

116TH CONGRESS  
1ST SESSION

# H. R. 2625

To amend section 28 of the Food and Nutrition Act of 2008 to include eating disorders prevention within the nutrition education and obesity prevention grant program and the local wellness program; and for other purposes.

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## IN THE HOUSE OF REPRESENTATIVES

MAY 9, 2019

Ms. ADAMS (for herself and Mr. FITZPATRICK) introduced the following bill; which was referred to the Committee on Agriculture, and in addition to the Committee on Education and Labor, for a period to be subsequently determined by the Speaker, in each case for consideration of such provisions as fall within the jurisdiction of the committee concerned

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## A BILL

To amend section 28 of the Food and Nutrition Act of 2008 to include eating disorders prevention within the nutrition education and obesity prevention grant program and the local wellness program; and for other purposes.

1 *Be it enacted by the Senate and House of Representa-*  
2 *tives of the United States of America in Congress assembled,*

3 **SECTION 1. SHORT TITLE.**

4 This Act may be cited as the “Long-term InVestment  
5 in Education for Wellness Act” or the “LIVE Well Act”.

1 **SEC. 2. FINDINGS.**

2 Congress finds the following:

3 (1) Eating disorders affect 30 million Ameri-  
4 cans during their lifetime and have the highest mor-  
5 tality rate of any psychiatric illness.

6 (2) Eating disorders affect people of all body  
7 sizes, ages, races, sexual orientations, ethnicities,  
8 and socioeconomic statuses.

9 (3) Eating disorders are complex, biologically  
10 based serious mental illnesses that include the spe-  
11 cific disorders of anorexia nervosa, bulimia nervosa,  
12 binge eating disorder, avoidant-restrictive food in-  
13 take disorder, and other specified feeding or eating  
14 disorders.

15 (4) Eighty percent of people with an eating dis-  
16 order are normal or higher weight, and 81 percent  
17 of people with binge eating disorder are clinically  
18 higher weight or have obesity.

19 (5) One in 4 people seeking obesity treatment  
20 has an underlying eating disorder that is often  
21 undiagnosed.

22 (6) Children in higher weight bodies are more  
23 likely to engage in unhealthy weight-control meas-  
24 ures, and  $\frac{2}{3}$  are at risk of an eating disorder.

25 (7) Research shows that focusing on weight  
26 talk, weight stigma, and dieting does not result in

1 long-term reduction in weight;  $\frac{2}{3}$  of dieters will re-  
2 gain more weight than lost from dieting.

3 (8) Studies show that shifting prevention fo-  
4 cuses from weight and dieting towards long-term  
5 health practices, including a focus on body positivity,  
6 nutrition, decreasing weight-based bullying or har-  
7 assment, and physical activity, without a focus on  
8 weight, BMI testing, or negative weight talk, re-  
9 duces risk factors for populations affected by eating  
10 disorders and populations affected by obesity.

11 **SEC. 3. EATING DISORDERS PREVENTION.**

12 (a) AMENDMENTS.—Section 28 of the Food and Nu-  
13 trition Act of 2008 (7 U.S.C. 2036a) is amended—

14 (1) in the matter preceding paragraph (1) of  
15 subsection (a), by striking “and” and inserting “,  
16 eating disorders prevention, or”,

17 (2) by amending subsection (b) to read as fol-  
18 lows:

19 “(b) GRANT PROGRAMS.—The Secretary, acting  
20 through the Director of the National Institute of Food and  
21 Agriculture, in consultation with the Administrator of the  
22 Food and Nutrition Service, shall implement an evidence-  
23 based nutrition education, eating disorders prevention, or  
24 obesity prevention program for eligible individuals that

1 promotes healthy food choices and physical activity with  
2 a focus on long-term health practices.”,

3 (3) in subsection (c)—

4 (A) in the heading by striking “AND” and  
5 inserting “, EATING DISORDERS PREVENTION,  
6 OR”,

7 (B) in paragraph (1)—

8 (i) by inserting “evidence-based” after  
9 “deliver”, and

10 (ii) by striking “and” and inserting “,  
11 eating disorders prevention, or”,

12 (C) in paragraph (2)—

13 (i) in subparagraph (A) by striking  
14 “and” and inserting “, eating disorders  
15 prevention, or”, and

16 (ii) in subparagraph (B)—

17 (I) in clause (iii) by striking “  
18 and” at the end,

19 (II) in clause (iv) by striking the  
20 period at the end and inserting “;  
21 and”, and

22 (III) by adding at the end the  
23 following:

1 “(v) ensure that interventions encour-  
2 age screening for eating disorders and in-  
3 clude long-term health practices.”,

4 (D) in paragraph (3)—

5 (i) in subparagraph (A)—

6 (I) in clause (i) by inserting “eat-  
7 ing disorders prevention and screen-  
8 ing,” after “education,” and

