

116TH CONGRESS
1ST SESSION

H. R. 1963

To expand the research and education on and delivery of complementary and integrative medicine to veterans, and for other purposes.

IN THE HOUSE OF REPRESENTATIVES

MARCH 28, 2019

Ms. BROWNLEY of California introduced the following bill; which was referred to the Committee on Veterans' Affairs

A BILL

To expand the research and education on and delivery of complementary and integrative medicine to veterans, and for other purposes.

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

3 SECTION 1. SHORT TITLE.

4 This Act may be cited as the “Expanding Care for
5 Veterans Act”.

6 SEC. 2. EXPANSION OF RESEARCH AND EDUCATION ON
7 AND DELIVERY OF COMPLEMENTARY AND IN-
8 TEGRATIVE MEDICINE TO VETERANS.

9 (a) DEVELOPMENT OF PLAN TO EXPAND RE-
10 SEARCH, EDUCATION, AND DELIVERY.—Not later than

1 six months after the effective date specified in subsection
2 (f), the Secretary of Veterans Affairs shall develop a plan
3 to expand materially and substantially the scope of re-
4 search and education on, and delivery and integration of,
5 complementary and integrative medicine services into the
6 health care services provided to veterans.

7 (b) ELEMENTS.—The plan required by subsection (a)
8 shall provide for the following:

9 (1) Research on the following:

10 (A) The comparative effectiveness of var-
11 ious complementary and integrative medicine
12 therapies.

13 (B) Approaches to integrating complemen-
14 tary and integrative medicine services into other
15 health care services provided by the Depart-
16 ment.

17 (2) Education and training for health care pro-
18 fessionals of the Department on the following:

19 (A) Complementary and integrative medi-
20 cine services selected by the Secretary for pur-
21 poses of the plan.

22 (B) Appropriate uses of such services.

23 (C) Integration of such services into the
24 delivery of health care to veterans.

(3) Research, education, and clinical activities on complementary and integrative medicine at centers of innovation at Department medical centers.

4 (4) Identification or development of metrics and
5 outcome measures to evaluate the provision and inte-
6 gration of complementary and integrative medicine
7 services into the delivery of health care to veterans.

(5) Integration and delivery of complementary and integrative medicine services with other health care services provided by the Department.

44 (c) CONSULTATION.—

(1) IN GENERAL.—In carrying out subsection (a), the Secretary shall consult with the following:

(A) The Director of the National Center on Complementary and Integrative Health of the National Institutes of Health.

17 (B) The Commissioner of Food and Drugs.

18 (C) Institutions of higher education, pri-
19 vate research institutes, and individual re-
20 searchers with extensive experience in com-
21 plementary and integrative medicine and the in-
22 tegration of complementary and integrative
23 medicine practices into the delivery of health
24 care.

(D) Nationally recognized providers of complementary and integrative medicine.

(E) Such other officials, entities, and individuals with expertise on complementary and integrative medicine as the Secretary considers appropriate.

7 (2) SCOPE OF CONSULTATION.—The Secretary
8 shall undertake consultation under paragraph (1) in
9 carrying out subsection (a) with respect to the fol-
10 lowing:

(A) To develop the plan.

(C) To identify barriers to the effective provision and integration of complementary and integrative medicine services into the delivery of health care to veterans, and to identify mechanisms for overcoming such barriers.

22 (d) FUNDING.—There is authorized to be appro-
23 priated to the Secretary such sums as may be necessary
24 to carry out this section.

8 (f) EFFECTIVE DATE.—This section shall take effect
9 on the date that is one year after the date of the enact-
10 ment of this Act.

11 SEC. 3. PROGRAM ON INTEGRATION OF COMPLEMENTARY
12 AND INTEGRATIVE MEDICINE WITHIN DE-
13 PARTMENT OF VETERANS AFFAIRS MEDICAL
14 CENTERS.

15 (a) PROGRAM REQUIRED.—The Secretary of Vet-
16 erans Affairs shall—

17 (1) carry out, through the Office of Patient
18 Centered Care and Cultural Transformation of the
19 Department of Veterans Affairs, a program to as-
20 sess the feasibility and advisability of integrating the
21 delivery of complementary and integrative medicine
22 services selected by the Secretary with other health
23 care services provided by the Department for vet-
24 erans with mental health conditions, chronic pain
25 conditions, other chronic conditions, and such other

1 conditions as the Secretary determines appropriate;
2 and

3 (2) in developing the program, identify and re-
4 solve barriers to the provision of complementary and
5 integrative medicine services selected by the Sec-
6 retary and the integration of those services with
7 other health care services provided by the Depart-
8 ment.

