holds for everybody—all of us—each one—together working and learning and building and helping each other. This is the fundamental hope of democracy—perhaps the only true flicker of hope in a world too full of brutal despotism and senseless terrorism and violence.

No, democracy is not just a slogan. Mikhail Gorbachev may have been sincere when he said it, but he was dead wrong. You know that brave men and women have fought and died for the spirit and the hope and the promise of democracy. They did not sacrifice for some hollow, empty slogan. They sacrificed for you and for me-people like usand all the generations that will come after us. For we are the spirit and the hope and the promise of democracy. Within our democratic spirit can be found the true meaning to their sacrifices. And so we owe them something-something above and beyond a debt of gratitude. We owe it to them to keep the promise and the flame of democracy alive And so in the end where democracy is concerned, let us remember not the words of Mikhail Gorbachev, but rather the words of Abraham Lincoln: that government of the people, by the people, and for the people shall not perish from the earth.

# MRS. FLAHERTY GOES TO WASHINGTON

### HON. HENRY J. HYDE

OF ILLINOIS

IN THE HOUSE OF REPRESENTATIVES

Thursday, March 20, 1997

Mr. HYDE. Mr. Speaker, I would like to bring to the House's attention a stirring anecdote about the triumph of the little gal, and of Congress' ability to improve substantially the lives of constituents. This story should be characterized as "Mrs. Flaherty goes to Washington." Mrs. Flaherty discovered a flaw in the law governing VA employees' ability to earn money at a second job, and with the help of Representative JIM SENSENBRENNER, this little lady made a difference.

Civics 101: Making a Difference (By Mary Flaherty, RN)

During last year's presidential campaign, much of the debate focused on the role the federal government should play in the lives of the average citizen. Many believe there is nothing we can do individually to change things. I confess I once shared that view, but something happened to me that disabused me of that notion. Indeed, it has convinced me that one truly can make a difference.

Several years ago, as a senior professional nurse at the VA Hospital in Milwaukee County, I sought permission from my superiors to work after hours in a private nursing facility. My family's economic situation dictated the need for such a "moonlighting" job. However, my VA bosses denied my request, noting that type of work was prohibited by law. Incredibly, I learned this same statute allowed professional nurses to "moonlight," but not in their chosen profession. Yet, in a remarkable demonstration of inconsistency, other VA personnel—pharmacists, speech pathologists and licensed practical nurses—enjoyed exemptions from this restriction.

Initially, after my request was rejected, I felt frustrated and embittered. But then I began to contemplate what courses of action could be taken to amend this obviously unfair and discriminatory law.

Among other things, I sought the advice of an old Washington friend, wise in the ways of Congress. Surprisingly, I got a positive reaction. I was told the merits of my case were unassailable. What you must do, he said, is make Congress aware of the law's inequitable and unreasonable restrictions. Reminded of former House Speaker Tip O'Neill's famous adage that "all politics are local," I was urged to contact the Congressmen representing districts in the metropolitan Milwaukee area.

With that advice, I attended a town meeting hosted by Representative James Sensenbrenner and, at the appropriate time, I seized the microphone and the moment. The Congressman listened sympathetically as I explained my problem. He then asked me to furnish him with additional details, and promised to do whatever he could to help me upon his return to the nation's capital.

Not long thereafter, Congressman Sensenbrenner was able to persuade his colleagues in the House of Representatives to adopt legislation that would permit me and all other VA nurses to engage in "after hours nursing." Many months later, the Senate approved the same measure, and with the President's signature, it became law.

This very personal triumph exemplifies what one person can do, even when the odds for success appear insurmountable. The lesson here is: Don't get mad or give up, but instead get involved in the political process and pursue your objective with bull-doggish tenacity. My own experience graphically illustrates that the so-called little guy or gal can make a big difference when properly motivated.

In short, the next time you feel moved to change the world, give it a go. You may be astounded at what you accomplish.

