

113TH CONGRESS
1ST SESSION

H. RES. 304

Expressing support for dancing as a form of valuable exercise and artistic expression, and for the designation of July 27, 2013, as National Dance Day.

IN THE HOUSE OF REPRESENTATIVES

JULY 17, 2013

Ms. NORTON submitted the following resolution; which was referred to the Committee on Energy and Commerce

RESOLUTION

Expressing support for dancing as a form of valuable exercise and artistic expression, and for the designation of July 27, 2013, as National Dance Day.

Whereas the last Saturday in July is an appropriate day to annually celebrate National Dance Day;

Whereas Nigel Lythgoe, executive producer and celebrity judge for the dance-themed television show “So You Think You Can Dance”, in association with the Dizzy Feet Foundation, has encouraged the creation of National Dance Day in nations around the world, beginning with the first National Dance Day in 2010;

Whereas the Dizzy Feet Foundation and the Kennedy Center, in conjunction with the office of Congresswoman Eleanor Holmes Norton, will celebrate National Dance Day

on Saturday, July 27, 2013, in the Nation's Capital at the Kennedy Center;

Whereas National Dance Day has captured the imagination of people throughout the Nation and around the world and has helped popularize dancing as an art, for fun, and as a form of exercise;

Whereas National Dance Day encourages many forms of dance expression, representing the Nation's rich artistic, regional, ethnic, and racial diversity;

Whereas National Dance Day features the spectrum of dance, from classical to popular to line and partner dances;

Whereas dancing helps improve heart health, burn calories, strengthen muscles, and improve flexibility for people of all ages;

Whereas health officials have repeatedly documented an overweight and obesity epidemic among every age group in the United States;

Whereas dancing, in all its variations, is a popular form of physical exercise;

Whereas National Dance Day in the Nation's Capital will begin at 1 p.m. with performances by Dizzy Feet, Esperonto Bean and Stefani Thomas, CityDance, Doonya Dance, Flamenco Aparicio Dance Company, Joy of Motion Dance Center's Youth Dance Ensemble, Just Tap, Nomad Dancers, Dr. Janaki Rangarajan, Smooth & EZ, Washington Ballet, TheArc, and Doug Yeuell;

Whereas National Dance day will also have performances by Culture Shock and the Manzari Brothers on the Millennium Stage honoring James A. Johnson, Kennedy Center Chairman Emeritus and Millennium Stage founder; and

Whereas National Dance Day in the Nation’s Capital will culminate at 8 p.m. with “Dancing Under the Stars” dance lessons offered by Tito Rodriguez, Jr. and performances by Arturo O’Farrill and the Afro Latin Jazz Orchestra: Now, therefore, be it

- 1 *Resolved*, That the House of Representatives—
- 2 (1) supports the designation of National Dance
- 3 Day to celebrate the national commitment to dance
- 4 education and physical fitness;
- 5 (2) acknowledges that dance is making an im-
- 6 portant contribution to health by encouraging phys-
- 7 ical fitness and reducing overweight and obesity; and
- 8 (3) commends Nigel Lythgoe for his leadership
- 9 in promoting National Dance Day.

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