has been my honor to speak before the youth group sponsored by the Millbrae Lions, the Millbrae Leos Club. At this event, I was thrilled to take questions from teens with active minds and a desire to serve their community. Youth leadership leads to community leadership as adults, and President Frediani has been a big part of the success of this group, ensuring that it adheres to boundary and safety rules.

A key duty of any club President is to arrange for speakers at regular meetings. President Frediani was cited by his club as being particularly adept at arranging for great speakers, which also helps build club membership and provides an educational opportunity for the broader community.

Mr. Speaker, I ask the House of Representatives to rise with me to honor Millbrae Lions Club President Ron Frediani upon the completion of his year of service to the community of Millbrae. There are many who are called into service involuntarily, but it takes a star to volunteer and then to be a beacon for others to follow. President Ron Frediani is such a star, and the Millbrae Lions Club and the entire community have benefited from his service.

CELEBRATING THE 170TH ANNI-
VERSARY OF OLD ST. MARY'S
CHURCH

HON. JEAN SCHMIDT

OF OHIO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, July 31, 2012

Mrs. SCHMIDT. Mr. Speaker, I rise today to honor the oldest standing church in Cincinnati, which is appropriately named Old St. Mary's.

The church, which is listed on the National Register of Historic Places, was dedicated to God 170 years ago this month, on July 3, 1842.

It was originally called St. Marien Kirche. Many of the parishioners were German immigrants who lived northwest of the Miami & Erie Canal, in a neighborhood called Over-the-Rhine.

Parishioners who were master craftsmen built the church at the intersection of 13th and Clay streets. The cornerstone was laid on March 25, 1841—the Feast of the Annunciation of the Blessed Virgin Mary.

The clock tower of Old St. Mary's rises 170 feet, and it is the oldest in Cincinnati. The interior features hand-carved wooden statues, marvelous stained glass, and magnificent oil paintings, making the church one of the most beautiful in the city.

My parents, Jeannette and Gus Hoffman, often attended worship services at Old St. Mary's. Peter Schmidt and I were married

there, and our daughter, Emilie, was baptized there.

Today, Over-the-Rhine is a thriving multicultural neighborhood, and Old St. Mary's has embraced this diversity. On March 25, 1988, parishioners established the Mary Magdalen House to help the poor and homeless. This nonprofit provides a place for needy people to shower, shave, and have their clothes laundered.

In 2001, to help disadvantaged youths become community leaders, the pastor of Old St. Mary's opened the St. Peter Claver Latin School for Boys. The late Father Albert Lauer envisioned the school as the cornerstone for renewal of the neighborhood. St. Peter Claver was officially recognized this month as the 114th Catholic school of the Archdiocese of Cincinnati.

Mr. Speaker, Cincinnatians appreciate their city's history and their own heritage. Many Catholics of German ancestry who live in distant neighborhoods travel to Over-the-Rhine to worship at Old St. Mary's. Sunday Mass is still offered in German—as well as in Latin and English.

Today, I want to celebrate the 170th anniversary of Old St. Mary's. I applaud the Cincinnatians who have ensured that this landmark remains relevant to Over-the-Rhine. It is my hope that the church will continue to uplift the city's residents—in body and soul.

IN RECOGNITION OF THE 25TH AN-
NIVERSARY OF PENINSULA FAM-
ILY SERVICE'S SENIOR PEER
COUNSELING PROGRAM

HON. JACKIE SPEIER

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, July 31, 2012

Ms. SPEIER. Mr. Speaker, I rise to honor the 25th Anniversary of a program in San Mateo County that has eliminated loneliness and provided support, guidance and joy for thousands of seniors.

Peninsula Family Service's Senior Peer Counseling is an outstanding example of how to best help seniors with transitions and life changes, health concerns, mobility issue, care provider questions and grief. A senior in need is paired up with a trained volunteer of a similar age, experience, values, wisdom and culture. In all of its work, Peninsula Family Service empowers families and individuals to become or remain self-sufficient and to be contributing members of our community.