# THE IMPORTANCE OF MUSIC EDUCATION

## HON. BOB CLEMENT

OF TENNESSEE

IN THE HOUSE OF REPRESENTATIVES

Thursday, March 20, 1997

Mr. CLEMENT. Mr. Speaker, I rise today to bring attention to the Members of the House the significant findings of a study that was published in the February 1997 issue of Neurological Research. The study explored the link between music education and intelligence in children. The results of the study demonstrated that music training—specifically piano/keyboard instruction—is far superior to computer instruction in enhancing children's abstract reasoning skills necessary for learning math and science.

The experiment, a follow-up to the groundbreaking studies indicating how music can improve spatial-reasoning ability, set out to compare the effects of musical and non-musical training on intellectual development.

The experiment included three groups of preschoolers: one group received private piano/keyboard lessons; a second group received private computer lessons; and a third group received no training. Those children who received piano/keyboard training performed 34 percent higher on tests measuring spatial-temporal ability than the others. These findings indicate that music uniquely enhances higher brain functions required for mathematics, science and engineering.

What does this mean to Members of the House? It means that in this year's sweeping deliberations on education reform and appropriations bills, we should maintain music as a

core academic subject and recognize, wherever possible, its dramatic and positive impact on cognitive development. The importance of school-based music training as a basic tool for maximizing our children's educational aptitude and opportunities cannot be overemphasized. It was widely accepted that music education provided our youth with cultural benefits, but it has now been scientifically documented that sequential music training also provides significant benefits and advantages in the skill areas of mathematics and science.

I urge my colleagues on the authorizing and appropriations committees to give the results of this study serious thought in your deliberations as Congress determines the scope, character, and priorities of Federal support of our education system.

#### TWELVE OUTSTANDING WOMEN

## HON. KAY GRANGER

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES

Thursday, March 20, 1997

Ms. GRANGER. It is with great pleasure, and even greater pride that I rise today to honor 12 outstanding women from the 12th District of Texas. On March 26, a dozen Fort Worth women will be recognized by the Fort Worth Commission on the Status of Women with the 1997 Outstanding Women awards. These awards are given annually to women who have strengthened the Fort Worth community through their local involvement and leadership.

As a lifelong resident, former major and now Congresswoman from Fort Worth, I have witnessed first hand the breadth of their activities and the inspiration of their example.

The backgrounds and activities of these women are varied and well representative of our community.

Rachel DeRusse Newman, recipient of the Commissioners' Award for Advocacy for Children, has worked hard to become a corporate officer. Her career path has been difficult but her commitment and persistence have been unmatched. Knowing her path would have been easier with a college degree, Rachel Newman is working to ensure that Forth Worth's children get the best education possible. While serving as a Forth Worth Independent School Board trustee, she has worked to restructure the bilingual program, broaden a multicultural curriculum, and establish a Hispanic Schoolarship Campaign Drive.

Elaine Yoko Yamagata, recipient of the Commissioner's Award in the Arts, has been a strong leader for the arts in our community. She was responsible for bringing 80 Nagaoka citizens to participate in Sun & Star 1996, as well as coordinating meetings in Fort Worth for the Japanese American National Museum, located in Los Angeles. Yamagata is also active in Fort Worth Sister Cities International, the Van Cliburn Foundation, Forth Worth Symphony, and Fort Worth Opera and was a great help to me during my time as mayor.

Opal Roland Lee will receive the Commissioner's Pioneer Award. While working as a home-school counselor, Opal has made time to charter many organizations and still volunteer with the Historical Society, Genealogical Society, Evans Avenue Business Association, Metroplex Food Bank, Habitat for Humanity,

and Citizens Concerned with Human Dignity. For years, she organized Dr. Martin Luther King, Jr. day events and continues participating on the Juneteenth Committee. Opal is also very active in her church and devoted to her family.

