and the greatness of this institution, and he taught me by example that elected officials should always, always respect one another in debate and always respect one another especially when we disagree.

I encourage all of my colleagues to look for opportunities to mentor our youth, and they can start by doing that today by voting "yes" on this resolution.

Ms. JACKSON LEE of Texas. Madam Speaker, I rise today in support of H. Res. 990, "Expressing support for designation of January 2010 as "National Mentoring Month" and for other purposes, introduced by my distinguished colleague from Minnesota, Representative McCollum. "National Mentoring Month," since January 2002, has been a national initiative and an annual campaign focusing attention on the need of mentors to mentees, and to promote youth mentoring with the message that, "If we-individuals, businesses, government agencies, schools, faith communities, and nonprofits-can work together to increase the number of mentors, we assure brighter futures for our young people." This annual initiative and campaign is spearheaded by the Harvard School of Public Health, MENTOR, and the Corporation for National and Community Service.

President Barack Obama, former Secretary of State General Colin Powell, former Presidents Bill Clinton and George W. Bush, Arizona Senator JOHN McCAIN, music producer Quincy Jones, poet Maya Angelou, music recording artist Usher, and actor Clint Eastwood, have all endorsed the campaigns for National Mentoring Month. A highlight of the campaign is the "Thank You Mentor Day," in which mentees thank and honor their mentors for their mentorship. Mentees are encouraged to reach out to their mentors to express their appreciation. Mentees also have the options of posting a tribute to their mentor or mentors on WhoMentoredYou.org, to become a mentor in their local communities, and/or make a financial contribution to a mentoring program.

Dr. Jay A. Winsten, as associate dean at the Harvard School of Public Health stated that, "Youth mentoring is a highly effective public health intervention. Research has shown that programs that rely on volunteer mentors can play a powerful role in reducing drug abuse and youth violence, while greatly enhancing a young person's prospects for leading a healthy and productive life." Mentoring is a long-standing tradition where mentors provide guidance, support, encouragement and aid in promoting positive outcomes, in the areas of career and social development in helping young people realize and reach their full potential.

I agree with Ms. Nicola Goren, the Director of the Corporation, in the regard that, "Our nation's success depends on helping every child succeed and reach their full potential in life and that mentoring strengthens our nation's economic and social well-being by influencing the life choices of young people with a caring adult."

More than 4,700 mentoring programs in communities of all sizes across the United States focus on building strong relationships and 3,000,000 young people are in mentoring programs throughout the United States. In making January a month-long celebration of mentoring, it will call action to the important

role and responsibility that all mentors play in the shaping of the young people of America, and will encourage more individuals and organizations to become engaged in this nation-wide effort across this great Nation in building awareness of this national initiative and campaign for mentorship for our youth. I would like to personally encourage all the members of Congress to either become a mentor or to encourage a friend or family member today to become a mentor, not only for our youth, but for this country.

Mr. BISHOP of Utah. Madam Speaker, I urge adoption of this resolution, and I yield back the balance of my time.

Ms. WOOLSEY. Madam Speaker, I urge my colleagues to support House Resolution 990, which recognizes January as National Mentoring Month.

With that, I yield back the balance of my time.

The SPEAKER pro tempore. The question is on the motion offered by the gentlewoman from California (Ms. WOOLSEY) that the House suspend the rules and agree to the resolution, H. Res. 990.

The question was taken.

The SPEAKER pro tempore. In the opinion of the Chair, two-thirds being in the affirmative, the ayes have it.

Ms. WOOLSEY. Madam Speaker, on that I demand the yeas and nays.

The yeas and nays were ordered.

The SPEAKER pro tempore. Pursuant to clause 8 of rule XX and the Chair's prior announcement, further proceedings on this motion will be postponed.

# CONGRATULATING MESSIAH COLLEGE

Ms. WOOLSEY. Madam Speaker, I move to suspend the rules and agree to the resolution (H. Res. 1030) congratulating Messiah College men's and women's soccer teams on winning the 2009 NCAA Division III national championships.

The Clerk read the title of the resolution.

The text of the resolution is as follows:

## H. RES. 1030

Whereas Messiah College men's and women's soccer teams won the 2009 NCAA Division III championships on December 5, 2009, against Calvin College and Washington University-St. Louis;

Whereas the 2009 championship was the seventh national championship for Messiah College men's soccer team since 2000 and the third national championship for the women's team since 2000;

Whereas Messiah College is the only college in the NCAA to win both the men's and women's soccer national championship in the same year;

Whereas Messiah College is a Christian liberal arts college that was founded in 1909 and is located in Grantham, Pennsylvania;

Whereas Messiah College has 22 intercollegiate athletic teams that have won 11 NCAA national championships; and

Whereas Messiah College encourages athletes to develop their athletic excellence and to develop character: Now, therefore, be it

Resolved, That the House of Representatives—

- (1) congratulates Messiah College men's and women's soccer teams on winning the 2009 NCAA Division III national championships; and
- (2) recognizes Messiah College for excellence in academics, athletics, and character.

