

of emotional or behavioral problems access to the mental health services they need. School-based mental health programs have decreased the number of suspensions and referrals to the principal's office, decreased the use of force, weapons, and threats, and helped students feel safer.

In a March Washington Post article, columnist Abigail Trafford asks, "How many school shootings will it take to focus the nation's attention on unmet mental health needs of children and adolescents?" This is exactly what I have been saying for some time.

The Surgeon General's Report on youth violence cites family connectedness, peer group relationships, and success in school as the three most significant factors influencing the likelihood of young people engaging violent behavior. The Surgeon General describes youth violence as an "epidemic." The report identifies effective programs as those that provide at-risk youngsters with the necessary physical and mental health resources, behavioral interventions, skills development, and academic supports.

Our schools should be equipped to provide early identification, assessment, and direct individual or group counseling services to its students. Teachers should be adequately trained in appropriate identification and intervention techniques. Other solutions being proposed, such as increasing the number of campus security personnel or installing metal detectors in the schools, are indeed important. However, these solutions are merely quick fixes and do not address the needs of the troubled child who contemplates bringing a gun to school. Similarly, I strongly support character education programs for all children. However, it is not enough to teach a child suffering from mental illness right from wrong. It is vital that the child's unmet medical needs also be addressed.

The Elementary School Counseling Demonstration Program (ESCDP) within Title X of the Elementary and Secondary Education Act directs much-needed federal resources for school-based mental health programs. Research shows school-based mental health services are effective in reducing school disruptions and violence. An evaluation of the program on which the ESCDP is modeled found that the number of referrals to the principal's office decreased by nearly half, the use of force, weapons, and threatening of others also decreased, school suspensions were reduced, and students felt safer.

With the increase of violence in our schools, we must reauthorize and expand the Elementary School Counseling Program. Our schools must be better equipped to identify and help youth possibly headed toward school violence or other tragedies.

I strongly urge my colleagues to support this important legislation which ensures that the mental health needs of our nation's children are appropriately addressed.

Mr. Speaker, I submit the text of an article by Abigail Trafford, which appeared in the Washington Post on March 7, 2001 concerning the need for school-based mental health services to address the problem of violence in our schools, to be included in the RECORD.

ANSWER THE WAKE-UP CALL FROM OUR CHILDREN

(By Abigail Trafford)

How many school shootings will it take to focus the nation's attention on unmet mental health needs of children and adolescents?

No one knows what drove 15-year-old Andy Williams on Monday to allegedly fire 30 rounds from a .22 caliber longbarrel revolver, killing two students and injuring 13 others in Santee, CA. Or why an eighth-grade girl in Williamsport, Pa., pulled out a gun and wounded her classmate today. But in many instances of juvenile violence, the primary cause is undetected and untreated mental illness. To be sure, there are other factors in this level of violence, such as easy access to guns. And most kids with mental health needs do not become murderers.

But after the headlines fade and the tragedy at Santana High School in Santee becomes another statistic next to Columbine—after the calls from parents and neighbors are met to put in more metal detectors in schools and establish hot lines to report threats and weird behavior—where is the long-term commitment to protecting the mental health and emotional development of children?

"You can make a case that youth mental health is the most neglected area in health care," says clinical psychologist Mark Weist, who directs the Center for School Mental Health Assistance at the University of Maryland School of Medicine. "There's a huge gap between their mental health needs and the resources and services that are available to them."

For starters many people still deny that mental illness can occur in children, which increases the stigma. There also aren't enough mental health professionals for young people. Between 12 and 15 million children and adolescents in the United States are in need of mental health services, according to the Surgeon General's Report on Mental Health. There are only about 8,000 child and adolescent psychiatrists in the country. One estimate of the need called for at least 30,000 psychiatrists for this population. There is also a shortage of psychologists, social workers and other mental health workers who are trained to address the emotional and developmental needs of the young.

Services in many parts of the country are fragmented and under-funded. Since the Columbine shootings, the demand for mental health care for children has skyrocketed. With heightened concerns about violence, many schools have adopted a zero-tolerance policy toward disruptive students. In some cities, a typical scenario goes like this: A student makes a threat and is sent by ambulance to a hospital emergency room. There he—usually it's a boy—is diagnosed with a psychiatric disorder but there is no space available in the appropriate level of care whether it's a hospital bed or placement in a special school or residential facility. Either the student "boards" at the hospital until a bed in a mental health unit is found, or he is sent home to wait for outpatient services.

With the move toward zero-tolerance policies, many needy kids are also expelled from school for long periods of time. This often exacerbates their problems and jeopardizes their academic development.

Yet, the most effective arena for providing mental health services for children is the school. A decade of research into school-based health centers suggests that children are more likely to have a problem detected at a school center than in a doctor's office or outpatient clinic. Advocates of comprehensive mental health services in schools point out that such programs can help promote

emotional growth as well as detect psychiatric problems early and monitor treatment with medications or therapy.

"There's enough data to suggest that this makes a difference. At the federal level we should look at school-based mental health as routinely as curriculum requirements," says pediatric psychiatrist Richard D'Alli, who directs child and adolescent community programs for the Johns Hopkins Children's Center.

