

## HOW WE CAN HELP AFRICA

**HON. CHARLES B. RANGEL**

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

*Thursday, March 10, 2005*

Mr. RANGEL. Mr. Speaker, the plight of Sub-Saharan Africa is one that has concerned our country for some time now. Africa faces many challenges that potentially threaten long-term stability, including the world's most serious HIV/AIDS pandemic, widespread rural and urban poverty, and civil and ethnic conflict. In constant dollar terms, incomes in Africa are only about \$100 higher than in 1960.

With so many problems facing the continent, many Americans may wonder what they themselves can do to help. This question was addressed in a recent news release from Julius E. Coles, President of Africare. Africare is the oldest and largest African-American organization dedicated to African development. While his organization oversees the distribution of millions of dollars to projects across Africa, Mr. Coles has offered in this release some simple steps that average Americans can take in the effort to help Africa. In short, he advocates that Americans get to know Africa—its history, people, food, languages, music, and current events.

In so doing they will be gaining the knowledge and understanding necessary to advocate effectively for Africa to their elected officials. With large African communities in most cities, Americans have ample opportunity to get to know Africa without even leaving home. Americans should also begin to invest in companies and ventures that engage in sustainable and mutually beneficial investment in Africa, or take the extra step to buy products made in Africa.

In addition, Americans should remember to donate to reputable charity and nonprofit organizations that operate in Africa. As governmental capacity in most African nations is lacking, the non-profit sector serves an important role in providing assistance to those in need. Again I thank Mr. Coles for his release, it clearly reminds us that we all can help Africa, we need only take the first simple step.

[From Africare, Feb. 25, 2005]

## 10 WAYS YOU CAN HELP AFRICA

(By Julius E. Coles)

WASHINGTON, DC.—I have worked with Africa for nearly 40 years; and as a result, I am often approached by people here in the United States who want to help the people of Africa but who also feel overwhelmed. It may be the continent's vast size that intimidates, or the depth of some of its challenges, or the media reports that highlight Africa's problems but minimize the progress that has been made. "Can I really make a difference?" people ask. "Yes," I always tell them, "you can."

As I write these words, Black History Month is nearing its end. We have celebrated the achievements of our African-American community and honored our hereditary roots in Africa. Now, I propose that we Americans continue the celebration by committing ourselves to help Africa year-round. What follows are 10 ways in which you—an individual, a family, a member of a social or civic group, a small business, a church, a school—can do just that.

Read. The more you know about Africa, the better you can motivate others to help. Read a survey of African history since the

dawn of humankind more than 200,000 years ago. Read a book about black African leaders, from the Kushite pharaohs of ancient Egypt to the giants of 20th century independence (Nelson Mandela of South Africa, Leopold Senghor of Senegal, Jomo Kenyatta of Kenya, Kwame Nkrumah of Ghana, Haile Selassie of Ethiopia and more). Follow African current events on Web sites like AllAfrica (allafrica.com), BBC News (newsbbc.co.uk/2/hi/afica) and CNN (www.cnn.com/WORLD/africa/archive).

Teach, learn. If you're a teacher, plan a lesson or special project about Africa. If you're a parent, look for a fun "African experience" your family can share. If you're a student, do a research paper on Africa or start an Africa Club with your friends. If your school has African students, have a special assembly and ask them to speak.

Write. Voice your views and perspectives on Africa-related issues. Write a letter to your senator, member of congress, or state or local government official. Share your concerns with companies engaged in Africa. Author a guest editorial for your community or school newspaper, or a posting to your favorite Internet message board.

Speak. If you've traveled or worked in Africa, give a talk to a group you belong to. If you've never been to Africa, arrange for an African immigrant who lives in your community to speak.

Travel. If you have the means, visit Africa. Consider a group trip: traveling in groups can add to the fun as well as reduce the costs (group discounts are often substantial); as much as possible, do business with African vendors for transport, lodging and tours. While in Africa, absorb the beautiful scenery and cultural sites—but also take the time to meet local people, learn about their lives and understand the development challenges that they face. Finally, stay connected, and committed, once you return home. For example, if you visited a drought-prone country, involve your friends in raising funds for water wells.

