

at Mt. Hope Estates, where they lived for approximately 7 years. Through her work as a nurse, Lori has lived her philosophy that encompasses a strong work ethic and character, contributing back to society that which she has been blessed with throughout her life. Lori served The Good Samaritan Hospital with her skills and talents as a medical/surgical nurse prior to her association with the Cardiac Rehabilitation department. Historically, the cardiac rehabilitation program consisted of a patient room converted to an exercise facility housing 3 pieces of equipment. Presently, Lori is manager of Cardiac Rehab, and through her leadership abilities, the department has grown to an extent that it is now housed in the ground floor of the Cardiac Cath Lab, serving over 1,000 community patients providing them with 21 pieces of equipment plus a universal weight set, nutrition education, and an exercise program to rehabilitate those who have experienced cardiac disease. The center benefits GSH employees as well, with fitness evaluations and personalized exercise programming. At a recent Pennsylvania worksite health promotion conference held in Harrisburg, PA, which hosted 275 attendees, The Good Samaritan Hospital's employee health program was rated among the top 4 in its content which includes educational and incentive aspects. In addition to her full-time employment through The Good Samaritan Hospital, Lori and Lou maintain a family business at the Renaissance Faire.

Branching out from her responsibilities through Hospital employment, Lori also serves as secretary for the Hospital auxiliary. Upon her initiative, the Fair has a Hearty Fare Booth which provides low-fat and low-cholesterol foods. As Lori strives to promote intellectual development as well as physical development, she has been involved with the Cornwall Children's Center since its conception, in capacities ranging from a child's mom to a board member.

Through Lori who is a member of the board of directors of the American Heart Association, a Heart At Work program was coordinated. She is chairperson for both the Lebanon County Heart At Work task force and the Worksite task force for the Pennsylvania affiliates. She was nominated for volunteer of the year in 1994, and attained awards for The Good Samaritan Hospital, including Most Creative Activity for the Lebanon division and Heart At Work Company of the year. As the Heart Association National Representative, Lori has provided lectures in several states. Cornwall Lebanon School District attributes the success of their smoke free program to Lori Machara.

Amazingly, Lori is as active with the Junior Women's Club as she has been with every organization with which she becomes involved. Annually, she volunteers at the Mt. Gretna Art Show, chairs a kick-off buffet for over 80 people, coordinates the children's Halloween and Christmas parties, and instills family values and cohesiveness by organizing monthly activities, including educational trips, ski outings, Easter egg hunts, and Mother/Daughter banquets. Lori was previously a board member for the Junior Women's Club. The Albert A. Alley Developmental and Disability Services facility recently benefitted by \$15,000 due to the efforts of Lori in chairing an annual American Girl fashion show, an enormous project requiring a mailing list of 25,000 people.

Most importantly, Lori contributes most of her energies to creating family unity. She and Lou are very involved in their daughter, Jessica's, activities both in her education and gymnastic and dance studies. Lou has chosen one word to describe Lori and that is "stability". Through her caring, giving and enduring disposition, Lori has created a lov-

ing home environment. Of all of the functions that Lori has served, that which she does best is provide an excellent role model for her daughter.

Although Lebanon County may not be aware of her presence, Lori has touched the lives of many individuals through her active participation in her community. It is with great pride that the Lebanon Valley Sertoma Club honors Lori Jean Machara as the 1995 recipient of the J. Robert Ladd Community Service Award for Service to Mankind. May her example of selflessness emulate throughout the community and continue to touch the lives of our fellow citizens.

AWARDING CONGRESSIONAL GOLD MEDAL TO RUTH AND BILLY GRAHAM

HON. W.G. (BILL) HEFNER

OF NORTH CAROLINA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, January 24, 1996

Mr. HEFNER. Mr. Speaker, I would like to take this opportunity to commend this body for its passage of H.R. 2657 to award a congressional gold medal to Ruth and Billy Graham.

In a time when society is torn by the conflicting messages it receives, it is appropriate that we honor a couple whose decency and moral character is exemplified in everything they do. From their involvement with the flood victims of India to championing the cause of children through the Ruth and Billy Graham Children's Center, the commitment that these two have to others is unfailing.

No matter where the Lord has called them to go, they have been there, overcoming challenges which would have impeded the average person. But then these are no two average people. Citizens the world over could learn a lesson or two from Ruth and Billy. I, for one, am very proud to count them among my fellow North Carolinians.

TRIBUTE TO FATHER JAMES PAUL MURPHY

HON. E. CLAY SHAW, JR.

OF FLORIDA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, January 24, 1996

Mr. SHAW. Mr. Speaker, I rise today to recognize a man who has brought 15 years of joy to his parishioners at St. Patrick Church in Miami Beach, FL. Unfortunately, his archbishop has decided that his talents are more needed elsewhere.

I speak of Father James Paul Murphy, originally of Cork, Ireland. Last year Father Murphy celebrated 25 years in the priesthood, the past 15 of which have been spent at St. Patrick Church. Coincidentally, Father Murphy came to St. Patrick's the same year that I came to Congress. This parish holds a particularly special place in my heart, as I was baptized there.

