

113TH CONGRESS  
1ST SESSION

S. 1033

To authorize a grant program to promote physical education, activity, and fitness and nutrition, and to ensure healthy students, and for other purposes.

IN THE SENATE OF THE UNITED STATES

MAY 23, 2013

Mr. HARKIN introduced the following bill; which was read twice and referred to the Committee on Health, Education, Labor, and Pensions

# A BILL

To authorize a grant program to promote physical education, activity, and fitness and nutrition, and to ensure healthy students, and for other purposes.

*Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,*

### 3 SECTION 1. SHORT TITLE.

4 This Act may be cited as the “Fitness Integrated  
5 with Teaching Kids Act” or the “FIT Kids Act”.

# **TITLE I—HEALTHY STUDENTS GRANTS**

## 8 SEC. 101. DEFINITIONS.

## 9 In this title:

## 1 (1) PHYSICAL EDUCATION INDICATORS MEAS- 2 UREMENT SYSTEM.—

(A) IN GENERAL.—The term “physical education indicators measurement system” means a State reporting and information system that measures student physical health and well-being, nutrition, and fitness based on the physical education indicators and is, to the extent possible, part of the State’s statewide longitudinal data system and part of the State’s system for reporting the data required under section 1111 of the Elementary and Secondary Education Act of 1965 (20 U.S.C. 6311).

24 (ii) collect school-level data on the  
25 physical education indicators in the aggre-

1 gate and disaggregated by the categories of  
2 race, ethnicity, gender, disability status,  
3 migrant status, English proficiency, and  
4 status as economically disadvantaged, and  
5 cross-tabulated across all of such cat-  
6 egories by gender and by disability;

(iv) to the extent possible, utilize a web-based reporting system.

(A) implement school-based activities; and

(B) conduct school-level measurement of the physical education indicators that are consistent with this title.

(B) for the State, the percentage of local educational agencies that have a required, age-appropriate physical education curriculum that adheres to Centers for Disease Control and Prevention guidelines and State standards;

(C) for the State, for each local educational agency in the State, and for each school in the State, the percentage of elementary school and secondary school physical education teachers who are licensed or certified by the State to teach physical education;

(D) for the State, and for each local educational agency in the State, the percentage of schools that have a physical education teacher who is certified or licensed in the State to teach physical education and adapted physical education;

(E) for each school in the State, the number of indoor square feet and the number of outdoor square feet used primarily for physical education; and

(F) for the State, the percentage of local educational agencies that have a school wellness council that—

(iii) meets regularly to promote a healthy school environment.

15 (A) increases and enables active student  
16 participation in physical well-being activities  
17 and provides teacher and school leader profes-  
18 sional development to encourage and increase  
19 such participation;

(B) is comprehensive in nature;

(C) includes opportunities for professional development for teachers of physical education to stay abreast of the latest research, issues, and trends in the field of physical education; and

1                             (D) includes 1 or more of the following ac-  
2                             tivities:

3                                 (i) Fitness education and assessment  
4                             to help students understand, improve, or  
5                             maintain their physical well-being.

6                                 (ii) Instruction in a variety of motor  
7                             skills and physical activities designed to  
8                             enhance the physical, mental, social, and  
9                             emotional development of every student.

10                                 (iii) Development of, and instruction  
11                             in, cognitive concepts about motor skill and  
12                             physical fitness that support a lifelong  
13                             healthy lifestyle.

14                                 (iv) Opportunities to develop positive  
15                             social and cooperative skills through phys-  
16                             ical activity.

17                                 (v) Instruction in healthy eating hab-  
18                             its and good nutrition.

19                                 (6) SECRETARY.—The term “Secretary” means  
20                             the Secretary of Education.

21                                 (7) STATE.—The term “State” has the mean-  
22                             ing given the term in section 9101 of the Elemen-  
23                             tary and Secondary Education Act of 1965 (20  
24                             U.S.C. 7801).