Senior Peer Counseling was started in 1987 by Delia McGrath as part of the San Mateo County Behavioral Health and Recovery Program. The county recognized a need to provide an integrated and coherent set of services for older adults that would ensure they could live in the community as long as possible while maintaining their independence, connection and high quality of life. Delia McGrath was quickly joined by Carol Blomberger, a skilled art therapist, and the two set the groundwork for Senior Peer Counseling. They taught future counselors life skills that prepared them to help seniors in very difficult situations. Delia McGrath pointed out that the most important skill was listening; it built the foundation for trust and a peer relationship.

Today, all peer counselors must be at least 55 years old and are required to receive 60 hours of training to provide one-on-one and group counseling to older adults that covers social and family relationships, self awareness, listening skills, understanding depression, substance abuse and other challenges of aging.

Initially the Senior Peer Counseling served English speakers, but in 1989 it was expanded to Spanish speakers with the La Esperanza Vive component which Teresa Hurtado coordinated for over twenty years.

In 2008, the county put Peninsula Family Service in charge of Senior Peer Counseling which expanded the services to additional underserved seniors in the Chinese, Filipino and LGBT communities. Now a total of 80 peer counselors support over 300 seniors under the leadership of Susan Houston and Howard Lader and their dedicated staff.

Peer counseling deeply touches the lives of the people involved. One senior who was dependent on his electric wheel chair rarely left his home and became increasingly isolated. His social worker requested a senior peer counselor hoping it would help his social life and get him involved in a senior center close to his home. After six visits the senior asked the counselor to assist him in arranging transportation with Redi-Wheels and to join him at the senior center for the first couple of visits. The senior now happily goes to the center twice a week.

Patti Garber began volunteering as a counselor a few years ago. As a cancer patient herself, she says the work gives her a sense of purpose. "I get more back than I put in," she says. "I like solving problems and providing a web of connections." And that she does whether she helps a senior find food, apply for Social Security online, find a pet or get a wheel chair.

Arleen Henriksen who passed away last year at age 92, credited her long life in part to her volunteer counseling. Arleen, whom I had the privilege of knowing when she volunteered in my legislative offices, dedicated over 20 years and much of her energy to the program. In 2009, she told the San Mateo Daily Journal, "It's more rewarding for the counselor than the people you help." She added, "People get scared thinking that, to do this, they have to be psychologists. That's not the case; you don't have to be anything more than a caring person."

Mr. Speaker, I ask the House of Representatives to rise with me to honor the caring people at Senior Peer Counseling who for 25 years have provided a remarkable service that has brightened the lives of thousands of seniors in San Mateo county. May it thrive for the next 25 years and serve as a model for other communities.

RED TAPE REDUCTION AND SMALL BUSINESS JOB CREATION ACT

SPEECH OF

HON. CHRIS VAN HOLLEN

OF MARYLAND

IN THE HOUSE OF REPRESENTATIVES

Wednesday, July 25, 2012

The House in Committee of the Whole House on the state of the Union had under

consideration the bill (H.R. 4078) to provide that no agency may take any significant regulatory action until the unemployment rate is equal to or less than 6.0 percent:

Mr. VAN HOLLEN. Mr. Chair, this legislation is an amalgam of seven dangerously misguided bills designed to shut down a breathtaking number of safeguards and protections citizens rely on—from the quality of health care seniors receive to the safety of infant formula babies drink to the benefits our veterans have earned. As former Republican Congressman Sherry Boehlert has warned: "It's difficult to exaggerate the sweep and destructiveness of . . . (this) . . . bill."

The core of H.R. 4078 proposes to freeze most regulatory action until the nation's unemployment rate hits 6 percent—as if the quality of seniors' health care, the safety of infant formula or the availability of veterans' benefits should depend on where the nation's unemployment rate is. Another provision of H.R. 4078 would block so called "midnight rules" issued in the final days of an outgoing administration—without any apparent recognition that the offshore drilling bill the majority brought to the floor of the House just yesterday was itself largely proposed as a "midnight" regulation in the final days of the Bush Administration. Still other provisions in H.R. 4078 would tie up the Securities and Exchange Commission and the Commodity Futures Trading Commission with additional paperwork, thereby diverting already scarce resources from other critical functions, like ensuring transparency and accountability in our financial markets.