See, hear, eat . . . enjoy! African culture is accessible in most American cities. You can see an African film (Afrique-sur-Seine, The Gods Must Be Crazy) or a film about Africa (Hotel Rwanda, The Lost Boys of the Sudan, Cry Freedom). Attend a performance of African music or dance. Visit an African art museum. Eat at an African restaurant. Enjoy and appreciate the incredible variety of cultures that are "African" and share those enthusiasms with others.

Meet. Almost every city and many smaller communities in the United States are home to first-generation Africans. Find opportunities to meet your African neighbors, to learn from them and to invite their participation in local organizations. Reach out especially to new arrivals, who might welcome your help finding housing and jobs and generally adjusting to American life.

Invest. You may be in a position to invest in an African business or to join a group of investors with African interests (there are growing numbers of African investment funds you might want to explore). On the other hand, even the simple act of buying African art in an American store helps to support the artists and their families in Africa. Depending on where you work, you might also engage your employer in African investment or trade.

Donate. Make a charitable donation to one of the many reputable organizations assisting Africa. Your gift may be large or small. Usually you can give online. You can support special projects or offer to help "where needed most" in Africa. You can give individually; you can organize a fund raiser; you can give in your workplace.

Share. Send this article to 10 people, and ask each to send it on to 10 more—and en-

courage all recipients to help Africa this year in one of the nine other ways presented above.

**HIS HOLINESS THE DALAI LAMA  
ON TIBETAN UPRISING DAY****HON. MARK STEVEN KIRK**

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

*Thursday, March 10, 2005*

Mr. KIRK. Mr. Speaker, I request the attached copy of the annual statement of His Holiness the Dalai Lama marking March 10, 2005 as the 46th anniversary of the Tibetan Uprising of 1959 be included in the CONGRESSIONAL RECORD.

On March 10, 1959, the people of the Tibetan capital of Lhasa surrounded the home of the Dalai Lama in a brave effort to protect him from the Peoples' Liberation Army's guns that were trained on his compound from across the river. These Tibetans refused to leave even after the Chinese artillery fire began falling. On March 17, 1959, the Dalai Lama fled into exile in a futile effort to protect them; thousands died during the Chinese assault on the city, and thousands more died as the PLA moved to suppress a nationwide uprising against their increasingly repressive occupation of Tibet.

Despite China's history of aggression and brutality, the Dalai Lama has worked for more than forty years to promote Tibetan self-determination through non-violent means. I am proud that the U.S. Congress is a beacon of support for the Tibetan struggle. As the lead sponsor of the Tibetan Policy Act of 2002, I was pleased to see the Congress come together recently in support of a strong U.S. policy on Tibet.

The Dalai Lama's release of his annual March 10 statement today highlights key points regarding for the Tibetan people and the world. Four decades of Chinese-led economic and social changes in Tibet have not primarily benefitted the Tibetan people. There continues to be instability in Tibet not because of "splittist activities", but because of a profound lack of human rights, religious freedom and self-rule on the ground in Tibet. China itself has made tremendous economic progress during the past twenty or thirty years, but China's image in the world remains tarnished by her human rights records, undemocratic actions, the lack of the rule of law and the unequal implementation of autonomy rights regarding minorities. The renewed contact between the Tibetan and Chinese leadership, including the third round of meetings last September, are resulting in gradually improving interactions. It is my hope the future will continue to see improvements in the dialog.

**THE STATEMENT OF HIS HOLINESS THE DALAI LAMA ON THE 46TH ANNIVERSARY OF THE TIBETAN NATIONAL UPRISING DAY**

On the occasion of the 46th anniversary of the Tibetan People's Uprising, I convey my warm greetings to my fellow Tibetans in Tibet and in exile and to our friends around the world.