1   **SEC. 102. DISTRIBUTION OF FUNDS.**

2       From amounts made available under section 105, the  
3     Secretary shall use—

4           (1) in each year for which funding is made  
5     available under such section, not more than 2 per-  
6     cent of such amounts for technical assistance and  
7     evaluation;

8           (2) for the first 3 fiscal years for which funding  
9     is made available under such section—

10              (A) except as provided in subparagraph  
11              (B)—

12                   (i) not more than 30 percent of such  
13     amounts or \$30,000,000, whichever  
14     amount is more, for State measurement  
15     system grants, distributed to every State  
16     (by an application process consistent with  
17     section 103(c)) in an amount proportional  
18     to each State's share of funding under part  
19     A of title I of the Elementary and Sec-  
20     ondary Education Act of 1965 (20 U.S.C.  
21     6311 et seq.), to be used—

22                      (I) to develop the State's physical  
23     education indicators measurement sys-  
24     tem;

4 (III) if grant funds remain after  
5 carrying out subclauses (I) and (II),  
6 for activities described in section  
7 103(f); and

(ii) not more than 68 percent of such amounts for grants under section 103; and

(B) for any fiscal year for which the amount remaining available after funds are reserved under paragraph (1) is less than \$30,000,000, all of such remainder for the State measurement system grants described in subparagraph (A)(i); and

## 20 SEC. 103. HEALTHY STUDENTS GRANTS.

21 (a) GRANT PROGRAM AUTHORIZED.—

22                   (1) IN GENERAL.—From amounts made avail-  
23                   able under paragraph (2)(A)(ii) or (3) of section 102  
24                   for a fiscal year, the Secretary shall award grants to  
25                   States to implement comprehensive programs to pro-

1 mote physical activity, education, and fitness and  
2 nutrition and that are based on—

- 3 (A) scientifically valid research; and  
4 (B) an analysis of need that considers, at  
5 a minimum, the physical education indicators.

6 (2) AWARDS TO STATES.—

7 (A) FORMULA GRANTS.—For any fiscal  
8 year for which the total amount available under  
9 (2)(A)(ii) or (3) of section 102 for grants under  
10 this section is \$250,000,000 or more, the Sec-  
11 retary shall allot to each State with an ap-  
12 proved application an amount that bears the  
13 same relationship to such total amount as the  
14 amount received under part A of title I of the  
15 Elementary and Secondary Education Act of  
16 1965 (20 U.S.C. 6311 et seq.) by such State  
17 for such fiscal year bears to the amount re-  
18 ceived under such part for such fiscal year by  
19 all States.

20 (B) COMPETITIVE GRANTS.—

21 (i) IN GENERAL.—For any fiscal year  
22 for which the total amount available under  
23 paragraph (2)(A)(ii) or (3) of section 102  
24 for grants under this section is less than  
25 \$250,000,000, the Secretary shall award

1                   such grants to States on a competitive  
2                   basis.

3                   (ii) SUFFICIENT SIZE AND SCOPE.—In  
4                   awarding grants on a competitive basis  
5                   pursuant to clause (i), the Secretary shall  
6                   ensure that grant awards are of sufficient  
7                   size and scope to carry out required and  
8                   approved activities under this section.

9                   (b) ELIGIBILITY.—To be eligible to receive a grant  
10                  under this section, a State shall demonstrate that the  
11                  State has established a statewide physical education re-  
12                  quirement that is consistent with widely recognized stand-  
13                  ards.

14                  (c) APPLICATIONS.—

15                  (1) IN GENERAL.—A State that desires to re-  
16                  ceive a grant under this section shall submit an ap-  
17                  plication at such time, in such manner, and con-  
18                  taining such information as the Secretary may re-  
19                  quire.

20                  (2) CONTENT OF APPLICATION.—At a min-  
21                  imum, the application shall include—

22                      (A) documentation of the State's eligibility  
23                  to receive a grant under this section, as de-  
24                  scribed in subsection (b);

(C) a needs analysis of the schools in the State regarding physical activity, education, and fitness and nutrition, which—

11 (i) shall include a description of, and  
12 data measuring, the State's performance  
13 on the physical education indicators; and

14 (ii) may be a part of a broader state-  
15 wide child and youth needs analysis, if  
16 such an analysis exists and is consistent  
17 with the requirements of this title;

24 (E) a description of how the State will—

- (i) develop, adapt, improve, or adopt, and implement, the State's physical education indicators measurement system, and how the State will ensure that all local educational agencies and schools in the State participate in such system;
  - (ii) ensure the quality of the State's data collection for the physical education indicators, including the State's plan for survey administration and for ensuring the reliability and validity of survey instruments;
  - (iii) coordinate the proposed activities with other Federal and State programs, which may include programs to expand learning time and for before- and after-school programming in order to provide sufficient time to carry out the activities described in this title;
  - (iv) assist local educational agencies in aligning activities carried out with funds the agencies receive under the grant with other funding sources in order to support a coherent and non-duplicative program;

1 (v) solicit and approve subgrant applica-  
2 tions, including how the State will—

10 (vi) address the needs of diverse geo-  
11 graphic areas in the State, including rural  
12 and urban communities; and

**25 (d) DUBATION —**

1                   (1) IN GENERAL.—A State that receives a  
2 grant under this section may receive funding for not  
3 more than 5 years in accordance with this sub-  
4 section.

