

113TH CONGRESS  
1ST SESSION

# H. R. 3147

To amend the Federal Food, Drug, and Cosmetic Act to strengthen requirements related to nutrient information on food labels, and for other purposes.

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## IN THE HOUSE OF REPRESENTATIVES

SEPTEMBER 19, 2013

Mr. PALLONE (for himself and Ms. DELAURO) introduced the following bill;  
which was referred to the Committee on Energy and Commerce

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## A BILL

To amend the Federal Food, Drug, and Cosmetic Act to strengthen requirements related to nutrient information on food labels, and for other purposes.

1 *Be it enacted by the Senate and House of Representa-*  
2 *tives of the United States of America in Congress assembled,*

3 **SECTION 1. SHORT TITLE; TABLE OF CONTENTS.**

4 (a) SHORT TITLE.—This Act may be cited as the  
5 “Food Labeling Modernization Act of 2013”.

6 (b) TABLE OF CONTENTS.—The table of contents of  
7 this Act is as follows:

Sec. 1. Short title; table of contents.

Sec. 2. Additional requirements for front-of-packaging (FOP) labeling for processed foods.

Sec. 3. Claims for conventional foods.

- Sec. 4. Use of specific terms.  
 Sec. 5. Modernization of the Nutrition Facts Panel.  
 Sec. 6. Ingredient labels.  
 Sec. 7. Caffeine content on information panel.  
 Sec. 8. Effective date; regulations.  
 Sec. 9. Definitions.

1 **SEC. 2. ADDITIONAL REQUIREMENTS FOR FRONT-OF-PACK-**  
 2 **AGING (FOP) LABELING FOR PROCESSED**  
 3 **FOODS.**

4 (a) SUMMARY NUTRITION LABELING INFORMA-  
 5 TION.—

6 (1) IN GENERAL.—Section 403 of the Federal  
 7 Food, Drug, and Cosmetic Act (21 U.S.C. 343) is  
 8 amended by adding at the end the following new  
 9 paragraph:

10 “(z)(1) Except as provided in subparagraphs (3), (4),  
 11 and (5) of paragraph (q), if it is food (other than a dietary  
 12 supplement) intended for human consumption and is of-  
 13 fered for sale and otherwise required to bear nutrition la-  
 14 beling, unless its principal display panel bears summary  
 15 nutrition information that reflects the overall nutritional  
 16 value of the food or specified ingredients, as specified in  
 17 accordance with regulations of the Secretary, and does not  
 18 contain any summary nutritional information which is in  
 19 addition to or inconsistent with the information required  
 20 under this subparagraph.”.

21 (2) PRINCIPLES FOR IMPLEMENTING REGULA-  
 22 TIONS.—In promulgating regulations regarding the

1 summary nutrition information required under the  
2 amendment made by paragraph (1), the Secretary of  
3 Health and Human Services shall take into account  
4 published reports of the Institute of Medicine of the  
5 National Academy of Sciences regarding such infor-  
6 mation and base regulations on the following prin-  
7 ciples:

8 (A) There should be a single simple, stand-  
9 ard symbol system that displays calorie infor-  
10 mation related to a common serving size, and  
11 information related to nutrients strongly associ-  
12 ated with public health concerns.

13 (B) Consumers should be able to quickly  
14 and easily comprehend the meaning of the sym-  
15 bol system as an indicator of a product's con-  
16 tribution to a healthy diet.

17 (C) The information should appear on all  
18 products that are required to bear nutrition la-  
19 beling.

20 (D) The information should—

21 (i) appear in a consistent location on  
22 the principal display panels across prod-  
23 ucts;

1 (ii) have a prominent design that vis-  
2 ually contrasts with existing packaging de-  
3 sign; and

4 (iii) be sufficiently large.

5 (E) The nutrition information should be  
6 consistent with the Nutrition Facts Panel and  
7 with the recommendations of the Dietary  
8 Guidelines of Americans.