Before coming to St. Patrick Church, Father Murphy was the director of the youth office at the chancellery of the Archdiocese of Miami. Since Father Murphy joined St. Patrick's he has continued his work with the youth in the community and is well liked by the children in school. He has formed a program for the youth in the parish, as well as a child care center.

Father Murphy administers to the elderly, the sick, and the needy of our community. He holds luncheons for the elderly on Tuesdays, likes to visit the homebound, holds engagement encounters, visits Mt. Sinai, and the Miami Heart Institute and serves as the chaplain of the Miami Beach Police Department.

Father Murphy's parishioners think he is a terrific pastor. He has said the pain his move is causing his parishioners is the hardest part for him and reminds him of the French song *Plaisir D'Amour*, which he remembers from his childhood in Ireland. "The joys of love are but a moment long. The pain endures the whole life through."

St. Patrick's and the town of Miami Beach are losing not only a wonderful pastor but a good friend. Father Murphy will surely be missed for the outstanding contributions he has made to his parish and community. Our Lady of Lakes will count their blessings when they see what a wonderful addition their parish is getting.

BUSINESS HONORED FOR COMMUNITY SPIRIT

HON. ZOE LOFGREN

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, January 24, 1996

Ms. LOFGREN. Mr. Speaker, I rise today to salute a business in California's 16th District that has been honored for its generous support of local nonprofit organizations. South Valley Disposal and Recycling, Inc., of Gilroy, CA, was selected as Business of the Year by the Gilroy Chamber of Commerce because of its contributions to the community.

South Valley Disposal and Recycling, Inc., has been involved in many efforts to help the needy in Gilroy and Santa Clara County. Its management and employees have successfully promoted the biannual food drive for the Second Harvest Food Bank as well as charitable drives by the Salvation Army and Toys for Tots Programs. Their support has helped the nonprofit Odd Fellow-Rebekah Children's Home provide care and health services to children in crisis.

Additionally, South Valley Disposal and Recycling, Inc., is working to keep our environment clean by promoting recycling opportunities, taking a proactive role through public education.

Mr. Speaker, it is my pleasure to express gratitude and appreciation to South Valley Disposal and Recycling, Inc., as it is recognized by the Gilroy Chamber of Commerce.

A FOND FAREWELL TO AN EDUCATOR OF MORE THAN 40 YEARS

HON. JACK KINGSTON

OF GEORGIA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, January 24, 1996

Mr. KINGSTON. Mr. Speaker, in Richmond Hill, GA, there was not much room to stand in the multipurpose room of the Richmond Hill Primary School as hundreds gathered to honor the woman that has had the most impact on this growing coastal community just south of Savannah. Frances Meeks has taught

and served as a school administrator to thousands in this bustling community, and their admiration showed in the huge turnout and many gifts that were presented in her honor during a retirement ceremony this past November.

At the ceremony honored guests, colleagues, and friends spoke about the many special memories they had of her. Appropriately, Meeks was presented with a portrait of Anne of Green Gables, whom a Canadian educator made famous in a series of novels. She was also presented with a U.S. flag flown at the Capitol and a letter of congratulations from U.S. Congressman JACK KINGSTON (R-GA). Among other items that she received were: A scrapbook with newspaper clippings, a State flag and a proclamation from the Georgia Legislature, and a special gift from the teachers and staff of Richmond Hill Primary School. Media specialist Bob Fennel presented Meeks with a plaque rededicating the library at the school in her name. Also a scholarship was announced by the Bryan Bank and Trust in her name that will benefit aspiring teachers.

A 1953 graduate of the University of Georgia with a degree in home economics, she began her teaching career in Richmond Hill as a home economics instructor in 1954. She was certified in elementary education at Georgia Southern College in 1956. By 1975, and several teaching positions later, Meeks received her masters in elementary education from nearby Armstrong State College in Savannah.

Throughout her life, Meeks has taught at different grade levels at several schools. It was not until 1976 that she shifted gears and began serving at the administration level. Since that time, she served as assistant principal for 5 years and principal for 14. All of those who have worked with Meeks share an equal admiration for her innovative approach to working with children. She was always open to new ideas and had an open door policy with her colleagues.

Among the groups that Meeks is, or was, a part of are: PAGE [Professional Association of Georgia Educators], Delta Kappa Gamma Society International, Epsilon Sigma Alpha International, PTSO, SACS Initial Accreditation Team and the Georgia Association of Elementary Schools. She has served as a Sunday school teacher, organized the Richmond Hill Garden Club, organized the annual Richmond Hill Fourth of July celebration and organized the Richmond Hill unit of the American Heart Association.

It is difficult to sum up the impact that Meeks has had on this growing southeast Georgia community, but not too many people can claim such a gala event at their retirement ceremony. The many items presented to Meeks reflect the deep rooted feelings of those whom she has touched throughout her life. She will most definitely be missed in the education field of Georgia. She will now be able to spend some quality time with her grandchildren and enjoy the good life. Assuming the role as principal of the Richmond Hill Primary School will be Dahlia Davis. She will no doubt have some tough shoes to fill.