5                   (2) INITIAL PERIOD.—The Secretary shall  
6 award grants under this section for an initial period  
7 of not more than 3 years.

8                   (3) GRANT EXTENSION.—The Secretary may  
9 extend a grant awarded to a State under this section  
10 for not more than an additional 2 years if the State  
11 shows sufficient improvement, as determined by the  
12 Secretary, against baseline data for the performance  
13 metrics established under subsection (h)(1).

14                 (e) RESERVATION AND USE OF FUNDS.—A State  
15 that receives a grant under this section shall—

16                   (1) reserve not more than 10 percent of the  
17 grant funds for administration of the program, tech-  
18 nical assistance, and the development, adaptation,  
19 improvement, or adoption, and implementation of  
20 the State's physical education indicators measure-  
21 ment system, as described in paragraphs (1) through  
22 (5) of subsection (f); and

23                   (2) use the remainder of grant funds after mak-  
24 ing the reservation under paragraph (1) to award

1       subgrants, on a competitive basis, to eligible local  
2       applicants.

3           (f) REQUIRED STATE ACTIVITIES.—A State that re-  
4       ceives a grant under this section shall—

5                  (1) not later than 1 year after receipt of the  
6       grant, develop, adapt, improve, or adopt and imple-  
7       ment a physical education indicators measurement  
8       system (unless the State can demonstrate, to the  
9       satisfaction of the Secretary, that an appropriate  
10      system has already been implemented) that annually  
11      measures the State's progress regarding physical ac-  
12      tivity, education, and fitness and nutrition for every  
13      public school in the State;

14                  (2) collect information in each year of the grant  
15      on physical activity, education, and fitness and nu-  
16      trition at the school level through comprehensive  
17      needs assessments of student, school staff, and fam-  
18      ily perceptions, experiences, and behaviors;

19                  (3) publicly report, at the school level and dis-  
20      trict level, the data collected in the physical edu-  
21      cation indicators measurement system each year in  
22      a timely and highly accessible manner and in a man-  
23      ner that does not reveal personally identifiable infor-  
24      mation;

1                             (4) use, on a continuous basis, the results of  
2                             the physical education indicators measurement sys-  
3                             tem to—

4                                 (A) identify and address student physical  
5                             activity, education, and fitness needs statewide;

6                                 (B) help subgrantees identify and address  
7                             school and student needs; and

8                                 (C) provide individualized assistance to the  
9                             lowest-performing schools (consistent with sec-  
10                             tion 1116 of the Elementary and Secondary  
11                             Education Act of 1965 (20 U.S.C. 6316)) and  
12                             schools with significant weaknesses with respect  
13                             to physical activity, education, and fitness and  
14                             nutrition as identified through the physical edu-  
15                             cation indicators measurement system with im-  
16                             plementation of activities under this title;

17                             (5) encourage local educational agencies to—

18                                 (A) integrate physical activity, education,  
19                             and fitness into a range of subjects throughout  
20                             the school day and locations within schools;

21                                 (B) encourage consultation with a variety  
22                             of stakeholders, including families, students,  
23                             school officials, and other organizations with  
24                             wellness and physical activity, education, and  
25                             fitness expertise; and

7 (g) SUBGRANTS.—

(ii) that are of sufficient size and scope to enable the eligible local applicants to carry out approved activities; and

(iii) to implement programs to promote physical activity, education, and fitness and nutrition that—

(I) are comprehensive in nature;  
and

(II) are based on scientifically valid research.

(B) ASSISTANCE.—A State that receives a grant under this section shall provide assistance to subgrant applicants and recipients in the selection of scientifically valid programs to promote physical activity, education, and fitness and nutrition.

1                         (3) PRIORITY.—In awarding subgrants under  
2                         this subsection, a State shall give priority to applica-  
3                         tions that—

4                             (A) demonstrate the greatest need accord-  
5                         ing to the results of the State's needs analysis  
6                         described in subsection (c)(2)(C); and

7                             (B) propose to serve schools with the high-  
8                         est concentrations of poverty, based on the per-  
9                         centage of students receiving or eligible to re-  
10                         ceive a free or reduced price lunch under the  
11                         Richard B. Russell National School Lunch Act  
12                         (42 U.S.C. 1751 et seq.).

