

The youth of today's America are becoming less and less active. The U.S. Surgeon General reports the percentage of overweight children has nearly tripled in the past two decades. Forecasts also predict the current generation of children in the United States could actually have a shorter life span than their parents as the epidemic of childhood obesity expands.

Promoting physical activity and diet are critical in addressing the rise of childhood obesity and youth inactivity and Congress should be supportive in addressing this important issue. Certainly more needs to be done but this resolution is a step in the right direction to raise awareness and move the discussion forward.

The resolution also honors Jacob Mock Doub, a young man who had a great passion for life and for cycling. He encouraged many young people like himself to get involved with the activity.

I urge my colleagues to support this legislation.

For the information of our colleagues, I am attaching an item from the International Mountain Biking Association, IMBA, that provides additional information about Jacob Mock Doub.

JACOB MOCK "JACK" DOUB

Jul. 11, 1985—Oct. 21, 2002.

One year ago this October we unexpectedly lost a great friend and brother when Jack Doub died from complications from an injury received during practice for the Snowshoe NORBA National downhill race last June. To honor Jack's spirit and love of biking we have in association with IMBA, helped to establish the Jack Doub Memorial Fund to promote and encourage other "kids" to learn and live to ride. To understand Jack and his love of biking is to understand our wishes to continue his memory. Jack was born to two energetic and loving parents who greatly enjoyed the outdoors and early on Jack enjoyed the same. Skiing at age 18 months, he became an unbelievable freestyle and backcountry skier . . . the best. In life Jack learned to climb, to kayak, to motocross race, and to fly fish. By age 11 Jack's fly-fishing skills and abilities to see and catch fish were legend. It was almost unbelievable that he literally could do anything he wanted and at levels of skill that others only dream about, all of this while quiet, reserved, and humble.

Ultimately Jack was introduced to biking at age 11 near Grandfather Mountain, N.C. He saw a friend riding, doing a few tricks and he wanted to learn to wheelie. He was hooked. Within a week he could wheelie like crazy and soon obtained a new Gary Fisher Super Caliber on which he won essentially every cross-country race he entered for two years. Although remaining the best fly fisherman around at age 13, biking had become Jack's obsession. It was at age 13 that Jack obtained a Santa Cruz Super 8 and began racing downhill as well; again nothing but success. One of Jack's greatest sparks was participating in mountain bike "dirt" camp during the summer of 1998 at Snowshoe, WV, and this is also where he raced his last race.

From age 14 to 17 Jack rode primarily downhill and dual slalom. He found it difficult to train and ride downhill and dual slalom and have the energy to race cross-country on the same day. Cross-country was great but Jack was an adrenaline junkie . . . fast and furious. The neat thing about Jack however was not his desire to race and to win but his absolute love of being on the bike. Whether he podiumed or came in 23rd, his response was always, "it was great." He never

complained or had excuses and no matter how bad the mechanical failure or the crash, he always finished . . . never a DNF or withdrawal. For Jack, it was all about the bike . . . cross-country, downhill, dual slalom, trials, or as always just playing in the yard; there were very few days that he didn't touch the bike.

Jack rode many bikes and greatly loved his Spooky, his intense M1, and his Santa Cruz Heckler but his real favorite was his Foes Zigzag on which he came in second at the NORBA Snowshoe National in junior expert dual slalom in his last race ever. His accident occurred the next day in downhill training where as usual he was trying to air a major jump and obstacle . . . he later rode but never raced again. His accomplishments were extensive and are too numerous to detail nor would that be his focus.

Jack's last ride occurred approximately one week before he died. He was excited to ride a new trail with a group of us. Out of shape but never out of energy, he wheeled the mile to the trail including down a 200 yard hill all the way on a wheelie manual to a nose manual. As usual we were all amazed. During the two hour ride we rode hard, played hard and had worlds of fun. Jack rode through the pain and upset stomach while laughing and smiling and could only talk of getting back in shape and coming back. God, do we miss that next ride with Jack.

