

push-ups, jogs in place while laying down, and works out with a speed chair, the kind of wheel chair used in racing competitions.

Stating that most people quit exercising because of boredom with their routines, Stephenson makes certain to alternate his workout regularly.

Stephenson reported that since he started his new nutrition program and exercise regime, "I believe that I'm a lot stronger. When I'm reaching for something, I don't feel like a bone is about to break. I feel more confident. I can now lift my own body so I know I'm stronger."

For the first time in his life, Stephenson said, he has been able to go down the stairs in his home un-aided. He observed, "It's amazing what I have been able to do." Stephenson said, "I was never told with my disorder to work out. I have had hundreds of broken bones. If I had been told to do things to strengthen my muscles in order to reduce my risk of broken bones, I would have done this years ago."

While his ongoing goal is to increase his bone density, Stephenson's long-term goal is to strengthen his muscles enough to enable him to live independently.

In what he admitted is a "wild theory" Stephenson also hopes to decrease the chances of passing on his disorder to his future children. He explained that he feels he can do this if his "body is in the best possible shape."

Stephenson now plans to use his personal experiences leading up to his lifestyle change in his inspirational speaking. He said, "If I can work out, and I have a billion and one reasons not to, then a healthy person definitely should."

Stephenson continued, "Exercising is not just for Arnold Schwarzenegger, it's for everyone. I could always say I break really easily or it's not as if I will look any stronger. I could rattle off a million of excuses and people would say I'm probably right. But I have to put myself at the same standard of health or even above if I want to be judged with everyone else."

Stephenson stated, "I look completely different than the average fitness buff. People look at me and think 'If a guy in a wheel chair can do it I need to get off my duff and do it.' I think it motivates them more than when they hear it from someone who has giant muscles. They look at me and see that even though I have things going against me, I'm willing to get out there and make the best of my own body."

Stephenson concluded, "Look at me, I'm 2'10 and I am in a wheelchair and I have every reason in the world not to work out. But I do. Why? Because I believe you need to use what you were given in life."

HONORING EMILY SANCHEZ

HON. ELIOT L. ENGEL

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

Wednesday, October 6, 1999

Mr. ENGEL. Mr. Speaker, certainly one of the most important things we can do for our children is to pass on our knowledge to them. Emily Sanchez is someone who has done that. She has been a member of Community School Board 11 for 16 years, twice in that time serving as president of the Board. She also served as Board Secretary and chair of the budget, finance, curriculum and continuing education, personnel and zoning committees.

She hit the ground running at the School Board by leading the fight in her first term to

keep I.S. 180 open when the Central School Board wanted to close it.

She did not limit her activities to the School Board. She is also a member of Community Advisory Boards of the Jacobi Medical Center and chair of the AIDS and Support Services Committees, a member of Montefiore Medical Center as well as a member of the Co-op City Democratic Club and the Hispanic Society of Co-op City.

She did not run for re-election to the School Board and this is a loss we will feel for a long time. I want to wish her, her husband and their two sons the very best in the future and say that I and the community will dearly miss her ability and her leadership.

IN HONOR OF UNITED STATES CUSTOMS SERVICE PORT OF CLEVELAND

HON. DENNIS J. KUCINICH

OF OHIO

IN THE HOUSE OF REPRESENTATIVES

Wednesday, October 6, 1999

Mr. KUCINICH. Mr. Speaker, I rise today to honor the Bicentennial Celebration of the United States Customs Service Port of Cleveland.

The United States Customs Service Port of Cleveland has worked hard for two centuries to make the Port of Cleveland a respected and renowned international port. Due to their extraordinary efforts in making the Port of Cleveland a success, the City of Cleveland has flourished and become a distinguished international trade center for the new millennium.

Following in the tradition of the United States Customs Mission Statement, the employees at the Port of Cleveland truly are the guardians of Cleveland's borders, the Nation's borders and America's frontline. For the past two hundred years, the Port of Cleveland has indeed served and protected the American Public with integrity, innovation, and pride. Furthermore, the Port of Cleveland has achieved the purpose of enforcing the laws of the United States, safeguarding revenue, and fostering lawful international trade and travel.

