

need to be confident and not let your friends pressure you into doing something that is illegal or will hurt you. D.A.R.E. has helped show me the importance of just saying NO!

(By Emily Ready)

"Good afternoon, guys. Today we're going to talk about..." Every single year, fifth graders in Loudoun County take a class called D.A.R.E. D.A.R.E. stands for Drug Abuse Resistance Education. A deputy from Loudoun County Sheriff's office comes and teaches you. Some of my favorite things that we learned about were tobacco, alcohol, and peer pressure.

Coughing, yellow teeth, cancer? These are just some of the things tobacco does to you. Cigarettes contain tobacco, and smoking is the main cause of heart disease. More than 400,000 people die every year from smoking. It can also turn your lungs from natural pink to sickening black. My thoughts on tobacco are tobacco is a horrible thing, and if you use it, you are ruining your life!

Jail, comas, and possible death are only a few of the things too much alcohol can get you. Alcohol is in beer, wine, and liquor. It slows down your brain and your body. In case you're wondering, most teenagers DON'T drink alcohol. I think if people were more responsible with alcohol, it wouldn't be a problem.

Peer pressure is when other people, friends or not, try to get you to do something you may or may not wish to do. Some people can be mean about it, or some will be nice and it can be something good for you. If it's bad, just say NO! I think if it's mean or bad peer pressure, we don't need it! It can hurt people's feelings and make them do something dangerous or awful that can hurt them or other people.

I really enjoyed the D.A.R.E. program this year. It showed me just how dangerous smoking and underage drinking really are. I believe it is important to stay drug-free because you can destroy yourself, your family, and your future. So, I, Emily Ready, promise to stay drug-free and stay a non-tobacco user and a nonunderage drinker.

(By Nick Carroll)

"Lost another one to drugs because of over use of alcohol," sighed Dr. Smith. That won't happen to me because I took D.A.R.E. class. D.A.R.E. stands for Drug Abuse Resistance Education. During D.A.R.E. we learned about alcohol, inhalants, marijuana, and tobacco. We learned about more than just drugs. We learned how to say no and about the D.A.R.E. decision making model. We also learned about how dangerous inhalants can be and the tricks of advertisement.

Inhalants can be used as a type of drug. It can be made using household products concentrated in a certain place (like in a paper bag). They are very dangerous! It can kill you instantly even if you're doing it for the first time. Inhalants can damage your brain and liver. You might suffer from a loss of smell, depression, and can cause a heart attack! It can also suffocate you. It will starve your body of oxygen and force your heart to beat irregularly and more rapidly. You could get sores in the mouth and nose. Chronic users can have muscle wasting and reduced muscle tone and strength. Inhalants can cause nausea and nosebleeds. Inhalants are one of the things that kill many children each year. Inhalants can cause most of these problems without you knowing it until it's too late.

Advertising is one of the ways drug companies get people to buy their stuff. One of the ways they do it is to show famous celebrities drinking beer or smoking a cigarette. They also show happy people with beer, wine, or a

cigarette. They put advertisements almost everywhere you could look. They put them on TV commercials, in magazines, billboards, and many other places. They think that by putting them in a lot of places they are getting more customers and it works, people go for the advertisements.

I think D.A.R.E. was an exciting subject. We learned many things from our instructor, Deputy Ridgley. She made it enjoyable to learn about drugs and how to stay drug free. Deputy Ridgley told us many stories, which made it exciting. I think that it is important to stay drug free to keep from getting sick or hurt from different drugs. I will stay drug free to keep from getting sick or hurt by drugs!

INTRODUCTION OF IRAN GAS QUARANTINE RESOLUTION

HON. MARK STEVEN KIRK

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

Thursday, June 8, 2006

Mr. KIRK. Mr. Speaker, today, I am reintroducing a resolution with Congressman ROBERT ANDREWS (D-NJ) which emphasizes that the crisis regarding Iran's nuclear program should be resolved primarily through diplomatic means. I choose diplomacy over conflict; and I believe the United States and our allies can achieve our ends to the Iranian nuclear program without firing a shot. By focusing on Iran's reliance on gasoline imports, this concurrent resolution suggests a thoughtful and effective approach to diplomacy with Iran.