NEW BEDFORD HONORS LEON DASH

HON. BARNEY FRANK

OF MASSACHUSETTS

IN THE HOUSE OF REPRESENTATIVES

Wednesday, January 24, 1996

Mr. FRANK of Massachusetts. Mr. Speaker, on Martin Luther King Day I was very pleased to be able to attend a breakfast organized by the Black Professional Association of New Bedford, MA.

The event was attended by hundreds of people, and was an impressive tribute to Dr. King. The main speaker at the breakfast was, very appropriately, Leon Dash, now an award winning reporter for the Washington Post, and a native of New Bedford

Mr. Dash's speech was an extraordinarily thoughtful and informative discussion of the problems of teenage pregnancy. It reflected the painstaking and creative investigative work he has done on this subject, and indeed Mr. Dash's work represents one of the major contributions that anyone has made to our understanding of this important problem.

The quality of the speech Mr. Dash gave is an indication of the high quality of the work he has done as a journalist and sociologist over the past several decades. After graduating from Howard University in 1968, he worked as a reporter at the Washington Post, and then joined the Peace Corps serving as a volunteer teaching in a rural high school in Kenya from 1969 to 1970. In 1971 he returned to the Post, serving from 1979 to 1984 as West Africa's bureau chief. At that point he joined the newspaper's investigative desk where he continues to work and where he does enormously important journalism.

His book on teenage pregnancy, "When Children Want Children: The Urban Crisis in Teenage Childbearing" was published in 1989, and he has also coauthored "The Shame of the Prisons" which was published in 1972. Last year, along with Washington Post photographer Lucian Perkins, Mr. Dash won the Pulitzer Prize for Explanatory Journalism. He also in that year won first prize for print journalism from the Robert F. Kennedy Book and Journalism awards. And in 1990 his book received a PEN/Martha Albrand special citation for nonfiction work. He has also won the Washington Independent Writers President's Award for excellence in urban affairs reporting, first prize—Public Service from the Washington-Baltimore Newspaper Guild, the international reporting awards of Africare and the Capitol Press Club, and the George Polk Award of the Overseas Press Club. Mr. Dash has won a number of other awards as well, and they reflect the extremely high quality of his work, and his dedication to helping provide our society with the information we need if we are to deal seriously with the problems that confront us.

Racism is the unhappiest legacy of our Nation's history. We have struggled hard with this terrible legacy over the past decades, and we have made significant progress in lessening its terrible affects. But much remains to be done, and our ability to continue this work in the spirit of Dr. Martin Luther King, is enormously enhanced by the kind of serious, thoughtful and intellectually honest work that Leon Dash does. There is no greater service that someone can perform than to give to a democracy

the information it needs if it is to deal honestly with its gravest problems. Leon Dash does this with excellence and commitment.

PERSONAL EXPLANATION

HON. JIM LIGHTFOOT

OF IOWA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, January 24, 1996

Mr. LIGHTFOOT. Mr. Speaker, I would like the RECORD to show that I was unavoidable detained for rollcall votes 13, 14, and 15. Had I been present I would have voted "yes" on H.R. 2657, S. 1341, and H.R. 2726. Thank you.

RECOGNIZING U.S. FIGURE SKATING CHAMPION RUDY GALINDO

HON. ZOE LOFGREN

OF CALIFORNIA

IN THE HOUSE OF REPRESENTATIVES

Wednesday, January 24, 1996

Ms. LOFGREN. Mr. Speaker, I rise today to recognize the outstanding achievement of my constituent, Rudy Galindo who—as of Saturday, January 20, in his native city of San Jose, California—became the reigning U.S. figure skating champion.

While that accomplishment alone is worthy of accolades and admiration, it is even more praiseworthy when one considers the personal tragedy and professional obstacles Rudy had to overcome to capture the gold medal at this year's national championship.

Rudy first rose to national prominence in the skating world when he and Olympic gold medalist Kristi Yamaguchi combined their talents to win the 1989 and 1990 pairs competition.

Following their success, both skaters embarked on solo careers. But Rudy had much more to contend with than the adversaries he would face on the ice.

Personal tragedy struck the Galindo family in 1993 when his father suffered a fatal heart attack and his brother died from symptoms related to AIDS that same year. Rudy had already lost his coach, Jim Hulick, to cancer in 1989. If that were not enough, another of Rudy's coaches, Rick Inglesi, died of AIDS in 1995.

Despite his personal loss and professional setbacks, Rudy persevered, even though the odds were often not in his favor.

To win the national championship, he had to best a field of nationally recognized skaters, including two former national champions.

Unlike many of his competitors, Rudy could not afford some of the advantages available to other skaters who had secured the financial backing of sponsors and skating organizations to subsidize their training costs.

Rudy paid for his own choreographer, his own costumes, and his own music, and got his sister, Laura Galindo, to serve as his coach. To cover the costs of his career, Rudy taught skating to children in his spare time. He lived with his mother and rode his bike to work.

In spite of the obstacles he encountered, San Jose's Rudy Galindo—bolstered by the highly charged cheers of a hometown audience—skated into the history books last Saturday night, becoming the first Mexican-American to win the national championship.