9 (b) DURATION OF PROGRAM.—The program shall be
10 carried out during the three-year period beginning on the
11 effective date specified in subsection (j).

12 (c) LOCATIONS.—

13 (1) IN GENERAL.—The Secretary shall carry
14 out the program at not fewer than 15 separate De-
15 partment medical centers.

16 (2) POLYTRAUMA CENTERS.—Not less than two
17 of the medical centers designated under paragraph
18 (1) shall be located at polytrauma rehabilitation cen-
19 ters of the Department.

20 (3) SELECTION OF LOCATIONS.—In carrying
21 out the program, the Secretary shall select locations
22 that include the following areas:

23 (A) Rural areas.

24 (B) Areas that are not in close proximity
25 to an active duty military installation.

(C) Areas representing different geographic locations, such as census tracts established by the Bureau of the Census.

4 (d) PROVISION OF SERVICES.—Under the program,
5 the Secretary shall provide covered services to covered veter-
6 ans by integrating complementary and integrative medi-
7 cine services with other services provided by the Depart-
8 ment at the medical centers designated under subsection
9 (c)(1).

10 (e) COVERED VETERANS.—For purposes of the pro-
11 gram, a covered veteran is any veteran who—

12 (1) has a mental health condition diagnosed by
13 a clinician of the Department;
14 (2) experiences chronic pain; or
15 (3) has a chronic condition being treated by a
16 clinician of the Department.

17 (f) COVERED SERVICES.—

18 (1) IN GENERAL.—For purposes of the pro-
19 gram, covered services are services consisting of
20 complementary and integrative medicine as selected
21 by the Secretary.

1 (A) Covered services shall be administered
2 by clinicians employed by the Secretary for pur-
3 poses of this section who, to the extent prac-
4 ticable, shall provide services consisting of com-
5 plementary and integrative medicine, including
6 those clinicians who solely provide such services.

7 (B) Covered services shall be included as
8 part of the Patient Aligned Care Teams initia-
9 tive of the Office of Patient Care Services, Pri-
10 mary Care Program Office, in coordination with
11 the Office of Patient Centered Care and Cul-
12 tural Transformation.

13 (C) Covered services shall be made avail-
14 able to both—

15 (i) covered veterans with mental
16 health conditions, pain conditions, or
17 chronic conditions described in subsection
18 (e) who have received conventional treat-
19 ments from the Department for such con-
20 ditions; and

21 (ii) covered veterans with mental
22 health conditions, pain conditions, or
23 chronic conditions described in subsection
24 (e) who have not received conventional

1 treatments from the Department for such
2 conditions.

3 (g) VOLUNTARY PARTICIPATION.—The participation
4 of a veteran in the program shall be at the election of
5 the veteran and in consultation with a clinician of the De-
6 partment.

7 (h) REPORTS TO CONGRESS.—

8 (1) QUARTERLY REPORTS.—Not later than 90
9 days after the date of the commencement of the pro-
10 gram and not less frequently than once every 90
11 days thereafter for the duration of the program, the
12 Secretary shall submit to the Committee on Vet-
13 erans' Affairs of the Senate and the Committee on
14 Veterans' Affairs of the House of Representatives a
15 report on the efforts of the Secretary to carry out
16 the program, including a description of the outreach
17 conducted by the Secretary to veterans and commu-
18 nity organizations to inform such organizations
19 about the program.

20 (2) FINAL REPORT.—

21 (A) IN GENERAL.—Not later than 180
22 days after the completion of the program, the
23 Secretary shall submit to the Committee on
24 Veterans' Affairs of the Senate and the Com-

1 mittee on Veterans' Affairs of the House of
2 Representatives a report on the program.

3 (B) CONTENTS.—The report submitted
4 under subparagraph (A) shall include the fol-
5 lowing:

6 (i) The findings and conclusions of
7 the Secretary with respect to the program,
8 including with respect to—

9 (I) the utilization and efficacy of
10 the complementary and integrative
11 medicine services established under
12 the program;

13 (II) an assessment of the benefit
14 of the program to covered veterans in
15 mental health diagnoses, pain man-
16 agement, and treatment of chronic ill-
17 ness; and

18 (III) the comparative effective-
19 ness of various complementary and in-
20 tegrative medicine therapies.

21 (ii) Barriers identified under sub-
22 section (a)(2) that were not resolved.

23 (iii) Such recommendations for the
24 continuation or expansion of the program
25 as the Secretary considers appropriate.

