The President's Council on Integrity and Efficiency presented Mike with the June Gibbs Brown Career Achievement Award in 2003 for his extraordinary leadership and a distinguished career at VA in public service.

Mike and his wife Sharron have two sons, David and Douglas. They both share their father's passion and considerable skills in judo and golf.

With Mike's retirement, VA loses an enthusiastic, innovative leader and an exemplary Federal employee.

HONORING NASHVILLE'S CIVIL RIGHTS LEADERS

HON. JIM COOPER

OF TENNESSEE

IN THE HOUSE OF REPRESENTATIVES

Wednesday, February 11, 2004

Mr. COOPER. Mr. Speaker, in honor of Black History Month, I am pleased to speak today in recognition of Nashville's distinguished role in the history of the Civil Rights movement.

Forty-four years ago this week, a group of young Nashville college students came together to organize the Nashville sit-ins, a nonviolent campaign to desegregate the city's lunch counters. From that moment in 1960, and from that campaign's extraordinary leaders, emerged a passion for justice and equality that helped to guide the civil rights move-

Nashville was a principal training ground for some of the nation's most important leaders in the civil rights movement, many of whom were schooled in the techniques of nonviolent protest by the Rev. James Lawson. Rev. Lawson was the second African-American admitted to Vanderbilt University's Divinity School, and his famed workshops on nonviolent resistance later earned him a reputation as "the teacher of the civil rights movement."

Lawson's students came to include such prominent figures as Diane Nash, Dr. James Bevel. Dr. Bernard Lafavette, and Rev. C.T. Vivian, as well as my distinguished colleague, Congressman John Lewis of Georgia. As students and young activists, they formed the organizational core of Nashville's civil rights movement, which Dr. Martin Luther King, Jr. later described as "the best organized and most disciplined in the Southland.

Nashville's lunch-counter protests began on Feb. 13, 1960. Three months later, after a dramatic confrontation with then-Mayor Ben West. the students earned their first major victory when six Nashville lunch counters began serving African-Americans. The Nashville protests came to serve as models for later protests throughout the South, and its leaders, Ms. Nash, Dr. Bevel, Dr. Lafayette, Rev. Vivian and Mr. Lewis, went on to make pivotal contributions to the success of the civil rights movement, including the Freedom Rides of 1961 and the historic protests in Selma, Alabama.

This weekend, a number of the original leaders of Nashville's movement will be reuniting both to commemorate the anniversary of those first organized sit-ins and to honor the opening of the new Civil Rights Room at the Nashville Public Library. This library, located at 615 Church Street in Nashville, now stands in place of several downtown restaurants that

refused to serve African Americans before the historic protests.

Dr. King best summed up the legacy of the Nashville movement when he came to visit shortly after the protests succeeded in desegregating Nashville's lunch counters. He said, "I came to Nashville not to bring inspiration, but to gain inspiration from the great movement that has taken place in this community.'

It is with great honor and pride that I pay tribute today to the men and women of Nashville whose leadership and courage in the fight for racial justice still serve as inspiration to us

TRIBUTE TO KHRISTYN **BRIMMEIER**

HON, NICK LAMPSON

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES Wednesday, February 11, 2004

Mr. LAMPSON. Mr. Speaker, I rise today to wish a fond farewell to a member of my staff, Khristyn Brimmeier, who is leaving Capitol Hill this week. Khristyn is returning to her hometown of Pittsburgh, Pennsylvania to pursue other professional opportunities.

All of us who serve in Congress know how important our staff members are. Khristyn has served as a Congressional Aide for over seven years, including four years with my office. She has served as both my Press Secretary as well as my Communications Director. As a public spokesperson before the media and countless community organizations, I could have had no better assistant to help positively present my agenda on behalf of the constituents of the Ninth Congressional District of Texas.

Khristyn has not only championed the press and communications functions in my office, but has played a vital role as staff director of the Missing and Exploited Children's Caucus. Khristyn's hard work and dedication have helped to push the issue of missing children to the forefront in the conscience of this Congress. Her assistance and her council have been crucial in passing legislation that deals with the exploitation of children. I know that I speak for the dozens of families she has worked with on this issue in thanking her for her service.

I am grateful to have had the opportunity to know and work with Khristyn. I am confident that her abilities, her passion, and her work ethic will serve her well in the years to come. Though she is small in stature, her presence and her contributions have surely been noticed by all who have had the pleasure to work with her.

Khristyn, thank you for your hard work over the last four years. You will truly be missed.