9 (F) The information should aim to facili-  
10 tate consumer selection of healthy product op-  
11 tions, including among nutritionally at-risk sub-  
12 populations.

13 (G) The Secretary should periodically  
14 evaluate the front-of-package information to as-  
15 sess its ability to help facilitate consumer selec-  
16 tion of healthy product options and the extent  
17 to which manufacturers are offering healthier  
18 products as a result of the disclosure.

19 (H) The implementation of the information  
20 disclosure should be accompanied by appro-  
21 priate consumer education and promotion cam-  
22 paigns determined by the Secretary.

23 (b) PERCENTAGE OF WHEAT AND GRAINS IN GRAIN-  
24 BASED PRODUCTS.—Section 403(z) of the Federal Food,  
25 Drug, and Cosmetic Act (21 U.S.C. 343(z)), as added by

1 subsection (a)(1), is further amended by adding at the end  
2 the following new subparagraph:

3 “(2) If, in the case of food other than a dietary sup-  
4 plement, the principal display panel bears—

5 “(A) the phrase ‘made with whole grain’, the  
6 term ‘multigrain’, or similar descriptive phrases,  
7 terms, or representations with respect to whole grain  
8 content, unless the amount of whole grains, ex-  
9 pressed as a percentage of total grains, is conspicu-  
10 ously disclosed in immediate proximity to such de-  
11 scriptive phrase, term, or representation; or

12 “(B) the terms ‘wheat’ or ‘whole wheat’ on  
13 breads, pasta, crackers, or similar wheat-based prod-  
14 ucts, unless the percentage of whole wheat by weight  
15 contained in the food is conspicuously declared in  
16 immediate proximity to that term or there is a con-  
17 spicuous declaration that the food ‘contains no whole  
18 wheat’ in immediate proximity to that term.”.

19 (c) SWEETENERS, COLORING, AND FLAVORING.—  
20 Section 403(z) of the Federal Food, Drug, and Cosmetic  
21 Act (21 U.S.C. 343(z)) is further amended by adding at  
22 the end the following new subparagraph:

23 “(3) If, in the case of food other than a dietary sup-  
24 plement, it bears or contains any added artificial or nat-  
25 ural coloring, any added artificial or natural non-caloric

1 sweetener, or any added artificial or natural flavoring, un-  
2 less such fact is prominently stated on the principal dis-  
3 play panel of a package or container of the food.”.

4 (d) CONFORMING AMENDMENT.—The second sen-  
5 tence of section 403(k) of the Federal Food, Drug, and  
6 Cosmetic Act (21 U.S.C. 343(k)) is amended by striking  
7 “and (i)” and inserting “, (i), and (z)”.

8 (e) CONSTRUCTION.—Nothing in this section shall be  
9 construed as affecting any requirement in regulation in  
10 effect as of the date of the enactment of this Act with  
11 respect to matters that are required to be stated on the  
12 principal display panel of a package or container of food  
13 that is not required by an amendment made by this section  
14 or as restricting the authority of the Secretary of Health  
15 and Human Services to require additional information be  
16 disclosed on such a principal display panel.

17 **SEC. 3. CLAIMS FOR CONVENTIONAL FOODS.**

18 (a) STRUCTURE AND FUNCTION CLAIMS.—

19 (1) GUIDANCE.—Not later than one year after  
20 the date of enactment of this Act, the Secretary of  
21 Health and Human Services shall issue comprehen-  
22 sive guidance clarifying the application of section  
23 403(r) of the Federal Food, Drug, and Cosmetic Act  
24 (21 U.S.C. 343(r)) with respect to the mechanisms  
25 by which a nutrient in food (other than a dietary

1 supplement) is intended to affect the structure or  
2 any function of the human body, or characterize the  
3 documented mechanism by which a nutrient in such  
4 food acts to maintain such structure or function.