During these more than four decades great changes have taken place in Tibet. There has been a great deal of economic progress along with development in infrastructure. The Golmud-Lhasa railway link that is being built is a case in point. However, during the

same period much has been written by independent journalists and travelers to Tibet about the real situation in Tibet and not what they have been shown. Most of them portray a very different picture than what the Chinese government claims, clearly criticizing China about the lack of human rights, religious freedom and self-rule in Tibet. What has actually happened and is still happening is that since the establishment of the Tibet Autonomous Region the real authority has been solely held by Chinese leaders. As for the Tibetan people, they have been facing suspicions and growing restrictions. The lack of true ethnic equality and harmony based on trust, and the absence of genuine stability in Tibet clearly shows that things are not well in Tibet and that basically there is a problem.

Prominent and respected Tibetan leaders in Tibet have spoken out on this from time to time and even suffered because of their courageous acts. In the early 1960s, the late Panchen Lama outlined the sufferings and aspirations of the Tibetan people in his petition to the Chinese leaders. Baba Phuntsok Wangyal, one of the foremost Tibetan communist leaders, in his recent biography published in English dwells at length on the need to meet the interests of the Tibetan people. In fact, it is clear that most senior Tibetan officials in Tibet deep in their hearts are extremely dissatisfied.

This year the Chinese government will mark the 40th anniversary of the establishment of the Tibet Autonomous Region. There will be much fanfare and many commemorative events to celebrate the occasion but these will be meaningless when they do not reflect the ground realities. For example, the Great Leap Forward and the Cultural Revolution were celebrated with great pomp as real achievements at the time they took place.

China has made tremendous economic progress during the past more than two decades. China today is not what it was twenty or thirty years ago. Much has changed in China. As a result she has become a major player in the world and China rightly deserves this position. It is a big nation with a huge population and a rich and ancient civilization. However, China's image is tarnished by her human rights records, undemocratic actions, the lack of the rule of law and the unequal implementation of autonomy rights regarding minorities, including the Tibetans. All these are a cause for more suspicion and distrust from the outside world. Internally, they are an obstacle to unity and stability that are of utmost importance to the leaders of the People's Republic of China. In my view, it is important that as China becomes a powerful and respectable nation she should be able to adopt a reasonable policy with confidence.

The world in general, of which China is a part, is changing for the better. In recent times there is definitely a greater awareness and appreciation for peace, non-violence, democracy, justice and environmental protection. The recent unprecedented response from governments and individuals across the world to the tsunami disaster victims reaffirms that the world is truly interdependent and the importance of universal responsibility.

My involvement in the affairs of Tibet is not for the purpose of claiming certain personal rights or political position for myself nor attempting to stake claims for the Tibetan administration in exile. In 1992 in a formal announcement I stated clearly that when we return to Tibet with a certain degree of freedom I will not hold any office in the Tibetan government or any other political position and that the present Tibetan administration in exile will be dissolved.

Moreover, the Tibetans working in Tibet should carry on the main responsibility of administering Tibet.

I once again want to reassure the Chinese authorities that as long as I am responsible for the affairs of Tibet we remain fully committed to the Middle Way Approach of not seeking independence for Tibet and are willing to remain within the People's Republic of China. I am convinced that in the long run such an approach is of benefit to the Tibetan people for their material progress. It is encouraging that there is support from various parts of the world for this approach as being reasonable, realistic and of mutual benefit to the Chinese and Tibetans. I am particularly encouraged by the recognition and support that has come from certain quarters of the intellectual circle from within China.

I am happy with our renewed contacts with the Chinese leadership and that the third round of meetings last September shows that gradually our interactions are improving. Now that our elected political leadership is shouldering more responsibility in Tibetan affairs, I have advised them to look into the issues raised by the Chinese side during our third round of talks and to take steps to address or clarify them as needed. We remain hopeful that eventually we will be able to develop the necessary trust and resolve this long-standing issue to our mutual benefit.

Finally, I would like to take this opportunity to express the Tibetan people's gratitude and appreciation to the people and Government of India for their steadfast sympathy and support. I very much feel a part of this nation not only because of the centuries-old religious and cultural ties that India and Tibet enjoyed but also because I and most of the Tibetans in exile lived in India for the past 45 years.