HONORING UNC CHARLOTTE CHAN-CELLOR EMERITUS DEAN WAL-LACE COLVARD

HON. SUE WILKINS MYRICK

OF NORTH CAROLINA IN THE HOUSE OF REPRESENTATIVES

Wednesday, February 11, 2004

Mrs. MYRICK. Mr. Speaker, I would like to honor and recognize UNC Charlotte Chan- a moment and recognize some of the great

cellor Emeritus Dean Wallace Colvard. On February 24, 2004 he will receive an award that recognizes his lasting impact on our nation. Dr. Colvard, 90, is the 2004 recipient of The Echo Award Against Indifference, given by the Echo Foundation in honor of his lifelong commitment to equity and justice.

Dr. Colvard is best known for his courageous stand against racial discrimination in 1963 as president of Mississippi State University, when he challenged an unwritten state policy and allowed the basketball team to travel to Loyola of Chicago to compete in the NCAA tournament against African-American players. Although his team lost, 61-51, Colvard and Mississippi State won national respect for their quest to end segregation-and opened doors of opportunity for future generations

Forty years later, in 2003, Mississippi State made national news for earning its second trip to the NCAA, and Colvard's actions were chronicled in a Sports Illustrated story looking back on the historic event. To this day, Colvard downplays the significance of his decision, saying he only did what was right.

Dr. Colvard was born in the Appalachian Mountains in Grassy Creek, N.C. in 1913-in a home with no electricity, indoor plumbing or running water. He was the first member of his family to go to college, entering the work-study program at Berea College in Kentucky with \$100 in his pocket. Those humble beginnings instilled in him a lifelong commitment to equity and justice.

He went on to earn a Master of Arts degree in animal physiology from the University of Missouri and a doctoral degree in agricultural economics from Purdue University. He has served as superintendent of North Carolina Agricultural Research Stations; professor and head of the animal science department and later, dean of agriculture at North Carolina State College; president of Mississippi State University; and first chancellor of The University of North Carolina at Charlotte. He played an instrumental role in shaping the new university by securing regional and national accreditation for its programs and building a campus to accommodate enrollment that swelled from 1.700 to 8.705 students during his chancellorship.

Dr. Colvard was also instrumental in creating University Research Park and Discovery Place Science Museum in Charlotte, and the North Carolina School for Math and Science in Durham—the nation's first public, residential high school that emphasizes a science and mathematics curriculum. Among Colvard's many honors are the United States Department of the Army Outstanding Civilian Award (1966); the University of North Carolina University Award (1989); the North Carolina Public Service Award, presented by Gov. James Martin (1990); and honorary degrees from Purdue University, Belmont Abbey College, UNC Charlotte and Berea College.

HONORING LOUISIANA STATE UNIVERSITY AT EUNICE

HON. CHRISTOPHER JOHN

OF LOUISIANA

IN THE HOUSE OF REPRESENTATIVES Wednesday, February 11, 2004

Mr. JOHN. Mr. Speaker, I would like to take

things that are happening right now at Louisiana State University at Eunice. This twoyear college located in Acadia Parish, a part of my district, provides students with the educational tools they need to either enter the workforce or continue their studies at a fouryear university.

With 94 professors on hand, and nearly all of them full-time staff, LSUE has registered more than 3,000 students for the 2004 Spring semester. This number marks an all-time high for the school.

LSU at Eunice is excelling outside the classroom as well. The school has recently initiated a wellness program entitled "Bonne Sante!" Students and staff will benefit from this exciting program which will promote healthy living through a variety of sources including a monthly magazine, a free web service, a fitness/health film series and a community of fitness activity groups. "Bonne Sante!" promises to make LSUE a healthier and happier campus.

Staff at LSUE has also garnered some impressive accolades. The college's Chancellor, Dr. William J. Nunez, III, was recently selected to serve as chairman of the Eunice Community Medical Center Board of Directors for the current calendar year. In addition, Ms. Theresa Darbonne, a member of the SIFE@LSUE National Team recently returned from Honduras where she visited the medical clinic that SIFE@LSUE helped establish three years ago. SIFE is a global, not-for-profit organization that works to improve living standards throughout the world by teaching the values of market economics.

Exciting things are happening at LSUE. Its students and faculty should be proud to know that their school is making unprecedented strides and continues to provide an excellent education in Southwest Louisiana.

A BIRTHDAY SALUTE TO THE TOWN OF LINCOLNVILLE, SOUTH CAROLINA

HON. HENRY E. BROWN, JR.

OF SOUTH CAROLINA

IN THE HOUSE OF REPRESENTATIVES Wednesday, February 11, 2004

Mr. BROWN of South Carolina. Mr. Speaker, it is with great pleasure that I rise today in recognition of a very special Town in my district called Lincolnville, South Carolina. In 1867 seven black men led by Bishop Richard Harvey Cain were dissatisfied with the way they were being treated in Charles Town, which is now Charleston, South Carolina. They set out to locate land for sale by the South Carolina Railroad Company. They found a location called "Pump Pond" where the local train stopped to get water and wood and later water and coal. They purchased 620 acres from the South Carolina Railroad Company and established the town on February 14, 1889. They were granted a state charter on December 14, 1889. The people of this great town named it Lincolnville in honor of Republican President Abraham Lincoln who freed the slaves.