The resolution I introduce today states that as part of the diplomatic effort, the United States should consider a gasoline quarantine, organized and enforced by a multilateral coalition of nations. This action would be a strong yet prudent action to dissuade Iran from joining the nuclear club.

Despite its wealth of crude oil, Iran imports nearly 40 percent of its refined gasoline. For years, the Iranian regime has subsidized this imported gasoline by \$3 billion a year to keep prices artificially low in order to maintain economic and political stability. A quarantine, and the resulting spike in prices, would be catastrophic to the regime's stability.

The Iranian economy is nearly at its breaking point due to crushing unemployment, inflation, and the rush of foreign investors leaving the Islamic Republic. A quarantine would push the government's ability to spend to the breaking point, forcing them to consider compromise.

Congressman ANDREWS and I introduced a similar resolution, House Concurrent Resolution 177, on June 14, 2005. Since that time, Iran selected an unpredictable and belligerent new leader. Iran has restarted uranium enrichment and paraded missiles through the street with banners saying "Death to America" and "Wipe Israel off the Map." This resolution reflects the current situation with respect to Iran, and suggests an innovative solution to the nuclear impasse.

I want to thank my good friend Congressman ROBERT ANDREWS for being the lead co-sponsor of this legislation. I look forward to working with him and my other colleagues on this important foreign policy initiative.

SUPPORTING THE MUSLIMS CARE PROGRAM OF COMMUNITY SERVICES

HON. CHARLES B. RANGEL

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

Thursday, June 8, 2006

Mr. RANGEL. Mr. Speaker, I rise today to enter into the RECORD, my heartfelt support for the "Muslims Care" campaign, launched by the Council on American-Islamic Relations, CAIR, to promote volunteerism in the Islamic community. CAIR is asking Muslims across the country to volunteer their time for raising health awareness, helping the needy and supporting activities for youth. Using verses from the Qur'an and Hadith, the "Muslims Care" tool kit (available in www.muslims-care.org) is encouraging local mosques to participate and promote volunteering programs such as blood drives, health awareness, student tutoring, etc.

First of all, the "Muslims Care" program has a community benefits focus, which can potentially bring together people from a multitude of backgrounds and interests. Moreover, it offers an opportunity to weave Muslims and Islamic identity into the American sociocultural fabric, a viable approach to counter the misinformation that is out there about Islam and Muslims. Lastly, a recent survey, conducted by CAIR, showed that the majority of Americans promised to change their views about Islam if Muslims are seen to be concerned about healthcare, education, economy, issues that plague the average American. The "Muslims Care" campaign is an excellent way to overcome this us/them mentality and the prejudices about Islam and Muslims.

I heartily support this undertaking by CAIR, as well as their other programs that promote cross-cultural dialogue to enhance the understanding of Islam.

U.S. MUSLIMS LAUNCH ANNUAL VOLUNTEERISM CAMPAIGN

WASHINGTON, DC., May 25, 2006.—A prominent national Islamic civil rights and advocacy group today called on American Muslims to support its second annual campaign, called "Muslims Care," designed to promote volunteerism in the Islamic community.

In its summer-long initiative, the Council on American-Islamic Relations (CAIR) will offer Muslims the resources and information they need to help improve the communities in which they live. This year, CAIR will again ask Muslims across the country to focus on health awareness, helping the needy and activities for youth.

Visitors to CAIR's campaign website, www.muslims-care.org, will be able to download a toolkit containing information about how to become a volunteer and suggesting volunteer activities such as blood drives, health awareness fairs and student tutoring. CAIR is suggesting that community members visit the website to submit local volunteer opportunities and see what activities are available in their state.

