

114TH CONGRESS
2D SESSION

H. CON. RES. 137

Supporting National Men's Health Week.

IN THE HOUSE OF REPRESENTATIVES

JUNE 15, 2016

Mr. PAYNE (for himself and Mr. MULLIN) submitted the following concurrent resolution; which was referred to the Committee on Oversight and Government Reform

CONCURRENT RESOLUTION

Supporting National Men's Health Week.

Whereas despite advances in medical technology and research, men continue to live an average of 5 years less than women, and American Indian/Alaska Native and African-American men have the lowest life expectancy;

Whereas 9 of the 10 leading causes of death, as defined by the Centers for Disease Control and Prevention, affect men at a higher percentage than women;

Whereas between the ages of 45 and 54, men are 1½ times more likely than women to die of heart attacks;

Whereas men die of heart disease at 1½ times the rate of women;

Whereas testicular cancer is one of the most common cancers in men between the ages of 15 and 34, and when detected early, has a 96-percent survival rate;

Whereas the number of cases of colon and rectum cancer among men is expected to be almost 70,820 in 2016, and over 26,000 men are expected to die from the disease;

Whereas the likelihood that a man will develop prostate cancer is 1 in 7;

Whereas the number of men developing prostate cancer in 2016 will reach more than 180,000 and an estimated 26,120 of them will die from the disease;

Whereas African-American men have the highest incidence of prostate cancer in the United States;

Whereas significant numbers of male-related health problems, such as prostate cancer, testicular cancer, infertility, and colon cancer, could be detected and treated if men's awareness of such problems were more pervasive;

Whereas more than half of the elderly widows now living in poverty were not poor before the death of their husbands;

Whereas educating both the public and health care providers about the importance of early detection of male health problems will result in reducing rates of mortality for these diseases;

Whereas detecting many health problems early with appropriate use of Prostate Specific Antigen (PSA) exams, blood pressure and cholesterol screens, and testicular cancer self exams, in conjunction with clinical examination, can increase survival rates to nearly 100 percent;

Whereas women are twice as likely as men to visit the doctor for annual examinations and preventive services;

Whereas men are less likely than women to visit their health center or physician for regular screening examinations of male-related problems for a variety of reasons, including fear, lack of health insurance, lack of information, and cost factors;

Whereas National Men's Health Week was established by Congress and first celebrated in 1994 and urges men and their families to engage in appropriate health behaviors, and the resulting increased awareness has improved health-related education and helped prevent illness;

Whereas the Governors of all 50 States have issued proclamations declaring Men's Health Week in their States, as have Mayors and Administrators of over 100 cities and communities, together with tribal leaders and other American Indian and Alaska Native groups;

Whereas since 1994, National Men's Health Week has been celebrated each June by hundreds of States, cities, localities, public health departments, health care entities, churches, and community organizations throughout the Nation that promote health awareness events focused on men and family;

Whereas the National Men's Health Week Web site has been established at www.menshealthweek.org and features proclamations from Governors, Mayors, and tribal leaders, as well as a variety of resources;

Whereas men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings;

Whereas men and their families are encouraged to increase their awareness of the importance of a healthy lifestyle, regular exercise, and medical checkups; and

Whereas June 13 through June 19, 2016, is National Men's Health Week, which has the purpose of heightening the awareness of preventable health problems and encouraging early detection and treatment of disease among men and boys: Now, therefore, be it

1 *Resolved by the House of Representatives (the Senate*
2 *concurring)*, That Congress—

3 (1) supports the annual National Men's Health
4 Week; and

5 (2) requests that the President of the United
6 States issue a proclamation calling upon the people
7 of the United States and interested groups to ob-
8 serve National Men's Health Week with appropriate
9 ceremonies and activities.