5 (2) SUBSTANTIATION OF CLAIM.—Section  
6 403(r) of the Federal Food, Drug, and Cosmetic Act  
7 (21 U.S.C. 343(r)) is amended—

8 (A) by redesignating subparagraph (7) as  
9 subparagraph (8); and

10 (B) by inserting after subparagraph (6)  
11 the following:

12 “(7) If the Secretary requests that a claim  
13 under paragraph (r)(1)(B) for food (other than a di-  
14 etary supplement) be substantiated, then not later  
15 than 90 days after the date on which the Secretary  
16 makes such request, the manufacturer shall provide  
17 to the Secretary all documentation in the manufac-  
18 turer’s possession relating to the claim.”.

19 (b) TRANS FATS.—Section 403(r)(2)(A) of the Fed-  
20 eral Food, Drug, and Cosmetic Act (21 U.S.C.  
21 343(r)(2)(A)) is amended—

22 (1) in subclause (iii)—

23 (A) in the matter before item (I), by strik-  
24 ing “fat or saturated fat” and inserting “fat,  
25 saturated fat, or trans fats”; and

1 (B) in item (II), by striking “fat or satu-  
2 rated fat” and inserting “fat, saturated fat, or  
3 trans fats”;

4 (2) in subclause (iv), by striking “saturated  
5 fat” and inserting “saturated fat or trans fats” each  
6 place it appears;

7 (3) by redesignating subclauses (v) and (vi) as  
8 subclauses (vi) and (vii), respectively; and

9 (4) by inserting after subclause (iv) the fol-  
10 lowing new subclause:

11 “(v) may not be made with respect to the level  
12 of trans fats in the food unless the food contains less  
13 than one gram of saturated fat per serving or, if the  
14 food contains more than one gram of saturated fat  
15 per serving, unless the label or labeling of the food  
16 discloses the level of saturated fat in the food in im-  
17 mediate proximity to such claim and with appro-  
18 priate prominence which shall be no less than one-  
19 half the size of the claim with respect to the level  
20 of trans fats,”.

21 **SEC. 4. USE OF SPECIFIC TERMS.**

22 (a) USE OF THE TERM “NATURAL”.—Section 403  
23 of the Federal Food, Drug, and Cosmetic Act (21 U.S.C.  
24 343), as amended by section 2, is further amended by add-  
25 ing at the end the following new paragraph:

1           “(aa) If, in the case of food other than a dietary sup-  
2 plement, the label bears the term ‘natural’ and the food  
3 contains any artificial ingredient (including any artificial  
4 flavor or artificial color), including—

5           “(1) any ingredient that is synthesized but has  
6 the same chemical structure as a naturally occurring  
7 ingredient;

8           “(2) any ingredient that has undergone chem-  
9 ical changes, such as corn syrup, high-fructose corn  
10 syrup, high-maltose corn syrup, maltodextrin, chemi-  
11 cally modified starch, cocoa processed with alkali,  
12 but not including—

13           “(A) food that has undergone traditional  
14 processes used to make food edible, to preserve  
15 food, or to make food safe for human consump-  
16 tion (such as smoking, roasting, freezing, dry-  
17 ing, and fermenting processes); or

18           “(B) food that has undergone traditional  
19 physical processes that do not fundamentally  
20 alter the raw product or which only separate a  
21 whole intact food into component parts (such as  
22 grinding grains, separating eggs into albumen  
23 and yolk, or pressing fruits to produce juice); or

24           “(3) any other artificially-created ingredient  
25 that the Secretary specifies in regulations.”.

1 (b) USE OF TERM “HEALTHY”.—The Secretary of  
2 Health and Human Services shall revise the regulations  
3 under the Federal Food, Drug, and Cosmetic Act relating  
4 to the use of the term “healthy” on the label of a food  
5 (other than a dietary supplement) to take into account the  
6 extent to which such food contains added sugars or whole  
7 grains. In the case of a food (other than a dietary supple-  
8 ment) that contains grains, in revising such regulations,  
9 the Secretary shall not consider the food to be “healthy”  
10 unless at least half of those grains, by weight, are whole  
11 grains.

