Next week on February 11, Iran will mark the 31st anniversary of the Islamic Revolution. The revolution promised the people of Iran liberty, but it has imposed tyranny. The occasion is usually marked by government-run rallies throughout the country, but the leaders of the freedom movement are asking the people to once again risk their lives and stand in opposition to government tyranny and government-controlled rallies.

The government is accused by opposition leaders of executing two protestors to scare the people into silence on the anniversary of the revolution. Now, the Tiny Tyrant in the Desert, Ahmadinejad, says, The Islamic Revolution opened a window to liberty for the human race. What a lie. The Iranian Government doesn't know what the word "liberty" even means.

The head of the Islamic Revolution Guards in Tehran, Brigadier General Hossein Hamedani, warned in the media that the opposition movement would be barred from making an appearance on February 11. He said, "Any voice, color, or gesture which is different from that of the Islamic Revolution and from the Iranians' voice should be driven out of people's marches," saying violators would be "severely dealt with." So much for freedom of speech. So much for freedom to peaceably assemble and protest the government.

Plus, those in the media are being controlled as to what they can report, allowing only government propaganda to be preached to the people. Is this what the Iranian Government calls liberty? This is tyranny by Dictator Ahmadinejad.

The United States should not remain silent about the oppressions of the Iranian people. The next great hope for the world and world peace is that the people of Iran remove their illegitimate regime and put in a government that is duly and legally authorized by the people. The United States should stand with the Iranian people with their request for freedom and let them know we support their voice for freedom over tyranny, liberty over oppression. And while the dictator may kill the body of those freedom fighters, he will not succeed in killing the spirit of freedom that they have proclaimed when they lived.

The Tiny Tyrant of the Desert, Ahmadinejad, is trying to intimidate his people and intimidate the world. He is trying to divert attention away from his unpopular government. He is threatening the world again saying Iran will "deliver a telling blow to global powers on February 11." Could this be a threat? Another advance in Iran's quest for nuclear weapons?

Our quarrel is not with the people of Iran. Our quarrel, the world's quarrel, is with the Government of Iran. The legitimate government of Iran is the world threat to peace. Ahmadinejad and his henchmen are waging internal war against the Iranian people, and he

desires to rage war against other nations. We should join hands with the sons of liberty and the daughters of Iran in protest of tyranny, oppression, and murder in that country.

Iran needs a regime change because a nuclear Iran is not a nuclear option.

And that's just the way it is.

The SPEAKER pro tempore. Under a previous order of the House, the gentleman from Michigan (Mr. CONYERS) is recognized for 5 minutes.

(Mr. CONYERS addressed the House. His remarks will appear hereafter in the Extensions of Remarks.)

IMPROVING WOMEN'S RIGHTS IS THE KEY TO PEACE IN AFGHANISTAN

The SPEAKER pro tempore. Under a previous order of the House, the gentle-woman from California (Ms. WOOLSEY) is recognized for 5 minutes.

Ms. WOOLSEY. Mr. Speaker, Secretary of State Hillary Clinton announced a new "Women's Action Plan" for Afghanistan last week. I want to praise Secretary Clinton for this critically important initiative because I believe that improving women's rights is one of the important keys to peace in Afghanistan and in many other parts of the world as well.

The action plan includes the following initiatives: improved security for women in Afghanistan; provide girls and women with better education; expand women's access to judicial institutions; improve women's health care; expand economic development opportunities for women; and increase women's participation in the political process in every level of government.

Mr. Speaker, there is a great need for those initiatives because women's rights have been ignored or destroyed in Afghanistan for many years, especially under Taliban rule. In Afghanistan, the lives of girls and women are at risk every single day because many laws actually don't exist to protect women, and there are many laws that actually discriminate against women. It's also important to remember that the health care is so poor in Afghanistan that it has the second highest mortality rate in the world. Hundreds of girls' schools in Afghanistan have also been destroyed by extremists. The list, Mr. Speaker, goes on and on.

But in the United States, we can help. We can help improve the lives of women in Afghanistan. If we do this, it would be a devastating defeat for the violent extremists in that country and a great victory for progress in Afghani-

As a State Department official said last week, "Progress is not possible if half a country's population is left behind. Afghan women must not be viewed simply as victims who need to be sheltered. They must be respected and valued as leaders—a reserve of talent that Afghan society needs to draw upon in order to prosper and succeed."