In fact, mental health counseling is the leading reason for visits by students to school-based health centers, according to surveys of users of these centers.

The trouble is that most schools do not have a health center. There are only about 1,400 schoolbased health centers in a country with more than 110,000 schools. About 40 percent of these centers have no mental health services.

These statistics underscore the general lack of psychiatric help for children. Overall, only about a third of kids with a mental illness get any treatment—and only 10 percent get adequate treatment, according to the Surgeon General's report.

It's time to address these needs and not wait for the next shooting. A national commitment to bolster mental health care for children cannot guarantee that there will never be another tragedy like Santana and Columbine. As D'Alli says: "What sets these kids apart? Why are they murderers? We may not have the answer any time soon."

But detecting and treating mental illness in children is one way to reduce the risks of school violence. Researchers know that psychiatric disorders in children arise from a complex mix of factors—genetic vulnerability, social environment, history of traumatic experiences, level of psychological and cognitive strength. They also know that intervention as early as elementary school can protect at-risk children.

"These are troubled kids," continues D'Alli. "The whole concept is to treat [the problem] early. If you don't, you're not sure where it will lead." So why isn't there a louder outcry from parents and teachers for mental health services in schools? Part of the answer is money. Good mental health services are labor-intensive and costly. The other part is leadership.

President Bush was quick to express his sorrow. "When America teaches their children right from wrong . . . our country will be better off," he said. But this problem is not just a moral problem. It's a medical one. And he can do something about it.

ATMOSPHERE OF TRUST MISSING IN BELARUS

HON. CHRISTOPHER H. SMITH

OF NEW JERSEY

IN THE HOUSE OF REPRESENTATIVES

Wednesday, April 4, 2001

Mr. SMITH of New Jersey. Mr. Speaker, this fall, the Belarusian Government is planning to hold their second presidential elections since independence. Judging by the continuing actions of the repressive regime of Aleksandr Lukashenka, free, fair, and transparent elections—consistent with Belarus' freely undertaken OSCE commitments—will be very difficult to achieve. Democratic elections require an all-encompassing atmosphere of trust and a respect for basic human rights. Unfortunately, recent actions in Belarus do nothing to encourage such trust.

Most recently, on March 25, Belarusian authorities cracked down on participants of the

Independence Day march, arresting and beating several protestors, subsequently fining and jailing some, including Belarusian Popular Front Chairman Vintsuk Vyachorka, who received a 15-day sentence on March 29, Ales Byaletsky, head of the human rights center "Viasna", who received a 10-day sentence, and Yuri Belenky, acting chairman of the Conservative Christian Party, who also received a 10-day sentence. Also detained and beaten was 17-year-old Dmitri Yegorov, a photo-journalist for a Grodno-based, non-state newspaper.

On the day of the march, Belarusian state television accused the opposition of "seeking to draw Belarus into some bloody turmoil", reflecting its increasingly shrill tone of late. Earlier this year, for instance, Belarusian television claimed the CIA was intensifying "subversive activity" as the presidential election draws nearer. On March 24, Belarus' KGB chief pledged on Belarusian television to intensify surveillance of foreigners in order to prevent them from interfering in the country's domestic matters.

On March 12, Lukashenka signed Decree #8, which essentially imposes restrictions from abroad offered to NGOs for democracy building and human rights, including election monitoring. Moreover, the Belarusian Government has claimed that the OSCE Advisory and Monitoring Group's (AMG) domestic election observation project does not conform with the Belarusian Constitution and Electoral Code, although nowhere does the law address the conduct of election observation, and the government has resisted AMG efforts to convene a working group regarding the administrative dimension of the elections. Lukashenka himself has asserted that he would ban the training of election observers by non-Belarusian bodies, telling reporters: "There will be no guerillas in Belarus." Earlier this year, Lukashenka also accused the AMG for "exceeding their mandate," saying the OSCE was planning to train some "14,000-18,000 fighters" under the guise of election observers.

Mr. Speaker, I am also concerned about recent assaults on religious communities. Last month, the Council of Ministers restricted visits by foreign clergy for "non-religious" purposes—including contact with religious and other organizations, participation in conferences and other events, or charitable activities. Government officials are also refusing to register some Reform Jewish communities because they do not have "legal" addresses. In February, state-controlled Belarusian television aired a documentary alleging Catholicism as a threat to the very existence of the Belarusian nation. And in January, leaders of Belarus' Protestant community alleged that state newspapers carried biased articles that present Pentecostals as "wild fanatics."

Religious freedom is not the only liberty in peril. Freedom of the press and of self expression are also in jeopardy.

Editors of a variety of newspapers are being fined on fictitious and trumped-up charges for violating the Law on Press and Other Mass Media. Various periodicals are being confiscated and destroyed, and distributors of independent newspapers have been arrested. Youth organizations have been accused of engaging in activities that weaken the Belarusian statehood and undermining socioeconomic stability. Teenagers have been arrested for picketing and protesting, and others have

been detained for distributing newspapers or pasting stickers advocating reform and calling on the authorities to solve the cases of political disappearances. Belarusian Television and Radio (BTR) has also canceled scheduled addresses to be made by potential presidential candidates or opposition leaders. The Deputy Minister of Education has ordered heads of the educational community to ban seminars conducted by the People's University.