12 **SEC. 5. MODERNIZATION OF THE NUTRITION FACTS PANEL.**

13 (a) DISCLOSURE OF CALORIE INFORMATION.—Sec-  
14 tion 403(q)(1) of the Federal Food, Drug, and Cosmetic  
15 Act (21 U.S.C. 343(q)(1)) is amended—

16 (1) by striking the period at the end of clause  
17 (E) and inserting a comma;

18 (2) by inserting after clause (E) the following  
19 new clause:

20 “(F) in the case of food other than a die-  
21 tary supplement—

22 “(i) the percent of recommended daily  
23 calories that are provided by one serving of  
24 the product, based on a recommended daily  
25 consumption of calories determined by the

1 Secretary to be appropriate for members of  
2 the general population; and

3 “(ii) at the discretion of the Sec-  
4 retary, the percent of recommended daily  
5 calories that are provided by one serving of  
6 the product—

7 “(I) for members of any sub-  
8 population identified by the Secretary;  
9 and

10 “(II) based on a recommended  
11 daily consumption of calories deter-  
12 mined by the Secretary to be appro-  
13 priate for members of such subpopula-  
14 tion.”; and

15 (3) by adding, after the flush text following  
16 clause (F), as added by paragraph (2), the following:  
17 “The information required under clause (C)(i) shall,  
18 in the case of food other than a dietary supplement,  
19 appear in a typeface and design which is more  
20 prominent and conspicuous than that used for other  
21 information required under this subparagraph.”.

22 (b) SERVING SIZE.—Section 403(q)(1)(A)(i) of the  
23 Federal Food, Drug, and Cosmetic Act (21 U.S.C.  
24 343(q)(1)(A)(i)) is amended by inserting “, or, in the case  
25 of a food (other than a dietary supplement) that is pack-

1 aged in an amount that could reasonably be consumed in  
2 a single-eating occasion, which is an amount equal to the  
3 amount of food contained in the package” before “, or”.

4 (c) DISCLOSURE OF INFORMATION RELATING TO  
5 SUGAR ON NUTRITION FACT PANEL.—

6 (1) IN GENERAL.—Section 403(q)(1) of the  
7 Federal Food, Drug, and Cosmetic Act (21 U.S.C.  
8 343(q)(1)), as amended by subsection (a), is amend-  
9 ed—

10 (A) in subparagraph (D), by striking “sug-  
11 ars” and inserting “sugars (and, in the case of  
12 food other than a dietary supplement, total sug-  
13 ars, and, of that, added sugars)”; and

14 (B) by inserting after clause (F) the fol-  
15 lowing new clause:

16 “(G) in the case of food other than a die-  
17 tary supplement—

18 “(i) the percent of added sugars rec-  
19 ommended for daily consumption that are  
20 provided by one serving of the product,  
21 based on a recommended daily consump-  
22 tion of calories determined by the Sec-  
23 retary to be appropriate for members of  
24 the general population; and

1                   “(ii) at the discretion of the Sec-  
2                   retary, the percent of added sugars rec-  
3                   ommended for daily consumption that are  
4                   provided by one serving of the product—

5                                 “(I) for members of any sub-  
6                                 population identified by the Secretary;  
7                                 and

8                                 “(II) based on a recommended  
9                                 daily consumption of calories deter-  
10                                mined by the Secretary to be appro-  
11                                priate for members of such subpopula-  
12                                tion.”.

13 **SEC. 6. INGREDIENT LABELS.**

14           (a) GROUPING OF SUGARS, NON-CALORIC SWEET-  
15 ENERS, AND SUGAR ALCOHOLS FOR ORDERING OF PRE-  
16 DOMINANCE.—Section 403 of the Federal Food, Drug,  
17 and Cosmetic Act (21 U.S.C. 343), as amended by sec-  
18 tions 2 and 4, is amended by adding at the end the fol-  
19 lowing new paragraph:

20                   “(bb) In case it is food other than a dietary supple-  
21 ment and is fabricated from two or more ingredients, un-  
22 less—

23                                 “(A) any sugars, non-caloric sweeteners, or  
24                                 sugar alcohols are each treated as a group in the list  
25                                 of ingredients on the label, including for purposes of

1 determining the order of predominance of ingredi-  
2 ents; and

3 “(B) individual sugars, non-caloric sweeteners,  
4 and sugar alcohols are listed parenthetically within  
5 each such group in their order of predominance  
6 within the group.”.