The SPEAKER pro tempore. Pursuant to the rule, the gentlewoman from California (Ms. WOOLSEY) and the gentleman from Utah (Mr. BISHOP) each will control 20 minutes.

The Chair recognizes the gentle-woman from California.

## GENERAL LEAVE

Ms. WOOLSEY. Madam Speaker, I request 5 legislative days during which Members may revise and extend and insert extraneous material on House Resolution 1030 into the RECORD.

The SPEAKER pro tempore. Is there objection to the request of the gentle-woman from California?

There was no objection.

Ms. WOOLSEY. Madam Speaker, I yield myself such time as I may consume

Madam Speaker, I rise today to congratulate Messiah College men's and women's soccer teams on winning the 2009 NCAA Division III national championship against Calvin College and Washington State University-St. Louis, respectively.

Messiah is the only NCAA institution to claim men's and women's soccer national championships in the same season. Messiah College men's team won their national championship game 2–0 and provided the men's team with its seventh national title in the last 10 seasons—an NCAA Division III all-time best, to say the least.

Messiah College women's team collected its third national championship and second championship in a row capping a 3-year run in which the Falcons' only loss was to Wheaton College in the 2007 title match. After outscoring their opponents by a 20–1 margin in last year's NCAA tournament, the Messiah College women posted just seven goals in their final five games this year winning four contests 1–0, one in double overtime.

Congratulations are in order for head coaches Brad McCarty and Scott Frey. McCarty was recently named head coach of the Messiah men's soccer program and became the seventh head coach in the program's storied 42-year history. Before becoming head coach, McCarty helped Messiah to five of its six national championships as an assistant coach.

As for the women's coach, Scott Frey has compiled a record of 156 wins, 12 losses, and 8 ties in his 8 seasons with the women's soccer program. Winning over 90 percent of his games, he was placed on the Winningest Active Coaches list.

The success of both the men's and women's soccer teams is a testament to Messiah College's commitment to excellence. They have won 10 national soccer championships combined in the past 10 years.

Not only does Messiah College excel athletically, but they are also a premier academic institution. The school is a nationally ranked private Christian college with a socially. denominationally, and politically diverse student body of 2,800 undergraduate students. Located in Grantham, Pennsylvania, Messiah College awards bachelor of arts and bachelor of science degrees in more than 55 majors.

Madam Speaker, once again, I congratulate the Messiah College soccer program for their success, and I thank Representative Plates for bringing this bill forward.

I urge my colleagues to support House Resolution 1030, and I reserve the balance of my time.

Mr. BISHOP of Utah. I yield myself

such time as I may consume.

Madam Speaker, I rise today in support of House Resolution 1030 congratulating Messiah College men's and women's soccer teams on winning the 2009 NCAA Division III national championships.

Messiah College is a private Christian college that was founded in 1909 and is located in Grantham, Pennsylvania. Messiah's mission is "to educate men and women toward maturity of intellect, character, and Christian faith in preparation for lives of service, leadership, and reconciliation in church and society." The college's mission reflects its dedication to developing students' character, as well as their intel-

Messiah College offers 60 majors in five different schools and has been ranked as one of the top 10 best colleges for comprehensive bachelor's degrees in the north by U.S. News and World Report. Messiah College obviously boasts an excellent athletic program. Of the 22 intercollegiate athletic teams at Messiah, the men's and women's soccer teams are the college's two most winning teams. The Messiah College Falcons, both their men's and women's soccer teams, won the 2009 NCAA Division III national championship on December 5. This victory was the seventh national championship since 2000 for the men and the third since 2000 for the women. Messiah claimed the third and only men's and women's dual national championships in NCAA history.

In the championship games, head coaches Brad McCarty and Scott Frey led the men's and women's soccer teams to a 2-0 victory against Calvin College and a 1-0 victory against Washington University of St. Louis. Jared Clugston was voted the most valuable defense player, and Geoff Pezon won the most valuable offensive title at the tournament.

So I congratulate Messiah College, the men's and women's teams, and I urge my colleagues to join me in supporting this resolution.