Despite all of Jack's great accomplishments and skills, his greatest strength was involving and encouraging others to ride, especially children. Jack would skip chances to hang out with his peers just to go to Hobby Park and teach young kids to ride and jump dual slalom . . . he did this even while injured. On occasions he was known to stop in a race and help other individuals. During one 12 hour race he rode two extra laps just to give his friends a break and lessen their pain so as to have more fun. Most importantly he greatly enjoyed seeing his friends do well, especially "Tone Dog", "Magoo", Jonathan, and Will. Jack's smiles were as big or bigger for their successes than for his own. Jack at heart wanted others to encounter and love life and biking as much as he did.

Jay de Jesus wrote in a letter to Jack's dad, Jay after Jack's death; Jack was . . . "up all night doing manuals and wheelies all the way across the courtyard at Snowshoe Village, the same nice, intelligent, bike-crazy kid with the ever present smile . . . every night, just riding on and on." There are no real answers to Jack's passing away, just a huge void. May that void be filled with our smiles and those of other kids experiencing the awesome joy of biking and as Jack would want us to do . . . "riding on and on". The Jack Doub Memorial Fund hopes in some small way to continue his spirit and memory to that end. Jack Doub . . . orange helmet, red hair and blue jeans . . . rest in peace brother as you ride in our hearts and memories forever.

FRIENDS OF JACK DOUB.

#### HONORING FRANK WACHOWSKI

HON. WILLIAM O. LIPINSKI

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

Wednesday, October 6, 2004

Mr. LIPINSKI. Mr. Speaker, I rise today to pay tribute to an outstanding gentleman, Frank Wachowski, more commonly known as "The Chicago Weather Man," who will be honored on October 16, 2004 with the prestigious Thomas Jefferson Award. It is with great

honor that I recognize the contribution of a man who continues to serve the Chicagoland area and the state of Illinois.

The Thomas Jefferson Awards are presented to people who work to better their communities through volunteer and community services. They are ordinary people who do extraordinary things without expectations of recognition or reward.

For over 25 years, Frank Wachowski has volunteered his services as a cooperative observer for the National Weather Service and has closely worked with Tom Skilling, chief meteorologist at WGN-TV in Chicago. More than 11,000 volunteers nationwide take observations on farms, in urban and suburban areas, National Parks, seashores, and mountaintops. The Cooperative Network has been recognized as the most definitive source of information on our nation's climate trends as the data collections are truly representative of where people live, work and play.

Mr. Speaker, I ask that my colleagues join me today in honoring Frank Wachowski for all of his hard work and dedication, as I hope that others are inspired by him to become involved in community service projects.

#### RECOGNIZING THE 50TH WEDDING ANNIVERSARY OF LONNIE AND LUCIA ROARK

HON. HILDA L. SOLIS

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, October 6, 2004

Ms. SOLIS. Mr. Speaker, today I rise in order to recognize Lonnie and Lucia Roark, who will celebrate their 50th wedding anniversary on October 23rd, 2004.

I have had the pleasure of knowing both of these wonderful people because they are valued friends of my parents. Lonnie, a native of Oklahoma, relocated to California and worked alongside my father, Raul Solis. Lucia and my mother are both originally from Nicaragua.

It has been said that once Lonnie met Lucia, everyone knew that she was his reason for living. What started out as friendship eventually blossomed into true devotion and a growing unconditional love. They became husband and wife on October 23, 1954, and remain so until this day.

This inspirational couple met in Los Angeles and raised their family in the nearby suburb of La Puente. Today, they continue to live in La Puente and are blessed with 3 children, 5 grandchildren and 2 great-grandchildren.

In addition, they are a treasured part of the Solis family as well. Lonnie and Lucia are the proud godparents of my sister Anna. I am proud to say that they will always be a part of our family.

I wish to congratulate them on their 50th anniversary. May they continue to share a life of love and happiness.