7 (b) FORMAT OF INGREDIENT LABELS.—

8 (1) IN GENERAL.—The Secretary of Health and  
9 Human Services shall include requirements for the  
10 format of the information required under section  
11 403(i) of the Federal Food, Drug, and Cosmetic Act  
12 (21 U.S.C. 343(i))—

13 (A) for the purpose of improving the read-  
14 ability of such information on the label of the  
15 food (other than a dietary supplement); and

16 (B) that are, as determined by the Sec-  
17 retary, necessary to assist consumers in main-  
18 taining healthy dietary practices.

19 (2) FORMAT REQUIREMENTS.—The format re-  
20 quirements referred to in paragraph (1) shall include  
21 requirements for upper- and lower-case characters,  
22 serif and noncondensed font types, high-contrast be-  
23 tween text and background, and bullet points be-  
24 tween adjacent ingredients with appropriate exemp-  
25 tions for small packages or other considerations.

1 **SEC. 7. CAFFEINE CONTENT ON INFORMATION PANEL.**

2 Section 403(i) of the Federal Food, Drug, and Cos-  
3 metic Act (21 U.S.C. 343(i)) is amended—

4 (1) by striking “and (2)” and inserting “(2)”;

5 (2) by striking “and if the food purports” and  
6 inserting “, (3) if the food purports”; and

7 (3) by inserting “, and (4) if the food is food  
8 other than a dietary supplement and contains at  
9 least 10 milligrams of caffeine from all sources per  
10 serving, a statement (with appropriate prominence  
11 near the statement of ingredients required by this  
12 paragraph) of the number of milligrams of caffeine  
13 contained in one serving of the food and the size of  
14 such serving” after “vegetable juice contained in the  
15 food”.

16 **SEC. 8. EFFECTIVE DATE; REGULATIONS.**

17 (a) **EFFECTIVE DATE.**—The amendments made by—

18 (1) sections 3 through 7 shall take effect on the  
19 date that is 2 years after the date of enactment of  
20 this Act; and

21 (2) section 2 shall take effect on the date that  
22 is 3 years after such date of enactment.

23 (b) **REGULATIONS.**—

24 (1) **PROPOSED REGULATIONS.**—The Secretary  
25 of Health and Human Services shall propose regula-  
26 tions—

1 (A) not later than 1 year after the date of  
2 enactment of this Act, to implement the amend-  
3 ments made by sections 3 through 7; and

4 (B) not later than 2 years after such date  
5 of enactment, to implement the amendments  
6 made by section 2.

7 (2) FINAL REGULATIONS.—The Secretary of  
8 Health and Human Services shall promulgate final  
9 regulations—

10 (A) not later than 2 years after such date  
11 of enactment, to implement the amendments  
12 made by sections 3 through 7; and

13 (B) not later than 3 years after such date  
14 of enactment to implement the amendments  
15 made by section 2.

16 (3) DEADLINE.—If the Secretary of Health and  
17 Human Services does not issue a final regulation by  
18 the deadline specified in subparagraph (A) or (B) of  
19 paragraph (2), the corresponding proposed regula-  
20 tion under subparagraph (A) or (B) of paragraph  
21 (1) shall become final on the respective deadline.

22 **SEC. 9. DEFINITIONS.**

23 In this Act, the terms “food” and “dietary supple-  
24 ment” have the meanings given to such terms in section

1 201 of the Federal Food, Drug, and Cosmetic Act (21  
2 U.S.C. 321).

○