Not only has the Port of Cleveland fulfilled their goals outlined in their mission statement, but they have recently won the Hammer Award for their leadership in bringing national attention to the Express Consignment Industry. Placing the U.S. Customs Port of Cleveland at the forefront of trade processing, the Port of Cleveland is sure to serve as a model to be exemplified by other U.S. Customs Service Ports of Entry. Congratulations to the United States Customs Service Port of Cleveland for two hundred years of hard work, service, and dedication.

My fellow colleagues, join me in honoring the Bicentennial Celebration of the United States Customs Service Port of Cleveland.

PROFILES OF SUCCESS HONORS MR. SILVESTRE HERRERA

HON. ED PASTOR

OF ARIZONA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, October 6, 1999

Mr. PASTOR. I rise before you today to pay tribute to a man who has been a lifelong ex-

ample of the courage and patriotism of the Latino soldier, Mr. Silvestre Herrera. Mr. Herrera is one of the few Mexican-Americans to earn the Congressional Medal of Honor. In Arizona, Mr. Herrera recently received the Hall of Fame Award at the Valle del Sol's Annual Profiles of Success Leadership Awards. Valle's award ceremony is the premiere Latino recognition event in Arizona each year that acknowledges Arizona's leaders and their contributions.

Silvestre's courageous actions in World War II display acts of great personal and physical sacrifice to support his fellow soldiers during combat in France. Then PFC Silvestre S. Herrera, Company E, 142nd Infantry Regiment, 36th Division, attacked two enemy strong points and captured eight enemy soldiers. He paid a high price for his bravery. He stepped on a land mine and had both feet severed. But despite intense pain and unchecked loss of blood, he pinned down the enemy with accurate rifle fire while a friendly squadron captured the enemy gun by skirting the minefield and rushing in from the flank.

In addition to being a two-time winner of a Profiles of Success award—he first won in the Special Recognition category—Silvestre has used his position as a recipient of one of the nation's highest honors for heroism to promote the Latino community in everything he does. From speaking to schoolchildren to representing veterans in military parades, he continues to give selflessly to the community of his time and wisdom.

Although he has been honored numerous times for his magnificent courage, extraordinary heroism and self-sacrifice, I ask you to again join me in paying tribute to a man who is a symbol of the courage shown by Mexican-Americans during our nation's wars. Please join me in thanking him and wishing him continued success.

TRIBUTE TO UNIVISION COMMUNICATION'S WXTV/CHANNEL 41

HON. JOSÉ E. SERRANO

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

Wednesday, October 6, 1999

Mr. SERRANO. Mr. Speaker, I rise today to pay tribute to Univision Communication's WXTV/Channel 41 for its continuing service to the Latino community in New York. In addition to its popular news program, "Noticias 41", today the station will launch New York's first early morning Spanish-language newscast, from 6 a.m. to 7 a.m.

Mr. Speaker, I ask my colleagues to join me in paying tribute and wishing continued success to Univision Communication's WXTV/Channel 41.

The following article, which appeared in the October 4 New York Daily News, discusses Univision and Channel 41 in more detail.

NEW YORK UNIVISION AFFILIATE LAUNCHES MORNING SPANISH-LANGUAGE NEWSCAST

At the Spanish-speaking Otero home in midtown Manhattan, David Otero doesn't have to think twice when asked about the family's favorite TV station.

"Channel 41—it's out of sight," said the bilingual 27-year-old. "My mother likes the novelas and I like the comedies."

So do tens of thousands of Hispanic New Yorkers who have made Univision Communication's WXTV/Channel 41 the metro area's

No. 1 Spanish-language station, drawing in about 122,625 households—more than four times that of its main rival, Telemundo's WNUJ/Channel 47.

Today, the Univision station will try to grab even more of the TV viewing audience when it launches New York's first early morning Spanish-language newscast, a 6 a.m. to 7 a.m. version of its popular news program, "Noticias 41."