1 (i) COMPLEMENTARY AND INTEGRATIVE MEDICINE
2 DEFINED.—In this section, the term “complementary and
3 integrative medicine” shall have the meaning given that
4 term in section 2(e) of this Act.

5 (j) EFFECTIVE DATE.—This section shall take effect
6 on the date that is one year after the date of the enact-
7 ment of this Act.

8 **SEC. 4. STUDIES OF BARRIERS ENCOUNTERED BY VET-
9 ERANS IN RECEIVING, AND ADMINISTRATORS
10 AND CLINICIANS IN PROVIDING, COM-
11 PLEMENTARY AND INTEGRATIVE MEDICINE
12 SERVICES FURNISHED BY THE DEPARTMENT
13 OF VETERANS AFFAIRS.**

14 (a) STUDIES REQUIRED.—

15 (1) IN GENERAL.—The Secretary of Veterans
16 Affairs shall conduct comprehensive studies of the
17 barriers encountered by veterans in receiving, and
18 administrators and clinicians in providing, com-
19 plementary and integrative medicine services fur-
20 nished by the Department of Veterans Affairs.

21 (2) STUDIES CONDUCTED.—

22 (A) VETERANS.—In conducting the study
23 of veterans, the Secretary shall—

24 (i) survey veterans who seek or receive
25 hospital care or medical services furnished

1 by the Department, as well as veterans
2 who do not seek or receive such care or
3 services;

4 (ii) administer the survey to a rep-
5 resentative sample of veterans from each
6 Veterans Integrated Service Network; and

7 (iii) ensure that the sample of vet-
8 erns surveyed is of sufficient size for the
9 study results to be statistically significant.

10 (B) ADMINISTRATORS AND CLINICIANS.—

11 In conducting the study of clinicians and ad-
12 ministrators, the Secretary shall—

13 (i) survey administrators of the De-
14 partment who are involved in the provision
15 of health care services;

16 (ii) survey clinicians that have pro-
17 vided complementary and integrative medi-
18 cine services through the program estab-
19 lished under section 3 of this Act, after
20 those clinicians have provided those serv-
21 ices through such program for at least 90
22 days; and

23 (iii) administer the survey to adminis-
24 trators under clause (i)—

(b) ELEMENTS OF STUDIES.—

10 (1) VETERANS.—In conducting the study of
11 veterans required by subsection (a), the Secretary
12 shall study the following:

13 (A) The perceived barriers associated with
14 obtaining complementary and integrative medi-
15 cine services from the Department.

(B) The satisfaction of veterans with complementary and integrative medicine services in primary care.

(D) The effectiveness of outreach to veterans on the availability of complementary and integrative medicine for veterans.

(A) The extent of the integration of complementary and integrative medicine services within the services provided by the Department.

13 (B) The perception by administrators and
14 clinicians of the structural and attitudinal bar-
15 riers to the delivery of high quality complemen-
16 tary and integrative medicine services by the
17 Department.

18 (C) Strategies that have been used to re-
19 duce or eliminate such barriers and the results
20 of such strategies.

(D) The satisfaction of administrators and clinicians regarding the integration of complementary and integrative medicine services within the services provided by the Department.

(E) The perception by administrators and clinicians of the value of specific complementary and integrative medicine services for inpatient and outpatient veteran populations.

5 (c) DISCHARGE BY CONTRACT.—The Secretary shall
6 enter into a contract with a qualified independent entity
7 or organization to carry out the studies required by this
8 section.

9 (d) MANDATORY REVIEW OF DATA BY THE NA-
10 TIONAL RESEARCH ADVISORY COUNCIL.—

21 (e) REPORTS.—

1 (2) REPORT ON STUDY.—

2 (A) IN GENERAL.—Not later than 45 days
3 after the date of the completion of the study,
4 the Secretary shall submit to Congress a report
5 on the study required by subsection (a).

6 (B) CONTENTS.—The report required by
7 subparagraph (A) shall include the following:

8 (i) Recommendations for such admin-
9 istrative and legislative proposals and ac-
10 tions as the Secretary considers appro-
11 priate.

12 (ii) The findings of the head of the
13 National Research Advisory Council and of
14 the Under Secretary for Health.

15 (f) AUTHORIZATION OF APPROPRIATIONS.—There is
16 authorized to be appropriated for fiscal year 2019 for the
17 Department of Veterans Affairs, \$2,000,000 to carry out
18 this section.

19 (g) COMPLEMENTARY AND INTEGRATIVE MEDICINE
20 DEFINED.—In this section, the term “complementary and
21 integrative medicine” shall have the meaning given that
22 term in section 2(e) of this Act.