The "Muslims Care" kit also offers advice to Islamic religious leaders about how they can promote volunteerism in local mosques and suggests partnering with established volunteer groups such as the American Cancer Society and Big Brother/Big Sisters.

Local Islamic leaders and imams (prayer leaders) are being encouraged to give Friday sermons on the importance of volunteerism. The "Muslims Care" toolkit has sample verses from the Quran, Islam's revered text, and hadith (Islamic traditions) to incorporate in the sermons. One tradition quotes

Islam's Prophet Muhammad as saying, "The upper hand (of giving) is better than the lower hand (at receiving)," as an encouragement to provide for those less fortunate.

"As Muslims, we are encouraged to work to improve the communities in which we live," said CAIR Communication Coordinator Rabiah Ahmed.

Ahmed cited a recently-conducted CAIR opinion survey showing that a majority of Americans said they would change their views about Islam and Muslims if they perceived that Muslims were more concerned about issues such as healthcare, education and the economy.

CAIR, America's largest Islamic civil liberties group, has 32 offices and chapters nationwide and in Canada. Its mission is to enhance the understanding of Islam, encourage dialogue, protect civil liberties, empower American Muslims, and build coalitions that promote justice and mutual understanding.

TRIBUTE TO DICK LAWLER

HON. SHERWOOD BOEHLERT

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

Thursday, June 8, 2006

Mr. BOEHLERT. Mr. Speaker, I rise today to honor Dick Lawler, a long-time friend, who after dedicating 35 years of his heart and soul to the field of journalism has reached one of life's greatest milestones, and will finally take his well-deserved retirement.

Dick is known by his peers as someone with an invigorating ability to reach people in a way that leaves a lasting positive impression. Evidence of such can be found in one of Dick's classic euphemisms, "If it were easy, everyone would do it." Those words speak volume to the character of this great man.

That said Mr. Speaker, if it were easy, everyone would have a loving wife, devoted children, and adoring grandchildren. Everyone would raise a family worthy of respect from their friends and peers.

If it were easy, everyone would devote themselves to their community. We would all find the time to help children, serve our neighbors, and make the community that raised us a better place to grow up in.

If it were easy we would all be passionate about our jobs and our professions. Our work would exhibit the enthusiasm we feel every day, and our patrons would recognize the joy we feel from serving them. We would become legends in our own time, and admired for our skills.

If it were easy, everyone would do it.

For over 35 years, Dick has been a consummate journalistic professional who has sought to further hone and craft his skills every day. He is a man who was dedicated to the pursuit of both truth and a good story. A man who sat with Henry Kissinger, Robert F. Kennedy, school children, and shopkeepers equally.

In his private life he has dedicated countless hours to raising funds for children's hospitals and improving our community. It is these good works that have truly endeared him to us. For many years, my wife and I have often been privileged to share the company of his family. From backyard barbecues to cheering on our hometown Utica Blue Sox with our fellow "bleacher bums," Dick and his wife Jackie have always been a treasured part of our lives.

Very little in life is easy, but Dick has always managed to approach life with a grace and simplicity that makes it seem effortless. As a journalist, a father, and a friend, Dick has spent the last 35 years tantalizing us with how easy life can seem when you work hard to reach your goals.

I wish him tremendous success in his retirement from journalism, I know all too well that it is never easy to leave your passion. And if it truly were that easy, everyone would do it.

INTRODUCTION OF THE STORMWATER ENFORCEMENT AND PERMITTING ACT OF 2006

HON. GARY G. MILLER

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Thursday, June 8, 2006

Mr. GARY G. MILLER of California. Mr. Speaker, as a homebuilder for over 35 years, I rise today in support of the Stormwater Enforcement and Permitting Act of 2006, a bill introduced by Water Resources and Environment Subcommittee Chairman DUNCAN to streamline the Clean Water Act stormwater permitting process for residential construction sites.

