

will be presented with the Media Advocate of the Year Award;

Jeffrey M. Pollock, president of the New Hampshire Business Development Corporation in Manchester, will be presented with the Financial Services Advocate of the Year Award;

Arlene Magoon, owner of American Nanny & Family Care Services in Amherst, will be presented with the Woman in Business Advocate of the Year Award; and

William T. Frain, Jr., president and chief operating officer of the Public Service Company of New Hampshire, will be presented with the Special New Hampshire District Advocacy Award.

Mr. Speaker, I am extremely pleased that Rick, Christine, Jeff, Arlene, and Bill have been recognized for their contributions to small business in New Hampshire. As a small business owner myself, I clearly understand how necessary small business is to our economy, our community, and, most important, to our way of life. New Hampshire is indeed fortunate to have individuals of this exceptional caliber as members of the small business community. I hope that the House will join me in extending our congratulations to this year's small business award recipients.

HIGH ODYSSEY II: THE SIERRA IN THE WINTER OF 1999

HON. GEORGE RADANOVICH

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, May 5, 1999

Mr. RADANOVICH. Mr. Speaker, seventy years ago, while Californians were experiencing the security and success of the roaring twenties, a lone mountaineer was skiing his way up the 300 mile crest of the Sierra Nevada from south of Mount Whitney toward Yosemite Valley. This little known feat in the annals of American Mountaineering was accomplished prior to the existence of the John Muir Trail, the advent of organized search and rescue teams, or cell phones.

Orland Bartholomew carried a 70-pound pack, a folding bellows camera and a double bit ax. He skied on custom made wooden skis without metal edges with only a crude wax system for climbing. He slept in a down robe with a half-tent and no stove. Fortunately, Orland wrote extensive journal entries and shot over 320 photographs of his adventure. Thanks to his son, Phil, these documents have been preserved.

This spring, to celebrate this historic trip, a team of four skiers recreated this great adventure. In completing this trip they were successful in drawing attention to the legacy of this lone skier's accomplishment and its proper place in the history of mountaineering. Their stated goal was to encourage the U.S. Geological Survey to name a peak for Orland. By taking over 2,000 photographs and keeping detailed journals they also documented the state of the High Sierra during the last winter of the 1900's.

The Fresno Bee has established a website to provide information on both of the trips and to report on the findings from their research. (www.fresnobee.com/man/trek)

The High Odyssey II team followed as accurately as possible the original route of Orland Bartholomew based upon his original journals

and photographs. They were assisted in their research by Phil Bartholomew and Sierra historian Gene Rose. The Team left Cottonwood Creek on April 2, 1999 and arrived in Yosemite Valley on April 28 after skiing 290 miles and crossing 20 passes over 10,000 feet.

The four members of the Team are accomplished ski mountaineers and climbers with extensive winter experience in the areas in which Orland Bartholomew skied. They crossed high passes, did winter ascents of peaks en route, including Mt. Whitney, and forded rushing streams.

At 17, Fritz Baggett represents the next generation of mountain adventurers. He has grown up in El Portal, the gateway to Yosemite, where he has climbed and skied since a babe in the backpack. He recently earned his Eagle Scout badge as a member of Yosemite Troop 50. As a musician and writer in the punk/shredder genera his contributions, like his skiing, are full of the zest and drive of true youth.

Tim Messick has spent his adult life teaching others the joys of skiing the Sierra backcountry. As a guide for the Yosemite Mountaineering School and Yosemite Cross-County School since 1980, Tim has skied and guided extensively in the Sierra. He skied one of the first three-pin descents of LeConte Gully at Glacier Point and the Y notch on Mount Conness. His classic book, "Cross-Country Skiing in Yosemite" (now in its second printing), is a tribute to his skills as writer, teacher, and skier.

Art Baggett has spent the past 25 years living in the Yosemite community. His mountain adventures include hiking the 2,040-mile Appalachian Trail from Georgia to Maine in 1973, a 21 day ski of the Sierra Crest on wooden Bonna 2000 skis with a makeshift three pin set up, and numerous big wall climbing ascents. Art's background as a teacher-naturalist, field biologist, small town attorney and former Mariposa County Supervisor provides another unique perspective from which to view the terrain. Art's published works include papers and lectures on the public policy and legal conflicts between the practice of prescribed burning and the Clean Air Act.

The team would not be complete without a true historian and mountain sage. Howard Weamer brings not only the wisdom of a lifetime spent traversing the Range of Light on skis and on foot, but the keen eye of one of the best known Sierran photographers. His book, "The Perfect Art," the history of the Ostrander Ski Hut and skiing in Yosemite is a tribute to those that have gone before and the 25 years he has spent as the hutkeeper of this Yosemite institution.

I commend the courage and resolve of these present-day mountaineers to help us to learn more of those that came before and that are part of the heritage of the great state of California and the United States frontier. Further, based upon their efforts, I will renew my efforts to ensure that the United States Geological Survey name a Sierra peak in honor of Orland "Bart" Bartholomew, a Sierra High Adventurer.