1 **SEC. 5. PROGRAM ON USE OF WELLNESS PROGRAMS AS**
2 **COMPLEMENTARY APPROACH TO MENTAL**
3 **HEALTH CARE FOR VETERANS AND FAMILY**
4 **MEMBERS OF VETERANS.**

5 (a) **PROGRAM REQUIRED.—**

6 (1) **IN GENERAL.**—The Secretary of Veterans
7 Affairs shall carry out a program through the award
8 of grants to public or private nonprofit entities to
9 assess the feasibility and advisability of using
10 wellness programs to complement the provision of
11 mental health care to veterans and family members
12 eligible for counseling under section 1712A(a)(1)(C)
13 of title 38, United States Code.

14 (2) **MATTERS TO BE ADDRESSED.**—The pro-
15 gram shall be carried out so as to assess the fol-
16 lowing:

17 (A) Means of improving coordination be-
18 tween Federal, State, local, and community pro-
19 viders of health care in the provision of mental
20 health care to veterans and family members de-
21 scribed in paragraph (1).

22 (B) Means of enhancing outreach, and co-
23 ordination of outreach, by and among providers
24 of health care referred to in subparagraph (A)
25 on the mental health care services available to

1 veterans and family members described in para-
2 graph (1).

3 (C) Means of using wellness programs of
4 providers of health care referred to in subpara-
5 graph (A) as complements to the provision by
6 the Department of Veterans Affairs of mental
7 health care to veterans and family members de-
8 scribed in paragraph (1).

9 (D) Whether wellness programs described
10 in subparagraph (C) are effective in enhancing
11 the quality of life and well-being of veterans
12 and family members described in paragraph
13 (1).

14 (E) Whether wellness programs described
15 in subparagraph (C) are effective in increasing
16 the adherence of veterans described in para-
17 graph (1) to the primary mental health services
18 provided such veterans by the Department.

19 (F) Whether wellness programs described
20 in subparagraph (C) have an impact on the
21 sense of well-being of veterans described in
22 paragraph (1) who receive primary mental
23 health services from the Department.

24 (G) Whether wellness programs described
25 in subparagraph (C) are effective in encour-

1 aging veterans receiving health care from the
2 Department to adopt a more healthy lifestyle.

3 (b) DURATION.—The Secretary shall carry out the
4 program for a period of three years beginning on the date
5 that is one year after the date of the enactment of this
6 Act.

7 (c) LOCATIONS.—The Secretary shall carry out the
8 program at facilities of the Department providing mental
9 health care services to veterans and family members de-
10 scribed in subsection (a)(1).

11 (d) GRANT PROPOSALS.—

12 (1) IN GENERAL.—A public or private nonprofit
13 entity seeking the award of a grant under this sec-
14 tion shall submit an application therefor to the Sec-
15 retary in such form and in such manner as the Sec-
16 retary may require.

17 (2) APPLICATION CONTENTS.—Each application
18 submitted under paragraph (1) shall include the fol-
19 lowing:

20 (A) A plan to coordinate activities under
21 the program, to the extent possible, with the
22 Federal, State, and local providers of services
23 for veterans to enhance the following:

(iii) Educational efforts to inform veterans of the benefits of a healthy and active lifestyle.

20 (e) GRANT USES.—

(1) IN GENERAL.—A public or private nonprofit entity awarded a grant under this section shall use the award for purposes prescribed by the Secretary.

1 in paragraph (1), a public or private nonprofit entity
2 awarded a grant under this section shall use the
3 award to furnish services only to individuals speci-
4 fied in section 1712A(a)(1)(C) of title 38, United
5 States Code.

6 (f) REPORTS.—

7 (1) PERIODIC REPORTS.—

8 (A) IN GENERAL.—Not later than 180
9 days after the date of the commencement of the
10 program, and every 180 days thereafter, the
11 Secretary shall submit to Congress a report on
12 the program.

13 (B) REPORT ELEMENTS.—Each report re-
14 quired by subparagraph (A) shall include the
15 following:

16 (i) The findings and conclusions of
17 the Secretary with respect to the program
18 during the 180-day period preceding the
19 report.

20 (ii) An assessment of the benefits of
21 the program to veterans and their family
22 members during the 180-day period pre-
23 ceding the report.

24 (2) FINAL REPORT.—Not later than 180 days
25 after the end of the program, the Secretary shall

1 submit to Congress a report detailing the rec-
2 ommendations of the Secretary as to the advisability
3 of continuing or expanding the program.

4 (g) WELLNESS DEFINED.—In this section, the term
5 “wellness” has the meaning given that term in regulations
6 prescribed by the Secretary.