ARUBA

HON. SPENCER BACHUS

OF ALABAMA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, October 6, 2004

Mr. BACHUS. Mr. Speaker, year after year thousands upon thousands of Americans die

of illicit drugs. Year after year billions upon billions of dollars end up in the hands of the cartel bosses who traffic these deadly goods. The flow of drugs will only stop if the flow of money can be contained. It can only be contained if our allies all over the world work together with us to rid the world of that terrible scourge. I rise today to pay tribute to one of those important allies, the Caribbean nation of Aruba. This small island state is leading the way in efforts to counter drug trafficking and drug-related money laundering.

In the past, money laundering organizations have attempted to use Aruba's offshore banking and incorporation systems, free-zone areas, and resort/casino complexes to transfer and to launder drug proceeds. However, the timely implementation and rigorous enforcement of anti money-laundering and asset-seizure laws have set an example for others to follow.

Prime Minister Nelson Oduber and the Government of Aruba should be commended for recently issuing several decrees on money laundering that include increased oversight of casinos and insurance companies. The Government of Aruba also is in the process of instituting reporting requirements for cross-border currency movements in excess of 20,000 Aruban florins, approximately US\$11,200. Aruba has a Financial Intelligence Unit and is a member of the Egmont Group, an international group of financial intelligence units.

The Aruba Organized Crime Unit and the Criminal Intelligence Unit of the Coast Guard of the Netherlands Antilles and Aruba fight drug trafficking right alongside the United States Drug Enforcement Agency. Furthermore, Aruba serves as one of two forward operating locations in the Caribbean for U.S. counterdrug aircraft. The forward operating location, located at Queen Beatrix Airport near Oranjestad, provides a landing and servicing area for counterdrug detection and monitoring missions in the region.

For this cooperation, I would like to express the heartfelt thanks of the American people. With allies like Aruba on our side, we can win this war, too.

IN HONOR OF THE 350TH ANNIVERSARY OF THE CONGREGATION SHEARITH ISRAEL

**HON. JERROLD NADLER**

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

*Wednesday, October 6, 2004*

Mr. NADLER. Mr. Speaker, on September 12, 2004 a service was held for the 350th anniversary of the Congregation Shearith Israel in New York City. The Congregation, founded by 23 impoverished Brazilian Jews seeking refuge in New Amsterdam, marked the beginning of Jewish life in America. What began as a small settlement, nearly 122 years before American independence, grew into a community that not only benefited from the equality and religious freedom found here, but had a profound influence on such ideals over the course of American history. The American Jewish community has played a role in the extension of freedom, justice and social equality to all our people. Mr. Speaker, I would like to enter into the RECORD the sermon given by Rabbi Marc D. Angel on the occasion of the

350th anniversary of the Congregation Shearith Israel.

We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable rights, that among these are Life, Liberty, and the pursuit of Happiness." These words from the American Declaration of Independence reflect the deepest ideals and aspirations of the American people. America is not merely a country, vast and powerful; America is an idea, a vision of life as it could be.

When these words were first proclaimed on July 4, 1776, Congregation Shearith Israel was almost 122 years old. It was a venerable community, with an impressive history—a bastion of Jewish faith and tradition, and an integral part of the American experience. When the British invaded New York in 1776, a large group of congregants including our Hazan Rev. Gershom Mendes Seixas, left the city rather than live under British rule. Many joined the Revolutionary army and fought for American independence.

Some remained in New York, and conducted services in our synagogue building on Mill Street. Early in the war, two British soldiers broke into the synagogue and desecrated two Torah scrolls. This was not just an attack on scrolls, but was a symbolic assault on the spiritual foundations of Judaism, the self-same foundations upon which the American republic has been built. In our service today, we read from one of these Torah scrolls as a symbolic response to those soldiers, and to all those who would seek to undermine the eternal teachings of Torah and the principles of American democracy: we are not intimidated, we are not afraid. Generation by generation, we will continue to live by our ideals and by our faith. Generation by generation, we will lend our strength to the great American enterprise that promises hope and freedom, one nation under God, with liberty and justice for all.

Our story in America is not built on historical abstractions, but on generations of Jews who have played their roles in the unfolding of this nation. It is a very personal history, ingrained in our collective memory.