9 (II) in clause (iii) by inserting  
10 “and long-term health practices” after  
11 “nutrition”, and

12 (ii) in subparagraph (B)—

13 (I) in the matter preceding clause

14 (i)—

15 (aa) by inserting “and eat-  
16 ing disorders prevention,” after  
17 “education”, and

18 (bb) by inserting “, Assist-  
19 ant Secretary of the Substance  
20 Abuse and Mental Health Serv-  
21 ices Administration,” after “Cen-  
22 ters for Disease Control and Pre-  
23 vention”, and

1 (II) in clause (ii) by inserting  
2 “and eating disorders” after “edu-  
3 cation”,

4 (E) in paragraph (4)—

5 (i) by striking “and” after “edu-  
6 cation”, and

7 (ii) by inserting “, eating disorders  
8 prevention, or” after “nutrition edu-  
9 cation”,

10 (F) in paragraph (6)—

11 (i) by striking “and” after “nutrition  
12 education”, and

13 (ii) by inserting “, eating disorders  
14 prevention, or” after “nutrition edu-  
15 cation”,

16 (G) in paragraph (7)(C)—

17 (i) by striking “and” after “nutrition  
18 education”, and

19 (ii) by inserting “, eating disorders  
20 prevention, or” after “nutrition edu-  
21 cation”,

22 (H) in paragraph (8) by striking “and”  
23 the first place it appears and inserting “, eating  
24 disorders prevention, or”, and

25 (I) in paragraph (9)(A)(i)—

1 (i) by striking “and” after “the nutri-  
 2 tion education”, and

3 (ii) by inserting “, eating disorders  
 4 prevention, or” after “nutrition edu-  
 5 cation”,

6 (4) in subsection (d)—

7 (A) in paragraph (1) by striking “and” the  
 8 first place it appears and inserting “, eating  
 9 disorders prevention, or”,

10 (B) in paragraph (3)—

11 (i) in subparagraph (A) by striking  
 12 “and” and inserting “, eating disorders  
 13 prevention, or”, and

14 (ii) in subparagraph (B) by striking  
 15 “and” and inserting “, eating disorders  
 16 prevention, or”, and

17 (C) by adding at the end the following:

18 “(4) AUTHORIZATION OF APPROPRIATIONS.—

19 There is authorized to be appropriated such sums as  
 20 may be necessary to carry out this section.”, and

21 (5) by adding at the end the following:

22 “(f) DEFINITION.—In this section the term ‘long-  
 23 term health practices’ means long-lasting changes within  
 24 an individual focused on nutrition, body positivity, and

1 physical activity, focusing on overall health outcomes in-  
2 cluding changes in behavior and metabolic health.”.

3 **SEC. 4. LOCAL WELLNESS GRANTS.**

4 (a) IN GENERAL.—Section 9A of the Richard B.  
5 Russell National School Lunch Act (42 U.S.C. 1758b) is  
6 amended—

7 (1) in subsection (b)—

8 (A) in paragraph (1), by inserting “pro-  
9 motion of long-term health practices (as defined  
10 in subsection (f) of section 28 of the Food and  
11 Nutrition Act of 2008 (7 U.S.C. 2036a)), re-  
12 duction of disordered eating within children,”  
13 after “activity,” and

14 (B) in paragraph (3), by inserting “reg-  
15 istered dietitian nutritionists, licensed mental  
16 health professionals,” after “administrators,”

17 (2) in subsection (d)—

18 (A) paragraph (1)—

19 (i) by inserting “and in coordination  
20 with the Substance Abuse and Mental  
21 Health Services Administration,” after  
22 “Centers for Disease Control and Preven-  
23 tion,” and

24 (ii) by inserting “school health profes-  
25 sionals,” after “school food authorities,”



1 (B) in paragraph (2)(C)—

2 (i) by inserting “and eating disorders  
3 prevention and screening” after “sound  
4 nutrition”, and

5 (ii) by inserting “and long-term health  
6 practices (as such term is defined in sub-  
7 section (f) of section 28 of the Food and  
8 Nutrition Act of 2008 (7 U.S.C. 2036a))”  
9 after “nutrition environments”,

10 (C) in paragraph (3)—

11 (i) in subparagraph (A), by inserting  
12 “and the Substance Abuse and Mental  
13 Health Services Administration” after  
14 “Centers for Disease Control and Preven-  
15 tion”, and

16 (ii) in subparagraph (C), by striking  
17 “2014” and inserting “2021”, and

18 (D) in subparagraph (D), by striking  
19 “2011”, and inserting “2020”.

20 (b) APPLICABILITY.—The amendments made by sub-  
21 section (a) shall apply beginning with the first school year  
22 that begins at least 90 days after the date of the enact-  
23 ment of this Act.

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