glass remains after all other cleanup steps have been taken. [NOTE: It is possible that vacuuming could spread mercury-containing powder or mercury vapor, although available information on this problem is limited.] If vacuuming is needed to ensure removal of all broken glass, keep the following tips in mind: Keep a window or door to the outdoors open; vacuum the area where the bulb was broken using the vacuum hose, if available; and remove the vacuum bag (or empty and wipe the canister) and seal the bag/vacuum debris, and any materials used to clean the vacuum, in a plastic bag.

4. Promptly place all bulb debris and cleanup materials, including vacuum cleaner bags, outdoors in a trash container or protected area until materials can be disposed of properly.

Check with your local or state government about disposal requirements in your area. Some states and communities require fluorescent bulbs (broken or unbroken) be taken to a local recycling center.

- 5. Wash your hands with soap and water after disposing of the jars or plastic bags containing bulb debris and cleanup materials.
- 6. Continue to air out the room where the bulb was broken and leave the H&AC system. shut off, as practical, for several hours.

FUTURE CLEANING OF CARPETING OR RUGS: AIR OUT THE ROOM DURING AND AFTER VACUUMING

- 1. The next several times you vacuum the rug or carpet, shut off the H&AC system if you have one, close the doors to other rooms, and open a window or door to the outside before vacuuming. Change the vacuum bag after each use in this area.
- 2. After vacuuming is completed, keep the H&AC system shut off and the window or door to the outside open, as practical, for several hours.

ACTIONS YOU CAN TAKE TO PREVENT BROKEN COMPACT FLUORESCENT LIGHT BULBS

Fluorescent bulbs are made of glass and can break if dropped or roughly handled. To avoid breaking a bulb, follow these general practices:

Always switch off and allow a working CFL bulb to cool before handling.

Always handle CFI, bulbs carefully to avoid breakage.

If possible, screw/unscrew the CFL by holding the plastic or ceramic base, not the glass

tubing. Gently screw in the CFL until snug. Do not over-tighten.

Never forcefully twist the glass tubing.

Consider not using CFLs in lamps that can be easily knocked over, in unprotected light fixtures, or in lamps that are incompatible with the spiral or folded shape of many CFLs.

Do not use CFL bulbs in locations where they can easily be broken, such as play spaces.

Use CFL bulbs that have a glass or plastic cover over the spiral or folded glass tube, if available. These types of bulbs look more like incandescent bulbs and may be more durable if dropped.

Consider using a drop cloth (e.g., plastic sheet or beach towel) when changing a fluorescent light bulb in case a breakage should occur. The drop cloth will help prevent mercury contamination of nearby surfaces and can be bundled with the bulb debris for dis-

INVEST IN THE FUTURE OF OUR NATION

The SPEAKER pro tempore. The Chair recognizes the gentleman from Oregon (Mr. DEFAZIO) for 5 minutes.

Mr. DEFAZIO. We've seen some pretty miserable employment numbers recently, but the real unemployment rate is actually about twice what you read in the paper. It's closer to 18 percent, with discouraged workers and people who are underemployed.

Now, can we look to Washington for solutions? On the Republican side of the aisle, the answer is simple: more tax cuts. That will put people back to work. Let's see, for 10 years now, we've been living under the Bush tax cuts; and we've had the worst job creation for the last decade since World War II.

Now, it doesn't seem to be working too well, but it is all based on the theory of trickle-down. But I think at this point, the American people have been trickled on so much, particularly those who are unemployed and looking for work, that they'd like an umbrella and they'd like a little shelter from these nonsensical policies.

Can we look to the White House? Well, unfortunately, things aren't a lot better down at the White House. They went along with the Republicans on quite a bit of these tax cuts. Forty percent of the so-called stimulus was tax cuts. Seven percent—one-sixth of that—was invested in infrastructure. And guess what, that investment at one-sixth the cost of the tax cuts put a heck of a lot more people to work, investment in building things and in the future of our country, as opposed to debt-driven consumption-driven tax

Last December, the President caved, went along with extending the Bush tax cuts, and we've still got miserable job creation. Oh, wow, that's a surprise. Now they've floated a balloon. The White House has a great new idea. Let's continue the Social Security tax holiday. That was added to the Bush tax cuts in December. That's created a lot of jobs. Sure, working families can use an extra \$15 a week. But what about the 20 million people who are unemployed? They don't get any of that. And how much of that \$15 a week, how many jobs does that create? But the White House thinks we should extend that, and maybe we should give it on the employer side too.

So here's the way it will work: we don't have the money. We're going to cut the Social Security tax again. We have to make the trust fund whole. So we'll borrow \$200 billion from China that we'll put into the Social Security trust fund, and that's going to put America back to work. What a great idea. Wait a minute, how about we take that \$200 billion the White House wants to borrow to extend the Social Security tax holiday and we invest it into real things, the Nation's crumbling infrastructure?