Mr. Speaker, I want to mention just one particular example of how women can help Afghanistan to prosper because when women are allowed to work, they invest up to 90 percent of their earnings in their family and communities. That's twice the rate of men. And it has a powerful multiplier effect.

So, Mr. Speaker, improving the status of women has been a central part of this SMART security platform which I have been urging for Afghanistan. I am convinced that SMART security would do far more to win the hearts and minds of the Afghan people than military action. That's why I have opposed President Obama's plan to send 30,000 more troops to Afghanistan. We don't need more troops. We need a new strategy.

This new strategy must focus on economic development, humanitarian aid, better education and health care, and human rights. We must encourage and we must help the Afghan people to build a better future and show that we, the United States, are on their side. Certainly women's rights must be at the heart of this new strategy. In fact, advancing women's rights might be the most effective anti-terrorist strategy we can have in Afghanistan.

So let's support Secretary Clinton's ideas, suggestions, by empowering the women of Afghanistan. It will help keep them safe and it certainly will keep us safer.

The SPEAKER pro tempore. Under a previous order of the House, the gentleman from Kansas (Mr. MORAN) is recognized for 5 minutes.

(Mr. MORAN of Kansas addressed the House. His remarks will appear hereafter in the Extensions of Remarks.)

TEN THINGS EVERY AMERICAN SHOULD KNOW ABOUT PRESIDENT OBAMA'S BUDGET

The SPEAKER pro tempore. Under a previous order of the House, the gentleman from Indiana (Mr. BURTON) is recognized for 5 minutes.

Mr. BURTON of Indiana. Mr. Speaker, the President of the United States, President Obama, is sending a budget up here that we've just found out about in the last couple of days. It's \$3.8 trillion in the fiscal year beginning October 1, and that's about a 30 percent increase in outlays since 2008: \$3.8 trillion.

The President's budget includes more than \$2 trillion in tax hikes at a time when this economy is really suffering with a nearly 20-percent jump in taxes in the first year alone, and it's going to hit tax increases on small businesses, investors, and families, and it's going to violate the President's campaign pledge.

The President's budget borrows too much from our kids and grandkids. Under the President's budget, the Federal Government will run a record budget deficit of \$1.6 trillion in fiscal

year 2011; and throughout the next decade, the deficit will never go below \$700 billion a year. At the end of the decade in 2020, it will still be over \$1 trillion a year and the national debt's going to double within the next 5 years. We just can't sustain this kind of spending.

This President's proposed spending freeze that he talked about is a step in the right direction, but it's only \$15 billion. \$15 billion out of a budget of \$3.8 trillion is less than a drop in the bucket. So when he talks about freezing spending, that's not going to solve the problem. We need budget caps. We need spending caps that will be continual year in and year out if we're going to get in control of spending.

The President pushed through the stimulus package which ended up costing over a trillion dollars, and it hasn't helped unemployment at all. In fact, he said it was going to be no more than 8 percent, and it went up to $10\frac{1}{2}$ percent and it's still over 10 percent right now.

The President says he wants to have another stimulus package. He calls it a jobs bill. It's going to cost billions of dollars more, and it's not going to create jobs; it's just going to increase the deficit more.

And CBO says that if we pass the energy tax he is talking about because of "climate change," it's going to increase taxes on energy by \$870 billion.

And then to cap everything off, the President continues to want to bring these terrorists to the United States for trial. These people are enemy combatants. As my colleague, DAN LUNGREN of California, talked about a while ago, they should be tried in a military court in Guantanamo where people won't be intimidated by them.

Can you imagine what it would be like to be on a jury with one of those people? Everybody on the jury would be scared to death that their life is at risk if they render a decision to put those people to death or cause them a great deal of harm. So we really need to deal with them as an enemy combatant. We need to deal with them at Guantanamo with a military tribunal and give them the justice that they deserve.

This is what is going on with this administration right now, and I hope that the President might be paying attention—I can't address him because we can't address people outside the Chamber—but if he were listening tonight, I wish he would take all of these things to heart because the American people are very concerned about the direction of this country.

The SPEAKER pro tempore. Under a previous order of the House, the gentle-woman from Nevada (Ms. Berkley) is recognized for 5 minutes.

