

old. I have had diabetes almost four years. I love to play soccer, study math, and experiment with science. To be able to do these things, I have to work real hard to take care of my diabetes. That means that I check my blood sugar at least six times a day (but usually closer to ten times), have at least three shots of insulin a day (in my stomach, arms, legs, and buttocks), count every gram of carbohydrate and fat that I eat, and make sure that I exercise a lot to keep my blood sugar balanced. My parents also check my blood sugar in the middle of the night while I am sleeping. But even doing these things, it is impossible to keep my blood sugar in the normal range all of the time. Diabetes is a very complex thing.

It is not easy to describe what it is like living with diabetes. But I have two stories that can describe it a little. The first story is about something my sister said to me. One day my sister said that if she had diabetes and then a cure was discovered, she would go out and eat a dozen donuts. She asked me what I would do. I said, "I wouldn't go out and eat a dozen donuts. I WOULD JUST BE SO RELIEVED!" I could tell that she couldn't really understand what it feels like to live with diabetes every minute of every day, even though she does help me with my diabetes. The second story is about something that happens all of the time, because I play soccer on a couple of teams. Before I go on the field I always check my blood sugar to make sure that I'm not too high or too low. If I'm too high, I can't play and I need to have a shot of insulin. Even though I do everything I am supposed to do to take care of my diabetes, this does happen and I missed the beginning of our playoffs because I was too high. If I'm too low, I also can't play and have to wait about 15 minutes for the food that I eat to get into my system. Then, during half time I do the same thing—I recheck my blood sugar. At the end of the game I check again to make sure I'm not too low or too high.

I want a cure for diabetes so that I can do what I want with my life—I want to be healthy and I want to help other people by being a scientist who helps to find cures for diseases. I also want a cure for all of the other people who have diabetes. As hard as it is for me with diabetes, at least I am lucky because my mom and dad and sister help me try to take real good care of myself. Some kids aren't so lucky and they end up in the hospital often.

Will you please vote for more money for research, to try to find a cure for diabetes? I know that with more money scientists will be able to find a cure more easily. There are so many areas that are being researched and if they don't have enough money they can't do the research. PLEASE HELP!

Sincerely,

PHILIP BURGIN-YOUNG.

CONGRATULATING THE STERLING
HIGH SCHOOL GIRLS BASKET-
BALL TEAM

HON. BOB SCHAFFER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 2, 1999

Mr. SCHAFFER. Mr. Speaker, I rise today to honor the Sterling High School girls basketball team on the Class 4A District 4 Championship.

The Sterling players, led by Coach Darrell Parker, will now advance to the next level in the state basketball playoffs and their shot at the Colorado State 4A Championship.

All teams, no matter what the sport, continually strive to find that special and unique combination of teamwork, leadership, skill and effort which unlocks the door to success. Under careful tutelage, hard-working teams not only win games, but also build the confidence necessary to win championships. Clearly, these dedicated hoopsters have found this winning formula and attained the next rung of sporting success.

Greater challenges remain, however, and I wish the Sterling High School girls basketball team the best of luck in the Colorado 4A State Championship. No matter what the outcome of the next game, this team has proven it has the heart of a champion, and can take pride in the District 4 Championship.

CONGRATULATING THE CALICHE
HIGH SCHOOL BOYS BASKET-
BALL TEAM

HON. BOB SCHAFFER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 2, 1999

Mr. SCHAFFER. Mr. Speaker, I rise today to honor the Caliche High School boys basketball team on their Class 2A District 2 Championship.

The Caliche players, led by Coach Rocky Samber, will now advance to the next level in the state basketball playoffs and their shot at the Colorado State 2A Championship.

All teams, no matter what the sport, continually strive to find that special and unique combination of teamwork, leadership, skill and effort which unlocks the door to success. Under careful tutelage, hard-working teams not only win games, but also build the confidence necessary to win championships. Clearly, these dedicated hoopsters have found this winning formula and attained the next rung of sporting success.

Greater challenges remain, however, and I wish the Caliche High School boys basketball team the best of luck in the Colorado 2A State Championship. No matter what the outcome of the next game, this team has proven it has the heart of a champion, and can take pride in the District 2 Championship.

CONGRATULATING THE SWINK
HIGH SCHOOL BOYS BASKET-
BALL TEAM

HON. BOB SCHAFFER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 2, 1999

Mr. SCHAFFER. Mr. Speaker, I rise today to honor the Swink High School boys basketball team on their Class 2A District 4 Championship.