We have 20 percent unemployment in the construction industry, and it isn't just construction workers who go to work when we rebuild our infrastructure. We have Buy America requirements. They're all American jobs, and everything that goes into every job is

made in America. If it's a transit system, you've got engineers; you've got software; you've got high-tech manufacturing. If it's a bridge, you've got steel; you've got concrete; you've got engineering design; you've got construction workers. If it's a highway. the same thing.

Take that money, take that \$200 billion they want to borrow and give a Social Security tax holiday. Instead, invest it in the future of this country and things that will serve our country for 100 years, make us more productive, more efficient, and you can look your grandkids in the eye 15, 20, 30 years from today and say, Yes, that's right, we borrowed that money; and you are still paying the bill.

If you give it for a Social Security tax holiday, he is going to say, Granddad, what did you spend that \$17 on that week? Because I am paying the bill. But how about if Granddad can say, We built that bridge; we built that transit system; we rebuilt our national transportation system. We put millions to work and, guess what, that system will serve you for another 100 years.

That's an investment versus consumption. Everybody around here is just into consumption. We need to invest in the future of our country.

IN RECOGNITION OF TWO MEN FROM HOBBS, NEW MEXICO

The SPEAKER pro tempore. The Chair recognizes the gentleman from New Mexico (Mr. PEARCE) for 5 minutes

Mr. PEARCE. Mr. Speaker, this past weekend I had the opportunity in Hobbs, New Mexico, to attend two services, recognition ceremonies for people from Hobbs. First of all, we were able to attend the retirement for Dr. Dean Mathis, who pastored Taylor Memorial Baptist Church for 36 years, same preacher, same church. That is just not heard of these days in America.

All teachers are required to do two very difficult things. They are required to push our knowledge base to the extreme limits of what we are able to know; but simultaneously to that, they have to stay grounded in truth. In other words, you can't just teach out to the edge of the learning envelope. You also have to stay grounded in the timeless principles that cause things to be relevant and true. Dr. Mathis did this with extreme care and with a delicacy that I found always attractive. He was able to bring biblical lessons to life in our personal lives and bring relevance to these teachings.

I think that also he perfected community participation at all levels. From his one small congregation there in Hobbs. New Mexico, we have city counselors. county commissioners, judges, two State representatives, a State senator, and a U.S. Congressman.

Now, that says a lot, coming from one small corner of the State of New Mexico. But his life didn't end there. He also had two missionaries check in from very difficult parts of the world. They were on Skype and checked in at the ceremony, saying that if it hadn't been for his teachings, that they would not have been there.

Dr. Mathis and his wife, Betty Sue, dedicated their lives to the spiritual calling. And without those spiritual teachings in our society today, we find our society is drifting towards moral chaos. We are dealing with those problems here in this Congress as we deal with teen pregnancies, with hunger, with people who are wasting their lives on drugs and taking extraordinary amounts of Medicaid.

So we deal with the problems of a society that is becoming all too secular and forgetting that no matter what we pass as laws here that there is a moral component to every nation and that if we ignore that, we ignore it at our peril. I would like to give my congratulations to Dr. Dean Mathis and his wife, Betty Sue, for their years of service

But then on the same day, we were able to recognize Carl Mackey. Carl Mackey was a few years younger than me and passed away at too early an age last year. Carl Mackey was a community leader. He was one of the friends, one of the many people that my mom had in class. She used to talk about Carl and said, Carl is really mobile. That meant Carl was walking up and down all the time during classes. Carl was actually one of her favorite students.

Now, I know Mom and Carl both personally, and they probably did not agree on one philosophical issue: Carl was a hard-core Democrat, community activist, black leader. Mom just was conservative, raised a conservative family. But they identified each other across that chasm of philosophy to recognize that there aren't many differences in us accept the human nature that says that everyone should have access to justice, to mercy, and to kindness. So it was in that that this young junior high student and Mom formed a relationship that continued until he passed away.

I was able to visit with Mom about their relationship this last weekend, and she still remembers it with a smile. When I was elected and Carl Mackey was serving, Carl and I, again, overcame all the supposed difficulties, the things that we did not see eye to eye on in our philosophies. But we did see eye to eye in having him represent a piece of the community that is often forgotten. That was the community that I grew up in, the southern part of Hobbs, the part of Hobbs that did not get its fair share of funding, fair share of justice.

So Carl was a constant voice, reminding all of us that we need to stop, slow down just a bit, and pay attention to the small guys in society. He will be greatly missed, and Dr. Mathis and his wife will be greatly missed. But I thank the community of Hobbs, taking the time to honor two different people,

completely different backgrounds, completely different lives who weren't so different after all.