Mr. Chair, I am not opposed to regulatory reform. Where a regulation is truly wasteful, unnecessary or duplicative, we should fix it or get rid of it. But, like the comedy of errors surrounding the numerous typos leading up to consideration of this bill, H.R. 4078 is a poorly conceived, hastily thrown together mess. The American people deserve better.

IN HONOR OF THE CENTRAL ELECTRIC COMPANY OF WATSONVILLE, CALIFORNIA

HON. SAM FARR

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, July 31, 2012

Mr. FARR. Mr. Speaker, I rise today to honor the Central Electric Company of Watsonville, California, on the occasion of its centennial anniversary. For 100 years, the Central Electric Company pioneered and improved safe electrical installations for residential, commercial, and agriculture customers around our beautiful Monterey Bay region.

In 1912, starting with just a bicycle, \$100.00 in cash, and a 5-foot ladder, John Stanovich and Edith DuFour Stanovich began selling fixtures and appliances, and installing electrical wiring. At that time the demand for electrical work was very limited, but with the growing acceptance of the Edison light, plus John and Edith's hard work, the business grew. The next generation joined the company in 1926 with the addition of Edith's son, Alfred DuFour. The Central Electric Company survived the great depression and the shortages of World War II by supplementing their contracting business selling products such as irons, washing

machines, and toasters, also china and crystal.

With the end of the war, the Central Electric Company focused on growing communities and industries in need of electricity. The next two decades would see the continuation of that post-war growth and the introduction of the company's third generation with Steve DuFour, who joined the company in 1958 after serving as a lieutenant in the United States Navy.

The seventies, eighties, and nineties saw continued growth and changes to the electrical industry, many of which were driven by the digital boom. Growth and change also came when Steve and his wife Joan were joined by Tony Kulich, Patty (DuFour) Kulich, Mark Jurach, and Sharon (DuFour) Jurach in the daily operations at Central Electric. In 1989, the company survived the Loma Prieta earthquake and rallied to aid the surrounding communities in their recovery. In 1999, Tony and Patty Kulich and Mark and Sharon Jurach, the son-in-laws and great granddaughters of John and Edith, purchased the Central Electric Company from Steve and Joan, passing the torch to the fourth generation.

The turn of this century saw the Central Electric Company's enjoyment of unprecedented growth, including the completion of a \$3.5 million contract for a local college campus. This was the largest contract in the company's 100 year history. This new century has also ushered in the fifth generation, when great, great-grandsons Matt and Mike Kulich joined Central Electric as electricians.

Mr. Speaker, in closing, I want to hold up the Central Electric Company as an example of the American Spirit. Enduring the hardships of war, economic downturns, and natural disasters, they have shown that people are more important than profit. They have shown us that when communities and families work together in difficult times, we can continue to face the challenges that have made this Nation great. May Central Electric's continued success inspire many more generations to enter the business arena, and in doing so, secure our Nation's posterity and its bright future.

PERSONAL EXPLANATION

HON. JACKIE SPEIER

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, July 31, 2012

Ms. SPEIER. Mr. Speaker, I would like to state for the record that my vote against the Holt amendment, Roll No. 504, to H.R. was made in error. I support this amendment, which would strike a provision that requires the Secretary of the Interior to conduct a single multi-sale environmental impact statement for all of the new areas opened for drilling by the underlying bill.

HONORING THUNDER BAY COMMUNITY HEALTH SERVICE

HON. DAN BENISHEK

OF MICHIGAN

IN THE HOUSE OF REPRESENTATIVES

Tuesday, July 31, 2012

Mr. BENISHEK. Mr. Speaker, on behalf of the citizens of the First District of Michigan, I