Betty Randels, recipient of the Commissioners' Pioneer Award, first demonstrated her pioneering spirit in the late sixties when she fought to change the local jail system which housed juvenile offenders in the same cells with hardened criminals. In 1976, Betty chaired Tarrant County Child Care '76. More recently, she has helped charter the Tarrant County Child Welfare Board and been very active in numerous volunteer organizations, including the Fort Worth Girls Club.

Dr. Jennifer Giddings-Brooks, principal of the Edward J. Brisco Elementary School and education advocate, will be recognized as cowinner of the education award. She uses her personal motto, "All Children Can Learn," to inspire excellence in teaching, creative problem solving, and social intervention. Dr. Brooks served as a Fort Worth delegate to the President's Summit on America's Future and participated in the Carnegie Foundation Task force on Learning.

Dr. Delores Simpson will be the other recipient of the education award. Dr. Simpson who maintains that you can do whatever you set your mind to, has been honored by Texas Christian University as Outstanding Educator from the School of Education. She is an inspiration to her students, her grown children, and the numerous organizations in which she volunteers, such as the Presbyterian Night Shelter Board, Metropolitan YMCA of Fort Worth Board, and the FWISD Stay in School Task Force.

As Director of the legal department for the Tarrant County Domestic Relations Office, Pamela Dunlop-Gates has argued on behalf of hundreds of children and is well deserving of the law award. She is very active among community organizations such as the Metroplex Black Chamber of Commerce and the United Negro College Fund. She is also cofounded the Tarrant County Black Women Lawyers Association's Uncontested Divorce Clinic. She has been a strong voice for our community. Una Bailey and Rosemary Hayes will be

Una Bailey and Rosemary Hayes will be recognized in the volunteer category. Ms. Bailey is active in the Parent-Teacher Association, Fort Worth Independent School District, Tarrant Area Food Bank, and numerous other organizations. Ms. Hayes volunteered more than 500 hours at St. Joseph Hospital, was treasurer of Patrons for the East Regional Library and is active in numerous other civic organizations. Both Una and Rosemary contribute daily to the quality of life in Fort Worth.

The award winners for outstanding women in the workplace are Donna R. Parker and Carrie Jean Tunson. Donna is executive vice president of urban development for the Fort Worth Chamber of Commerce where she manages aviation, transportation, environmental, and quality work force development. Donna has been very important to the economic development of Fort Worth. She is active in Citizens Crime Commission of Tarrant County, United Way, Metropolitan Fort Worth, United Negro College Fund, and many other groups. Ms. Tunson, dean of continuing education and economics at Tarrant County Junior College [TCJC] Southeast Campus, has worked to achieve a spirit of cooperation between TCJC and minority citizens. Ms. Tunson's community service includes Senior Citizens Services of Greater Tarrant County, Arlington Black Chamber of Commerce, Asian American Organization, and other organizations.

Norma Jean Ramsey Johnson, associated with Tarrant County's Nutrition Program for more than 25 years, has improved the lives of more than 8,000 families and is a long-time volunteer. Ms. Johnson teaches nutrition, food safety, healthful preparation, and management skills. She is the health care award winner.

Mr. Speaker, in 1857, C. Nestell Bovee said, "Next to God, we are indebted to women, first for life itself, and then for making it worth having." These 12 women have certainly contributed to making life in Forth Worth worth having.

I commend to the American people the examples of these outstanding women. They have made their friends, their family, and their Nation very proud.

HONORING RABBI ADAM D. FISHER

# HON. MICHAEL P. FORBES

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

Thursday, March 20, 1997

Mr. FORBES. Mr. Speaker, I rise today to pay tribute to Rabbi Adam D. Fisher, a devoted man of God and community who is celebrating his 25th year of service to the Temple Isaiah in Stony Brook, Long Island, NY.

The entire Three Village community, indeed all of Long Island, has been enriched by Rabbi Fisher's lifelong service to the spiritual growth and human needs of his fellow man. A widely renowned theologian, an accomplished poet and writer, and a tireless community activist, Rabbi Adam Fisher has earned the love and respect of all who know him and his good work.