(Ms. BERKLEY addressed the House. Her remarks will appear hereafter in the Extensions of Remarks.) The SPEAKER pro tempore. Under a previous order of the House, the gentleman from North Carolina (Mr. JONES) is recognized for 5 minutes.

(Mr. JONES addressed the House. His remarks will appear hereafter in the Extensions of Remarks.)

PRESIDENT OBAMA'S VISION FOR AMERICA

The SPEAKER pro tempore. Under a previous order of the House, the gentleman from Texas (Mr. CONAWAY) is recognized for 5 minutes.

Mr. CONAWAY, Mr. Speaker, I'd like to continue the theme that my colleague just had, and that is the President's vision for these United States over the next 10 years. That vision is exemplified in his budget that he brought to Congress yesterday, which, for fiscal year 2011, which doesn't start until October of this coming fall, which spent \$3.8 trillion, a record, it would generate another deficit of \$1.3 trillion in 2011; it would have some \$2 trillion in tax increases over the 10 years; and it would accumulate \$8.5 trillion in cumulative deficits during that 10 years. It would double the national debt.

Mr. Speaker, I would argue that that's not much of a vision for America that my grandkids really want to look at and want to see.

To put that in context, if you look at the cumulative deficits during the 8 years of the previous administration, they total \$2 trillion.

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To put that in context, if you look at the cumulative deficits during the 8 years of the previous administration, they totaled \$2 trillion, a number that we ought to be embarrassed about. But if you look at the deficit in the first 15 months of the current administration. it is \$1.8 trillion, and we will surpass the \$2 trillion number some time during this second quarter. If you look at just the first quarter deficit under this administration in 2010, in 15 months, it is larger than all but two annual deficits in our Nation's history. Again, Mr. Speaker, that is not a vision for America that my grandchildren would embrace, nor is it one that we ought to embrace on behalf of our grandchildren.

My appeal tonight is to the Budget Committee. The Budget Committee now takes up the President's budget, and I would appeal to my former colleagues on the Budget Committee to simply ignore this flawed vision for America. It is unsustainable, and it is not one that is worthy of us to even consider in the least.

What I would ask the Budget Committee to do instead is to bring forth a budget that truly addresses what I believe is the single greatest threat to our way of life that we face these days, and that is the growth of this govern-

ment as represented by spending growth, 29 percent growth in spending since 2008. And again, that is unsustainable. Our budget colleagues on the Budget Committee, Mr. Speaker, have the ability to do that. They have the ability to say let's put out a budget that truly does address this threat, this grave threat to our Nation's prosperity.

There are a couple of suggestions I would make. Let's roll back spending to fiscal 2008 levels and start the spending freeze there. Let's put a hiring freeze on today for all Federal Government agencies except perhaps DOD, Homeland Security, and maybe intel communities. That is a true action that every business and every family around this country knows exactly what it means and exactly why we have to do that.

I'm reminded of the folks, and you see them all the time, who are constantly searching for a way to lose weight. They are always looking for that new diet plan, and they are always willing to start, however draconian the plan might be, "tomorrow."

Well, Mr. Speaker, any of us can start a diet tomorrow, but we need a spending diet that starts today. And I ask that our Budget Committee brethren start that process. We need a spending diet that starts today, not 20 months from today when the President's statement of a freeze would actually start. His freeze won't start until October 1, 2011, and then it's a bit of a fig leaf at that.

Mr. Speaker, these are tough times. These are hard times. This isn't about being Republicans. This isn't about being Democrats. This is about a vision that we all ought to have for this country. That vision ought to include ways of fixing today's problems, however difficult those might be, with today's money. We have taken the process of using future generations' money to fix today's problem as far as it will go, and we simply cannot continue to do that.

Mr. Speaker, I would also ask that my colleagues consider a balanced budget amendment. If you were to ask me what is the most important constitutional amendment that we ought to be considering among that broad array of important constitutional amendments, it would be a balanced budget amendment that would force Congress to make those tough decisions; not a commission out there that could be some sort of a facade to try to get it done, but a true balanced budget amendment that every State government except one has to operate under.

Municipalities, counties, families, and businesses have to operate under the exact same discipline. We ought to be doing the same thing. Mr. Speaker, I would call for both of those things tonight.