I offer my prayers to the brave men and women of Tibet who gave their lives for the cause of Tibetan freedom.

#### TRIBUTE TO MS. CATHY STROUD

**HON. JOSÉ E. SERRANO**

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

*Thursday, March 10, 2005*

Mr. SERRANO. Mr. Speaker, I rise during this month dedicated to the celebration of Black History to pay tribute to Ms. Cathy Stroud, an outstanding woman who has dedicated her life to empowering others.

Cathy was born in New Bern, North Carolina. She attended J.T. Barber High School and received her bachelors degree from Livingston College. For the past 18 years she has served as the Tenant Association president for her building. In this role she works as a liaison between tenants and management helping to resolve disputes that may arise between the two.

Committed to uplifting the people of her community, Cathy serves as Executive Director of River Watch Inc., a neighborhood network center, which is committed to developing and implementing educational and training programs to empower residents of the Bronx. She also directs a youth activity center that provides homework assistance, fun activities and trips for community youth.

A widowed mother of three, grandmother of seven and adopted grandmother of four, Cathy still finds the time and energy to serve as the New York State Committeewoman of the 77 AD and be an active church official at Refuge Temple Annex.

Mr. Speaker, during this month of February in which we celebrate Black History it is important that we give extra praise and recognition to African American women, who overcame not only racial discrimination but gender discrimination as well. Strong women such as Mary McCloud Bethune, Sojourner Truth and Harriet Tubman, who was also known as Moses on the account that she led so many of her people to freedom. I believe that we have an obligation to continue not only to recognize these strong influential women for the many contributions they have made to American society but also to recognize the women of today who overcome oppression in order to lead the people of their community from the bondage of despair. In that spirit, I ask that my colleagues join me in honoring Ms. Cathy Stroud.

HONORING JAMES O. PEOPLES, JR.

**HON. DALE E. KILDEE**

OF MICHIGAN

IN THE HOUSE OF REPRESENTATIVES

*Thursday, March 10, 2005*

Mr. KILDEE. Mr. Speaker, I rise before you today on behalf of Foss Avenue Baptist Church, in my hometown of Flint, Michigan, to honor James O. Peoples, Jr., for 48 years of dedicated service as the Church's Director of Music. On Sunday, March 13, 2005, the congregation of Foss Avenue will recognize Mr. Peoples' accomplishments during a celebration, which will include a musical program and reception, to be held at the church.

James Peoples, Jr. has been blessed with a natural talent and passion for music. His obvious abilities were refined as he studied Management and Music at C.S. Mott Community College, and later Music Theory at Cook Conservatory of Music. James's education did not end there, as he spent 11 years under the direction of various professionals in a wide array of styles including opera, classical, and lyrical melodies and harmony.

Since 1956, Mr. Peoples has performed the Lord's work as Director of Music for Foss Avenue Baptist Church. As Director, he has managed over 200 voices and staff, and recorded three albums. In addition, from 1987 to 1992, he served simultaneously as Director of Music for the Wolverine State Baptist Convention and Musical Director of the National Baptist Convention. Mr. Peoples has also acted as Director of the Flint Symphony Orchestra.

Mr. Peoples is best noted for his work with anthems, hymns and spiritual arrangements. He has conducted music workshops throughout the state, and in March 2003, he was recognized as Music Director of the Year by the Wolverine Baptist Convention Women's Auxiliary. Aside from being an outstanding leader and role model, Mr. Peoples is also a loving husband, father, grandfather, and great-grandfather.

Mr. Speaker, Psalms 66:1-2 says: "Make a joyful noise unto God, all ye lands: Sing forth the honor of his name: make his praise glorious." For 48 years, the members of Foss Avenue Baptist Church have indeed made a joyful noise, and it is because of people like James Peoples, Jr. I ask my colleagues in the 109th Congress to please join me in honoring Mr. Peoples' contributions to spreading the Lord's word.