Hosted by Spanish broadcasting veterans Adhemar Montagne and Arly Alfaro, the show is aimed at drawing away Spanish speakers who now get their wake-up calls from English-language stations WCBW/Channel 2, WNBC/Channel 4, WNYW/Channel 5 and WABC/Channel 7.

The expansion of Univision's local news—which recently won two Emmy awards, a first for Spanish-language TV—comes in the middle of a hot streak at Channel 41, founded 31 years ago.

In an additional sign of its growing prominence, the station has several times in the past week surpassed WWOR/Channel 9, with programs like "Noticias 41" hosted by veteran Rafael Pineda outdrawing sitcom "Sister, Sister," and novelas "Soadoras" overtaking "In the House."

Even Channel 2 took a recent beating from Univision when network newscast "Noticiero Univision"—from 6:30 p.m. to 7 p.m.—overtook "The CBS Evening News with Dan Rather."

Channel 41's strides mirror the rise of New York's Latino community. The fastest-growing minority group in the region, which includes the city and its surrounding suburbs, Hispanics account for about 18 percent of the population, numbering 3.4 million.

"New York continues to be the historic point of entry," said Carey Davis, general manager of Hispanic radio stations WSKQ/97.9 FM and WPAT/93.1 FM.

As Channel 41 has stolen market share, its Los Angeles-based parent has prospered as well. Under Chairman Jerry Perenchio—a former Hollywood talent agent who represented Marlon Brando and Elizabeth Taylor before joining the network in 1992—the company's ratings growth has made it the nation's fastest-growing TV network.

A tough-minded manager, Perenchio refuses to allow any Univision executives to speak to the press, once even fining an employee who defied him. Perenchio and other Channel 41 executives refused Daily News requests for interviews.

While it has been widely reported that Perenchio doesn't even speak Spanish, he secured the long-term rights to some of the most popular programming in Latin America, generated by entertainment powerhouses Televisa of Mexico and Venezuela's Venevision, both of which own a stake in Univision.

As a result, the network gets a steady dose of novelas, the extremely popular soap-operalike miniseries that Channel 41 airs in prime time, starting with novelas for teens and racier ones as the night goes on.

One current hit is "Camila," the story of a young woman in a small town whose husband leaves her behind for a job in the big city, where he's seduced by his boss' daughter.

"[Novelas are] a way of life in Puerto Rico," said Millie Almodovar-Colon, a media buyer at Siboney USA, a Spanish advertising agency that represents Colgate-Palmolive and Denny's. "My grandma watched them and my mom watched them," she added.

Univision's program monopoly puts Telemundo's Channel 47 at a big disadvantage, acknowledged that station's general manager, Luis Roldan.

"The novelas guarantee the minds, hearts and souls of the viewers," he said. "We can't buy that programming."

Last year, Telemundo, owned by Sony and AT&T's Liberty Media, tried to strike back, taking old shows like "Charlie's Angels" and reshooting them with a Hispanic cast. "It bombed," Almodovar-Colon said.

While Channel 41 is the leader, Roldan is determined to narrow the gap. Telemundo has been pouring money into new programming recently, and Roldan said he is banking on new shows like "Father Albert," a talk show hosted by a priest.

Even more important, Channel 47 secured the rights to broadcast Yankees, Mets and Knicks games in Spanish.

While Univision is making ratings strides, it remains a laggard when it comes to total advertising dollars. Last year, the station took in \$50 million, about one-sixth the sales of Channel 4.

That's because advertisers have historically poured fewer dollars into reaching Spanish-speakers even though their numbers are rising.

"It's racism and ignorance," Almodovar-Colon contended.

But she added that the tide has been changing for Spanish-language media as the explosive rise of entertainers like Ricky Martin, Jennifer Lopez and Marc Anthony draws attention to the city's Hispanic population.

Latino culture is becoming "the hottest thing around," Almodovar-Colon said.