The Environmental Protection Agency's (EPA) costly, excessive, and inconsistent stormwater regulations need to be reformed to ensure affordable homes can be constructed without burdensome regulations that do little to protect the environment. More effective environmental protection will come from simple, straightforward rules that encourage compliance.

Stormwater is different from the industrial pollutants that are the focus of EPA's National Pollutant Discharge Elimination System. Rain-fall events that generate stormwater runoff on residential construction sites cannot be controlled in the same way a manufacturing plant can control the flow of its industrial processes. The inflexible requirements imposed by the EPA do not acknowledge these differences. A more consistent and sensible enforcement approach would better protect our water resources without increasing housing costs.

I believe stormwater regulations must be reasonable, which is why I am an original co-sponsor of the Stormwater Enforcement and Permitting Act of 2006. This bill creates an outreach program to ensure all homebuilders know of EPA's regulations, gives builders an opportunity to correct benign stormwater permit deficiencies that do not result in environmental damage, and clarifies, codifies, and streamlines EPA's stormwater regulations for residential construction sites.

At a time when housing prices have hit record highs, burdensome regulations are pushing up the costs of housing, squeezing working families out of the market. I look forward to working with my colleagues to move this bill forward to streamline EPA's stormwater regulations to ensure all Americans can realize the dream of homeowner-ship.

COLUMNIST DAVID IGNATIUS: IT'S TIME TO CONNECT GLOBALLY, ESPECIALLY WITH IRAN

HON. CHARLES B. RANGEL

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

Thursday, June 8, 2006

Mr. RANGEL. Mr. Speaker, I rise to introduce into the RECORD the commentary entitled "It's Time To Engage With Iran" written by David Ignatius and published in the May 25, 2006 issue of the Washington Post.

Much of the diplomacy of the last 5 years has been confrontational, characterized by threats, ultimatums and labeling or "name calling" of leaders or countries perceived as threats by the Bush administration.

With this threat diplomacy in mind, Mr. Ignatius offers some literary and policy advice. Quoting the last line of E.M. Forester's novel *Howards End*, Mr. Ignatius suggests "Only connect" as a good foreign policy for the United States.

Ignatius suggests only connect is a useful injection in thinking "about U.S. strategy toward Iran and the wider conflicts between the West and the Muslim world." I agree.

The U.S. could certainly have benefited from connections with our traditional allies before we invaded Iraq. Instead President Bush and Vice President CHENEY unhelpfully labeled France, Germany and our other long-time and steadfast allies as "the old Europe." Unbelievably, for a time, otherwise reasonable and sane members of Congress and of the administration insisted on calling french fries, freedom fries.

The Bush administration's arrogance and hubris led the President and Vice President not merely to rebuff the countries who refused to let America lead them into war with Iraq but took every opportunity to disconnect from them. At every opportunity the Bush administration let our long-time friends know our connection with them did not matter. If they were not with us, they were against us. I believe there are those in Congress who regret the attitude represented by these words. Our "coalition of the willing" has few member countries left and those that are left have few soldiers fighting in Iraq.

During the first days of the Bush administration, the U.S. refused to meet with Iran at all. China finally convinced the U.S. to meet with Iran but when we did, our representatives sat in the conference room and announced the U.S. would not deal with Iran and then spoke no more. During the 1½ years we did not deal with Iran it forged ahead on its nuclear research and perhaps produced enriched plutonium. We just don't know.

Ignatius writes that "we are in the early stages of what the Centcom commander, Gen. John Abizaid, calls 'the first war of globalization, between openness and closed societies.'" General Abizaid's advice was to "expand openness and connection." According to Ignatius, General Abizaid called al-Qaeda "the military arm of the closed order." The extremist mullahs in Tehran are leaders of a closed order.

Ignatius writes that America's best strategy is connection and to play to its strengths, which he believes are the open exchange of ideas, backed up by unmatched military power.