The Swink players, led by Coach Tim Jordan, will now advance to the next level in the state basketball playoffs and their shot at the Colorado State 2A Championship.

All teams, no matter what the sport, continually strive to find that special and unique combination of teamwork, leadership, skill and effort which unlocks the door to success. Under careful tutelage, hard-working teams not only win games, but also build the con-

fidence necessary to win championships. Clearly, these dedicated hoopsters have found this winning formula and attained the next rung of sporting success.

Greater challenges remain, however, and I wish the Swink High School boys basketball team the best of luck in the Colorado 2A State Championship. No matter what the outcome of the next game, this team has proven it has the heart of a champion, and can take pride in the District 4 Championship.

CONGRATULATING THE CHERAW
HIGH SCHOOL GIRLS BASKET-
BALL TEAM

HON. BOB SCHAFFER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 2, 1999

Mr. SCHAFFER. Mr. Speaker, I rise today to honor the Cheraw High School girls basketball team on their Class A District 2 Championship.

The Cheraw players, led by Coach Charles Phillips, will now advance to the next level in the state basketball playoffs and their shot at the Colorado State A Championship.

All teams, no matter what the sport, continually strive to find that special and unique combination of teamwork, leadership, skill and effort which unlocks the door to success. Under careful tutelage, hard-working teams not only win games, but also build the confidence necessary to win championships. Clearly, these dedicated hoopsters have found this winning formula and attained the next rung of sporting success.

Greater challenges remain, however, and I wish the Cheraw High School girls basketball team the best of luck in the Colorado A State Championship. No matter what the outcome of the next game, this team has proven it has the heart of a champion, and can take pride in the District 2 Championship.

TRUE COMMUNITY SERVICE: IN
HONOR OF SISTER MARY ALICE
MURPHY

HON. BOB SCHAFFER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 2, 1999

Mr. SCHAFFER. Mr. Speaker, I rise today to pay tribute to Sister Mary Alice Murphy. September 1, 1999 marks the end of an era defined by community service as Sister Murphy will step down as executive director of Community Affordable Residences Enterprises. Known as CARE, the organization builds affordable housing for low-income residents in Fort Collins.

A Roman Catholic nun, Sister Murphy came to Fort Collins in 1983 to lead Catholic Charities Northern where she recognized the need for affordable housing in my hometown. Keep in mind, before 1993, affordable housing was not even on City Council's policy agenda. She had the foresight to point out a problem 16 years ago that today has become one of the most crucial issues in Fort Collins. Sister Mary Alice could have stopped there like most critics do, just pointing out a problem, but she

acted and led the leaders. She developed a plan for low income residents in Fort Collins which resulted in the construction of the Mission homeless shelter in 1989.

Again acting with foresight, Sister Mary Alice knew the Mission shelter was only temporary, and shelter residents would eventually need a more permanent place. CARE wanted to build new homes for low-income residents because renovation of existing homes in Fort Collins was not the optimum solution. Sister Mary Alice shepherded CARE's construction of the 40-unit Greenbriar complex in 1995, the first of three new housing units for low-income families.

Now in 1999, after almost two decades of service to low-income families in Fort Collins, CARE, under Sister Mary Alice's direction, has built three affordable housing complexes with 116 new housing units in Fort Collins and plans are in the making for a fourth project. When Sister Mary Alice steps down in September, I am proud to say she will still be involved with affordable housing in Fort Collins by assuming an advisory role in CARE's board of directors.

Mr. Speaker, today I am honored to pay tribute to a woman who exemplifies community service, service to humanity and faith in God. Sister Mary Alice Murphy is the person who identified the need for affordable housing in Fort Collins and followed through by shepherding the construction of it. We need more citizens like Sister Mary Alice who see problems and fixes them.

CONGRATULATING THE GENOA-HUGO HIGH SCHOOL BOYS BASKETBALL TEAM

HON. BOB SCHAFFER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 2, 1999

Mr. SCHAFFER. Mr. Speaker, I rise today to honor the Genoa-Hugo High School boys basketball team on their Class A District 7 Championship.

The Genoa-Hugo players, led by Coach Casey Moats, will now advance to the next level in the state basketball playoffs and their shot at the Colorado State A Championship.