In the end, we are all Americans, and we're here for a better America. I salute them both.

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THE BARBER OF BIRMINGHAM

The SPEAKER pro tempore. The Chair recognizes the gentlewoman from Alabama (Ms. SEWELL) for 5 minutes.

Ms. SEWELL. Mr. Speaker, I rise today to honor a great American, Mr. James Armstrong of Birmingham, Alabama, and the inspiring documentary of his life entitled "The Barber of Birmingham: Foot Soldier of the Civil Rights Movement." This film had its world premiere in January at the Sundance Film Festival and later won Best Documentary Short at the Ashland Independent Film Festival.

In March, the city of Birmingham hosted a red carpet screening of this wonderful movie, and it was attended by over 2,000 Alabamians. It was featured at the Alabama Theater, a venue that once refused admission to African Americans.

Tonight we will celebrate "The Barber of Birmingham" with its Washington, D.C., premiere. Later this week, the documentary will be screened at the Silverdocs festival in Silver Spring, Maryland.

Mr. Speaker, the screening of this film and its historic accounts are deserving of tribute. I commend the independent filmmakers and codirectors, Robin Fryday and the late Gail Dolgin, for their collaborative vision in capturing the essence of Mr. James Armstrong's life, a Birmingham legend and civil rights activist.

This documentary celebrates the thousands of foot soldiers whose names are not written in the history books but on whose shoulders we all stand. I applaud the directors for their wonderful rendition of Mr. James Armstrong's life

I applaud Gail Dolgin for her steadfast determination to battle breast cancer while codirecting and editing the film from her hospice bed in order to submit the film for the Sundance Film Festival. She died 2 weeks prior.

I pay homage to Ms. Amelia Boynton of Selma, who was interviewed and provided historical accounts for segments of the film. The film also visited and revisited the news footage of the beating of Ms. Amelia Boynton and others that endured beatings on Edmund Pettus Bridge on Bloody Sunday during their march for the Voting Rights Act.

Though she is ill, Ms. Boynton was determined to travel the distance to be a part of tonight's premiere. I am inspired by the courage and determination displayed by Ms. Boynton, who, at 99 years old, would not be deterred and will be here tonight at the premiere of "The Barber of Birmingham" right here at the Capitol Visitor's Center.

James Armstrong, who died at 81 in November 2009, lived to see the fulfillment of his dream when our Nation elected its first African American President. I recognize him for a symbol of everything that is good and right and great in this Nation.

For over 50 years, Mr. Armstrong ran a barber shop in Birmingham, Alabama. It served as a community hub for discussions of current events, like the Voting Rights Act, education, and other civil rights issues.

Mr. James Armstrong was a World War II Army veteran, and he made his mark on the civil rights movement as a foot soldier who carried the American flag at the head of the 1965 Selma to Montgomery march, Bloody Sunday, as it's known. When authorities turned on the marchers that day, Mr. Armstrong dropped to his knees, but he never let go of that flag. Proudly, James Armstrong carried that flag until the day he died in 2009 for every commemoration of the Bloody Sunday march.

As many in this august body will note, our colleague, the Honorable JOHN LEWIS of Georgia, was among the foot soldiers of this historic march.

I salute Mr. Armstrong and his sons, Dwight and Floyd, for fulfilling the destiny meant for them. He and his sons filed a discrimination lawsuit that encouraged Blacks to actually attend elementary schools in the Deep South, breaking barriers in public education Birmingham and throughout the South. They filed a desegregation lawsuit in 1963.

The Armstrongs lived close to where civil rights activist the Reverend Fred Shuttlesworth's home was bombed, and where the four little Black girls were killed in the 16th Avenue Baptist Church just 5 days after they integrated Graymont Elementary School.

Dwight and Floyd needed a Federal escort to school for 2 years and were guarded at night with shotguns by members of the Alabama Christian Movement For Human Rights.

Now, these selfless acts by James, Floyd, and Dwight Armstrong added significantly to the quality of life of all citizens in Alabama and in Birmingham. That is why I stand before you today to recognize Mr. James Armstrong, a proud American, a proud Alabamian, for his unrelenting dedication to the civil rights movement.

Mr. Speaker, I would like to take a point of personal privilege. Growing up in Selma, Alabama, I take great pride in paying tribute to a film that not only shares our painful history, but also celebrates our time-tested resiliency through the life of James Armstrong and other unsung foot soldiers and heroes. This documentary, which people will be able to see in theaters in New York and Los Angeles in August and September, should motivate us all to protect the right to vote for every single American citizen. The film should also inspire all citizens of every age, race, or gender to cherish the right to vote and to use it to advance this great Nation for the benefit of all people.