U.S. TRADE DEFICIT RISES AGAIN

HON. WILLIAM O. LIPINSKI

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

Wednesday, October 6, 1999

Mr. LIPINSKI. Mr. Speaker, on September 21, the U.S. Department of Commerce issued its regular report on the U.S. trade deficit for the month of July. It should be no surprise to many of my colleagues in this chamber that the deficit has risen again. It has, in fact, grown to \$25.2 billion, a 2.4 percent increase from June.

The U.S. deficit set new records with Japan, China, and Western Europe. Foreign products flood our shores, and there's nothing being done. In 1998, the U.S. trade deficits with China and Taiwan accounted for nearly one-third of the total U.S. trade deficit. The deficit with China alone skyrocketed from \$3.5 billion in 1988 to nearly \$60 billion in 1998, and Taiwan is consistently one of our top ten deficit trading partners.

Nobody seems to notice or care about this problem. Foreign trade becomes a larger and larger portion of our economy. Exports plus imports represent over twenty percent of the U.S. gross domestic product. We ignore it at our own peril. Most economists argue that the trade deficits do not matter. I strongly disagree. Even Alan Greenspan, Chairman of the Federal Reserve, said, "unless reversed, our growing international imbalances are apt to create significant problems for our economy."

Consequently, huge bilateral trade deficits means lost trading opportunities and ultimately means lost American jobs. While rosy unemployment figures hide the fact that over the last year 422,000 Americans lost good-paying manufacturing job to workers overseas, families continue to labor to make ends meet in low-paying service sector jobs.

While I recognize the fact that the U.S. Trade Representative has done much to im-

prove market access, I strongly believe we can still make significant gains. Consider we have one of the largest markets in the world. Every nation wants to sell their product to us, and we must more effectively utilize this leverage. It comes down to a simple proposition. If foreign nations don't let us fairly sell American products in their markets, we shouldn't let them sell their products in America. We're only asking for what is fair. We're only asking for a level playing field, and we're not even getting that.

This is a real problem, and I submit that with most problems, there is usually a simple solution.

Mr. Speaker, I call upon the U.S. Trade Representative to step up efforts to tear down those tariff and non-tariff trade barriers that impede American exports to those nation, especially China and Taiwan. By opening up those huge consumer markets to American products, we can do so much for American workers. Open up those markets, level the playing field, increase American exports, and create American jobs. It's as simple as that.

GENERAL FEDERATION OF WOMEN'S CLUBS ANNIVERSARY

HON. PAUL E. KANJORSKI

OF PENNSYLVANIA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, October 6, 1999

Mr. KANJORSKI. Mr. Speaker, I rise today to bring to the attention of my colleagues the 75th Anniversary of the General Federation of Women's Clubs (GFWC) of Luzerne County. The GWFC will celebrate this milestone at a breakfast meeting on Saturday, October 9, 1999. I am pleased and proud to have been asked to participate in this event.

Since 1924, the GFWC has been a community-based, volunteer organization representing women of all ages. Early records show meetings held in two parts, the Board of Directors and a Presidents Meeting, which involved club presidents from all over the county in attendance. The purpose of the organization was to bring together the officers of all area women's clubs and consolidate various volunteer programs and projects. The Luzerne County GFWC currently consists of fourteen volunteer clubs representing almost 600 women of all ages.

Many worthy causes have benefited from the GFWC's efforts throughout the years. Federation Day, held in conjunction with Boscov's Department store, has brought thousands of dollars to area social service agencies. In the early 1980s, the GWFC donated almost \$40,000 to the Domestic Violence Service Center to aid a shelter for battered women and children. Other GWFC projects have included supporting Drug Free School Zones signs for all area schools and universities, rooms for terminally ill patients at Hospice St. John, hearing aids for Wyoming Valley Children's Association, a van for Catherine McCauley Center, wishes for terminally ill children under the Make A Wish Foundation, a rescue boat for the Luzerne County Sheriff's Office, and a beautiful new marquee for the Kirby Center.

The General Federation of Women's Clubs of Luzerne County is affiliated with the national GFWC in Washington, D.C. and the