MS. KINYA EFURD WINS THE VOICE OF DEMOCRACY SCRIPT-WRITING CONTEST

HON. TOM A. COBURN

OF OKLAHOMA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, May 5, 1999

Mr. COBURN. Mr. Speaker, each year the Veterans of Foreign Wars of the United States and its Ladies Auxiliary conduct the Voice of Democracy script-writing contest. This year more than 80,000 secondary school students across the nation competed for fifty-six national scholarships by writing about the theme "My Service to America." It is with great pleasure that I announce that the winner from the State of Oklahoma is Ms. Kinya Efurd, a Junior at Eufaula High School in Eufaula, Oklahoma. Kinya, the daughter of Jerry and Vicki Efurd, is active in the Honor Society, Student Council, Band, and Future Farmers of America. Kinya's description of how her uncle, a veteran of World War II and the Normandy Invasion, served our country and her vision of personal service to America is both a reminder of those who have sacrificed so much and a call to all Americans to strive to continually serve our great nation. I am submitting Ms. Efurd's essay for the RECORD, so that my colleagues may have the opportunity to review and reflect upon her inspirational comments.

"MY SERVICE TO AMERICA"

Like many other Saturday nights, I was on my way to the theater and decided to see the new hit movie "Saving Private Ryan." My parents stopped me before I went in and warned me that what I was about to see was extremely graphic and violent. Evidently, they were visibly shaken by what they had just viewed. My parents were unsure if they wanted me to see what some say is the most accurate portrayal of war ever filmed. I told them I would be fine because I had seen those other bloody movies before, so in fact, I thought I had seen it all.

From the very beginning this became more than just a movie to me. I immediately remembered the story of my great-uncle being part of the Normandy Invasion. I have been told that he was awarded the bronze star, for an act of bravery, during that battle. No one knows what he did to gain that district honor. He has never told anyone about the horror that he experienced. After seeing this movie I feel I have a stronger appreciation of not only what my uncle did, but also the thousands of others who have served America.

Perhaps, I may never serve my country in headed battle. However, I know other ways to serve with honor and dignity. I strongly believe that as an American citizen I can and must serve my country in my own way to benefit future generations.

As a teenager what can I do now to serve my country? The answer to this question is as simple as getting an education. This means going, participating, and believing that this is not a right, but a privilege. Attending school and filling my head with knowledge that will prepare me for the real world is critical. Undoubtedly, school and education will give me the values and knowledge I need to reach my goals. Also, education has given me the power to believe that I can become whatever my heart leads me to be. I may want to be a doctor, a teacher, or even a social worker. I might even become the best stay-at-home mom there is. My parents have always told me that education is the key to success.

How can I serve America? Exercising my right to vote is a responsibility of being an American citizen. When electing politicians, people should expect that their voice will be represented with honor and dignity. My one vote is just one step in the stairway to better America.

How else can I serve America? Personally, I would love to become a politician. A great honor for me would be standing up and speaking out for what I believe in. I might become the first woman President of the United States of America or maybe just the president of the PTA. No matter what I become, I know that I will carry with me the same honor, loyalty, and respect portrayed by my forefathers for their country.

I may never understand how my uncle felt that dreadful day and I probably never will. I do know that sitting through a movie that portrays war that real has changed the way I feel for him, and the many other veterans. The respect I feel for my flag has also been enhanced. It was increased when I attended an FFA camp. I had the honor of being selected as a speaker for the flag lowering ceremony.

The small part I said made me realize what our flag really means. It stands for the freedom, the happiness, and the sadness for which our country stands. I realized that putting my hand over my heart and saying the Pledge of Allegiance is not a chore, but an honor. Our flag is a precious symbol for America, and it is my duty always to be proud of it.

I hope one day I can stand up and speak to thousands of people all over the world. I know that I cannot help everyone, but if I can help at least one person my dream will be fulfilled. I would also love to speak with teenagers and let them know that our nation does care for them and believe in them. People may think that this is a big dream for such a young woman, but I say dreams are limitless. I also believe with the Lord's power and his will behind me, and the encouragement of my church and family members, the sky is the limit.

I may never stand on the field of honor as my uncle did and receive a bronze star, but if my service to America or my community can make a difference in one persons' life, then my responsibility for serving my country will have begun.

TRIBUTE TO KEN STRAIN

HON. ROBIN HAYES

OF NORTH CAROLINA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, May 5, 1999

Mr. HAYES. Mr. Speaker, I rise today to honor the life of Ken Strain, a man dedicated to serve his community.

Mr. Strain passed away this week while serving the community of Hemby Bridge, North Carolina as a volunteer fireman. His fire truck flipped while Mr. Strain was returning from a rescue call.

Mr. Strain comes from a long line of firefighters. His father Bill and his youngest brother Darren both have served as firefighters in North Carolina.