Attending this service today are descendants of Jews of the Colonial period, whose ancestors served in the American Revolution; descendants of families including de Lucena, Gomez, Nathan, Hendricks, Phillips, Franks, Cardozo, Seixas. We welcome descendants of Rev. Johannes Polhemus, minister of the Dutch Reformed Church, who was on the same ship as the first group of 23 Jews who arrived in New Amsterdam in September 1654.

We welcome representatives of our sister congregations that date back to the Colonial period: from the Touro Synagogue in Newport; from Mikveh Israel in Philadelphia; we have representatives or words of congratulations from the historic congregations in Savannah, Charleston and Richmond. We welcome members of our sister congregation, the Spanish and Portuguese community of London.

We welcome elected officials and representatives. We welcome officers of the 20th precinct, who serve our community with courage and dedication. We welcome leaders of the American Jewish community, and those who have worked so hard for Celebrate 350, the national umbrella group commemorating the 350th anniversary of American Jewry. Indeed we welcome all congregants and friends who have gathered here today on this historic occasion.

A number of those present today participated in the Tercentenary celebrations of 1954. We have a member here today whose mother—now 107 years old—was part of our

community during the 250th anniversary celebrations in 1904/5.

Among us are descendants of Jews from all parts of the world, Jews who came to America at different times and under different circumstances; including those who are themselves first generation Americans and first generation Jews. For 350 years, our generations have been part of the American experience, and have striven to make this a better nation.

We have just read from the Revolutionary Period Torah scroll, from the section known as "Kedoshim", only a few columns from where the British soldier damaged the scroll. Kedoshim opens with a challenge to the people of Israel to be a holy nation, to live according to the commandments of God, to have the courage and inner strength to maintain Torah ideals in a world that is not always receptive to such lofty teachings. The portion goes on to specify how we are to manifest holiness: through charity; honesty; commitment to truth and justice; through the avoidance of gossip and hatred. It culminates with the words: *ve-ahavta le-re-aha kamokha*, and you shall love your neighbor as yourself. The very principles of enjoined by this passage are the spiritual foundations of the United States of America. These teachings are constant reminders of how to live a good life and build a righteous society; they also are prods to make us realize how far short we fall from these ideals, how much more work remains to be done.

On this 350th anniversary of the American Jewish community, we reflect on the courage and heroic efforts of our forebears who have maintained Judaism as a vibrant and living force in our lives. We express gratitude to America for having given us—and all citizens—the freedom to practice our faith. This very freedom has energized and strengthened America.

Within Congregation Shearith Israel, we have been blessed with men and women who have helped articulate Jewish ideals and American ideals. Their voices have blended with the voices of fellow Americans of various religions and races, to help shape the dream and reality of America.

The American Declaration of Independence pronounced that all men are created equal. In his famous letter to the Jewish community of Newport, in August 1790, President George Washington hailed the United States for allowing its citizens freedom—not as a favor bestowed by one group on another—but in recognition of the inherent natural rights of all human beings. This country, wrote President Washington, "gives bigotry no sanction, to persecution no assistance".

And yet, if equality and human dignity are at the core of American ideals, the fulfillment of these ideals have required—and still require—sacrifice and devotion. Reality has not always kept up with the ideal. In 1855, Shearith Israel member Uriah Phillips Levy—who rose to the rank of Commodore in the U.S. Navy—was dropped from the Navy's active duty list. He was convinced that anti-Semitism was at the root of this demotion. He appealed the ruling and demanded justice. He asked: are people "now to learn to their sorrow and dismay that we too have sunk into the mire of religious intolerance and bigotry? . . . What is my case today, if you yield to this injustice, may tomorrow be that of the Roman Catholic or the Unitarian, the Presbyterian or the Methodist, the Episcopalian or the Baptist. There is but one safeguard: that is to be found in honest, whole-hearted, inflexible support of the wise, the just the impartial guarantee of the Constitution." Levy won his case. He helped the United States remain true to its principles.

Shearith Israel member Moses Judah (1735–1822) believed that all men were created