

113TH CONGRESS
2D SESSION

H. RES. 667

Expressing support for dancing as a form of valuable exercise and artistic expression, and for the designation of July 26, 2014, as National Dance Day.

IN THE HOUSE OF REPRESENTATIVES

JULY 11, 2014

Ms. NORTON submitted the following resolution; which was referred to the Committee on Energy and Commerce

RESOLUTION

Expressing support for dancing as a form of valuable exercise and artistic expression, and for the designation of July 26, 2014, as National Dance Day.

Whereas Nigel Lythgoe, executive producer and celebrity judge for the dance-themed television show “So You Think You Can Dance”, in association with the Dizzy Feet Foundation, has encouraged the creation of National Dance Day in nations around the world, beginning with the first National Dance Day on the National Mall in 2010;

Whereas the Dizzy Feet Foundation and the Kennedy Center, in conjunction with the office of Congresswoman Eleanor Holmes Norton, will celebrate National Dance Day

on Saturday, July 26, 2014, in the Nation's Capital at the Kennedy Center;

Whereas National Dance Day has captured the imagination of people throughout the Nation and around the world and has helped popularize dancing as an art, for fun, and as a form of exercise;

Whereas National Dance Day encourages many forms of dance expression, representing the Nation's rich artistic, regional, ethnic, and racial diversity;

Whereas National Dance Day features the spectrum of dance, from classical to popular to line and partner dances;

Whereas dancing helps improve heart health, burn calories, strengthen muscles, and improve flexibility for people of all ages;

Whereas health officials have repeatedly documented an overweight and obesity epidemic among every age group in the United States;

Whereas dancing, in all its variations, is a popular form of physical exercise;

Whereas National Dance Day in the Nation's Capital will begin at 1 p.m. with performances by Dizzy Feet and other local talent; and

Whereas the last Saturday in July continues to be an appropriate day to celebrate National Dance Day as it has been for the past 3 years: Now, therefore, be it

- 1 *Resolved*, That the House of Representatives—
- 2 (1) supports the designation of National Dance
- 3 Day to celebrate and encourage the national commit-
- 4 ment to dance education and physical fitness;

- 1 (2) acknowledges that dance is making an im-
2 portant contribution to health by encouraging phys-
3 ical fitness and reducing overweight and obesity; and
4 (3) commends Nigel Lythgoe for his leadership
5 in promoting National Dance Day.