13                         (4) ACTIVITIES OF SUBGRANT RECIPIENTS.—  
14                         Each eligible local applicant receiving a subgrant  
15                         under this subsection shall, for the duration of the  
16                         subgrant—

17                             (A) carry out, as part of a program to pro-  
18                         mote physical activity, education, and fitness  
19                         and nutrition, activities—

20                                     (i) the need for which has been identi-  
21                         fied, at a minimum—

22   (I) through the physical edu-  
23                         cation indicators measurement sys-  
24                         tem; or

(II) in the case of a State that has not yet implemented the physical education indicators measurement system as required under subsection (f)(1), the State's needs analysis described in subsection (c)(2)(C); and

(ii) that are part of a comprehensive strategy or framework to address such needs;

(B) ensure that each activity selected as part of such program be based on scientifically valid research and be used for the purpose for which such activity was found to be effective;

(C) use school-level data from the statewide physical education indicators, and use the statewide physical education indicators measurement system when implemented by the State as required under subsection (f)(1), to inform the implementation and continuous improvement of activities carried out under this title;

(D) collect and report to the State educational agency, data for schools served by the eligible local applicant, in a manner determined by the State and consistent with the State's

1           physical education indicators measurement sys-  
2           tem, when established;

3               (E)(i) establish policies to expand access to  
4               quality physical activity opportunities (including  
5               school wellness policies); and

6               (ii) if the local educational agency to be  
7               served through the grant does not have an ac-  
8               tive school wellness council consistent with the  
9               requirements of the Child Nutrition Act of  
10              1966 (42 U.S.C. 1771 et seq.), establish such  
11              a school wellness council, which may be part of  
12              an existing school council that has the capacity  
13              and willingness to address school wellness;

14               (F) engage family members and commu-  
15               nity-based organizations in the development of  
16               physical education indicators surveys, and in  
17               the planning, implementation, and review of the  
18               eligible local applicant's efforts under this title;  
19              and

20               (G) consider and accommodate the unique  
21               needs of students with disabilities and English  
22               language learners in implementing activities.

23               (h) ACCOUNTABILITY.—

24               (1) ESTABLISHMENT OF PERFORMANCE  
25               METRICS.—The Secretary, acting through the Direc-

1       tor of the Institute of Education Sciences, shall es-  
2       tablish program performance metrics to measure the  
3       effectiveness of the activities carried out under this  
4       title.

5                     (2) ANNUAL REPORT.—Each State that re-  
6       ceives a grant under this title shall prepare and sub-  
7       mit to the Secretary an annual report that includes  
8       information relevant to the physical education indi-  
9       cators, including progress towards meeting outcomes  
10      for the metrics established under paragraph (1).

11 **SEC. 104. FUNDS RESERVED FOR SECRETARY.**

12       From the amount reserved under section 102(1), the  
13      Secretary shall—

14                     (1) direct the Institute of Education Sciences to  
15       conduct an evaluation of the impact of the practices  
16       funded or disseminated under this title; and

17                     (2) provide technical assistance to applicants  
18       for and recipients of, grants and subgrants under  
19       this title.

20 **SEC. 105. AUTHORIZATION OF APPROPRIATIONS.**

21       There are authorized to be appropriated to carry out  
22      this title such sums as may be necessary for fiscal year  
23      2014 and each of the 5 succeeding fiscal years.

1   **TITLE II—PARENTAL INVOLVE-**  
2   **MENT FOR HEALTHY STUD-**  
3   **DENTS; EQUAL PHYSICAL AC-**  
4   **TIVITY OPPORTUNITIES FOR**  
5   **STUDENTS WITH DISABIL-**  
6   **ITIES**

7   **SEC. 201. PARENTAL INVOLVEMENT.**

8       Section 1118(d)(1) of the Elementary and Secondary  
9     Education Act of 1965 (20 U.S.C. 6318(d)(1)) is amend-  
10   ed—

11           (1) by inserting “, healthy,” after “supportive”;  
12           (2) by striking “; and participating” and insert-  
13           ing “; participating”; and  
14           (3) by inserting after “extracurricular time” the  
15           following: “; and supporting their children in leading  
16           a healthy and active life, such as by providing  
17           healthy meals and snacks, encouraging participation  
18           in physical education, and sharing in physical activ-  
19           ity outside the school day to support successful aca-  
20           demic achievement”.