I yield back the balance of my time. Ms. WOOLSEY. Madam Speaker, I urge my colleagues to support House Resolution 1030 congratulating Messiah College men's and women's soccer teams on winning the 2009 NCAA Division III national championships, and I yield back the remainder of my time.

The SPEAKER pro tempore. The question is on the motion offered by the gentlewoman from California (Ms. WOOLSEY) that the House suspend the rules and agree to the resolution, H. Res. 1030.

The question was taken; and (twothirds being in the affirmative) the rules were suspended and the resolution was agreed to.

A motion to reconsider was laid on the table.

### $\Box$ 1445

## NATIONAL SCHOOL COUNSELING WEEK

Ms. WOOLSEY. Madam Speaker, I move to suspend the rules and agree to the resolution (H. Res. 1029) expressing support for designation of the week of February 1 through February 5, 2010, as "National School Counseling Week"

The Clerk read the title of the resolu-

The text of the resolution is as follows:

#### H. RES. 1029

Whereas the American School Counselor Association has declared the week of February 1 through February 5, 2010, as "National School Counseling Week":

Whereas the House of Representatives has recognized the importance of school counseling through the inclusion of elementary and secondary school counseling programs in the last reauthorization of the Elementary and Secondary Education Act of 1965;

Whereas school counselors have long advocated that the education system of the United States must provide equitable opportunities for all students;

Whereas school counselors have long emphasized the importance of personal and social development in academic achievement;

Whereas school counselors help develop well-rounded students by guiding them through their academic, personal, social, and career development;

Whereas school counselors play a vital role in ensuring that students are aware of financial aid and college opportunities;

Whereas school counselors may encourage students to pursue challenging academic courses to prepare them for college majors and careers in the science, technology, engineering, and mathematics fields;

Whereas school counselors provide support for students whose family members have been deployed to conflicts overseas:

Whereas school counselors help students cope with serious and common challenges of growing up, including peer pressure, mental health issues, school violence, disciplinary problems, and problems in the home:

Whereas school counselors are also instrumental in helping students, teachers, and parents deal with personal trauma and community and national tragedies;

Whereas school counselors are among the few professionals in a school building that are trained in both education and mental health;

Whereas, despite the important contributions of school counselors to student success, counseling positions are not always protected when local budgets are cut, especially in tough economic times;

Whereas the average student-to-counselor ratio in America's public schools, 475-to-1, is almost double the 250-to-1 ratio recommended by the American School Counselor Association, the American Counseling Association, and other organizations;

Whereas the celebration of "National School Counseling Week" would increase awareness of the important and necessary role school counselors play in the lives of students in the United States; and

Whereas the week of February 1 through February 5, 2010, would be an appropriate week to designate as "National School Counseling Week": Now, therefore, be it

Resolved, That the United States House of Representatives-

(1) honors and recognizes the contributions of school counselors to the success of students in our Nation's elementary and secondary schools; and

(2) encourages the people of the United States to observe "National School Counseling Week" with appropriate ceremonies and activities that promote awareness of the crucial role school counselors play in preparing students for fulfilling lives as contributing members of society.

The SPEAKER pro tempore. Pursuant to the rule, the gentlewoman from California (Ms. Woolsey) and the gentleman from Utah (Mr. BISHOP) each will control 20 minutes.

The gentlewoman from California is recognized.

## GENERAL LEAVE

Ms. WOOLSEY. Madam Speaker, I request 5 legislative days during which Members may revise and extend their remarks and insert extraneous material on H. Res. 1029 into the RECORD.

The SPEAKER pro tempore. Is there objection to the request of the gentlewoman from California?

There was no objection.

Ms. WOOLSEY. Madam Speaker, I yield myself as much time as I may consume.

Madam Speaker, I rise today in support of H. Res. 1029, which recognizes the impact that school counselors have in students' lives throughout the country. It encourages the observance of February 1 through 5 as National School Counseling Week.

School counselors play an essential role in students', teachers', and families' lives. National data show that school counselors improve teacher quality, bolster student achievement, and lower dropout rates. Additionally, research demonstrates that students who receive social and emotional support and other services carried out by school counselors achieve higher academic results.

Our education system employs school counselors at all levels, in elementary, middle, and high school, as well as in district supervisory positions. The educational backgrounds of school counselors qualify them to work with students to address their academic, personal, social, and career development needs. Through the implementation of a school counseling program, counselors offer a range of services to students. They also offer these services to parents, guardians, other school staff, and the community at large. School counselors assist with curriculum design and implementation, offer individual guidance and counseling, and other intervention activities that meet immediate student needs. Examples include education on mental health