All teams, no matter what the sport, continually strive to find that special and unique combination of teamwork, leadership, skill and effort which unlocks the door to success. Under careful tutelage, hard-working teams not only win games, but also build the confidence necessary to win championships. Clearly, these dedicated hoopsters have found this winning formula and attained the next rung of sporting success.

Greater challenges remain, however, and I wish the Genoa-Hugo High School boys basketball team the best of luck in the Colorado A State Championship. No matter what the outcome of the next game, this team has proven it has the heart of a champion, and can take pride in the District 7 Championship.

CONGRATULATING THE DEER TRAIL HIGH SCHOOL GIRLS BASKETBALL TEAM

HON. BOB SCHAFFER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 2, 1999

Mr. SCHAFFER. Mr. Speaker, I rise today to honor the Deer Trail High School girls basketball team on their Class A District 8 Championship.

The Deer Trail players, led by Coach Robert Kelley, will now advance to the next level in the state basketball playoffs and their shot at the Colorado State A Championship.

All teams, no matter what the sport, continually strive to find that special and unique combination of teamwork, leadership, skill and effort which unlocks the door to success. Under careful tutelage, hard-working teams not only win games, but also build the confidence necessary to win championships. Clearly, these dedicated hoopsters have found this winning formula and attained the next rung of sporting success.

Greater challenges remain, however, and I wish the Deer Trail High School girls basketball team the best of luck in the Colorado A State Championship. No matter what the outcome of the next game, this team has proven it has the heart of a champion, and can take pride in the District 8 Championship.

CONGRATULATING THE IDALIA HIGH SCHOOL BOYS BASKETBALL TEAM

HON. BOB SCHAFFER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 2, 1999

Mr. SCHAFFER. Mr. Speaker, I rise today to honor the Idalia High School boys basketball team on their Class A District 5 Championship.

The Idalia players, led by Coach Dave Eastin, will now advance to the next level in the state basketball playoffs and their shot at the Colorado State A Championship.

All teams, no matter what the sport, continually strive to find that special and unique combination of teamwork, leadership, skill and effort which unlocks the door to success. Under careful tutelage, hard-working teams not only win games, but also build the confidence necessary to win championships. Clearly, these dedicated hoopsters have found this winning formula and attained the next rung of sporting success.

Greater challenges remain, however, and I wish the Idalia High School boys basketball team the best of luck in the Colorado A State Championship. No matter what the outcome of the next game, this team has proven it has the heart of a champion, and can take pride in the District 5 Championship.

CONGRATULATING THE IDALIA HIGH SCHOOL GIRLS BASKETBALL TEAM

HON. BOB SCHAFFER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 2, 1999

Mr. SCHAFFER. Mr. Speaker, I rise today to honor the Idalia High School girls basketball team on their Class A District 5 Championship.

The Idalia players, led by Coach Mike Waitman, will now advance to the next level in the state basketball playoffs and their shot at the Colorado State A Championship.

All teams, no matter what the sport, continually strive to find that special and unique combination of teamwork, leadership, skill and effort which unlocks the door to success. Under careful tutelage, hard-working teams not only win games, but also build the confidence necessary to win championships. Clearly, these dedicated hoopsters have found this winning formula and attained the next rung of sporting success.

Greater challenges remain, however, and I wish the Idalia High School girls basketball team the best of luck in the Colorado A State Championship. No matter what the outcome of the next game, this team has proven it has the heart of a champion, and can take pride in the District 5 Championship.

CONGRATULATING THE PRAIRIE HIGH SCHOOL GIRLS BASKETBALL TEAM

HON. BOB SCHAFFER

OF COLORADO

IN THE HOUSE OF REPRESENTATIVES

Tuesday, March 2, 1999

Mr. SCHAFFER. Mr. Speaker, I rise today to honor the Prairie High School girls basketball team on their Class A District 4 Championship.

The Prairie players, led by Coach Maggie Kilmer, will now advance to the next level in the state basketball playoffs and their shot at the Colorado State A Championship.

All teams, no matter what the sport, continually strive to find that special and unique combination of teamwork, leadership, skill and effort which unlocks the door to success. Under careful tutelage, hard-working teams not only win games, but also build the confidence necessary to win championships. Clearly, these dedicated hoopsters have found this winning formula and attained the next rung of sporting success.

Greater challenges remain, however, and I wish the Prairie High School girls basketball team the best of luck in the Colorado A State Championship. No matter what the outcome of the next game, this team has proven it has the heart of a champion, and can take pride in the District 4 Championship.