21   **SEC. 202. EQUAL PHYSICAL ACTIVITY OPPORTUNITIES FOR**  
22           **STUDENTS WITH DISABILITIES.**

23       (a) IN GENERAL.—Title V of the Rehabilitation Act  
24     of 1973 (29 U.S.C. 791 et seq.) is amended by adding  
25     at the end the following:

1   **“SEC. 511. EQUAL PHYSICAL ACTIVITY OPPORTUNITIES**2                   **FOR STUDENTS WITH DISABILITIES.**

3         “(a) IN GENERAL.—The Secretary shall promote  
4 equal opportunities for students with disabilities to be in-  
5 cluded and to participate in physical education and extra-  
6 curricular athletics implemented in, or in conjunction  
7 with, elementary schools, secondary schools, and institu-  
8 tions of higher education, by ensuring the provision of ap-  
9 propriate technical assistance and guidance for schools  
10 and institutions described in this subsection and their per-  
11 sonnel.

12         “(b) TECHNICAL ASSISTANCE AND GUIDANCE.—The  
13 provision of technical assistance and guidance described  
14 in subsection (a) shall include—

15                 “(1) providing technical assistance to elemen-  
16 tary schools, secondary schools, local educational  
17 agencies, State educational agencies, and institutions  
18 of higher education, regarding—

19                     “(A) inclusion and participation of stu-  
20 dents with disabilities, in a manner equal to  
21 that of the other students, in physical education  
22 opportunities (including classes) and extra-  
23 curricular athletics opportunities, including  
24 technical assistance on—

1                         “(i) providing reasonable modifications to policies, practices, and procedures;  
2  
3                         and  
4                         “(ii) providing supports to ensure such inclusion and participation;

5  
6                         “(B) provision of adaptive sports programs, in the physical education and extracurricular athletics opportunities, including programs with competitive sports leagues or competitions, for students with disabilities; and

7  
8  
9  
10  
11                         “(C) responsibilities of the schools, institutions, and agencies involved under section 504, the Americans with Disabilities Act of 1990 (42 U.S.C. 12101 et seq.), and any other applicable Federal law to provide students with disabilities equal access to extracurricular athletics;

12  
13  
14  
15  
16  
17                         “(2) facilitating information sharing among the schools, institutions, and agencies, and students with disabilities, on ways to provide inclusive opportunities in physical education and extracurricular athletics for students with disabilities; and

18  
19  
20  
21  
22                         “(3) monitoring the extent to which physical education and extracurricular athletics opportunities for students with disabilities are implemented in, or

1       in conjunction with, elementary schools, secondary  
2       schools, and institutions of higher education.

3       “(c) DEFINITIONS.—In this section:

4           “(1) AGENCIES.—The terms ‘local educational  
5       agency’ and ‘State educational agency’ have the  
6       meanings given the terms in section 9101 of the Ele-  
7       mentary and Secondary Education Act of 1965 (20  
8       U.S.C. 7801).

9           “(2) SCHOOLS AND INSTITUTIONS.—The terms  
10      ‘elementary school’, ‘secondary school’, and ‘institu-  
11      tion of higher education’ mean an elementary school,  
12      secondary school, or institution of higher education,  
13      respectively (as defined in section 9101 of the Ele-  
14      mentary and Secondary Education Act of 1965 (20  
15      U.S.C. 7801)), that receives, or has 1 or more stu-  
16      dents that receive, Federal financial assistance.

17           “(3) STUDENT WITH A DISABILITY.—

18           “(A) IN GENERAL.—The term ‘student  
19      with a disability’ means an individual who—

20                  “(i) attends an elementary school, sec-  
21                  ondary school, or institution of higher edu-  
22                  cation; and

23                  “(ii) who—

24                          “(I) is eligible for, and receiving,  
25                          special education or related services

1                   under part B of the Individuals with  
2                   Disabilities Education Act (20 U.S.C.  
3                   1411 et seq.); or

4                   “(II) is an individual with a dis-  
5                   ability, for purposes of section 504 or  
6                   the Americans with Disabilities Act of  
7                   1990.

8                   “(B) STUDENTS WITH DISABILITIES.—The  
9                   term ‘students with disabilities’ means more  
10                  than 1 student with a disability.”.

11                 (b) TABLE OF CONTENTS.—The table of contents in  
12                 section 1(b) of the Rehabilitation Act of 1973 is amended  
13                 by inserting after the item relating to section 509 the fol-  
14                 lowing:

“Sec. 510. Establishment of standards for accessible medical diagnostic equip-  
ment.

“Sec. 511. Equal physical activity opportunities for students with disabilities.”.