Lukashenka has also undertaken repressive acts against the potential presidential candidates and their families in an attempt to thwart their campaign progress.

Family members of former Prime Minister Mikhail Chigir have become the target of persecution. Chigir's wife has been accused of interfering with the work of the police, and his son, Alexander, has been charged with large scale larceny. Chigir is not the only potential candidate whose actions have been thwarted by Lukashenka. Semyon Domash's meeting with potential voters at the Tourist Hotel was canceled on orders from the Mogilev authorities and a director of the clubhouse of the Brest Association of Hearing-Impaired People lost her job after hosting a February 3 voters' meeting with Domash. Vladimir Goncharik, a labor leader, has had to deal with newly state-created "unions" trying to muscle out unions supporting him. Two officials of a manufacturing plant were reprimanded by a Borisov city court for hosting a meeting between Chigir and employees at the plant.

When one looks at these and other recent actions of the Lukashenka regime, the inescapable conclusion is that the regime has created an unhealthy environment in advance of the elections. Mr. Speaker, the regime's behavior is obviously not conducive to the promotion of free and fair elections. A few weeks ago, President Lukashenka stressed the need to establish an atmosphere of trust in bilateral Belarusian-U.S. relations. I strongly encourage Mr. Lukashenka to translate his words into concrete deeds that will encourage this trust and lead to the emergence of Belarus from its self-imposed isolation from the Euro-Atlantic community of democracies.

#### FHA SHUTDOWN PREVENTION ACT

**HON. JOHN J. LaFALCE**

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

*Wednesday, April 4, 2001*

Mr. LaFALCE. Mr. Speaker, today, along with Representative FRANK, I will be introducing a bill I filed last Congress, the "FHA Shutdown Prevention Act."

This legislation provides standby budget authority for HUD to keep a number of FHA loan programs operating even when they run out of credit subsidy, by drawing on the profits from the other FHA specialty loan programs that make a profit for the taxpayer.

As Congress debates the issue of what we might do with the multi-billion dollar annual FHA surplus, I think most people would agree that the first thing we should not do is shut down important existing FHA loan programs merely because of budget technicalities and Congressional and Executive inaction. Yet, that is precisely what looms on the near horizon, for the second time in less than a year.

Last July, HUD was forced to suspend insurance for a number of multi-family and sin-

gle family loans in the General Insurance/Special Risk Insurance (GI/SRI) Funds. These included a number of multi-family loan programs, the FHA reverse mortgage program, the 203(k) purchase-rehab program, and other important loan programs for low- and moderate-income families.

These programs were not suspended because FHA as a whole is unprofitable since all of the FHA loan programs combined make a net profit to the taxpayer of over \$2 billion a year, according to CBO and OMB. These programs were not even suspended because the GI/SRI Funds as a whole are unprofitable, because the profitable specialized FHA loan programs in the GI/SRI Funds make a profit sufficient to pay for the few specialized loan programs that run a small loss.

The reason HUD was forced to suspend these programs is that Congress in effect pockets the profits from FHA programs and uses them to offset other funding or to increase the surplus, while the programs that are projected to run a small loss require an appropriation for a "credit subsidy." This credit subsidy is calculated as the projected percentage loss per loan times the expected loan volume for each applicable program.

When the credit subsidy runs out, HUD has no legal authority to guarantee new loans for the affected loan programs. Last year, when credit subsidies ran out and Congress failed to enact a supplemental credit subsidy appropriation in a timely manner, HUD was forced to suspend the programs. This year, because of favorable interest rates and increasing demand for the construction of affordable rental housing, it seems likely that we will run out of credit subsidy sometime this spring or summer.

At a time when there is increasing bipartisan support to increase our supply of affordable housing, it makes no sense to shut down the government's loan guarantee program for private sector development of affordable housing. At a time when there is increasing Congressional interest in reinvesting the huge FHA surplus in other housing programs, it ought to start by reserving a very tiny portion of that surplus to make sure that basic FHA programs are not shut down.

The FHA Shutdown Prevention Act would do just that. Last year, this legislation was supported by the National Association of Homebuilders, the National Association of Realtors, the Mortgage Bankers Association of America, the National Housing Conference, the National Reverse Mortgage Lenders Association, the Home Improvement Lenders Association, the National Renovation Lenders Association, and America's Community Bankers.

Their joint support letter noted that last year's suspension "caused delays and disruption affecting the multifamily insurance programs and resulted in delays of construction of needed affordable rental housing and will probably result in the loss of some projects that are no longer feasible due to delays. In addition, the shortfall in the credit subsidy appropriation resulted in the suspension of a number of single family insurance programs. . ."

Don't let this happen again this year. I urge Congress to pass the "FHA Shutdown Prevention Act" immediately.