Mr. Strain is survived by his wife, Sharon and their 18-month-old son Kristopher. Mr. Strain kept a picture of his son in his tool box and often visited the fire station with Kristopher.

Mr. Strain will be deeply missed as a member of the Hemby Bridge business community. He along with his colleague, close friend and

fellow firefighter, Paul Ramsey, were partners at their business, Neighborhood Automotive.

While Ken's death is tragic, I must commend his partners at the Union County Volunteer Fire Department for their exemplary record of safety and reliability. This is the first death the department has suffered in 30 years.

Mr. Speaker, I want to express my deep remorse to the family and friends of Mr. Ken Strain, but also honor him for his selfless service to his community. Mr. Strain was dedicated to his family, his job and his community and will be missed by all.

WOMEN, INFANTS, AND CHILDREN (WIC) PROGRAM CONTINUES TO IMPROVE THE HEALTH CARE OF MILLIONS

HON. JAMES P. MORAN

OF VIRGINIA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, May 5, 1999

Mr. MORAN of Virginia. Mr. Speaker, as a cochair of the Congressional Prevention Coalition, I stand in strong support today of a program that makes a tremendous contribution to disease prevention and health promotion. The Women, Infants, and Children (WIC) program has been educating woman and children about basic nutrition that can help them lead healthier, and therefore happier lives. Chronic disease is the cause of 70 percent of deaths in the United States and nutrition is a primary form of prevention for chronic disease.

Nutrition education can start very early in life. WIC educators help expectant mothers to give their babies good nutrition, even before they are born, through prenatal counseling and care. After the baby is born, WIC educators continue to serve low income women, infants and children with pediatric health care services and nutrition education. WIC educators help babies get a healthy start on life through breastfeeding education and support. The first food a baby gets could be the most important. Breastfeeding is almost always the best form of nutrition for a baby and WIC educators help mothers to learn the wide benefits of breastfeeding including its nutrition and excellent source of antibodies that protect against infection.

The preventive care that WIC provides saves us money in the long run. The National Association of WIC Directors estimates that for every dollar spent on pregnant women in the WIC program, we save \$1.92 to \$4.21 in Medicaid costs. For every low birth weight prevented as a result of WIC's prenatal program, Medicaid costs are reduced \$12,000 to \$15,000 per infant.

More importantly, WIC works in helping low-income mothers and children to live healthy lives. For example, according to CDC, WIC children showed a 16-percent decrease in the anemia rate at their 6-month recertification screening than in their initial screening. WIC babies have fewer low birth weight babies and fewer fetal and infant deaths. WIC also helps spur normal childhood growth, increases immunization rates, improves access to pediatric health care and readies children to learn with proven higher test scores.

I want to thank the National Association of WIC directors and all of those at WIC who do

so much in improving the health care needs of the millions of women, infants, and children who participate in this lifesaving program. Thank you for 25 years of vital work and service.

WHY WE NEED CAMPAIGN FINANCE REFORM

HON. JAY INSLEE

OF WASHINGTON

IN THE HOUSE OF REPRESENTATIVES

Wednesday, May 5, 1999

Mr. INSLEE. Mr. Speaker, the faith of the American people in their elected government is slowly slipping away. The cause of this malaise is our defective, broken campaign finance system. The astronomical costs of Federal campaigns are having extremely detrimental effects on our democracy; qualified candidates are discouraged from running, and special interest dollars continues to drown out the voice of the average citizen. This outrage is evident to everyone, except, members of the leadership.

The shortest route between our campaign finance system and reform is the opportunity to vote on the bi-partisan Campaign Finance Reform Act, otherwise known as the Shays-Meehan bill. We have garnered over 188 signatures on our campaign finance discharge petition. We mean it when we say we want reform and we want it soon. If we can't get a scheduled vote from the Republican Leadership, we reform-minded Members will force a vote through this petition.

Mr. Speaker, this is a truly modest proposal, but its impact could be nothing short of extraordinary. First, this legislation will finally ban "soft money." With this past election cycle, we saw "soft money" contributions more than double since the last off-year election, totaling over \$220 million.

Second, this legislation also includes the Campaign Ad Fairness Provision, reigning in the unregulated "issue campaigns" to require them to play by the same finance laws as federal campaigns.

Third, this legislation gives teeth to the FEC and provides greater, timelier public disclosure of individuals contributing to campaigns.

Mr. Speaker, this bill is not an infringement of free speech, but a restoration of the public trust. American people are tired of watching Congress sit back and do nothing as the amount spent in elections grows higher and higher, and trust in the system sinks lower and lower. We need to get big money out of the electoral process, and give power back to the people.

I know that the people of the 1st congressional district of Washington want real, meaningful reform, and I urge you to support the Bi-partisan Campaign Finance Reform Act.

STAMP OUT HUNGER

HON. LORETTA SANCHEZ

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, May 5, 1999

Ms. SANCHEZ. Mr. Speaker, I rise today in support of the National Association of Letter Carriers and Anthony B. Morell Branch 737 in