On February 14, 2004, the Town of Lincolnville will be 115 years old. Since the

town was founded during Black History Month, on February 28, 2004, there will be a great Jubilee Celebration with visual arts, arts and crafts, music, dance, theatrical presentations and great food. This wonderful celebration will be in remembrance of Lincolnville's founding fathers while displaying the spirit of its diversity throughout the community.

Happy Birthday to the people of the great Town of Lincolville, South Carolina.

HEART DISEASE AWARENESS

HON. STEVEN R. ROTHMAN

OF NEW JERSEY

IN THE HOUSE OF REPRESENTATIVES Wednesday, February 11, 2004

Mr. ROTHMAN. Mr. Speaker, heart disease is the leading cause of death for all Americans. According to the American Heart Association, nearly 500,000 women die of cardiovascular disease each year. For women, heart disease is responsible for more deaths than the next seven causes of death combined, including all forms of cancer. And shockingly, only 8 percent of women think that heart disease is a major personal concern.

These statistics are a sign that the message is not getting out. I rise today, in the middle of American Heart Month, to call attention to heart health and to encourage women to learn about the signs and causes of cardiovascular disease.

This past Friday, February 6, 2004, the American Heart Association sponsored "Go Red for Women" day. This initiative, encouraging individuals to wear red to increase awareness of heart disease, is an important step in making sure women take back control of their personal health. Both men and women must educate themselves on the warning signs of heart attack, stroke, and cardiac arrest. Women in particular must know the risk factors that they can control, including diabetes, high blood pressure, tobacco use, cholesterol, physical inactivity, and obesity because one in ten American women aged 45 to 64 and one in four American women aged 64 or older has some form of heart disease.

Not only can well informed women and mothers improve their own health, but as the family gatekeeper, mothers can also help put children on the path to a lifetime of good heart health. We know childhood obesity and diabetes are pandemic in our society, but there are things we can do to stop the growing trend of children exhibiting heart disease risk-factors at such an early age. We all must work to ensure that our families are eating healthy, well-balanced meals and we must make sure that our families are getting enough physical activity. These simple but important efforts will mean a great deal to the future health of our family members and our Nation.

Mr. Speaker, I know you will join me in encouraging all Americans to contact the American Heart Association either through their Website or over the phone to find out the information that can save their lives. I hope my colleagues in the House will join me in this fight against heart disease, our Nation's leading killer.

TRIBUTE TO MAJOR GENERAL AMATO MATTY SEMENZA

HON. JOSÉ E. SERRANO

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

Wednesday, February 11, 2004

Mr. SERRANO. Mr. Speaker, it is with sadness that I rise today to pay tribute to Major General Amato Matty Semenza, a dedicated and determined community leader who passed away suddenly on Sunday, February 1, 2004 at his home. Friends, family and community members will gather on Friday, February 13 at 11 a.m. at St. Edward's the Confessor Church in Clifton Park to honor his memory.

General Semenza was appointed commanding general of the New York State Guard by Governor Nelson A. Rockefeller on July 20, 1973, after serving as deputy commanding general. He served as commander until 1987. The General served the United States with distinction during his military career.

The numerous decorations, citations and commendations bestowed upon him, speak volume about the character of General Semenza. He was awarded the Good Conduct Medal, the Unit Citation, the American Campaign Medal, the European-African-Middle Eastern Campaign, the World War II Victory and Occupation Medals, the New York State Conspicuous Medal, the NYG Commendation Medal, the NYS Long and Faithful Service Decoration for 25 years of military service and the New York Guard Medal. General Semenza also served as the president of the State Defense Force Association of the United States.

General Semenza earned his Bachelor of Science degree and master's degree in education from Fordham University. He began his teaching career in 1946 and 2 years later joined the faculty of Fordham College, where he met his wife, Renata Gouthier.

In 1955, General Semenza began his work with the Roman Catholic Diocese of Albany. He served as diocesan superintendent of schools, director of the Diocesan Development and Stewardship Office and executive director of the National Catholic Stewardship Council Inc. He was appointed to the New York State Council of Catholic School Superintendents, chief administrator of the National Catholic Education Association and the American Association of Supervision and Curriculum Development.

Beyond General Semenza's ceaseless civic work, he managed to be a loving and involved husband, father, and grandfather. To be well-known as not only a giving and determined individual, but also as a devoted family man, is a remarkable honor. I am sure that his family is very proud of the wonderful life he led. General Semenza was a wonderful individual who showed us the beauty and power of dedication, leadership, and wisdom. He was truly an inspiration to all who knew him.

Mr. Speaker, I ask my colleagues to join me in commemorating the life of Major General Amato Matty Semenza.