The 375 families who comprise Temple Isaiah's reform congregation are indeed blessed to have Adam Fisher as their rabbi. During his tenure, the congregation has tripled in size, and the Temple has added a school of religion, a sanctuary, and a social hall. With Rabbi Fisher's leadership, and the faith and good work of his congregation, Temple Isaiah has grown to become the spiritual heart of the Three Village community.

Among the many good men and women of God, few enjoy Rabbi Fisher's renown as a Biblical scholar. His stellar reputation as a servant of God and man is demonstrated by the multitude of local, regional, and national organizations that he devotes himself to. The Union of American Hebrew Congregations, the Central Conference of American Rabbis, the Suffolk Board of Rabbis, and the Three Village Interfaith Association.

So devoted is Rabbi Fisher to spreading God's word, he has worked to develop his skills as a writer and poet, authoring two books of liturgy and publishing numerous short stories and articles in a variety of Jewish and literary journals. His Biblically-based children's stories, which he often weaves into his family services, inspire the youngest among us to seek the Lord's way in their life. Rabbi Fisher's heartrendering, sensitive and insightful poems have been collected in two books: "Rooms, Airy Rooms" and "Dancing Alone."

His work has also been published in the Manhattan Poetry Review, Long Island Quarterly. In 1990, Rabbi Fisher garnered the Jeanne Voege Poetry Prize at the Westhampton Writers Festival

As someone who is truly blessed to call Rabbi Adam Fisher a personal friend, I ask my colleagues in the U.S. House of Representatives to join me in honoring Rabbi Adam D. Fisher for his 25 years of devoted service to God and the Temple Isaiah. Congratulations, Rabbi Fisher. Mazel tov.

# THE CHEYENNE-ARAPAHO INCIDENT

## HON. TOM CAMPBELL

OF CALIFORNIA E HOUSE OF REPRESEN

IN THE HOUSE OF REPRESENTATIVES Thursday, March 20, 1997

Mr. CAMPBELL. Mr. Speaker, this past week, I was saddened and angry to read of the White House's and Democratic National Committee's further crass attempts to sell Presidential access and perks for political gain. In this case, the administration reached new lows: pressuring political contributions from native American tribes. Specifically, it has been revealed that the Cheyenne-Arapaho Tribes of Oklahoma gave \$107,000 to the Democratic National Committee in the expectation of receiving favorable treatment by the White House in a land transaction.

No one needs to be reminded of the sad and tragic history of U.S.-native American relations. The history of the Cheyenne-Arapaho Tribes is an especially tragic one, which makes the latest revelation seem all the more insensitive.

The Cheyenne people are originally from the Great Lakes area, while the Arapaho originate in present day Minnesota. By the mid-1800's, a portion of the two tribes had migrated to southern Colorado. It was there in 1864, at a place called Sand Creek, that the First Colorado Cavalry under the command of Col. John M. Chivington, slaughtered about 150 peaceful Indians, killing men, women, and children indiscriminately. Today, the massacre at Sand Creek stands as one of the most shameful acts perpetrated by the U.S. Government against its own indigenous peoples.

It's also shameful that today, tribes feel that the only way they can be heard in Washington, DC is to buy access. In addition to the \$107,000 contribution, the Cheyenne and Arapaho Tribes were also allegedly told by Vice President GORE's fundraiser, Nathan Landow, that they needed to hire him to lobby their cause successfully. It's an outrage that the White House political operation thinks nothing of focusing their money-raising apparatus upon one of the most historically vulnerable minorities in our society. One hundred thousand dollars may not seem like a lot of money to big-time contributors, but for tribal leaders who are trying to seek economic and cultural self-determination, the sum could always be better spent on economic development and job training to fight unemployment which hovers around 50 percent on many Indian reservations. On the Chevenne-Arapaho reservation, unemployment stands at 62 per-

I don't blame the tribes for their actions. I blame the White House and Democratic National Committee for fostering a culture of